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Te Kaiwhakarongo Aotearoa

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GETTY IMAGES

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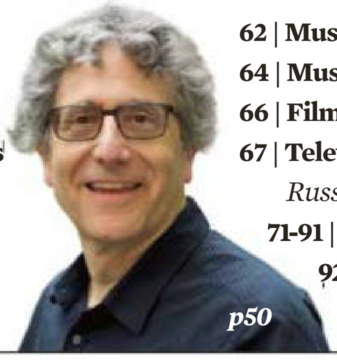
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All over the place

Should we return to using some of the country's original Māori place names? JULES OLDER puts the case for change.

Welcome to Aotearoa New Zealand's Worst Place Names Awards. The envelope, please.

In fifth place: Cape Maria van Diemen. C'mon. It's one thing to name a New Zealand city after a middling English politician, but naming the westernmost point of the North Island after the wife of the Dutch guy who financed your trip, that's low. Cape Maria van Diemen: a place fair begging for a new and better name.

Christ Church's Tom Tower and College: far from Aotearoa.

GETTY IMAGES

Why should a Pacific nation's second-biggest city be named after Christ Church, a snooty English college?

Fourth place: Ninety Mile Beach. Yes, it's a beautiful strand of sand stretching from Ahipara to Scott Point. Yes, it's an abundant source of pipi and other delicious kai moana. But it ain't 90 miles long. It's only 55 (88km). Its original name was Te-Oneroa-a-Tōhē, which means "the long beach of Tōhē".

Third place: Lower Hutt. Who was Lower Hutt named after? No one. It was named by and for one Sir William Hutt. He never came to the North Island. Or any of our islands. Under the banner of the New Zealand Company, he sold land he didn't own to gullible Brits – and named the place after himself. Nailed it!

Second place: Auckland. Not until I watched *Get the Name Right* on ThreeNow did I discover who our biggest city was named for. Auckland got its moniker from a high-born English politician who was made the boss of India and who never once set a fancy-shod foot on our nation's soil. Oh, and his name wasn't Auckland. Our fair city was named for George Eden (Eden Park, Mt Eden, et al), whose title was Earl of Auckland.

What about Auckland's Māori name, Tāmaki Makaurau? Tāmaki is the land between the Waitematā and Manukau harbours. Makaurau means lover or object of desire. Rau is 100 or plenty. So, Tāmaki Makaurau: the land desired by many. Or, and even sweeter, the land of a hundred lovers. Either one beats "Auckland" with its macron tied behind its back.

And the winner is: Christchurch, take a bow.

Now, if you're about to say, "Dummy, it wasn't named after Jesus Christ, a 1st-century Galilean Jew who became the central figure of Christianity, it was named after an English college", I have to ask you, why should a Pacific nation's second-biggest city be named after Christ Church, a snooty English college?

And how would you feel if it were named for another deity, say Mohammedmosque. Or Adonaisynagogue?

Are there more bad names? So many more. I live in Mt Albert. Previously called Ōwairaka, Mt Albert was named for Queen Victoria's consort, Prince Albert of Saxe-Coburg and Gotha. His connection to Aotearoa New Zealand was zilch. But Ōwairaka has a story worth telling. It was named for Wairaka, daughter of the captain and tohunga of the waka Mātaatua. But it wasn't just her whakapapa that earned her a place name. Wairaka saved the waka from drifting out to sea. She named what became the town of Whakatāne. And she actually lived in Ōwairaka. She fled there to escape an arranged marriage; then, she established a pā on our local maunga. Give the wāhine toa back her name.

More bad names? I shop at St Lukes mall, could rent an apartment on St Stephens Ave, dip my toes in the water at St Heliers, swim at St Cuthbert's ... We're a secular city in a secular country. Can we please lose the saints?

But then what do we replace them with? The obvious answer is their original Māori name. In the case of Auckland, trading an English bureaucrat for land of a hundred lovers, well, that's an easy one.

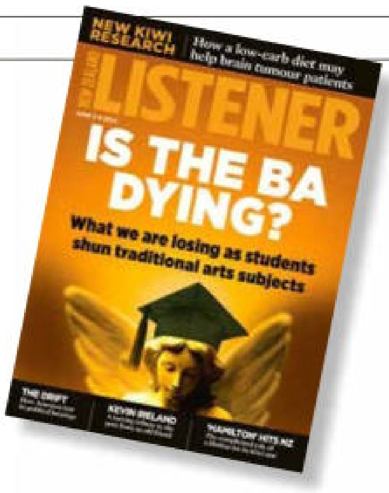
But we could also look abroad. And no place better to start than my favourite island, Newfoundland. Newfoundlanders are the undisputed champions of place naming. Consider, if you will: Heart's Delight. Blow Me Down. Come By Chance. Cupids. Little Heart's Ease. Dildo.

Any one of them is an improvement on Cape Maria van Diemen and Christchurch. ▮

Jules Older's long career includes roles as a clinical psychologist, videographer, medical educator and writer.

SUBMISSIONS for *Upfront* should be approximately 600 words long and should be sent to listener@aremedia.co.nz. Full contact details must be provided.

University challenges



A study of secondary English teachers I undertook in 1999 found the number of new teachers with an MA following the introduction of student fees was half the pre-fee number. In simple terms, the body of critical, disciplinary knowledge developed via a master's degree became 50% scarcer in our schools.

While agreeing with most of the hand-wringing in "Arts & minds" (June 3), I would add a few points in support of a general view that our university system has been a shambles for some time.

The funding formula based on EFTs (equivalent full-time students) has had a devastating effect on universities' ability to engage in forward-looking programme planning. They have become marketised; that is, their futures depend on their ability to market courses to students. Important courses that may be slow to build student numbers are canned and courses that required intensive staff input for their delivery have become unaffordable.

The funding regime's bums-on-seats imperative has lowered standards, since universities can't afford to "fail" students. Former tertiary education minister Steven Joyce's bright idea to penalise departments with lower "completion" rates exacerbated this trend. High standards became a handicap.

The Labour-led government's decision to waive fees for first- year students was widely derided and deservedly so. That waiver would not deal with the underlying issue of universities being left to sink or swim in an age of chronic underfunding, but one applied to encourage undergraduates to take postgraduate study would have helped the institutions build their research cultures, surely one of their cardinal goals.

Terry Locke
Emeritus professor, University of Waikato

In the latter years of the 20th century, the English department common room at the University of Auckland was a hotbed of discourse, discussion and disputation, which created a wonderful sense of learning.

In those intellectually heady times, the department's teaching staff included many internationally regarded academic luminaries: Michael Neill, Allen Curnow, Karl Stead, Witi Ihimaera, Joanne Wilkes, Peter Simpson, Terry Sturm, Mac Jackson, Stephanie Hollis, Alex Calder et al.

As almost the last person standing, Alex Calder, now professor of English at the university, says in "Arts & minds": "We currently have seven permanent memebers of staff ... In 2013, we had 21." In the 1990s, the staffing level was always between 30 and 35.

Sadly, the common room is no longer. Rumour has it that it has become a vast broom cupboard in preparation for sweeping aside other departments from the arts faculty which no longer fit with the philistine, but totally erroneous, idea of a modern university.

Leister Monk
(Christchurch)

Letters to the editor {listenerletters@aremedia.co.nz}
The Editor, NZ Listener, PO Box 52122, Kingsland, Auckland 1352

- Letters must be under **300** words. Preference is given to shorter letters.
- A **writer's full residential address** is required on all letters, including emails. A phone number can be helpful.
- Pen names or letters submitted elsewhere are not acceptable.
- We reserve the right to edit or decline letters without explanation.

TREATY TOPICS

Julius Williams (*Letters*, May 27) should do more Wikipedia research to test his arguments. Academics, indeed students, are cautioned early of the dangers of that site.

However, the same site quotes the William Colenso entry as translating the treaty document for the assembled rangatira and requesting article four be included in the te reo version.

Academics and activists do solid research. All agree 19th-century views differed greatly from today's ones. But elucidating that is researchers' jobs.

A good place to start, rather than the suspect Wikipedia, is reading the work of Claudia Orange. Then I suggest researching the roles of William and Samuel Williams in explaining to literate rangatira the purposes of the treaty.

Margaret Stuart
(Tamahere)

Williams asserts the Treaty of Waitangi is a document of specific time and place, interpretative according to the times. Our times are not the 19th century, but this does not render the treaty a nullity, except within arch international law. The Magna Carta is arguably anachronistic.

If the treaty is to be debated, it is a living document.

Alan Beck
(Dunedin)

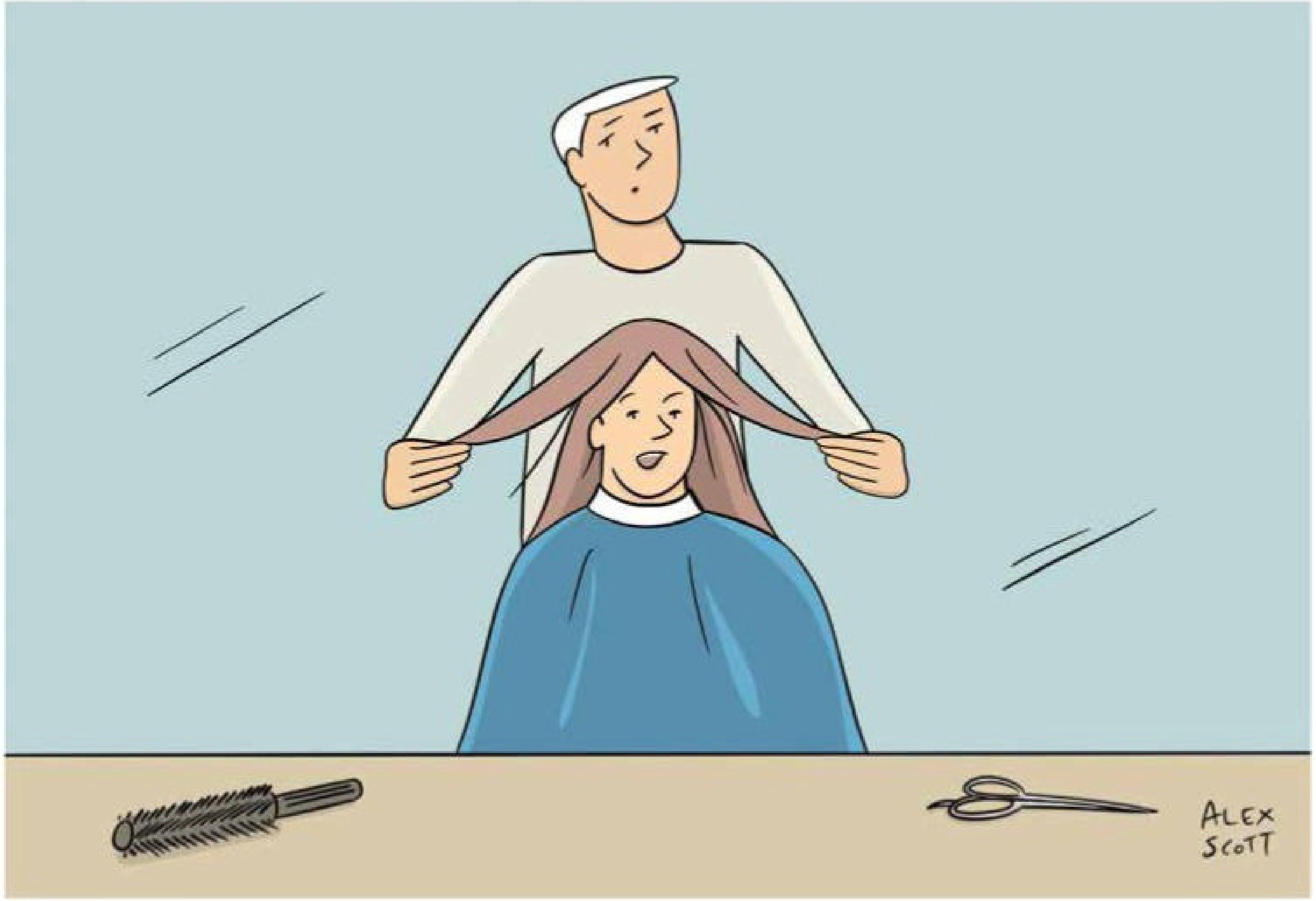
Question: how many New Zealanders would be able to repeat the three articles of the Treaty of Waitangi off the top of their head?

A harder question: how many can tease out what those articles mean? There's a whole industry in the game of interpretation, and like the proverbial biblical text, every person involved is reading into and out of it according to their own political lights. There are even some who claim we must get inside the minds of 1840s Māori to properly comprehend the text and its meaning. Indeed, because of such academic fiddling coming out of the capital, some are starting to call the document the "Treaty of Wellington".

Add to the confusion the fact that there are different versions, one of which – the Littlewood text – surfaced in recent decades but because it throws a different slant on the matter is quietly being ignored.

Then there's the tactic of just using the nebulous term the "principles" of the treaty, which leaves the issue of exegesis wide open.

That the treaty is being



"I'm ready for a change, just not the kind that could be misinterpreted as a cry for help."

ALEX SCOTT

employed in certain circles to challenge the democratic process, with the use of euphemisms such as "hybrid democracy" or sneering terms such as "Pākehā democracy", is creating disquiet and unease.

The psychological effect of all this came to light recently when friends returning from an ancestral visit to England remarked on how nice it was to have been in a country where one didn't have to keep apologising for who one was.

Peter Dornauf
(Hamilton)

GREEN-WASHING

I had thought the letters by Dr Ron Jones and Russell Harris fully answered the claims of Dr Helen Overton that Dr Herbert Green and Professor Dennis Bonham had suffered "an egregious injustice" through the Cartwright Inquiry of 1987-88. However, Dr Overton has now specifically brought me into the dialogue (*Letters*, May 13) and misquotes me in an effort to bolster her opinion.

I have never said the Labour government used the Cartwright Inquiry to "Trojan horse" its neoliberal health "reforms". What I said in the book *The Cartwright Papers* was that this theory "has been suggested". But by others, not me. I went on to say it would be "an interesting avenue of further study".

Overton seeks to exonerate Green. Of course, neither she, nor University of Auckland historian Linda Bryder, who also joined in Green's defence, has had access to his patient files, nor to the more than 70 interviews conducted with his patients by Dame Silvia Cartwright. These show how Green went about his stated aim of studying abnormal tissue in women's reproductive organs while disturbing it as little as possible so he could watch how it grew.

The patient interviews show how little the women knew of the peril they were in and also the periodic efforts made by GPs, nurses and other doctors to try to rescue these women by suggesting second opinions and the like. They also show how tenaciously Green kept hold of his patients and the level of trust they had in him.

The key issue that has not got much airtime in the current discussion is consent. These women did not give consent to being in Green's various experiments; they did not give informed consent to the long – sometimes years – delays in their treatment.

Neither did parents give consent for their daughters, newly born at National Women's Hospital – more than 2000 of them – to have swabs taken from their vaginas to test Green's theory that some females were born with abnormal cervical cells. Neither did women give consent – once they had developed cancer – to being randomised into a trial of different treatments.

As for Overton's claim that Phillida Bunkle and I sought to disempower male doctors, gender does come into it, in that all Green's patients were women and nearly all the doctors were men, but some acted with complete integrity. Perhaps Overton does not know that in 1993 we installed a plaque at the hospital thanking Drs Jock McLean and William McIndoe for trying, over many years, to bring Green's experiments to a halt. Overton is just as mistaken about how feminists think as she is about Green's tragic legacy.

Sandra Coney
(Piha, Auckland)

Letters on this issue are now closed.

VAPING TWEAKS

Hon Lik, a smoker and pharmacist, is the inventor of the modern vaping device ("Smoke & mirrors", May 27). In 2003, motivated by the death of his heavy-smoker father from lung cancer, he created the device to help people quit smoking.

Fast forward to New Zealand in 2023 where we see a spectacular and unprecedented decline in smoking. If we continue like this, we will meet our Smokefree 2025 target on time. This drop in smoking is strongly correlated with the increase in adult vaping, resulting in thousands of healthier New Zealanders.

Unfortunately, there has also been a rise in vaping by young people. We need a balanced response to vaping, promoting it as an effective way to help smokers quit while discouraging non-smokers and young people.

We must reduce the attractiveness by increasing rules around marketing and access but still retain support for smokers who want to quit.

Nicky Wagner
(Waikawa, Marlborough)
LETTER OF THE WEEK

EARLY HOSPICE CARE

The vision for equitable hospice care to be available to all New Zealanders wherever they need it and wherever they live is commendable and

Quips& Quotes

"Even Christopher Luxon, when he was the CEO of Air New Zealand, liked te reo. He liked it so much he tried to blimmin' trademark the phrase, 'kia ora'." – *Labour minister Kiri Allan on National's stance on bilingual road signs*

"This is what I want in heaven … words to become notes and conversations to be symphonies." – *Tina Turner*

"If the language is lost, in a very short time the culture will also be lost and then there will be no more understanding." – *Tonga's Princess Mele Siu'ilikutapu who died on May 28*

"It's easier to put on slippers than to carpet the whole world." – *Al Franken*

"I tend to get bored quickly, which means I must be boring." – *Anthony Hopkins*

"The trouble with the rat race is that even if you win, you're still a rat." – *Lily Tomlin*

"Old age is always 10 years older than I am." – *Bernard Baruch*

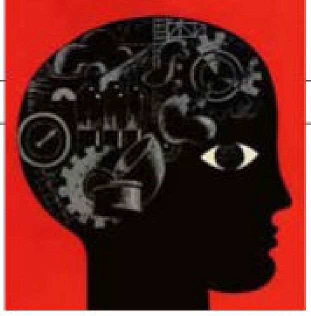
"Tweeting is like sending out cool telegrams to your friends once a week." – *Tom Hanks*

"We never really grow up, we only learn how to act in public." – *Bryan White*

"That is terrible news. I have to say, *Simply the Best* has got to be the best pick-me-up song in the world if you are having a bad day." – *Prime Minister Chris Hipkins on hearing of Tina Turner's death*

10 Quick Questions

by MARK BROATCH



1. Who is the current Leader of the House in the NZ Parliament?
☐ *Chris Hipkins*
☐ *Grant Robertson*
☐ *Adrian Rurawhe*
☐ *Tangi Utikere*

2. London's Savile Row is famous for what?
☐ *Civil service and government*
☐ *Bespoke tailoring*
☐ *Home of the UK prime minister*
☐ *National press companies*

3. What is the correct spelling for the word meaning tireless?
☐ *Indefatigable*
☐ *Indefatigible*
☐ *Indifatigable*
☐ *Indifatigible*

4. How many objects larger than a softball are currently orbiting the Earth?
☐ *5000*
☐ *7000*
☐ *18,000*
☐ *23,000*

5. The word "outrage" is a combination of out + rage.
☐ *True*
☐ *False*

6. The Tour de France cycling race usually takes place in which month?
☐ *May*
☐ *June*
☐ *July*
☐ *August*

7. Which one of these is a New Zealand art prize?
☐ *Turner Prize*
☐ *Walters Prize*
☐ *Wynne Prize*
☐ *Archibald Prize*

8. In which country would you earn the scudetto?
☐ *France*
☐ *Spain*
☐ *Italy*
☐ *Romania*

9. Which ancient culture used hieroglyphs?
☐ *Egypt*
☐ *Greece*
☐ *Rome*
☐ *China*

10. A Hoosier is a resident of which US state?
☐ *Utah*
☐ *Georgia*
☐ *Texas*
☐ *Indiana*

Answers on page 58.

should be achievable. Hospice New Zealand's drive towards this goal is to be supported (*Upfront*, May 20).

However, the assertion that the first hospice was set up in New Zealand in 1979 is incorrect. Mary Potter Hospice in Christchurch was operating for many years before that date. My grandfather, Dr WM Cotter, was medical superintendent of the hospice from the mid-1950s until 1978.

While the services available in those earlier years were probably more limited than now available, the hospice did successfully provide palliative, end-of-life and respite care.

Chris Cotter
(Auckland)

Hospice New Zealand CEO Wayne Naylor replies: "Thank you for drawing attention to this early hospice service in Christchurch. It adds to the history of hospice care in New Zealand. Our reference was to what is often called the "modern hospice movement" based on the model developed by Dame Cicely Saunders.

DRAWN IN

Steve Bolton's cartoon response (May 27) to the Loafers Lodge fire in Wellington demonstrated sensitive humanity and gave us pause to consider that which any one of us may fail to notice in others. Thank you, Steve.

Margaret Stevenson-Wright
(Waikanae)

COMMON TRAGEDY

Maja Göpel ("Take a closer look", May 20) should not be so concerned about environmentalists being labelled as radicals. The word comes from the Latin for root, so there should be no shame at all in going to the root of the problem and in the germination of new ideas and solutions.

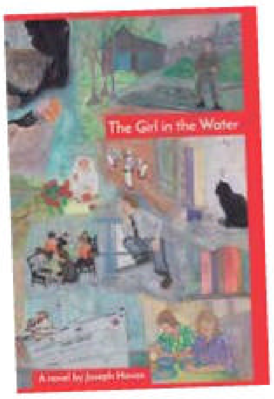
Göpel's claim that "we don't have an environmental problem, we have a societal problem" echoes the words of ecologist Garrett Hardin. The abstract to his 1968 paper in the journal *Science*, on the tragedy of the commons, reads: "The population problem has no technical solution; it requires a fundamental extension in morality."

Hardin realised the root cause of the major environmental problems of the day was continued population growth on a finite planet. His analogy of the overgrazing of "commons" land shows how wicked problems arise where use of a shared resource benefits the individual, but the costs are spread among all.

Hardin's moral solution was essentially a societal one – we need to develop new rules regarding the right thing to do. Radical.

Ian Henderson
(Palmerston North)

Letter of the week prize



The Girl in the Water, a novel by Joseph Howse, is the story of a multi-ethnic group of friends coming of age in Estonia and Ukraine in the last days of the Soviet Union.

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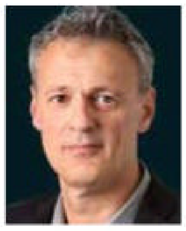
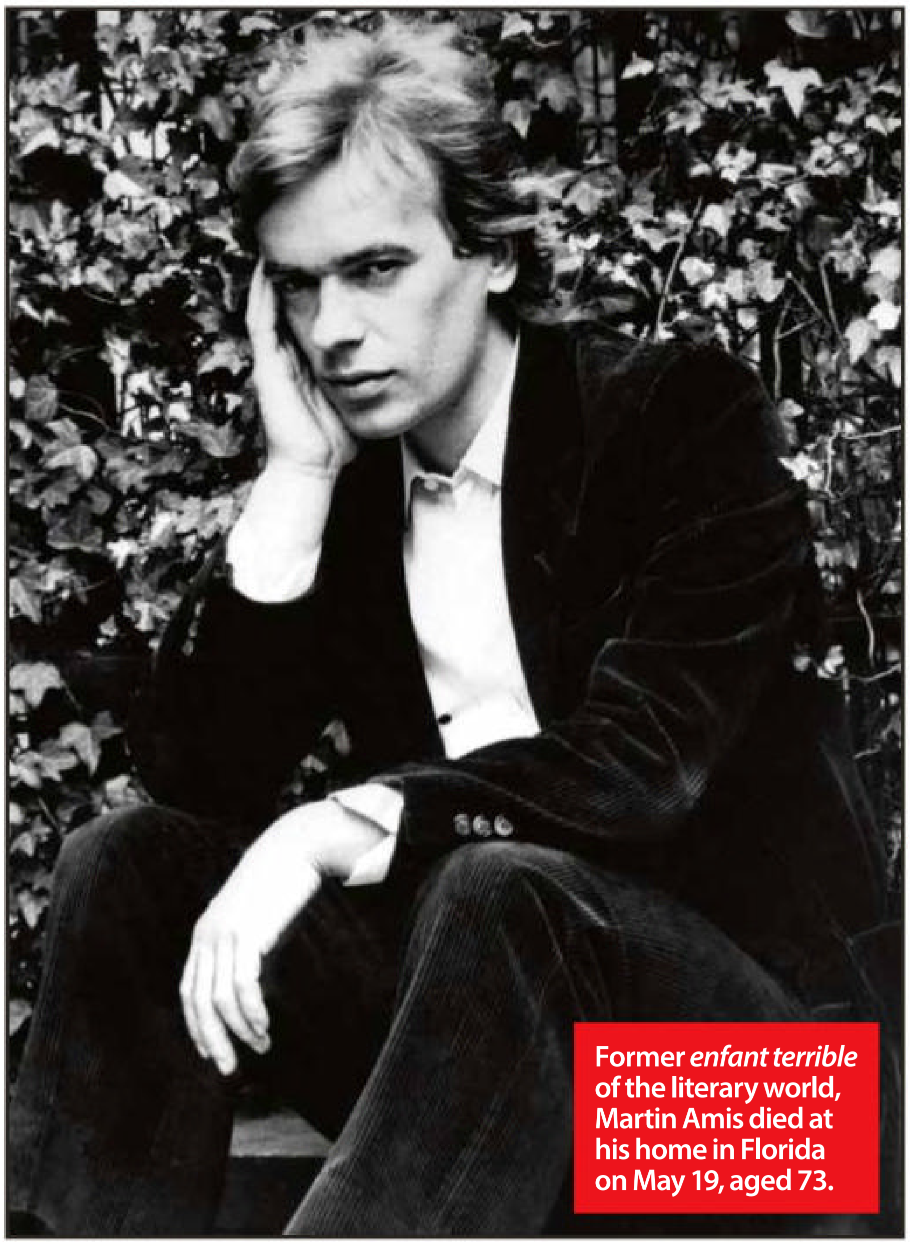


ANDREW
ANTHONY

Untouchable swagger



Former *enfant terrible* of the literary world, Martin Amis died at his home in Florida on May 19, aged 73.

GETTY IMAGES

Amis had a dangerous aura about him, more rock star than storyteller.

I had dinner at the end of last month with an old friend, the writer Geoff Dyer, and we spent a good chunk of it talking about Martin Amis, who recently died in Florida at 73. We took turns reminiscing about how important he was to us in earlier days, and how he symbolised a time and place – London in the 1980s and 1990s – like no other writer. In fact, like no other person during that period.

It's hard to picture it now, but when we were in our 20s and early 30s, there was a novelist – a white male novelist – who was the very embodiment of bohemian cool, with his roll-up cigarettes, rich, slangy posh accent, and pouting poses for newspaper profile photoshoots, always bristling with wit and intelligence.

But contrary to his image as a very male writer who couldn't understand women, he didn't attract only fan-boy readers. My wife, who was dining with us, spoke of her own enjoyment of novels such as *Money*, which brilliantly satirised the new materialism of the 1980s, and confessed she had nurtured a minor obsession with him.

When she arrived in London from New Zealand in the early 1980s, she found herself living a few streets away from the author everyone was talking about, and she would often see him during writing breaks. He'd be taking a stroll around Notting Hill, savouring one of his endless cigarettes, and she told us she would sometimes quietly follow him at a distance – I think the technical word for this is stalking.

She was fascinated by where he was going and what he was doing, but she wouldn't have dreamt of such a fascination, she explained, with Ian McEwan or Julian Barnes. Amis, though, had this dangerous aura about him, more rock star than storyteller, and that was the magnetic force that drew her to tail him like a private detective.

Dyer spoke about his excitement when he finally met this diminutive prince of publishing, and he was unembarrassed about asking him to sign a number of books. Again, he couldn't think of another writer who would inspire him to act in the same manner.

I met Amis several times, and we once shared the stage at a joint event at the Institute for Contemporary Arts. It was a packed night that ended in a heated drama with the TV satirist Chris Morris shouting angrily at Amis from the back of the auditorium. This was in 2007, when Amis had started to lose something of his untouchable swagger, having made some ill-judged remarks about British Muslims, and when he had also finally lost his absurdly extended *enfant terrible* youth.

Yet when he spoke that night in the institute on the Mall, yards away from Trafalgar Square, he held the whole room in rapt attention. He was funny, intellectually and morally challenging, and a magnificent deployer of treasurable phrases. We went out to dinner afterwards and had such a good time that we promised to do it again.

We didn't. I think I saw him briefly once again at a party, and then a few years later he moved to the US with his second wife, the writer Isabel Fonseca. Maybe his days as London's hippest wordsmith had passed, but it still felt like a major loss, as though the city had suddenly grown less sharp, less amusing, less interesting.

Times change, places evolve and new writers emerge, but someone would have to do something hugely special to match the excitement Amis generated, not just with his thrilling prose but by his very presence. I shall miss him. ▮

Andrew Anthony is an Observer *writer and is married to a New Zealander.*

Wellington
Sat, 17 Jun, 7.30pm
Wellington Cathedral of St Paul

Gisborne
Tue, 20 Jun, 7.30pm
War Memorial Theatre

Tauranga
Wed, 21 Jun, 7.30pm
Holy Trinity Tauranga

Auckland
Thu, 22 Jun, 7.30pm
St Matthew-in-the-City

Kerikeri
Fri, 23 Jun, 7.30pm
Turner Centre

Nelson
Wed, 28 Jun, 7.30pm
Nelson Centre of Musical Arts

Blenheim
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Outfoxing the squirrels

In our – mostly laudable – doting on animals, we seldom stop to wonder whether labradors truly appreciate being made to wear bandannas or whether poodle-crosses object to all being called either Ruby or Bella. But there are times when the wider animal kingdom gives us an existential wake-up call.

A Cambodian crocodile farmer was recently eaten by his stock, and Portuguese orcas have begun organising themselves to attack fishing boats.

Revenge of the subjugated classes is the stuff of history, but so far only in science fiction have animals fought back. In the case of the crocs, it's fair to assume it was nothing personal, and the farmer was simply careless around apex predators who regard any creature within chomping reach as tucker.

But zoologists say we're not anthropomorphising the orcas' behaviour. They're intelligent mammals who wouldn't submit to a bandanna, and also have sophisticated social behaviour and communication skills. There was evidence a senior female had been injured and she appeared to be training her pod to aggress the boats. Whether to deter or actually harm the fleet, it would be unwise to speculate, though an R-rated *Free Willy's Revenge* sequel seems inevitable.

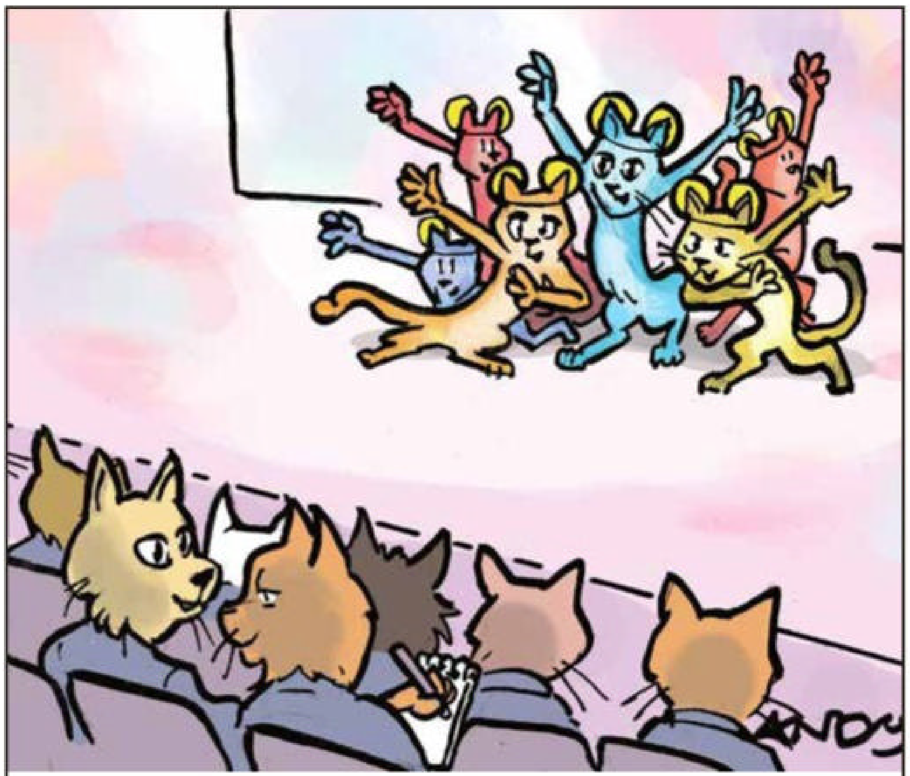
There's plenty of evidence wild animals recognise new human threats through collective intelligence. Among corvids – crows, magpies, ravens and the like – there's a well-documented phenomenon where, if one has a fatal mishap, such as being hit by a car, the local community of birds gathers at the site. Tempting though it is to say they're mourning, it's at least reasonable to assume they're caucusing to familiarise themselves with danger.

Here in Ireland, a handy disparity in ancient squirrel knowledge is helping to correct a man-made imbalance. As with New Zealand's disastrous history of introduced fauna, there was once a well-intentioned introduction of a few pairs of pretty North American grey squirrels. Yankees go home be damned: the greys over time massively displaced the native reds to the verge of extinction. However, the re-emergence of the pine marten – an even prettier, tree-dwelling member of the mustelid family (weasels and stoats etc) – has started to redress the balance. Both the natives – pine marten and red squirrel – are respectively predator and prey. The greys, apparently, haven't figured this out yet – let alone its implications.

There's plenty of evidence wild animals recognise new human threats through collective intelligence.

Hence, the population of the once-scarce cat-sized mustelids has risen, fostered by a grey-squirrel diet.

Anthropomorphism aside, you'd have to reckon the Irish reds are bringing up their young shrewdly. "Eat yer acorns, store yer nuts and whatever you do, don't be tellin' any greys about da poyne martens. If they ask, you tell 'em they're grand fellas altogether."



"Rats is a terrible musical, but let's play with it a while before we trash it."

The same intelligent approach to predator ecology can't always be ascribed to humans. Headlines have trumpeted a huge decline in fox numbers since Britain outlawed fox hunting. The "sport" was touted as an efficient population control, since, it was claimed, only old, sick foxes got caught. Now, allegedly, greedy boomer foxes are living longer and depriving young fox families of precious resources, the pro-hunt lobby have harrumphed.

Researchers think it more likely, however, the population decline is the result of a surge in resentful pro-hunt landowners shooting foxes, indiscriminate as to whether they're boomers or parents. Well, really, what's the point of the bally varmints if a chap can't hunt 'em, wot?

The logical, efficient and humanely evolved solution to this population decline would surely be culling fewer of them overall, rather than reverting to the grisly palaver of one-by-one evisceration by slavering hounds. Perhaps, like grey squirrels, humans are pitifully slow learners.

One thing is surely beyond zoological debate: young foxes will be furious about old codgers clinging on to all the best dens. ∎

ANDY TRISTRAM

CHARLOTTE GRIMSHAW

All aglitter

When Martin Amis moved from London to Brooklyn, his American wife made one thing clear: the greatest obstacle they would face – “the most time-consuming and labour-intensive, the most tediously labyrinthine and the most extortionate” – would be healthcare.

Once he’d looked into it, Amis concluded that if any of his family came down with an ailment, it would be “far simpler and thriftier” for all four of them to fly first class to London, book four limousines, check into the Savoy and visit the NHS.

He was soon embroiled in American healthcare, as he helped his friend, the writer Christopher Hitchens, undergo treatments for oesophageal cancer. Hitchens’ long medical ordeal is recorded in *Inside Story*, Amis’ 2020 novel in which the principal characters included Amis and Hitchens.

In the US, he watched Hitchens (aka the Hitch) go through elaborate and gruelling treatments. He wrote about it in brilliant and moving detail, and then he must, not long after publishing, have received the same cancer diagnosis. He would have known exactly what he was in for. In *Inside Story*, he effectively wrote about his own death.

It’s tragic but not surprising that Amis and Hitchens went out the same way, given their extraordinary devotion to alcohol and cigarettes.

While Hitchens was undergoing treatment, they would frequently knock off for a roll-your-own or a tailor-made, a wine or a whisky. It seems a very British attitude. In the face of American healthcare, they kept calm and carried on drinking and smoking. And talking and writing, and being outrageously clever, and outstandingly funny.

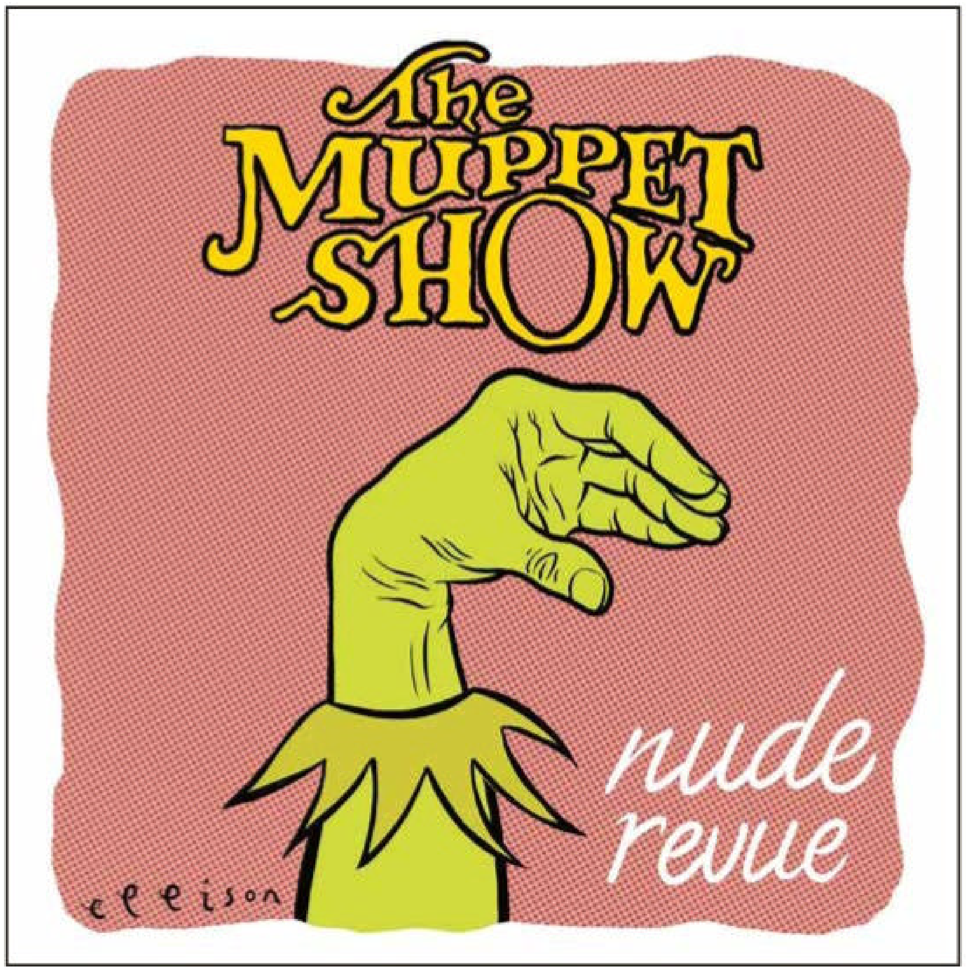
When I was young, I loved Martin Amis. I remember sitting in the library of the law firm Simpson Grierson, where I was supposed to be researching some legislation, and instead reading his great novel *Money*. I had never encountered such exhilarating prose. It was powerful, and so funny I must have looked as if I was having a stroke, back there among the shelves. It ruined me as a lawyer. I became increasingly languid about legal research once I’d had a taste of what I really liked.

I remember a London party where an English poet asked me, in a needling tone, how I could think Amis a better writer than Ian McEwan. I didn’t answer; I was already turning away. If he thought this was a real question, I couldn’t take him seriously.

There was the extraordinary prose and the savage humour that made him a true heir to Charles Dickens. I went on loving his prose even though his output became uneven and flawed. He made absurd, grandiose pronouncements about 9/11, the War on Terror and Israel. He appeared naive about geopolitics, and overconfident about his ability to comment.

He seemed to have fallen face down in his own bullshit when he attributed his sister Sally’s death, at 46, to the sexual revolution of the 60s and 70s. Sexual freedom, he argued, put pressure on women, and took away the restraints that would have curbed his sister’s wild behaviour and “pathological promiscuity”. It seemed more plausible that excessive drinking had finished her off, as it did their father, Kingsley.

In *Inside Story*, Amis effectively wrote about his own death.

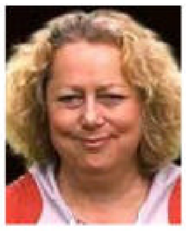


ANTHONY ELLISON

Perhaps Amis’ grand pronouncements and bouts of sentimentality also had to do with drinking. There’s only so long the body and brain can hold out. And yet you have only to open *Inside Story* to relish the brilliance and humour.

The book records how Hitchens, famously an atheist, is plagued by Christians after his diagnosis. A pushy believer comes to his hospital ward and is seen off by Amis. When the Hitch asks what he was like, Amis airily reports, “Oh. The standard peanut. All aglitter.” ■

Charlotte Grimshaw is an Auckland author and critic.



MICHELE HEWITSON

Courting Nanny State

Advocating five-minute showers to offset the rising cost of living invites a label the government won't be wanting to wear.

Hey, you! Yes, you. We can see you cowering in the shower. We are watching you. You have now been in that shower for five minutes and 25 seconds, which is 25 seconds over your maximum prescribed shower time. Get. Out. Right. Now.

Having less-than-five-minute showers is an idea in a government "initiative" called, weirdly, Find Money in Weird Places, which offers "free and easy-to-implement tips" on how households could save up to $500 on their yearly power bills. Listen up. As well as short showers, we are encouraged to switch appliances off at the wall and use cold-water cycles to do our laundry. And check down the back of the couch for loose change. That last free tip might have been made up but it's all yours. Gratis. The announcement was made with gusto by Energy Minister Megan Woods and went down pretty much universally like a cup of the proverbial cold stuff.

It is reminiscent of the Helen Clark government scheme in which the Electricity Commission planned to spend up to $3.5 million promoting energy-efficient light bulbs. There was, predictably, the most tremendous fuss. Ditto in the same year was the 2008 Labour proposal to restrict the use of high-flow shower heads. You'd think they'd have learnt from those lessons. We really don't like politicians lurking about in our bathrooms. It's a bit pervy, for one thing.

We really don't like politicians lurking about in our bathrooms. It's a bit pervy, for one thing.

Woods later admitted, "We've got the tone a bit off in terms of ... how it conveys those messages – particularly at the moment when households are under a lot of financial pressure." Er, no kidding. It came across as patronising.

And the last thing the Labour government wants to wear, once again, is the Nanny State label. Even if the National Party has avoided actually using the term, it is implied in its response. Although, as a snide swipe, people who carry on about nanny states tend to be those who employ nannies. If nannies are such a bad thing, why do many people who can afford them have them?

Supping from that cup of the proverbial cold stuff, anti-poverty campaigners thundered that the weirdo, money-saving scheme was a "profoundly immoral" approach to the cost-of-living crisis and amounted to slapping a band-aid on the real issues of poverty.

Act leader David Seymour said Finance Minister Grant Robertson had cost families with $500,000 mortgages another $2500 over the next two years, while Woods was now handing out tips on how to save $500. Seymour, who has never met a one-liner he has failed to deliver with relish, added, "It's like a burglar coming back to a house they've robbed to tell their victim how to stay safe."

Opposition leader Christopher Luxon, presumably unintentionally, recreated the scene from *The Simpsons* in which a fist-shaking Grandpa Simpson features in the local newspaper under the headline "Old man yells at clouds", when he scoffed at the "genius idea of five-minute showers and washing machines on cold wash". Luxon came across more as "Old man slaps clouds with a wet bus ticket". His tone was a bit off.

When you are the Leader of the Opposition, it is tricky getting the tone right. When your role is opposing everything, it is all too easy to come across as that grumpy geezer who writes letters to the newspapers which begin: "Dear Sir, I wish to complain about everything."

NANNY NICOLA

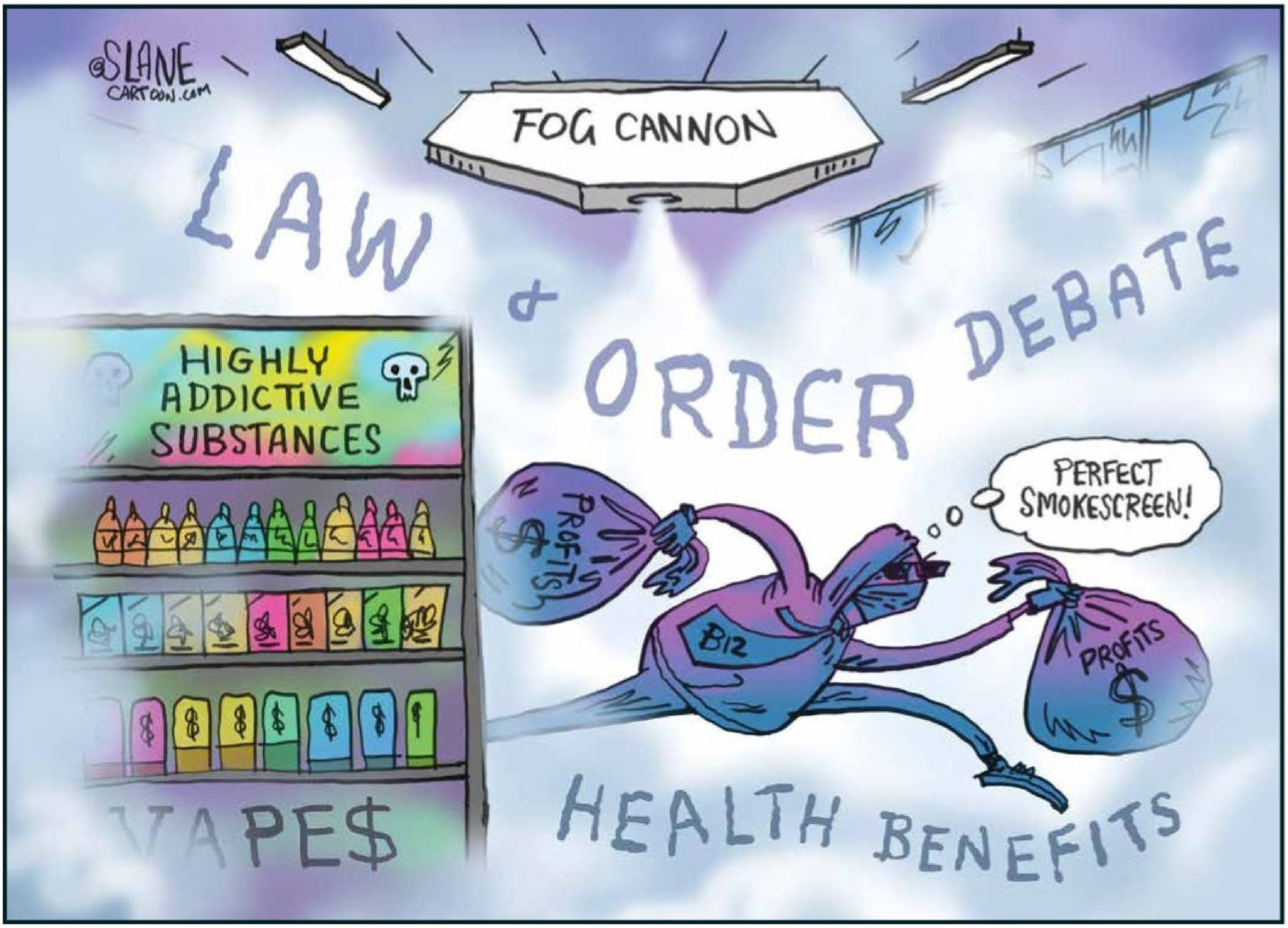
Luxon's deputy, Nicola Willis, has about her the air of one of those uniformed nannies that the royals love to employ who have been trained at Britain's Norland College. She could play a decent Mary Poppins in an am-dram production. She can be rather crisp. You wonder what her tone was with her leader after he announced that National "had got MDRS wrong".

MDRS is Labour's drearily named Medium Density Residential Standards plan that, in a startling piece of bi-partisanship, National agreed to back in 2021. Willis appeared alongside then-housing minister Woods and then-National leader Judith Collins announcing they would all hold hands to support housing intensification. National then supported legislation that meant councils would have a much tougher job of objecting to the building of higher-density housing.

But late last month, at one

Megan Woods: admits campaign ideas "a bit off".

GETTY IMAGES



CHRIS SLANE

of those dreary meetings with club sammies and cups of well-stewed tea that are obligatory for politicians – this one in Auckland's Birkenhead – Luxon responded to a question about this plan by doing something of a motorway U-turn in a Hummer, managing to mow down Mary Poppins in the process. Had Luxon had too many cups of well-stewed tea? Too many cups of well-stewed tea are well known to cause rushes to the toilet. Who knew they caused cavalier rushes of blood to the head, too.

Any speculation that this was payback for suggestions that business bods have been talking to Willis about whether Luxon was up to the job of leader would be mischief. When asked about the rumours, Willis responded with Norland nanny-worthy disdain. Any implication of a rolling was out of the question. Still, being hit by a Hummer must hurt.

NAME GAME

What's in a name? The annual Labour Party conference isn't a conference in an election year, it's a congress. Congress is, presumably, intended to invoke gravitas and importance. Or bonking. Chance would be a fine thing.

Images of the gathering of party loyalists looked as enticing as one of those bun fights in windy local halls. You hope they were at least rewarded with cups of well-stewed tea.

What's in a name? If it's Māori names for things that once had perfectly good English ones then names are a pain.

If Winston Peters and New Zealand First make it back into Parliament, he and Luxon could bi-partisan-up and decree to take a toki to Māori names for government departments. "When I have older people in particular who can't tell the difference between Te Whatu Ora, Waka Kotahi or Te Pūkenga, that's a problem," Luxon says.

Congress is, presumably, intended to invoke gravitas. Or bonking.

Peters says, if elected, NZ First will remove Māori names from government departments, not as an attack on te reo but on "the elite virtue-signallers who have hijacked the language for their own socialist means". His shtick– as old as his Grey Power groupies – is that there are socialists lurking under your bed wanting to "woke" you in the night.

His father was Māori. His mother is of Scottish descent. He delights in being enigmatic. So who knows whether he speaks any reo?

What's in a name? It was said on RNZ National last month that Luxon (Christopher) was now styling himself Chris. Imagine focus-grouping that. Is Chris more a man-of-the-people moniker than Christopher? Would farmers be more responsive to a Chris? Would Chris encounter a backlash from the National loyalists of Remmers? Would it benefit a Chris to go up against the other Chris in the preferred-prime-minister stakes?

Even if only tomfoolery, as name games go it is fun to play. And Chris has the right number of letters to qualify as a Wordle answer. ▮

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The 18th Doc Edge International Documentary Festival is on now in Auckland, Wellington and nationwide online until 9 July. Awards are a celebration of the vital work of exceptional filmmakers who tell stories from our backyard and around the world. Here are this year's winners who are now qualified for consideration for the Academy Awards® 2024.

Kia ora koutou.
A warm welcome to this, the 18th Doc Edge Festival.

Documentaries not only entertain us but also have the power to encourage debate and inspire real change. This year's line-up promises to pack a punch.

There is nothing like the shared experience of watching a film together in an atmosphere filled character cinema. This year the festival returns to the iconic Roxy in Wellington and The Capitol in Auckland. You will also find us online at docedge.nz with a new, streamlined digital offering, from 19 June till 9 July.

I'd really encourage you to make it to the live screenings if you can so you can meet some of the filmmakers in person and they will happily respond to any questions you may have.
Take time also, to explore film in a new interactive way and immerse yourself in Doc Edge's XR Exhibition where you'll see innovative and experimental works by a raft of local and international artists.

I hope you will encourage your friends to join you.

Nga mihi,
Judy Bailey

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FESTIVAL WINNERS

Best New Zealand Feature

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Pacific Mother

We are all connected, parents, babies, ocean and the earth.

Jury Comment: *This film took the judges on a beautiful cinematic journey that was hugely emotional and told an empowering conversation with indigenous women front and centre of its telling. The judges felt this film would resonate with local and global audiences alike.*

Best New Zealand Short

WINNER
docedge
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Strange Beasts

A unique glimpse into the mysterious rise and fall of the Bacchus Marsh Lion Safari through the eyes of big cat keeper, Ron Prendergast.

Jury Coment: *A unique and quirky treatment that evoked a strong emotional response.*

Best International Feature

WINNER
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In the Shadow of Beirut

Survival, resilience, and hope in a city and country on the brink of financial collapse.

Jury Comment: *Through intimate, character-driven storytelling, the stark reality of life for the protagonists of the film is symbolic of many thousands of others who fight for survival in a city, once described as the Paris of the Middle East, but now boasts the highest refugee numbers in the world.*

Best International Short

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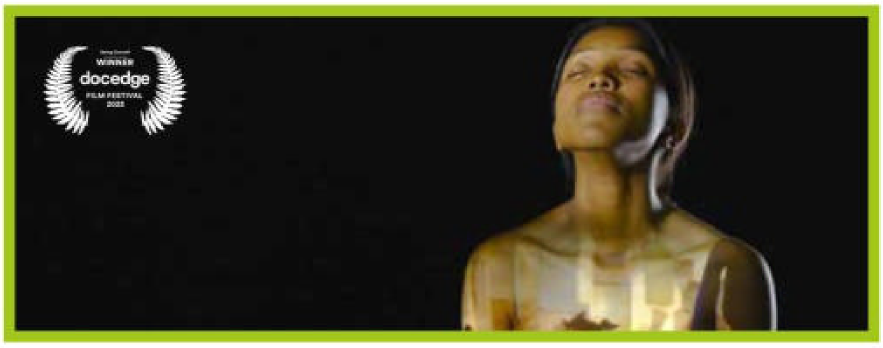
When The Sand Stands Still

Saving an iconic Danish landmark from coastal erosion, one man takes on an extraordinary mission to move the Rubjerg Knude lighthouse 70 meters backwards.

Jury Comment: *The story of the underdog with an insane idea that comes to life, is one we can all relate to. Beautiful imagery and visuals that tells the story of one of the devastating impacts of climate change and the precious things that are worth saving.*

CATEGORY WINNERS

Being Oneself


WINNER
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Who I Am Not
The film gives voice to the long ignored and mostly silent two percent of the world's population: the intersex community. An intimate look at the struggle of living in a male-female world when you are born in-between.

Crime & Conspiracy

WINNER
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2023

All Static & Noise
A powerful film exposing the mass atrocities committed by the Chinese government against the Uyghur and Kazakh minorities in Western China.

Fighting Spirit

WINNER
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FILM FESTIVAL
2023

Twice Colonized
Renowned Inuit lawyer Aaju Peter has led a lifelong fight for the rights of her people. When her son suddenly dies, Aaju embarks on a journey to reclaim her language and culture after a lifetime of whitewashing and forced assimilation. But is it possible to change the world and mend your own wounds at the same time?

Making an Impact

WINNER
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FILM FESTIVAL
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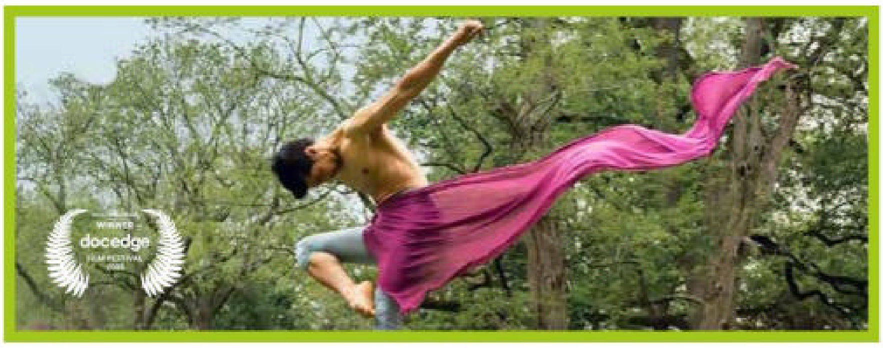
Deep Rising
With narration by Jason Momoa and through stunning visuals and compelling storytelling, viewers are made aware of the little-known practice of deep-sea mining and its devastating consequences

The Art of Storytelling


WINNER
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Call Me Dancer
A street dancer from Mumbai struggles against his parents' insistence that he follow a traditional path. Then he meets a curmudgeonly Israeli dance master, who inspires him to follow his dreams.

Our World, Our Stories

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2023

In the Shadow of Beirut
Survival, resilience, and hope in a city and country on the brink of financial collapse.

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AIR TAHITI NUI
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A different tune

The man who helped turn NZ Opera's fortunes around tells ELISABETH EASTHER opera can be funny, moving and disconcerting.

Thomas de Mallet Burgess is a UK theatre and opera director whose work has taken him all over the world. For the past five years, he has been general director of New Zealand Opera, leading the company through Covid, upheaval and regrowth. He is leaving after the Auckland season of NZO's current tour of Mozart's *Così Fan Tutte* to become artistic director of the Finnish National Opera.

Your name is rather ornate. What is your whakapapa?
I was born in beautiful Barnstaple, in North Devon, where my father's family have lived for at least 400 years, and my mother grew up in London. We also have connections with Wales and France. Science enables us to go much further back, with the largest concentration of maternal DNA coming from Bangalore, India, Albania, and a particularly hostile tribe of Berbers in Libya.

You studied at Oxford. Was that predetermined or did you forge that path?
Neither of my parents went to university, but they completely supported my journey because they saw the value of education. My father's family building business had been in our town for centuries, and he saw the world was changing and opening up, which meant different choices needed to be made.

Did Oxford meet your expectations?
Oxford was wonderful, because we were taught to think. Intellect is not feared there, it is respected. Free thinking based on research and conviction is encouraged. I read philosophy and modern languages, French and some Russian. Oxford isn't just about academic work, and a multitude of things are pursued there at a professional level, like journalism, drama and sport.

Is it true that the first opera you ever saw, you also directed?
After Oxford, I moved to London when the arts were in a parlous state. It was the late 80s, and training for directors was limited, so I started directing by teaching myself. When a group of Trinity College students asked me to direct an opera, I said why not. That production was very successful, and [director] John Cox invited me to join the team at Covent Garden on an ad hoc basis. In retrospect, I see that was a wonderful way to come to the art form, because I was free of prejudice.

> **"One critic said the production contained scenes best left to consenting adults in the privacy of their own home."**

How did you teach yourself to direct opera?
My super power is intuition. Even if one doesn't understand intellectually what is happening, one's ability to intuit can be very useful in terms of exploring a piece and engaging with it. I also read a lot.

Was it daunting to learn a craft like opera in London?
Absolutely. In London, you're very exposed. It's a very competitive environment, with multiple critics reviewing work at a very sharp level and, if I'm being generous, I'd say a fair degree of my projects back then were experimental.

Are you alluding to specific harsh reviews?
One of my early productions was a baroque rock opera for students at the Guildhall. One critic said the production contained scenes best left to consenting adults in the privacy of their own home. The conductor, Christian Curnyn, and I were called "the Handel Vandals".

How did you cope in the face of such vitriol?
It changed virtually overnight. Either I woke up one morning and knew how to direct, or the panel of critics changed, as suddenly I was lauded and feted. Although I did wonder, should an artist worry when they find increasing success? Did it mean I was no longer challenging the status quo, as it is surely the role of artists and art to question, to provoke people's emotions, to connect audiences to something beyond us and ask who are we, as well as to entertain.

You've moved around the world. What were the stepping stones?
After meeting my wife, [soprano and music psychologist] Fiona McAndrew, in London – she's so brilliantly smart in addition to her talents in music – we went to Cincinnati, where I took up a professorial position at an opera training programme. We stayed four years, during which time our first daughter was born. We'd gone to Dublin for the birth because Fiona's family were there, and also because women are less likely to have a C-section in Ireland than the US, and a caesarean would have interfered with the work Fiona had lined up. Then 9/11 happened two days before the birth and the world seemed so fragile, so we moved to Ireland.

How did that lead you to Perth?
After the Global Financial Crisis, a banker friend said it would be 10 years before Ireland was back on its feet, and because Fiona had grown up in Perth, we moved there. I took a job running a well-funded cultural programme. I'd also had something of a crisis in my thinking about opera and I wanted to do something experimental. There was money in Perth, and a colleague and I started Lost & Found

NZ Opera's general director Thomas de Mallet Burgess: "Opera has the capacity to make us think and feel."

Opera. Our younger daughter was born in Perth, then this job at NZ Opera came up and I jumped in.

Would it be accurate to say NZ Opera was at a crossroads when you arrived?
It was virtually broke. It had major challenges with its principal funder, Creative NZ, which meant it was a company in need of a shake-up artistically and financially. A lot of people wrongly assumed it was a case of the new guy coming in with a radical agenda, but it actually just wasn't working well, and changes had to be made.

Three board members resigned over the commissioning of a new work, *The Unruly Tourists*. What happened?
As I saw it, those board members resigned because they felt the company should be putting on more a mainstream repertoire, as opposed to developing new work. One of those board members had previously been executive assistant to Peter Gelb at the Metropolitan Opera, a bastion of core repertoire and tradition. Relatively recently, Gelb announced the Met was to produce a new work to open each season, because the old warhorses weren't performing at the box office as anticipated. So, we were ahead of the curve.

Are you a singer?
No. But I desperately wanted to be in my primary school choir and I auditioned as soon as I was old enough, but Mrs Saville said I couldn't sing in tune.

Isn't it diabolical to tell someone they can't sing?
Yes, but thankfully, the world has changed, because art forms including opera do themselves no favours when they exclude people on the basis there is a certain level of knowledge or skill to be obtained. There is a place for everyone in all the arts.

If I was an alien, how would you explain opera to me?
Opera has the capacity to make us think and feel, and to understand realities that are, on the surface, removed from our own, but when we delve deeper, we recognise they are deeply linked to our own experiences. Opera can be funny, moving and disconcerting and, in the wrong hands, it can be dull. There's no live performance without risk, but when the elements come together, opera can change how you feel and how you think. ▮

The NZ Opera season of Mozart's romantic tragi-comedy *Così Fan Tutte* is on in Auckland (May 31-June 4), Wellington (June 14-18) and Christchurch (June 28-July 2). *nzopera.com*

GREG BOWKER/NZ OPERA

Facing the storm

Renowned climate scientist James Renwick's sobering new forecast for NZ and passionate plea for action.

by GREG DIXON • photograph by HAGEN HOPKINS

First, the good news. You shouldn't need gumboots, a raincoat or even a canoe to leave the house next summer. Well, probably. For those fearing that climate change means this year's appalling weather is New Zealand's new normal, chances are it won't be.

With rising global average temperatures expected to breach the crucial 1.5°C above pre-industrial levels as early as 2027, the increasing warming of the planet because of man-made greenhouse gases means more extremes in climate and weather around the world. But the headline for New Zealand from one of our most prominent climate scientists is that this year's ruinous weather may just be down to rotten luck. Well, probably.

"My hope," says James Renwick, doing his best to sound hopeful, "is this unfortunate sequence of events in the North Island so far this year is not going to be the norm in the future. I can't be sure it won't be, but there's no real reason to think it will be. My seat-of-the-pants feeling is it won't be."

Seat-of-the-whatnots or not, Renwick has the expertise to make the call. He was a climate research scientist at Niwa, the National Institute of Water and Atmospheric Research, for 20 years. Now, he's a professor of physical geography at Victoria University of Wellington Te Herenga Waka and a member of New Zealand's Climate Change Commission. He's also been a key contributor to the global Intergovernmental Panel on Climate Change since the early 2000s.

So any prediction Renwick makes should be listened to by those who are worried about where our climate and weather are headed – and that's most of us. A poll of New Zealanders taken by insurer IAG last year found 75% of those surveyed said they were seeing, or were expecting to see, more frequent and extreme floods, while 72% thought they were seeing, or were expecting to see, more frequent and more severe storms.

If you are already expecting things to get worse because of climate change, it's a natural assumption after disasters like the swamping of Auckland and the devastation of Hawke's Bay and Tairāwhiti to expect such events to be our lot from now on. Although they probably won't be, Renwick is clear that

James Renwick: "It staggers me that there are business leaders and world leaders prepared to gamble with billions of lives for the sake of profit."

Droughts will trigger land-use changes, with pastoral grazing no longer viable in some regions.

GETTY IMAGES

without worldwide action to decarbonise, climate change will fundamentally alter our climate, how we live and work, and reshape our world.

Still, there is some comfort to be taken from this year's destructive events being likely aberrations, though those in the direct path may feel differently.

"I feel sorry for the people who were in the firing line," says Renwick, who lives on the Kāpiti Coast. "I've never had my house flooded out. But it must be a terrifically dispiriting thing to have happen. And to have it happen again and again – awful.

"We have had a lot of those events this year, but I don't think that's a sign of climate change, it's just a sign of bad luck."

An average temperature rise of 2°C would put downtown Auckland, south Dunedin and Lower Hutt under water.

WAKE-UP CALLS

But here's the terrible irony: disasters get our attention. Extreme events such as Cyclone Gabrielle are unavoidable even for those not directly affected, and they force us to think about what Renwick calls the "existential threat to global civilisation" caused by man-made climate change. "I wish it wasn't this way. I wish we didn't have to have death and destruction to get to that point."

But it is the silver lining to all those goddamn storm clouds. As Renwick writes in *Under the Weather*, his new book on what climate change means for New Zealand, he believes the more we talk about the issue, the more we care about it, and the more likely we are to do something about it. "I'm a big advocate for conversation being the most important first action anyone can take – to just talk about climate change," he tells the *Listener*. "We hear a lot more about it these days than we're used to because of all the extremes that are happening. Even so, it's still not part of the everyday conversation that most people have. We need to be having those conversations."

As a conversation starter for New Zealanders, *Under the Weather* should prove invaluable for those worried about the threat of climate change but still puzzled or confused about the mechanics. It's divided into four sections: the first two survey what drives global climate and the peculiarities of our local climate. The second half of the book takes a shot at forecasting Aotearoa's climate future, what the best- and worst-case scenarios are and, most importantly, what nations, communities and individuals need to do in the next decade to avoid catastrophe.

Renwick, who won the Prime Minister's Science Communication Prize in 2018, hopes it will teach the reader how the climate works, helping them to understand the climate-change forecast both in the immediate and long-term future.

It is an FYI, but is it a *cri de coeur* [cry from the heart], too? "It's definitely a *cri de coeur*. I am passionate about at least trying to make the future better for those who come after us."

What *Under the Weather* isn't is an activist's manual. Rather, Renwick sees the book as a manual of solutions to inspire action on climate change. "The way I do that is to paint a picture of how bad it could be to scare people into wanting to do something, and then say, 'Well, if we do this, this and this, here's how good the future could be, so let's get on with that'."

COMING OUR WAY

So what should the fearful many (and the wilfully ignorant or uninterested minority, for that matter) expect for our climate's future? The fact that Renwick has subtitled his book *A Future Forecast for New Zealand* suggests nothing is certain, at least not yet.

"I've spent my whole professional career forecasting either the weather or the climate. I know in my bones that nothing is certain. We can never be perfectly right in our forecasts, even of the next few hours, let alone the next few centuries. So, *Under the Weather* is a possible future for us – which is really about what are the possible futures for action on climate change."

Forget Australia. New Zealand is the lucky country, at least when it comes to climate. Our nearest neighbour is, sadly, a good example of a place of climate extremes that will become only more acute as global temperatures rise. Melbourne and Sydney, for example, are already experiencing temperatures of over 40°C, and may face highs over 50°C before the end of the century.

New Zealand, meanwhile, is in a sort of climate sweet spot, thanks to its literal place in the world. We are right in the middle of the latitudes, and we're surrounded by ocean which tends to buffer the climate and keep it temperate. "It's a pretty variable place," Renwick says. "We have ups and downs, wet and dry, hot and cold, which means the climate-change trends are a bit drowned out by the noise of the ups and downs in our regular climate."

This is not likely to change noticeably over the next century. Which means it is very unlikely any part of New Zealand will be made uninhabitable as global average temperatures overtake the 1.5°C above pre-industrial levels set as a hopeful limit by the 2016 Paris Agreement, and towards an even more worrying 2°C.

That Aotearoa won't be uninhabitable is about as encouraging as Renwick's forecast for New Zealand gets, at least if the world does nothing or little to eradicate greenhouse gases.

Much less encouraging, if global warming isn't halted, is that parts of Aotearoa might become more difficult to live in – though how much and how badly depends on what the world decides to do this decade.

Regions such as Canterbury, Hawke's Bay and Northland could see a doubling or tripling of droughts.

Although warming here is expected to be a little less than the global average rate, rising temperatures will lead to the westerly winds that dominate our climate gradually increasing for at least the rest of the century, further warming the entire country.

Stronger westerlies will make the west of the country wetter, and the far north and east of the country drier. Renwick predicts that a couple of degrees of global warming could see a doubling or tripling of droughts in regions such as Canterbury, Hawke's Bay and Northland. Land use and agricultural changes will be locked in by this, too, possibly for hundreds of years. Canterbury, for example, now dominated by dairying, ▶

An optimistic outlook

Tackling our "puny" emissions could inspire the global economic shifts that are needed.

Here's a reality check: Aotearoa has, so far, achieved very little in reducing its greenhouse-gas emissions. Although total emissions right now are slightly down from a peak in 2005, both gross and net emissions (the latter after subtracting offsets such as tree-planting) have changed little this century.

The government's announcement in late May that it would subsidise $140 million of a new $300m electric arc furnace at NZ Steel's Glenbrook mill may help some. It claimed this alone will contribute an estimated 5.3% of the reductions needed under the country's second emissions budget (2026-2030).

"Reconfiguring the global economy is a really important part of fighting climate change."

But climate scientist Jim Renwick is much more ambitious for us. His new book champions New Zealand leading the way in the race to zero-carbon emissions, mostly because of our size and because we're "super well endowed" with renewable resources. We could inspire the rest of the world, he believes.

But given our gross emissions contributed just 0.17% of the world's total, what's the point of us leading the way? Renwick thinks there could be a first-mover advantage, and we could perhaps sell green technology we develop to other countries.

"So, using our smarts here, and exporting those smarts to other countries, is definitely a way to leverage our own pretty puny emissions reductions to produce much bigger emissions reductions in much bigger economies."

As for the rest of the world, Renwick has an even more ambitious view: broadly speaking, he is advocating we end the global addiction to fossil fuels by remaking the entire global economy.

Is he saying that to do one massive thing – stop climate change – we need to do another massive thing first, change how the world economy works?

"Am I just in an ivory tower? Well, I wonder about that myself. Look, the global economy has developed organically over centuries, but it's just a human construction. There's no law of nature that says we have to run our economy in a particular way. The good news is reconfiguring the global economy is a really important part of fighting climate change."

His optimism is infectious. But is he really as optimistic as he sounds? "I'm optimistic because we know in great detail what the problem is and how to fix it," he says. "But I'm pessimistic in terms of the urgency to fix the problem by policymakers around the world.

"We can still take action fast enough to avoid the worst consequences of climate change, and that keeps me optimistic. There's also an awful lot more activism these days, especially from young people. And that's a cause for optimism, too."

Transformative: An electric arc furnace.

A deluge of records

“Aotearoa will be a very different place in a world that is even a degree or two warmer.”

The year 2023 has already been a year of extremes. Auckland saw its wettest month on record in January, with the central city recording 539mm of rain, smashing the previous monthly record of 420mm from 1869. February’s Cyclone Gabrielle, meanwhile, brought rainfall of 300-400mm – more in some places – with wind gusts of 140km/h or more during the storm’s three-day rolling maul. And frankly, in much of the North Island, it doesn’t seem to have stopped raining or blowing since.

For all that, 2023 might yet break another record before it’s done: by becoming our warmest year on record. If it does, the previous record won’t have lasted long – it was set only last year.

While temperatures in New Zealand can be fairly variable, of course, this recording-breaking temperature thing has become a trend, with the four warmest years on record all occurring since 2016, according to Niwa. It isn’t just on land that things are warming up, it’s at sea, too. Marine heatwaves occur more often now than they did 50 years ago.

In *Under the Weather*, climate scientist James Renwick says both in New Zealand and around the globe, we’ve seen about twice as many high-temperature records broken as low-temperature records over the past 10 years.

Indeed, during 2022, 137 high-temperature records were set in New Zealand, while no low-temperature records were broken at all.

With rising global average temperatures expected to breach the crucial 1.5°C above pre-industrial levels as early as 2027, and an even higher rise on the cards, temperature records seem likely to be broken most years from now on – which means big change is on the way for New Zealand.

“Whatever the rate of warming, our country is going to get a complete makeover.”

“Whatever the rate of warming, our country is going to get a complete makeover,” Renwick says.

“It won’t be the same. We will grow used to the changes, of course – what other choice do we have? But Aotearoa will be a very different place in a world that is even a degree or two warmer.”

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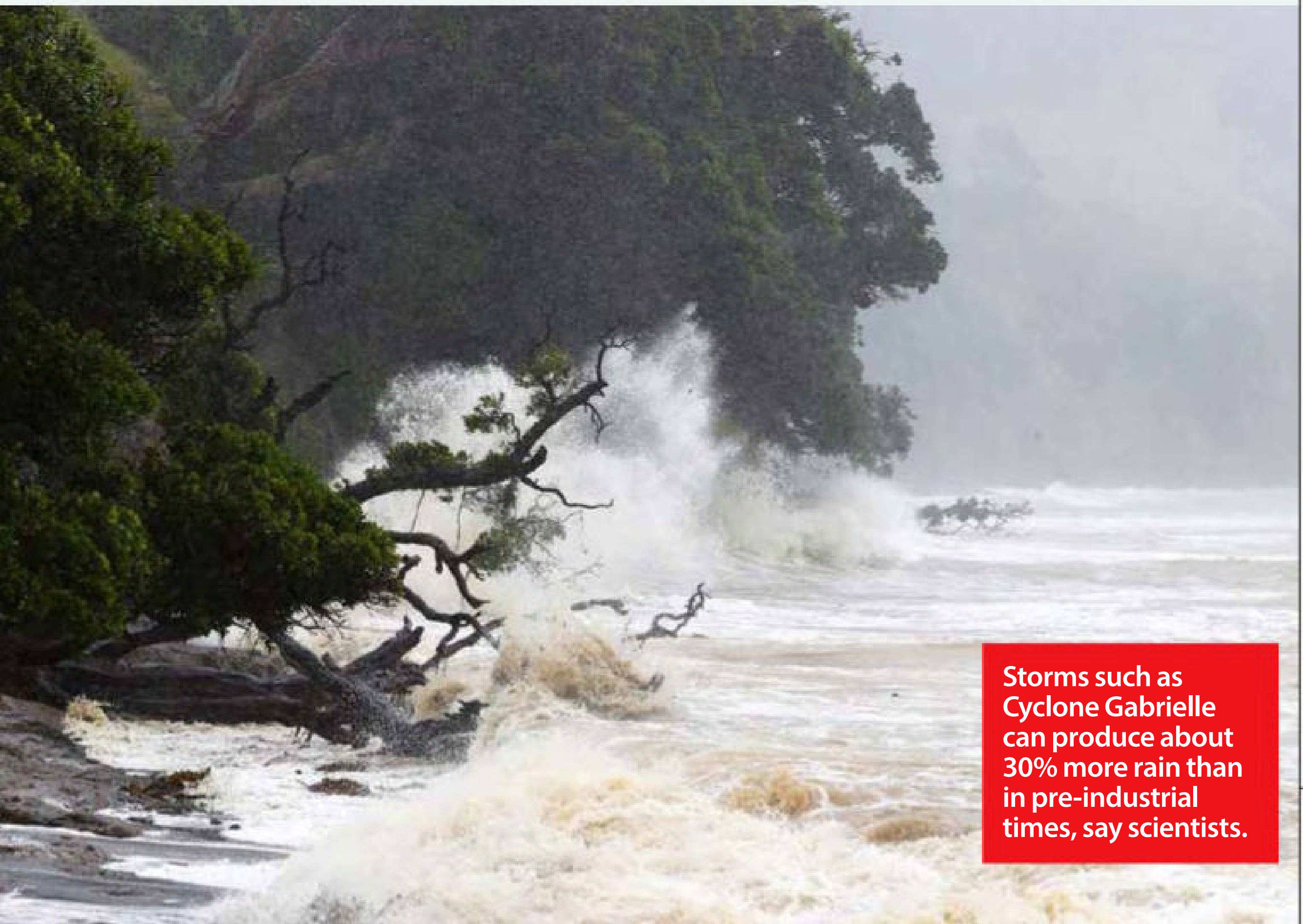

Storms such as Cyclone Gabrielle can produce about 30% more rain than in pre-industrial times, say scientists.

will have to revert to drylands agriculture such as grain growing, and further south, winters may no longer be cold enough for stone-fruit trees such as apricots.

Drier, warmer days mean greater risk of wildfires, too. Though New Zealand won’t be Australia, in the east of both islands there could be a doubling or tripling of the yearly period spent with very high or extreme fire danger.

“I think there could be movement in populations, too,” Renwick says. “People might want to move out of dry places like Hawke’s Bay or Whangārei, for example, and go somewhere where it’s easier to get water. Water availability is going to be the big issue.”

SHRINKING COASTLINES

Elsewhere, the issue is going to be what could be called an over-availability of water. Many thousands of homes and businesses, along with roads and other expensive pieces of infrastructure, sit within metres of the sea and are threatened by eroding coastlines from rising sea levels.

How high will the seas ultimately rise? As ever, it will depend. Sea levels around New Zealand have already risen 20cm in the past century, and Renwick says we are guaranteed at least another 30cm by around 2080. In many parts of Aotearoa, that will mean 1-in-100-year sea erosion events happen every one to four years.

But what happens to our sea levels in the next 50 years really depends on how much global action is taken to quickly reduce greenhouse gases. Renwick says if the world acts now, we could get away with a less-than-1m rise over the next century; if we’re unlucky, it could be 2m. But if the world’s average temperature rises by more than 2°C, it will lock in at least a 5m sea-level rise, putting downtown Auckland, South Dunedin and Lower Hutt under water.

Those not living near the coast won’t escape the deluge. Two-thirds of us live on flood plains, and the heavier rain events climate change is already delivering will mean we will face more frequent and more record-breaking floods – and the “rivers” above us will be mostly to blame. So-called atmospheric rivers are long filaments of moisture in the sky that can stretch from the tropics to the middle latitudes where New Zealand sits.

Renwick says a single atmospheric river can stretch thousands of kilometres and carry more water (in the form of gas) than the Amazon. And it is these rivers that are already causing serious flooding, including

A drained lakebed in California flooded by an "atmospheric river" event.

GETTY IMAGES

the Auckland Anniversary Weekend disaster that took four lives.

The larger amount of moisture in the atmosphere will also contribute to storms. Interestingly, there will be fewer of them, but their strength is another matter: Renwick predicts storm damage is likely to grow because of the wind and rain intensity created by the increase in atmospheric moisture.

Pacific cyclones will have a similar profile: fewer of them, perhaps, but more intensity in those that do form. How much more? We don't yet know. But local and international scientists issued an "attribution statement" in March suggesting the worst storm to hit Aotearoa this century, February's Gabrielle, dropped as much as 30% more rain because of climate change.

MISSING THE TIPPING POINTS

There is a way to make this daunting forecast go away: stop burning fossil fuels. If we waved a magic green wand and woke up tomorrow in a zero-carbon world, Renwick says, we would not see a 1.5°C average increase in global temperatures after all, and the climate would begin to stabilise where it is now. But the world is not going to go to zero carbon tomorrow.

"Given the pace of change, we have locked in 1.5°C and probably a bit more than that," he says. "But it becomes really important to know, are we stopping at 1.7°C? Or at 2.3°C? The higher the number goes, the more warming, the more risk, and there are thresholds and tipping points, especially around sea-level rise."

How high average temperatures go is up to us, so the shape of the future is up to us, too. "The reality is this is a human problem and human institutions are going to have to solve these problems – and they usually operate very slowly. But the response to the Covid-19 pandemic gives me a bit of hope that when governments realise they're in big trouble, they can take action very quickly, and people can go along with it."

> **"A replacement for Huntly is very expensive. But it's an investment, and the pay-off is astronomical."**

Only, the world's governments aren't responding to climate change in the way they did to the pandemic. In his book, Renwick says that while global leaders now talk a lot more about climate change, the global community still subsidises the fossil-fuel sector to the tune of hundreds of billions of dollars each year. Big oil is still in charge, he believes. "It staggers me," he writes, "that there are business leaders and world leaders who are prepared to gamble with billions of lives for the sake of profit."

He is more positive about our government's response these past five years, which has included the passing of the Climate Change Response (Zero Carbon) Amendment Act in 2019 and the creation of the Climate Change Commission to provide evidence-based advice to the government.

"I'm really pleased that there is a start," he says. "What I'm not so sure about is how quickly action will happen from here, but things are going in the right direction in this country."

Interestingly, Renwick is less concerned about the emissions from our browbeaten agricultural sector than other industries, mainly it seems because, although methane gas produced by ruminant animals is much more potent than carbon dioxide at trapping heat in the atmosphere, it doesn't last nearly as long as CO_2, which will stay around for hundreds of years.

New Zealand's biggest CO_2 emitter in the past 30 years is actually the transport sector (that's mostly individuals driving cars), followed by industry and energy production. So the "most urgent issue" is to decarbonise these sectors by moving to renewables as quickly as possible.

What's stopping us? "It comes down to cost," Renwick says. "To build a replacement for the [gas- and coal-fired] Huntly power station is very expensive. But treating such things as just costs is absolutely the wrong way to think about them. It's an investment, and the pay-off is astronomical, because we are able to save the future." ∎

Under the Weather: A Future Forecast for New Zealand *by James Renwick (HarperCollins, $39.99)*

Friends with benefits

Australia's welcome mat for Kiwis won't spark a rush to the departure gate on its own, but we do need to make our own backyard more attractive, writes PETE MCKENZIE.

For a brief moment, there was celebration. A year after a sympathetic Labor government swept to power in Australia, New Zealand's diplomats and politicians found success in their long campaign to secure a reliable path to citizenship for New Zealanders living across the Tasman.

Until the 1990s, New Zealanders arriving in Australia automatically received permanent-resident status and could access most healthcare and welfare services. But those entitlements were progressively weakened and in 2001, the John Howard government removed the safety net. The decision of current Prime Minister Anthony Albanese to reverse Howard's changes means 380,000 New Zealanders in Australia now have a path to the security and stability they have lacked for decades.

"The response should be fixing the things already broken that make it harder for us to keep people here."

His Kiwi counterpart, Chris Hipkins, could hardly contain his excitement at an Australian citizenship ceremony during a flying visit following the announcement, joking and laughing on stage with Albanese. Hipkins hailed the reforms as the biggest "in a generation" and said he expected they would "make an enormous difference" to relations between the two countries. His excitement was understandable: political reporter Henry Cooke, writing in the Australian edition of the *Guardian*, called it "a major win". Joanne Cox, leader of campaign group Oz Kiwi, told Stuff she was "very happy" with the changes. New Zealand First leader Winston Peters, of all people, acknowledged it as a victory.

The significance of the achievement could be seen in the Australian government's concern about electoral backlash: Albanese announced the decision on a Saturday morning before Hipkins arrived, in what seems to have been an attempt to minimise news coverage (Dan Tehan, the opposition Liberal Party's immigration spokesperson, was quick to voice concern that the changes might increase pressure on Australian housing and welfare; Australia's *Daily Mail* warned its

Grin-grin: Australian Prime Minister Anthony Albanese and NZ counterpart Chris Hipkins celebrate the citizenship deal in Sydney.

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readers to "prepare for a Kiwi invasion!").

Then the mood in New Zealand turned. Act leader David Seymour denounced the news, saying Hipkins had been manipulated "like a didgeridoo", while BusinessDesk managing editor Pattrick Smellie agreed we "might have been played here". Their concern was that Australia's decision was less an altruistic act of friendship and more a plot to steal New Zealand workers amid a global labour shortage. Auckland Chamber of Commerce chief executive (and former National Party leader) Simon Bridges told Stuff, "It clearly does have the potential to feed into our long-term 'brain drain'." *Sunday Star-Times* editor Tracy Watkins ended a column on the subject by asking, "Will the last one to leave please turn out the lights?"

The concern was jarring for two reasons. First, New Zealand's media has spent two decades writing about the suffering caused by Australia's changes to New Zealanders' entitlements and about the Howard government's suspect motivations in pursuing them. For much of the media to immediately begin expressing concern about the reversal of those changes smacked of hypocrisy.

Second, and more importantly, the criticism appears not to be accurate. New Zealand is losing people to Australia, but there's a surprising degree of unanimity among top economists that the change to citizenship entitlements in Australia is unlikely to contribute significantly to that "brain drain". Instead, they worry the focus on alleged Australian manipulation will lead us to overlook something much more important: the stagnant labour conditions and cost-of-living crisis that force many New Zealanders to look abroad for hope in the first place.

> **"The average male working in forestry can increase his weekly earnings from $1305 to $3122 just by hopping across the Ditch.**

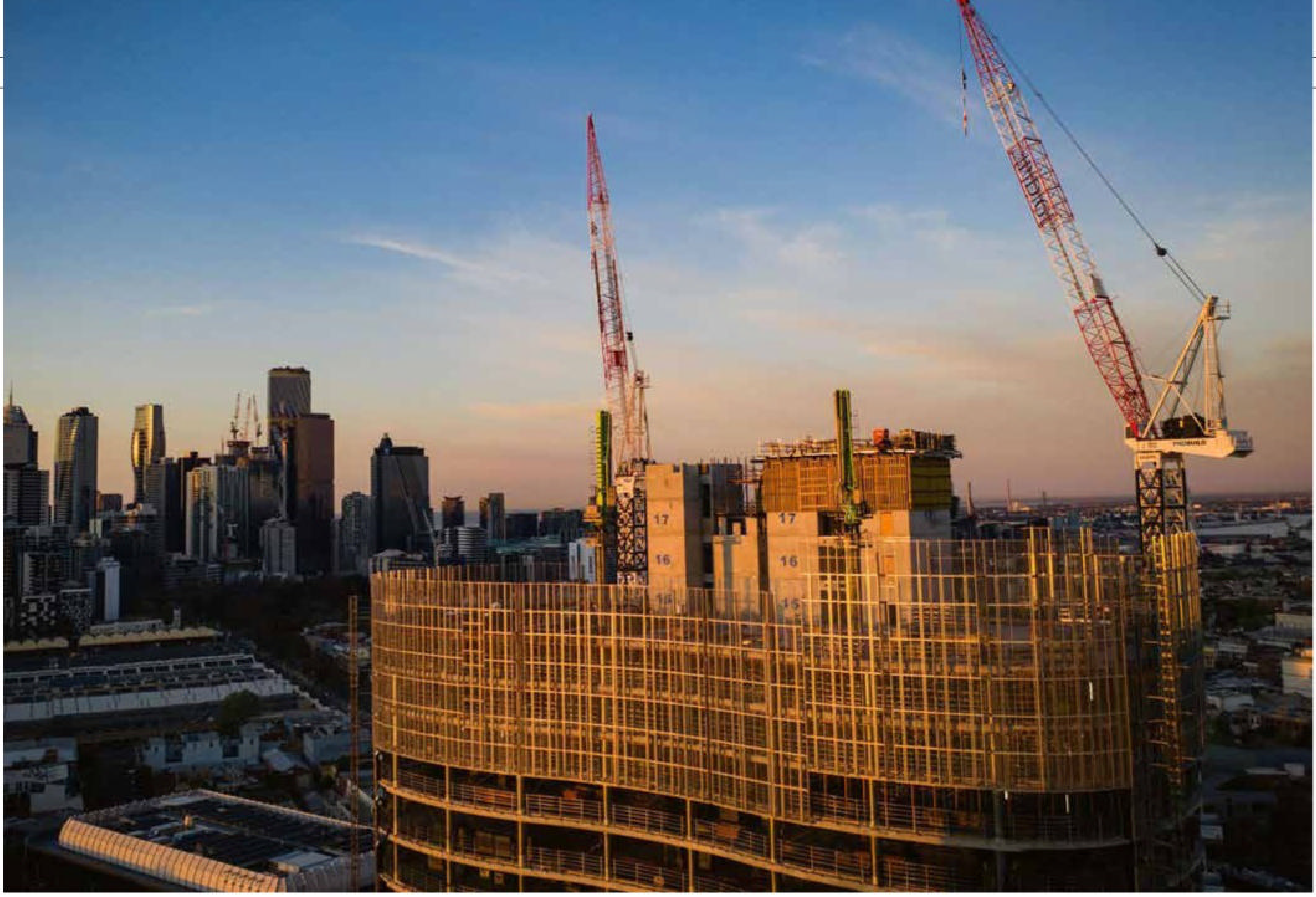
EXODUS RESUMES

Brad Olsen doesn't need to be told that there's a brain drain of New Zealanders going to Australia: at 26, the chief executive of consultancy firm Infometrics is of an age where many of his friends are the ones who are moving. But he has a predilection for hard data, so he set out to quantify the problem. Drawing on figures from Stats NZ, he found that almost 17,900 people migrated from Australia to New Zealand in the year to September 2022. In that same period, just over 28,000 moved long term from New Zealand to Australia, producing a net outflow of just over 10,000: the largest since 2014.

But even though we're experiencing a small spike compared with the immediate past, as Olsen wrote in a recent Infometrics update, if we look back further, 10,000 is a pretty low number compared with the usual pattern of trans-Tasman migration. In the year to December 2008, after the Global Financial Crisis, the net outflow from New Zealand to Australia was almost 40,000. The net outflow in the year to June 2012, following the Christchurch earthquakes and Australian mining boom, was more than 43,700.

With that data in hand, Olsen wrote that although the levels of movement by his friends and other New Zealanders to Australia were significant, they're "not nearly as intense as they've been over history". And, he says, it's doubtful whether Australia's changes to citizenship entitlements will have much of an impact on movement across the Ditch. "I really don't see there to now be a stronger pull than before to leave for Australia."

He does accept that following the changes, "there might well be less need to come back to New Zealand", since Kiwis in Australia will have greater support if they hit difficulties, but he thinks even that is probably offset by the family ties that bind New Zealanders to their homeland. "A reason that New Zealanders often come back home is to



Valued: health workers (praised at left as "Frontline Heroes" in a Melbourne mural during Covid) and construction workers can earn a lot more in Australia than in NZ.

have kids or raise kids. Often, people have parents here to help out and provide a blanket of support." The lifestyle here is another drawcard, he says.

Economist Shamubeel Eaqub, of consultancy firm Sense Partners, agrees with Olsen's assessment and dismisses the suggestions by some in the media and opposing politicians. "The commentary is not based on evidence, right? It's just based on feels, and that really pisses me off."

To prove his point, Eaqub has also compiled data and found that the number of New Zealanders in Australia increased at a relatively steady pace from just over 300,000 in the mid-1990s to about 600,000 in the early 2010s, a period that covers the Howard government's changes to entitlements. The fact that the 2001 citizenship reforms did not prompt a significant slowdown in migration numbers shows there are other drivers at play, he says.

Instead, Eaqub points to economic factors. "In the 2000s, there was a very strong case for moving to Australia. It was very much the Lucky Country. It had a massive boom in mining, a massive boom in construction. There were additional things that were taking place, so we saw huge numbers of New Zealanders moving."

WAGES vs LIVING COSTS

The disparity in economic opportunity between the trans-Tasman neighbours continues to this day. The average male New Zealander working in forestry and mining can increase his weekly earnings from $1305 to A$2896 (NZ$3122) just by hopping across the Ditch, data from Stats NZ and the Australian Bureau of Statistics shows. For a male in construction, the same move would see his weekly earnings rise from $1348 to A$1786 (NZ$1926). Across all industries, says Eaqub, moving to Australia results in an average wage increase of 21%.

This premium isn't all eaten by increased living costs. According to data from the two nations' Household Expenditure Surveys, in 2016, the average Australian family spent A$1425 (NZ$1536) per week, of which A$764 (NZ$823) was on necessary expenses like food, power, transport and housing, leaving A$661 (NZ$713) on things of their choosing. The average New Zealand family, in contrast, spent $1260.90 a week, of which $726.80 was on necessary expenses, meaning $534.10 is spent on things of their choosing. Overall, even accounting for a higher cost of living in Australia, those figures show that Australians were better able to use their increased wages on things that make them happy.

"It is [easier] to access a materially higher quality of life in Australia than is possible in New Zealand," says Eaqub. "When you've got a bigger budget and your necessities are not taking up so much of your income, you can have a better life, right?"

Faced with this economic disparity, the risks of the Howard government's changes to entitlements for New Zealanders took on much less salience in people's decision-making. "Did it have a massive humanitarian impact on people living there? Of course," says Eaqub. "Essentially, they became second-class citizens overnight. There's a whole bunch of other, non-economic reasons that are fundamental in terms of why it was devastating for many New Zealanders. [But] this idea that somehow [the reforms] changed the economic dynamics for why you might move to Australia, that's not true."

> **"The commentary is not based on evidence, right? It's just based on feels."**

And if the changes had little impact on New Zealanders' appetite to move, as the data and Eaqub's analysis appear to show, it's unlikely the Albanese government's reforms will have much of an impact, either. Nobody moves abroad expecting to fall on hard times: the idea that there would be less of a safety net would have been worrying but not debilitating for New Zealanders considering a move to Sydney or Melbourne or Kalgoorlie in the 2000s. Knowing that the safety net has been strung up once more will be reassuring but not determinative for those considering such a move now.

HOUSING COSTS

Eric Crampton, chief economist at the right-leaning New Zealand Initiative think tank, suspects it's probably true that Australia is acting selfishly by making its citizenship reforms. “Australia has recognised it's got a labour shortage, so they are very happy to have more Kiwis there working and to stop treating Kiwis terribly.”

There is a chance that it will lead to more New Zealanders leaving, says Crampton. “Australia deciding to not treat Kiwis like shit will make it more attractive for New Zealanders to go over there.”

But, he says, “from our perspective it really shouldn't matter. It is the right policy and it would be stupid to object to it on those kinds of grounds. It'd be like an East German employer complaining that once they tore down the Berlin Wall, they couldn't keep workers any more.”

That said, Crampton emphasises: “You have to respond to it, though. And the response should be fixing the things already broken that make life easier there and make it harder for us to keep people here.”

From top: Brad Olsen, Shamubeel Eaqub, Eric Crampton, Kerri Nuku.

SUPPLIED

One of those things, as Eaqub points out, is wages. Crampton, by contrast, focuses on housing. “Australia has been enjoying an advantage over us on housing affordability, which is crazy,” he says. According to the 2023 Demographia International Housing Report, the median house price in Auckland is roughly 11 times greater than the median income, making housing there more unaffordable than in most Australian cities, with the sole exception of Sydney, where median prices are roughly 13 times greater than the median income.

“Brisbane's got a better climate and the housing is more affordable than Auckland's,” says Crampton. “If you're attracted to big-city amenities and don't want to move to a smaller centre like Christchurch, moving to Australia is awfully attractive.”

It's that housing disparity that we ought to be most worried about in the context of people leaving New Zealand, he says.

Simultaneously, however, it's also the disparity that should offer us the most hope. Whereas substantially improving wages across all sectors of society is a complicated endeavour that requires significant economic transformation, the solution to housing unaffordability is simple, he says: build more houses.

Starting in the mid-2000s, we began to experience a severe housing supply crisis. Among the various drivers were tight bank lending restrictions on developers and home buyers, the GFC, and a preference by some developers for greenfields development that led to urban sprawl without a big rise in the number of new houses. Among the most significant drivers were the introduction of artificial limits by councils on the supply of housing through measures like restrictive zoning decisions or overprotective “character” designations that prevent demolishing small and often decrepit homes. Change is slowly coming. The government's 2020 National Policy Statement on Urban Development requires cities to allow more houses in more places. In our biggest city, the 2016 Auckland Unitary Plan enabled more density throughout the city.

Crampton argues we should expand those efforts and start making new ones, such as removing urban boundaries that limit the amount of greenfield land available for development. Other economists, including Eaqub, advocate for the government to intervene in the market by investing in the construction of affordable or public housing, which often fall by the wayside.

Whatever tools we use, by expanding housing availability and affordability, Crampton believes we could change the calculations of people considering leaving much more dramatically than by focusing on wages alone. Eaqub says New Zealand has to remember that the question of migration comes down to our own “fundamental economic policies. There are no easy quick wins that will affect only the bilateral thing.”

The government has taken steps to try to compete, including a pay rise of up to 15% for community nurses.

GLOBAL WAR FOR TALENT

As we struggle with basic economic issues, however, the flow of people out of New Zealand is still having an impact. For example, since August, about 5000 nurses working here have registered to work in Australia. That's a significant 8% of our nursing workforce. Kerri Nuku, kaiwhakahaere (joint leader) of the NZ Nurses Organisation, told the *Guardian* that losing that many nurses would be “huge – not only in size, but also in skill and experience”, raising questions about the viability of the healthcare sector. The government has taken steps in recent months to try to compete, including a pay rise of up to 15% for community nurses. But it's unclear whether that will be enough to stave off departures when nurses can more than double their pay in Australia.

This is not just a New Zealand problem, says Eaqub. “Labour markets are becoming tighter and tighter, shortages are going to worsen, demographics mean that the world is going to experience this shrinking of working-age people,” he says. “The global war for talent is going to heat up quite a lot.”

One potential solution is to shift our focus from losses to Australia and emphasise potential gains from international migration, says Eaqub. New Zealand already has strong flows of qualified people coming in from countries such as the Philippines or India, with a net increase of roughly 2500 people from those two countries in the year to June 2022.

Attracting qualified professionals from those countries and others is crucial to supporting our strained healthcare sector,

Brisbane housing is more affordable than Auckland's. Increasing housing supply is seen as one way to address the problem here.

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Eaqub and Crampton agree. Happily, New Zealand is well placed to do so.

“Do we have a strong position in that global war for talent? The answer is yes,” says Eaqub, “because New Zealand is an attractive place to live. The pool of people who would like to get a better way of life is billions and billions. The number of countries who are willing to accept people and give them that opportunity in a legal and safe way? Tiny. There's an almost insatiable appetite for people to make a better life for themselves.”

POLITICAL DIVIDE

Immigration policy has long been a political football in New Zealand. When we abandoned our policy of favouring migrants from Anglosphere countries like Australia and the UK in the 1990s, there was a backlash. But since then, governments have continued to turn the immigration taps on and off according to economic circumstance and skills shortages, often with unforeseen consequences such as house-price inflation.

Then-immigration minister Stuart Nash said in May 2021: “When our borders fully open again, we can't afford to simply turn on the tap. The pressure we have seen on housing and infrastructure in recent years means we need to get ahead of population growth.”

Eaqub says Nash's position is representative of a wider scepticism towards immigration by the current government. “Our immigration policy is very political. It's very much couched in this political, emotional, reactionary environment. Generally, Labour doesn't like immigrants, National does.”

Crampton agrees, and points to aged care as an example. “It seems like Wellington officialdom has the view, and Labour picked up that view, that New Zealand aged-care facilities were relying on cheap Filipino nurses. You'd hear this kind of [racist] language around town – it was pretty gross.”

> **“Australia has recognised it's got a labour shortage, so they are very happy to have more Kiwis.”**

To cope with the urgent demands on crucial sectors such as health, Eaqub and Crampton say New Zealand needs to get over that xenophobia and push itself harder as a prime destination for migration, regardless of where people are coming from. Even in the short term, that will require reducing eligibility and paperwork barriers to migration, making it easier for people to transfer qualifications from their countries to ours, and continuing to invest in salaries and living standards to make New Zealand an even more attractive place to be.

To put things another way: in the weeks following the announcement of the changes to Australia's citizenship rules, we have been obsessed with people escaping from New Zealand abroad. That obsession leads us to strange outcomes: a tendency to characterise the decision to leave as an act of betrayal or to see positive changes as dark manoeuvrings. That obsession obscures a crucial question: what is it about New Zealand that is driving those people away? The answer is not difficult: low wages, expensive and inferior housing, and other living costs that continue to grow.

Rather than focusing our frustration outwards towards Australia, solving the problem will require us to look within.

“If you think about the reasons why people take a job, it's survival, career progression, personal development, fulfilment, right? But we're failing on the first two. There's a lot of catching up to do,” says Eaqub. “These are not specific to Australia. It's about us, not about them.” ▮

Pete McKenzie is a freelance journalist who was named reporter of the year at this year's Voyager Media Awards.

Begging to be believed

Director Paul Gittins sees the play *Prima Facie* as having much to say about sexual assault and the legal system. **by LINDA HERRICK ● photograph by KEN DOWNIE**

Paul Gittins is pretty steamed up. The evening before he was due to talk about *Prima Facie*, the play he's preparing to stage in Auckland this month, he caught the TV news about Christchurch's "Mama Hooch" court case.

The case, involving multiple rapes and sexual assaults, some committed eight years ago, is an extreme reflection of *Prima Facie*'s narrative: that the justice system is a cruel process for rape victims.

The drama, by Australian lawyer-turned-playwright Suzie Miller, is a one-hander about a high-achieving defence lawyer undercut by the system when she lays a complaint of rape against a male colleague. *Prima Facie* has become a global phenomenon, with productions scheduled across Europe, Scandinavia, the US, Asia and South America.

Gittins' production will star Acushla-Tara Kupe (Ngāti Maniapoto), seen recently on TVNZ+ as police officer Diana Huia in the New Zealand-Irish crime series *The Gone*.

Circa Theatre in Wellington is also staging *Prima Facie* in a separate production, with Mel Dodge directed by Lyndee-Jane Rutherford, opening a couple of days after the Auckland season.

It's clear the play has something to say that audiences want to hear, and Gittins is struck by the relevance of the Mama Hooch case to *Prima Facie*.

Named after the Christchurch bar where drinks were spiked by the victims' predators, the case has finally led to the conviction of two men, Roberto Jaz, 38, and his brother Danny Jaz, 40, on 69 charges including rape, indecent assault, sexual violation and stupefying.

The men will be sentenced in August.

The cases involved about 30 women, but police believe there were more victims who never came forward. Moreover, the crimes occurred from 2015-18. That's a long wait for the women.

"God, it's unbelievable," Gittins says. "The statistics are shocking. The Help website says for every 100 cases of sexual assault on women, only 10 will be reported to the police and of those 10 only three will go to court. And only one ends up getting a conviction. You can see why a lot of women decide not to lay a complaint."

> **"The statistics are shocking. For every 100 cases of sexual assault on women, only 10 will be reported to the police."**

Gittins, who saw the National Theatre Live production at the Bridgeway Cinema in Auckland's Northcote, says *Prima Facie* is a perfect choice for Plumb Theatre, the "little company" he set up in 2017.

"It fits the Plumb brand – it's intimate, it's engaging and it's got strong content. It's a huge role for the actor. We held extensive auditions and there were people I thought would handle it really well. Acushla-Tara has that something extra. She's got that lovely combination of real intelligence and an emotional reservoir."

She will need those in spades to fully inhabit Tessa Ensler, a working-class woman rising fast in a law firm dominated by highly privileged male colleagues.

"She's become very successful as a criminal defence barrister, especially defending men on sexual assault charges," says Gittins. "She understands it's not a pleasant process for the complainant. Her job is to test the evidence and she believes wholeheartedly in the legal process. But then, of course, the tables turn."

Gittins has assembled a stellar team for the production. Actor Miriama McDowell is the intimacy co-ordinator, with John Parker as set designer, Elizabeth Whiting on costumes, Jane Hakaraia in charge of lighting and Eve de Castro-Robinson creating the sound, an integral part of the play's ambience.

"Back to Mama Hooch," says Gittins. "The defence counsel were using much of what [University of Canterbury] law professor Elisabeth McDonald calls "rape methodology" to try to undermine the witnesses.

"Her position is that even though a 2015 Law Commission report led to changes in the way the legal system deals with sexual assaults, the complainant is going to be cross-examined and every detail of

Paul Gittins: "*Prima Facie* is intimate, it's engaging and it's got strong content."

their life is going to be scrutinised.

"The play is pretty universal and the situation is worldwide."

Prima Facie debuted in Sydney in 2019, and after a Covid hiatus, burst into international prominence in a West End season starring Jodie Comer (*Killing Eve*) in her stage debut at the Harold Pinter Theatre.

It has screened worldwide in a National Theatre Live production and in April this year, the London team transferred to Broadway, where its Manhattan run has been extended to July 2.

A *Guardian* writer noted that when she attended one of the Broadway shows, she sat next to a young woman who had seen the play twice in one week. "She started weeping loudly 30 minutes in and didn't stop until the standing ovation."

Both Comer and the play won Olivier Awards in the UK last year and she has been nominated for a Tony in the US, where the winners will be announced on June 11.

OPENING-NIGHT NERVES

Gittins has made a gradual shift from "a working actor, making a living" to director over the past 20 years. He still takes on some voiceover, film and TV jobs but has walked away from his great love, the stage, where he started out in Auckland's Theatre Corporate in the mid-70s, working under director Raymond Hawthorne.

Gittins also worked seasons with the Mercury and Downstage theatres, and finally bowed out after playing Lenin in the 2002 Auckland Theatre Company production of Tom Stoppard's comedy *Travesties*.

"I find the degree to which [the stage] takes over my life is too much. I have never been an actor who can roll up at the half-hour call and then toss off a performance like many actors I know.

"It's always been an agonising process for me. Around lunchtime of every day, my thoughts would always start turning towards that evening's show and that was the end of being able to do anything useful for the rest of the day.

"And terrible opening-night nerves were something I never conquered, something I never experience on film or TV. These days, I am happy to stand back and admire the bravura of the theatre people I cast in my plays."

There was a time during the 1990s when a television role unexpectedly propelled him into stardom. When TV's *Shortland Street* launched in 1992, Gittins, then 42, played the private clinic's suave but "troubled" boss, Dr Michael McKenna, one of the original cast of 16. To this day, some people who don't know the Gittins name recall "Dr McKenna" and his wild ways.

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1. Gittins as Kaleipus the centaur in *Xena: Warrior Princess* in 1998; 2. as Dr Michael McKenna on *Shortland Street*; 3. with *Prima Facie* actor Acushla-Tara Kupe.

SUPPLIED

"I was used to being in stuff that had a beginning, a middle and an end," he muses. "Suddenly I was confronted by storylines where I had no idea where I was going. I started off as head of the clinic and a bachelor."

However, that version of Dr McKenna was too bland for the writers. Within the first year, the boss had become a wreck. He was suddenly a divorced alcoholic with two adult children including a gay son. His ex-wife, Alex, played by Liddy Holloway, who was one of the scriptwriters, also arrived, wanting to reunite the family. But then Alex had plastic surgery and fell into a coma – until she revived.

> **"These days, I am happy to stand back and admire the bravura of the theatre people I cast in my plays."**

"I used to complain to Liddy that she was giving herself the best lines all the time," recalls Gittins.

He quit *Shortland Street* after three years but was lured back for a protracted finale a few years later. "I didn't really want to but they said, 'If we kill you off, would you come back?' So I said yes, that will put it all to bed, but in a way now I wish I hadn't done that. It would be nice to go back and do a little bit. I could be the twin brother."

But his acting cred post-Dr McKenna didn't falter. Like many New Zealand thespians at the time, he worked briefly on *Xena: Warrior Princess*, playing Kaleipus the centaur in a couple of episodes in 1998.

The role is immortalised in a photo on such websites as fandom.com showing Gittins sporting flowing locks and an eyepatch, his upper body anchored snugly by the horse torso.

Gittins snorts with laughter when he sees it. "Oh dear. I was fitted into the body with blocks on my feet and I couldn't walk. There was one scene when Lucy Lawless [Xena] jumped on the back of me and we 'took off', pretending we were moving.

"It was all smoke and mirrors, but it worked. When I saw it on screen I thought it was amazing!"

BETTER OPTION

Gittins' background gave no indication he was destined for such actorly greatness. He was born in a small village near Manchester in 1950 shortly before his "very poor" parents emigrated to Melbourne under the "10 pound Pom" scheme. "It wasn't quite what it was cracked up to be ... and the heat got to Mum."

His parents decided to return to England when Paul was 10, by then with a younger sister, but they stopped en route in Auckland and thought New Zealand might be a better option.

His father, a fitter and turner, got a job at

3

KEN DOWNIE

the Wairakei Power Station, and the family quickly settled in, with Paul and his sister bussing to school in Taupō.

"In Australia I was in the school plays and when we came to New Zealand I was in the high-school plays and I talked about wanting to be an actor," he recalls. "But Mum said, 'No. No.' They worked hard all their lives and they got material security, so in many ways, they couldn't understand why I would reject that.

"I lived in Wairakei until I came up to Auckland to university. Mum had brought a pamphlet home saying New Zealand needed optometrists so, being a dutiful son, I enrolled in an optometry degree and very quickly realised that I was doing chemistry labs with people I didn't relate to."

He switched degrees to a BA in psychology and politics, at a time – it was the late 60s – when the University of Auckland was full of "anti" activities led by such people as Tim Shadbolt. Those were the days of anti-Vietnam War demonstrations and Jumping Sundays in Albert Park, where hipsters were wild and free.

"I pushed theatre away, suppressed it, I guess," he says. "I got caught up with the counterculture stuff and the political side of things."

After finishing his degree, "I was like a straw blowing in the wind not knowing what I wanted to do."

So he took off overseas for two years, driving around the US in a Ford Galaxy he bought for $200, before heading to Canada and Ireland. In London, where he packed meat, he followed the path of so many New Zealanders trapped in that cold town, ringing home: "Mum, can you lend me the fare back to New Zealand?"

URGE TO ACT

Back in Auckland, Gittins worked as an Air New Zealand steward and paid back his mum, but his urge to act resurfaced. In 1975, he joined Theatre Corporate, where the team worked by day in the school education programme and by night in the theatre. His time at Theatre Corporate also introduced him to writer and producer Philippa Boyens (who would later win an Oscar for her work on *Lord of the Rings: The Return of the King* screenplay). Gittins and Boyens had two children before their relationship ended. "Interestingly, our son Calum followed me into an acting career whereas our daughter Phoebe followed her mum into a writing one." Still good friends, Gittins says, "Philippa has been very supportive of Plumb Theatre."

Appearances at Downstage Theatre in Wellington saw Gittins have the privilege of being critiqued regularly by playwright and newspaper reviewer Bruce Mason.

No doubt he has many anecdotes about this golden period, but this one reveals how much courage is needed to work on stage: "Tony Taylor [the Downstage director] did this German epic called *Big and Little* [*Gross und Klein*] by the surrealist Botho Strauss, written in 1978," he says. "It was a huge beast of a play – three hours, three parts, with two intervals and very avant-garde.

"It was beset with problems, but we threw ourselves into it. After opening night, Bruce Mason wrote that it was the worst piece of rubbish he had ever seen.

"The season went on and the Wellington theatre public seemed to agree. They didn't come. Then Bruce Mason decided to come and see it again. There were about 25 people there and after the second interval, the only people left were Bruce, two punks and their pet rat."

No wonder Gittins chose to direct. But it's not that simple. "It is hard not to reflect on who you are when grappling with the myriad heightened emotions that a career full of different characters has put you through," he says, "both as an actor and a director. Every time I direct a new play it becomes a learning experience." ▮

Prima Facie: *Herald Theatre, Auckland, June 21-July 2; Circa Theatre, Wellington, June 24-July 22.*

Victims of the unvaccinated

Ethical philosopher **Peter Singer** looks at the issue of refusing the Covid jab, in the first of a series of essays. • **illustration by WEEF**

Novak Djokovic, the world's top-ranking tennis player at the start of 2022, was looking forward to the Australian Open, held [that] January. He had won it in each of the past three years. One more victory would have given him a record 21 major titles, breaking a three-way tie with Roger Federer and Rafael Nadal. The Australian government, however, [then required] incoming visitors to show proof of vaccination, and Djokovic had previously refused to reveal his vaccination status, calling it "a private matter and an inappropriate inquiry".

The family of Dale Weeks would disagree. Weeks, 78, was a patient being treated for sepsis at a small hospital in rural Iowa, but the treatment was not proving effective. The hospital sought to transfer him to a larger hospital where he could have surgery, but the surge in Covid-19 patients, almost all of them unvaccinated, meant there were no spare beds. It took 15 days for Weeks to obtain a transfer and by then it was too late.

Weeks was just one of the many victims of the unvaccinated. His daughter said, "The thing that bothers me the most is people's selfish decision not to get vaccinated and the failure to see how this affects a greater group of people. That's the part that's really difficult to swallow."

Around the time Weeks died, in December 2021, Rob Davidson, an emergency room physician in Michigan, wrote an essay for the *New York Times* that provided a vivid picture of life in a hospital that had consistently been at or near capacity for several weeks. The overwhelming majority of patients had Covid-19, and 98% of those needing acute critical care were unvaccinated.

What happened to Weeks was happening at Davidson's hospital, too: those in need of more specialised treatment could not be transferred to a larger facility because nearly every hospital in the region was already full or close to it. Davidson is unable to view the choice not to get vaccinated as a private matter. "It forces patients with ruptured appendixes and broken bones to wait for hours in my emergency department; it postpones surgeries for countless other people and burns out doctors and nurses."

That is one reason vaccination is not a private matter; the other is that vaccinated people are less likely to spread the virus to others. That is because, first, they are less likely to get infected and, second, if they do get infected, their illness is likely to be less severe (which is why the patients needing acute critical care are, as Davidson indicated, overwhelmingly unvaccinated). Vaccinated people typically have a high load of the virus in their body for a shorter period than unvaccinated people, decreasing the amount of time in which it could spread to others.

PERSONAL CHOICE

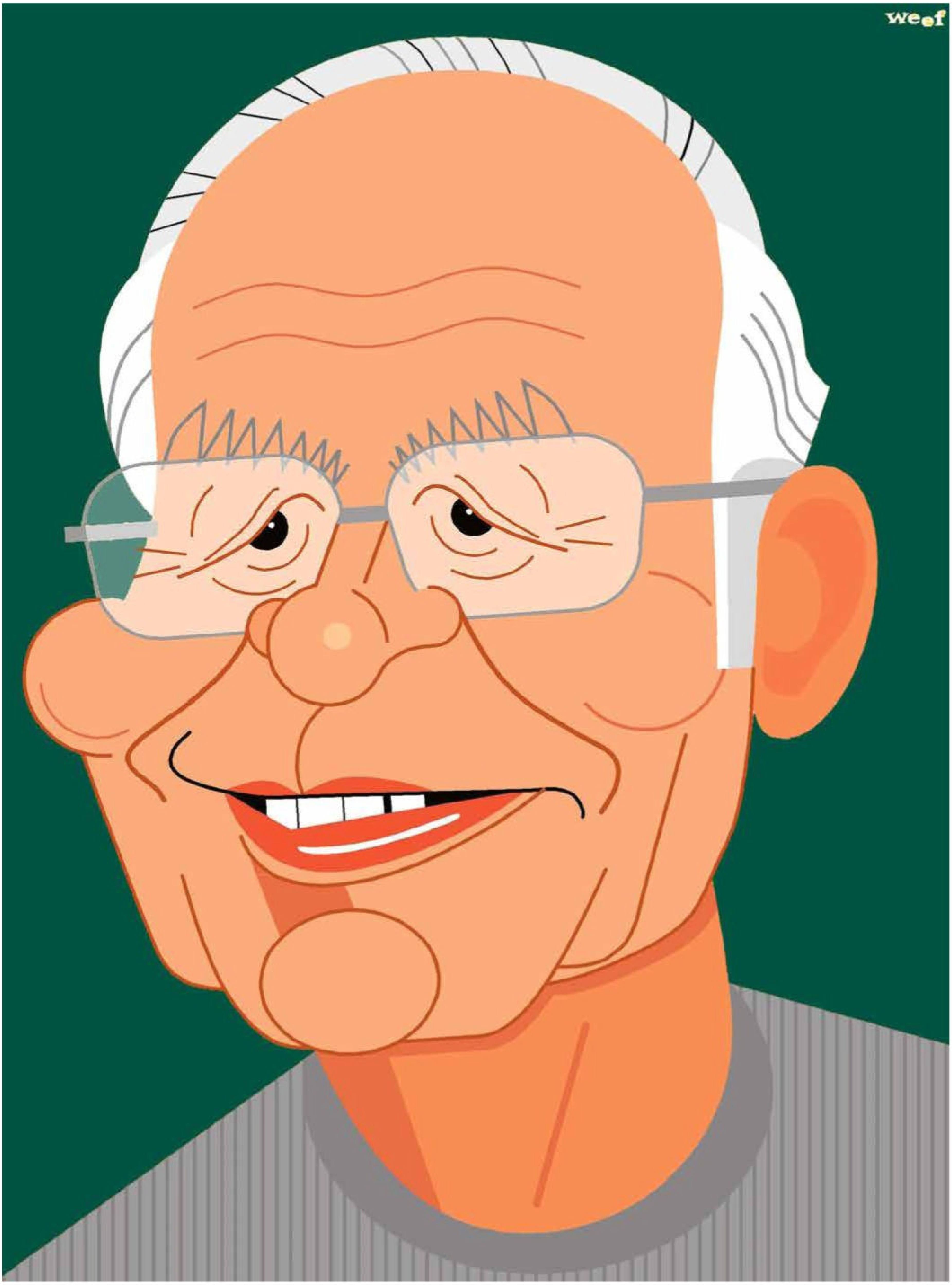
The Australian Open is held in Melbourne, the capital of the state of Victoria, which happens to be the first jurisdiction in the world to have made it compulsory to wear a seat belt in a car. The legislation was attacked as a violation of individual freedom, but Victorians accepted it because it saved lives. Now, most of the world has similar legislation. I can't recall when I last heard someone demanding the freedom to drive without wearing a seat belt.

Instead, we are now hearing demands for the freedom to be unvaccinated against the virus that causes Covid-19. Before Djokovic became the public face of unvaccinated athletes, Brady Ellison, a member of the US Olympic archery team, said his decision not to get vaccinated before the Tokyo Olympics was "100% a personal choice", insisting that "anyone that says otherwise is taking away people's freedoms". The oddity here is that laws requiring us to wear seat belts really do quite straightforwardly infringe on the freedom of the individual, whereas laws requiring people to be vaccinated if they are going to be in places where they could infect other people are restricting one kind of freedom in order to protect the freedom of others to go about their business safely.

Don't misunderstand me. I strongly support laws requiring drivers and passengers in cars to wear seat belts. In the US, such laws are estimated to have saved about 370,000 lives and to have prevented many more serious injuries. Nevertheless, these laws are paternalistic. They coerce us to do something for our own good. They violate John Stuart Mill's famous principle: "The only purpose for which power can be rightfully exercised over any member of a civilised community, against his will, is to prevent harm to others." The fact that the coercion is for the individual's own good is "not a sufficient warrant".

There is a lot to be said for this principle, especially when it is used to oppose laws against victimless crimes such as homosexual relations between consenting adults, or physician aid in dying, when these acts were illegal. But Mill had more confidence in the ability of members of "civilised" communities to make rational choices about their own interests than we can justifiably have today.

Before seat belts were made compulsory, governments ran campaigns to educate people about the risks of not wearing them. These campaigns had some effect, but the number of people who wore seat belts came nowhere near the 90% or more who wear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them in the US today (with similar or higher figures in many other countries where not wearing them is an offence).

The reason is that we are not good at protecting ourselves against very small risks of disaster. Each time we get into a car, the chance that we will be involved in an accident serious enough to cause injury, if we are not wearing a seat belt, is very small. Nevertheless, given the negligible cost of wearing a belt, a reasonable calculation of one's own interests shows it is irrational not to wear one. Car-crash survivors who were hurt because they were not wearing seat belts recognise and regret their irrationality – but only when it is too late, as it always is for those who were killed while sitting on their belts.

We are now seeing a similar situation with vaccination. Brytney Cobia gave the following account of her experiences working as a doctor in Birmingham, Alabama: “I'm admitting young healthy people to the hospital with very serious Covid infections. One of the last things they do before they're intubated is beg me for the vaccine. I hold their hand and tell them that I'm sorry, but it's too late. A few days later, when I call time of death, I hug their family members and I tell them the best way to honour their loved one is to go get vaccinated and encourage everyone they know to do the same. They cry. And they tell me they didn't know. They thought it was a hoax. They thought it was political. They thought, because they had a certain blood type or a certain skin colour, they wouldn't get as sick. They thought it was ‘just the flu’. But they were wrong. And they wish they could go back. But they can't.”

The same reason justifies making vaccination against Covid-19 mandatory: otherwise, too many people make decisions they later regret. One would have to be monstrously callous to say: “It's their own fault, let them die.”

In any case, as we have already seen, in the Covid era, making vaccination mandatory doesn't violate Mill's “harm to others” principle. Unvaccinated Olympic athletes impose risks on others, just as speeding down a busy street does. The only “personal choice” Ellison should have had was to get vaccinated or stay home. In a pandemic, that applies to everyone. If you are willing to stay at home, indefinitely, and not be physically close to anyone else who is not similarly isolated, fine, you should not be forced to get vaccinated. But if you are not prepared to do that, you are increasing the risk to others.

Novak Djokovic: deported for posing a risk to public health.

GETTY IMAGES

For the situation Davidson described, and that Weeks' children believe led to their father's death, a different solution is available, one that respects the decisions of those who choose not to be vaccinated but requires them to bear the consequences of their choice. Hospitals that are at or near capacity should warn the populations they serve that, after a certain date – far enough in the future to allow ample time for people to get fully vaccinated – they will give vaccinated patients priority over unvaccinated patients with Covid-19.

> **After the announced date, the last available bed in the intensive care unit should go to the vaccinated patient.**

After the announced date, when both a vaccinated and an unvaccinated patient with Covid-19 need the last available bed in the intensive care unit, the vaccinated patient should get it. If the last ICU bed is given to an unvaccinated patient because at the time there is no one else who needs it, and subsequently a vaccinated patient with a greater or equal need for the facility arrives, the bed should be reallocated to the vaccinated patient. The unvaccinated patient, or the family of that patient, may object, but if the move is in accord with a previously announced policy, and everyone had the opportunity to be vaccinated before the policy took effect, people must take responsibility for their own choices, especially when they have been warned that their choice could harm others, and have been told they will be lower priority for treatment for that reason.

EXTRA STRAIN ON STAFF

Hospitals with sufficient capacity should, of course, continue to treat unvaccinated Covid-19 patients as best they can. Despite the extra strain this puts on hospital staff, everyone should have sufficient compassion to try to save lives, even when those whose lives need saving have made foolish, selfish choices.

Exceptions should be made for those few patients for whom vaccination is contraindicated on medical grounds, but not for those who claim to have religious grounds for exemption. No major religion rejects vaccination, and if some people choose to interpret their religious beliefs as requiring them to avoid vaccination, then they, and not others, should bear the consequences.

Such a policy is likely to increase vaccination rates, which will benefit the unvaccinated as well as the vaccinated, and save lives, just as vaccine mandates have saved lives by increasing the number of vaccinated people. But even if the policy does not persuade more people to get vaccinated, at least fewer people would die from health conditions over which they have no control because others who regard vaccination as a “personal choice”, and selfishly rejected it, are using scarce resources needed to save lives.

Djokovic travelled to Melbourne to play in the Australian Open, claiming he had medical grounds for an exemption from the requirement to be vaccinated. The Australian Minister for Immigration rejected his grounds for exemption and ordered him deported, saying his presence in the country posed a risk to public health. In a marathon five-set final match, Nadal triumphed over Daniil Medvedev and became the first person ever to win 21 grand slam titles. ■

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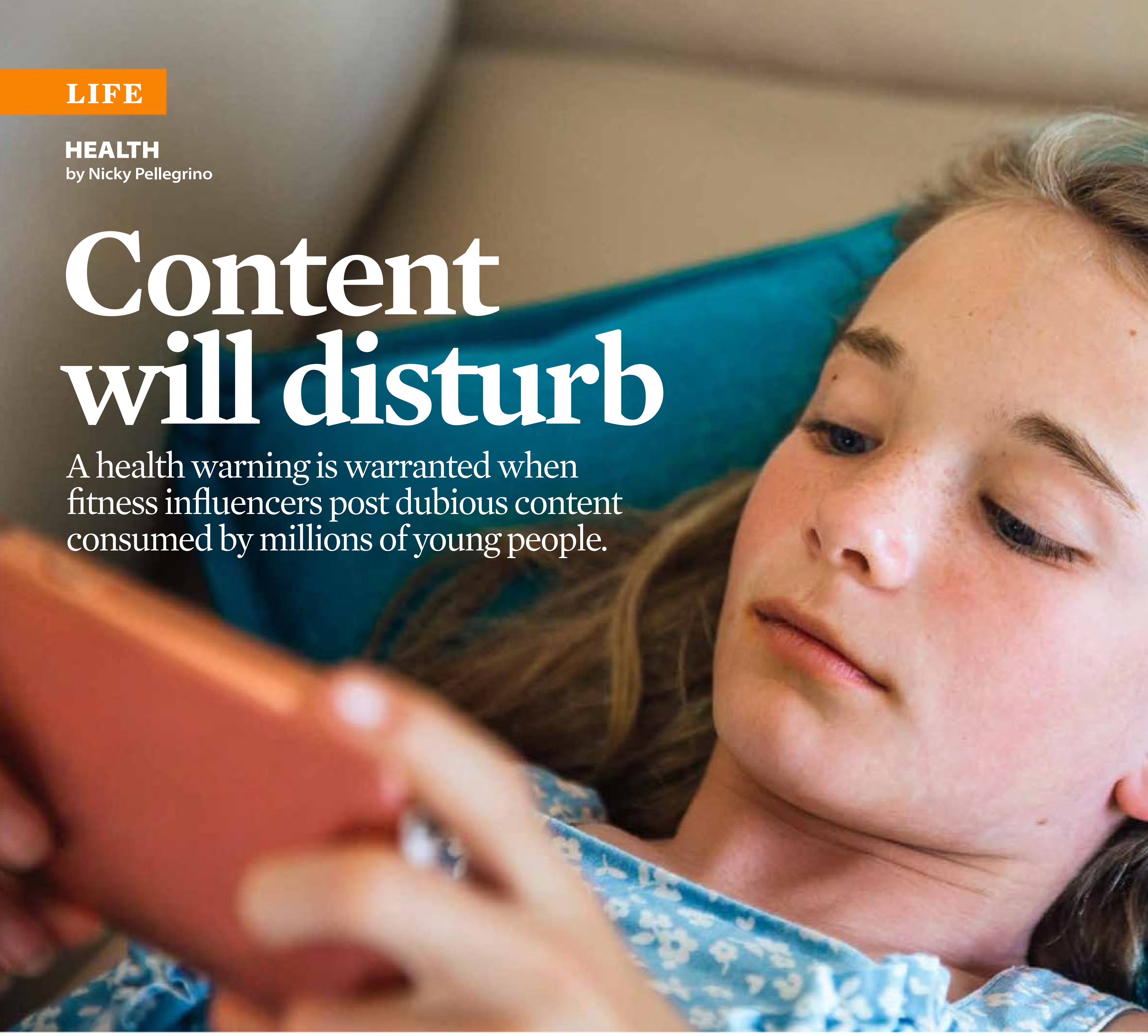


HEALTH
by Nicky Pellegrino

Content will disturb

A health warning is warranted when fitness influencers post dubious content consumed by millions of young people.

Social media may not be sufficiently safe for children and adolescents, the US Surgeon General has concluded. Up to 95% of teenagers and 40% of children aged 8-12 are engaging with platforms such as Instagram and TikTok, often for several hours a day, and some of the content they are viewing is inappropriate and harmful.

Driving the growing concerns is research that shows teenagers who spend more than three hours a day viewing social media have more than double the risk of poor mental health. Increased body dissatisfaction and disordered eating are also among the risks, particularly for adolescent girls.

Body dissatisfaction and disordered eating are among the risks, particularly for adolescent girls.

Rachel Curtis: audited leading Instagram fitspiration accounts.

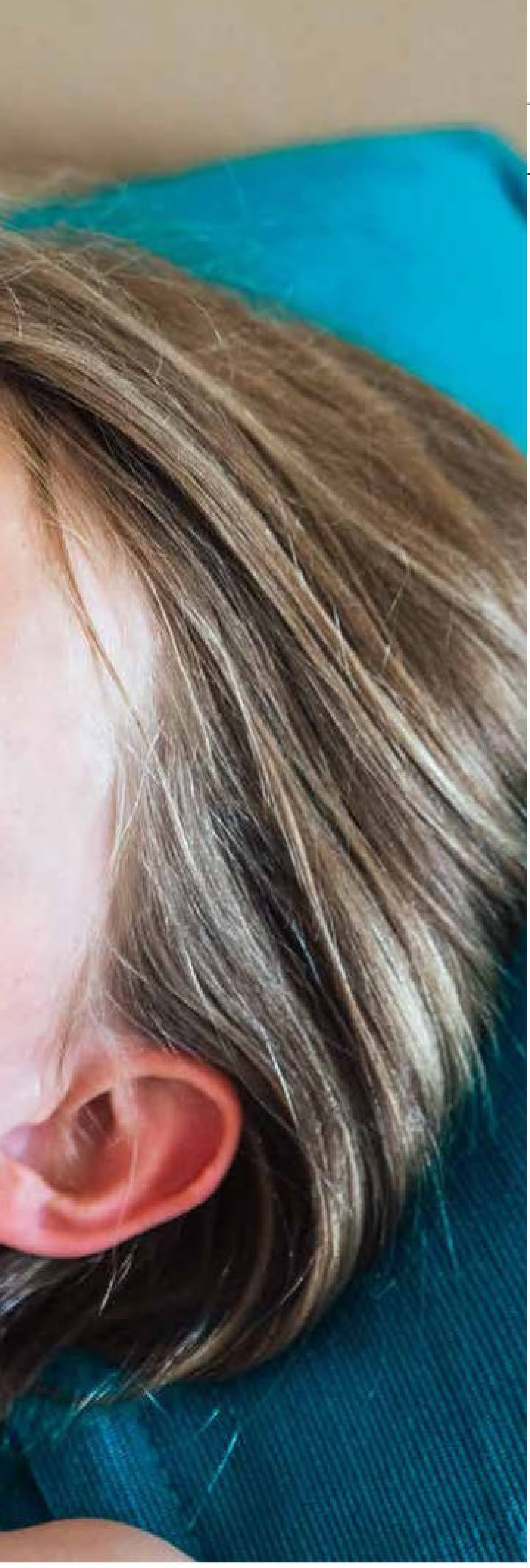
GETTY IMAGES

Instagram, one of the more popular social networks, has around a billion active users worldwide and if you scroll through #fitspiration or #fitspo on your feed you will be bombarded with images of toned and muscular people promoting exercise.

Since this content is so accessible and prevalent, researchers at the University of South Australia were interested in drilling down into exactly what was being posted by fitness influencers and whether it might be harmful or helpful.

“Fitspiration is incredibly popular, particularly with young women,” says lead researcher Rachel Curtis. “At face value, sharing inspirational photos, videos and quotes about fitness and healthy eating should increase exercise behaviour and wellbeing, yet we’re beginning to see that this might not be the case.”

The researchers conducted an audit of some leading Instagram



fitspiration accounts and assessed the content. They picked 100 of the most popular accounts and looked at the most recent 15 posts, says Curtis.

The first question asked was whether the content included much fitness or exercise information. They also assessed the images for their potential to harm mental health or self-esteem.

"We were looking for things like sexualisation, people in suggestive poses and images that were really focusing on how a particular body part looks, perhaps zooming in on the abdominals or buttocks," says Curtis.

"We looked at nudity and inappropriate clothing. And also at whether any of the images contained extreme body types – very thin or muscular."

The study concluded nearly two-thirds of influencers published dubious fitness information, with about a quarter presenting hyper-sexualised content, objectification or nudity.

"We were expecting to find some of this type of content but were surprised by its volume. Given that we know viewing these types of images can negatively affect our mood and lead to body dissatisfaction, it is concerning."

Some of the influencers did share useful content such as workout videos without including any potentially harmful imagery.

Some of the influencers did share useful content such as workout videos without including any potentially harmful imagery. Those considered credible were more likely to be female, Caucasian and from the US. But only half claimed a qualification relevant to physical activity or health.

"At the moment, anyone can post pretty much anything on Instagram," says Curtis. "If we are looking for fitness inspiration then it is on us to be mindful and try to choose accounts that are focusing on what our bodies can do rather than on what people look like."

In the US, eating disorders among teenage girls doubled during the Covid pandemic. A University of Auckland study showed we experienced a similar trend, with an increase in both children and adults seeking treatment for an eating disorder for the first time, mostly anorexia nervosa, during the first national lockdown.

Although many factors are involved, it is worth noting that in the same pandemic period social media use increased for many, particularly females and young people.

The US Surgeon General is now calling for policymakers to strengthen standards and putting pressure on technology companies to be more transparent and better at responding to complaints. Parents, meanwhile, are encouraged to have tech-free zones at home and report problematic content and activity.

"Hopefully, with more of this sort of research coming out," says Curtis, "people might become more cognisant and start moving away from some of this potentially harmful content." ▮

HEALTH BRIEFS

DIABETES-DEMENTIA LINK

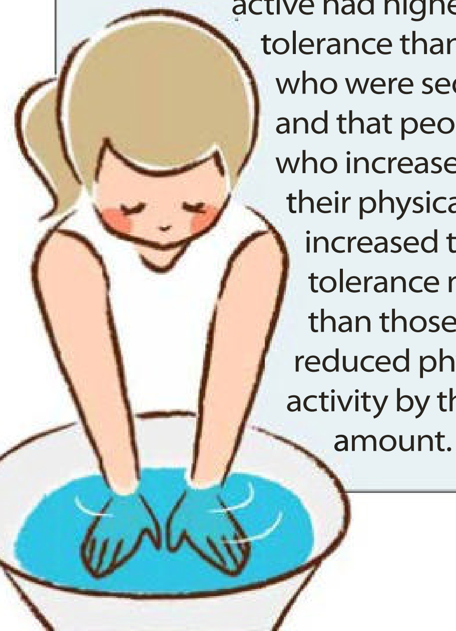
There may be an association between type 2 diabetes and dementia development later in life, according to researchers at Johns Hopkins Bloomberg School of Public Health in the US. The team looked at data from 11,656 participants. Although they found no significant association between prediabetes and dementia, they did find a three-times increased risk of dementia for those developing diabetes before age 60. The team says although prediabetes itself does not seem to be associated with dementia, preventing progression from a prediabetic state to a diagnosis of type 2 diabetes could mean a substantial reduction in future dementia cases.

DRUG CUTS WEIGHT

The anti-obesity medication semaglutide appears to be effective at assisting weight loss, according to a study presented at the European Congress on Obesity. Researchers collected a year of data from 305 people who were receiving semaglutide injections. They say 82% of patients lost more than 5% of their body weight over the year. The drug, known as Ozempic, was recently approved for use in New Zealand.

FEEL THE BURN

A study at the University Hospital of North Norway has found a link between physical activity and pain tolerance. More than 10,000 adults took part in a test to evaluate their pain tolerance by submerging their hands in cold water. Researchers found people who were physically active had higher pain tolerance than those who were sedentary, and that people who increased their physical activity increased their pain tolerance more than those who reduced physical activity by the same amount.



GETTY IMAGES

NUTRITION

by Jennifer Bowden

Your serve

Working out portion sizes to meet daily healthy-eating requirements demands a measure of give and take.

Question:

You often write about servings of healthy foods. But what is a serving? Is it measured by weight, volume or cup, for instance? And are servings for fruit, nuts, red meat, whole grains, etc, all measured similarly?

Answer:

What Costco calls a muffin would almost have qualified as a family-sized cake during my childhood in the 1970s and 80s. And muffins are not the only "growing" food in New Zealand: a 2018 study by the University of Auckland found that fast-food serving sizes increased significantly during the 2010s. If these changes confirm one thing, it's that serving sizes are a moving target. They also vary widely between countries according to different food traditions, a recent study published in the *International Journal of Environmental Research and Public Health* noted. For example, a serving of pasta is defined as 80g of raw pasta in Italy. In contrast, our Ministry of Health defines a serving as 1 cup of cooked pasta – about 56g of uncooked pasta.

Standard food-serving sizes are a pretty loose guideline rather than a rigid set of regulations.

GETTY IMAGES

The Australia New Zealand Food

THE MINISTRY OF HEALTH'S STANDARD SERVING SIZES

- A fruit serving is 1 medium apple, pear, banana or orange (130g); 2 small apricots or plums (100g); ½ cup (135g) fresh fruit salad or stewed fruit – whether fresh, frozen or canned.
- A vegetable serving size is 1 medium potato or kumara (135g); ½ cup cooked vegetables, such as broccoli or carrot (50 to 80g); ½ cup salad or mixed vegetables (60g); or 1 tomato (80g).
- A grain serving is 2 breakfast wheat biscuits; 1 wholegrain bread roll; 1 slice wholegrain bread; ½ cup muesli or cooked porridge; or 1 cup of cooked pasta or rice.
- A milk or milk product serving is 1 glass cow's milk (250ml); 1 pottle yoghurt (125-150g); 2 slices cheese (40g); or 1 glass calcium-added (fortified) soy milk (250ml).
- A meat or meat-alternative serving is ¾ cup cooked dried beans, split peas or lentils; 30g nuts or seeds (small handful); 1 medium fillet of cooked fish (100g); 1 egg (50g); 2 drumsticks or 1 chicken leg; 2 slices cooked meat (about 100g); ¾ cup mince or casserole.

Standards Code does not define a standard serving size. This is the code that sets legal requirements for the labelling, composition, safety, handling, primary production and processing of food here and across the Tasman. With no defined serving sizes in the code, there are no regulations on the serving sizes used on the nutrition information panel that appears on food packaging.

The only guidance that Food Standards Australia New Zealand (the agency responsible for the code) provides is that serving sizes specified by a food business should reflect a realistic portion of the food a person would typically consume on one eating occasion. So, although one cereal manufacturer might consider a third of a cup of muesli a standard serving size, another might specify something different.

The Ministry of Health does provide some guidance for serving sizes in its document "Eating and Activity Guidelines for New Zealand Adults", along with recommendations on how many servings a day adults should eat.

Our recommended daily quantity of nutritious foods (see panel) is five or more servings of fruit and vegetables (three of veges, two of fruit); six servings or more of grain foods; two or more of milk and milk products (ideally low- or reduced-fat); and at least two servings of legumes, nuts and seeds or at least one of fish or other seafood, eggs, poultry or red meat.

The quantities you need will come down to your personal energy needs: listening to your body's cues will guide you.

However, the guidelines do not consider the wide variance in energy needs for adults of different sizes, metabolisms and activity levels. So, although a highly active young man might easily eat the recommended daily servings of fruit and veges and grain foods daily, an inactive, petite older woman would not need nearly as much.

To further confuse matters, these serving sizes are sometimes given as metric cup measures, others in grams or litres.

All of this makes determining a standard serving a bit of guesswork unless you're armed with a set of kitchen scales and metric cup measures as you prepare your meal. So, we can rightly conclude that standard food-serving sizes are a pretty loose guideline rather than a rigid set of regulations.

In summary, the goal is to enjoy a variety of nutritious foods every day, including plenty of vegetables and fruit, grain foods – mostly whole grain and those naturally high in fibre – some reduced-fat milk and milk products, and some legumes, nuts, seeds and other protein sources.

How you mix this up, and precisely what quantities you require, will come down to your personal energy needs: listening to your body's hunger and fullness cues will guide you. ▮

Email your nutrition questions to listenerlife@aremedia.co.nz

NUTRITION BITES

NITRATE RETHINK

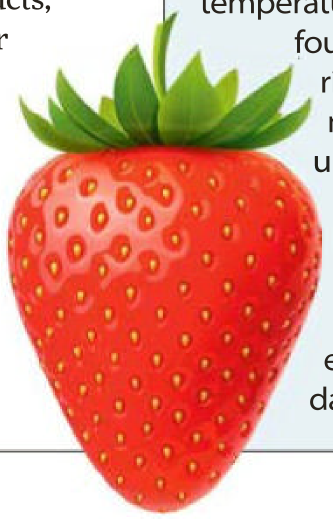
Nitrate sourced from vegetables can prevent cardiovascular disease, a research review by Edith Cowan University, Perth, has found. Lead researcher Catherine Bondonno says although previous studies had shown nitrates could be carcinogenic in animals, there's evidence not all nitrates should be tarred with the same brush. Unlike meat- and water-derived nitrate, nitrate-rich vegetables contain high levels of vitamin C and/or polyphenols that may inhibit formation of harmful compounds, she says. More research is called for so 50-year-old guidelines can be reviewed.

SUGAR LABELLING

Warning labels on menus reduce the likelihood of people ordering items high in added sugar, a University of California, Davis, study has found. In a simulated ordering exercise, they found those who noticed warning icons reduced their sugar intake by 4.9g compared with a control group. Seventy-two percent of participants supported requiring chain restaurants to post warning icons on menus. However, only 21% of participants noticed the icons.

MERRY BERRY

It's common to return home with a strawberry punnet only to find the ones at the bottom are rotten. To increase the berries' shelf life, researchers from the American Chemical Society combined CBD, a non-hallucinogenic cannabis compound, and sodium alginate into an edible antimicrobial coating. Untreated and treated strawberries were placed in open plastic containers at refrigerator temperatures. After 15 days, they found CBD-coated samples ripened and decayed much more slowly than untreated ones. The coating with the most added cannabidiol also preserved the berries' dark-red appearance and enhanced their antioxidant activity. *– Listener staff*



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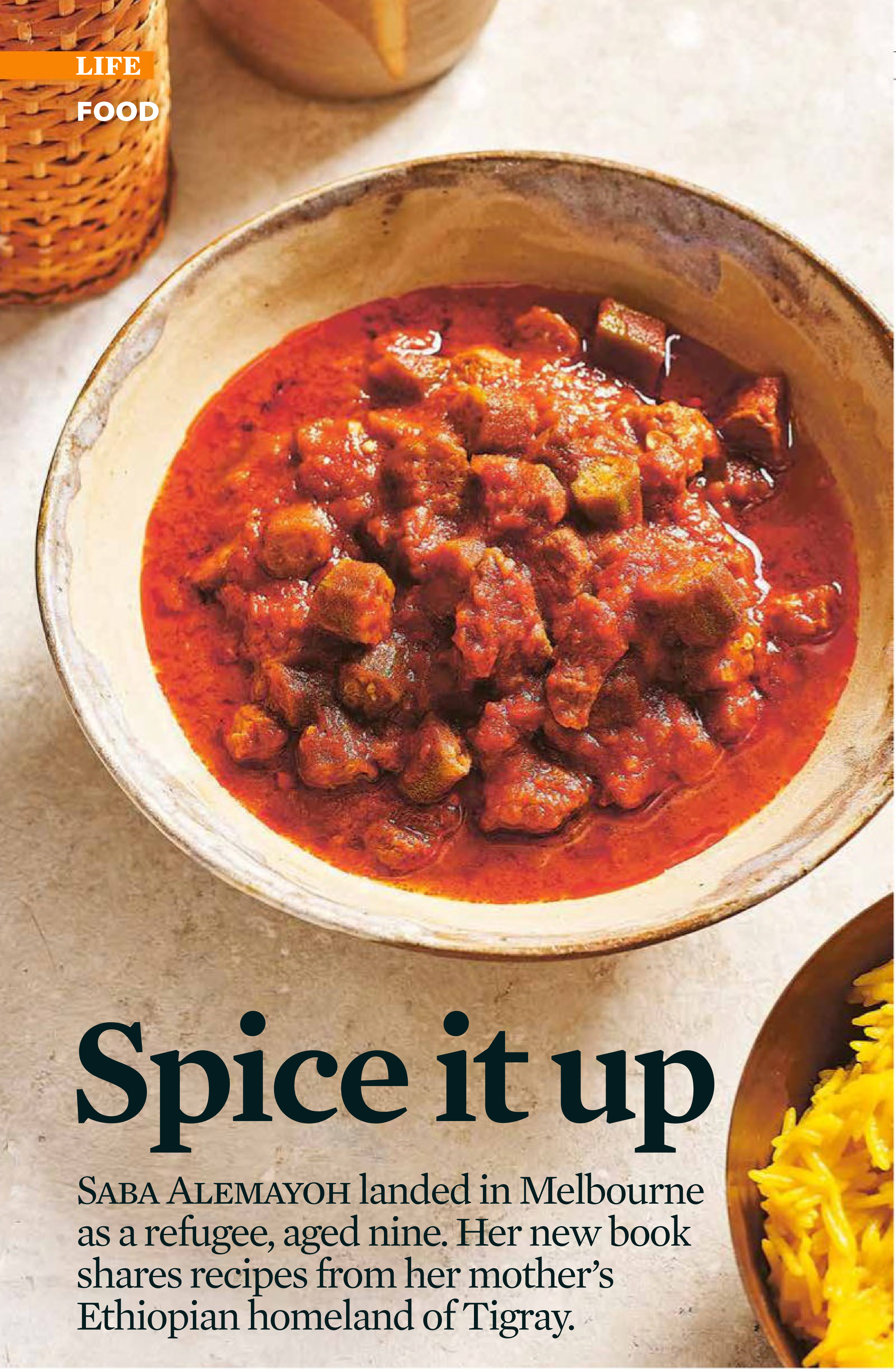


Spice it up

SABA ALEMAYOH landed in Melbourne as a refugee, aged nine. Her new book shares recipes from her mother's Ethiopian homeland of Tigray.

Tigrayans traditionally do not eat pig products for religious reasons, both Orthodox Christians and Muslims. To my mother's dismay, my sister and I developed a taste for salami, ham and bacon. She was liberal enough to buy it for us, but wouldn't cook with it. This transgression did not warrant us being shipped off to Tigray.

ALICIA TAYLOR

KEYSIR SALATA (BEETROOT & BACON SALAD)

SALAD
2 potatoes (any kind)
2 beetroot
1 green chilli, core removed, sliced
½ red onion, diced
½ cup (75g) bacon rashers, fried and diced (optional)
DRESSING
2 tbsp olive oil
1 tsp salt
1 tbsp freshly squeezed lemon juice
1 tsp English mustard (optional)

Put the potatoes and beetroot in a large saucepan full of water, then bring to the boil. The beetroot should take about 30 minutes and the potatoes about 10; check by pricking with a fork. Avoid overcooking, as it will be too mushy. Remove the beetroot and potatoes from the stove, then allow to cool. Peel, then dice to the desired size.

Mix the dressing ingredients in a bowl.

In a salad bowl, mix the beetroot, potato, chilli, onion and bacon. Mix in the dressing evenly. This salad is typically served as an accompaniment to legume stews such as Birsen.

GF

Serves 2.

BAMYA (OKRA)

3 onions, finely diced
sunflower oil, for cooking
1 tsp crushed garlic (preferably fresh)
70g dilik (see below)
2½ cups (600g) diced tomato
½ tsp ground cumin
500g diced lamb (about 2cm chunks)
500g okra
salt

In a saucepan, sauté the onion in sunflower oil over medium heat until soft. Add the garlic and sauté until translucent. Add the dilik and turn the heat to low. Keep stirring, adding water as necessary to stop it sticking.

Add the tomato and cumin, then cook until the tomato is soft – about 15 minutes.

Add the meat, stir, then add enough water to submerge the meat. Increase the heat to medium, then cook for about 20 minutes or until tender.

While the meat cooks, chop the okra. Cut off both ends and chop it to the same size as the meat.

Once the meat is almost cooked (about 5 minutes away), add the okra and salt to taste. Cook for 5-7 minutes or until the okra is tender. Avoid overcooking, as it has a tendency to become slimy.

Serve with rice or breadsticks.

GF. (Leave the lamb out to make this dish vegan.)

Serves 6.

DILIK (CHILLI SPICE PASTE)

15g ground ginger
15g ajwain seeds
15g black sesame seeds

15g coriander seeds
15g cardamom seeds
15g korarima (Ethiopian cardamom)
25g garlic flakes
50g onion flakes
500g chilli powder (Kashmir or medium)
75g salt
½ cup (125ml) sunflower oil

Using a dry non-stick frying pan over medium heat, roast all the dry ingredients except the chilli powder and salt, until the aromas go out. This should take about 5 minutes. Tip them onto a plate and leave to cool.

Once cooled, use a blender to grind the spices to a smooth, fine texture. Transfer the mixture to a food processor, add the chilli powder and salt, then mix the ingredients well.

Add 3 cups (750ml) water and the oil and mix until it's firm and looks like playdough. Put in a container with a tight-fitting lid and store in the fridge for up to a year.

GF, V, VG

Makes about 1kg.

- I recommend making this recipe in bulk as it stores well, but you can reduce the quantity if you prefer.

IT IS COMMON for Tigrayans to eat vegan foods with fresh green chilli – we take bites in between morsels. Chilli powders and pastes are generally the preferred accompaniment for meat dishes. This stuffed green chilli is an occasional one that Mum makes only when guests are coming.

S'NIGH (STUFFED GREEN CHILLIES)

½ red onion, finely chopped
½ tomato, finely chopped
1 tsp olive oil
1 tsp lemon juice
½ tsp salt
6 green chillies
Shiro stew (see below), to serve

Mix the onion, tomato, oil, lemon juice and salt in a bowl. Split the chillies lengthways on one side, keeping the stems, then scrape out the seeds.

Use a spoon to stuff the chillies with the onion mixture, and close back up.

Serve with shiro (below).

GF, V, VG

Serves 4.

SHIRO POWDER AND SHIRO STEW (SPICED CHICKPEA POWDER AND CHICKPEA STEW)

SHIRO POWDER (see tip)
2kg chickpeas, dried and peeled
2kg peeled yellow split peas
600g dried chillies
100g dried garlic
100g dried ginger
100g dry onion
150g rock salt
40g dried basil
50g cardamom seeds
50g rue seeds
SHIRO STEW
½ onion, diced
1 tsp minced garlic
sunflower oil, for cooking
2½ cups water
½ tsp salt
1 cup (120g) Shiro powder
injera (Ethiopian flatbread), to serve

For the shiro powder, roast the chickpeas and yellow split peas in a large, dry, non-stick frying pan for 10-15 minutes, or until golden brown. Set aside.

Separately, roast the spices for 1-2 minutes in a dry frying pan.

After all the spices have cooled, mix together in a big bowl. Use a food processor to grind the mixture in batches to a smooth flour consistency.

When the whole mixture has been ground, transfer to an airtight container. It can be stored for 4-5 months at room temperature, or in a freezer for up to 1 year.

To make the shiro stew, sauté the onion and garlic in oil in a small saucepan. Use just enough oil to keep the onion from sticking.

Once translucent, add the water and salt to the pan, then bring to the boil. Slowly add the shiro powder, using a whisk to keep it smooth. Once there are no lumps, reduce the heat to medium, cover with a lid, and let it cook for another 10 minutes. The mixture will thicken and has a tendency to pop everywhere, so using a lid is a good idea.

Serve with injera if you can obtain the ingredients to make it. Or substitute a gluten-free flatbread.

GF, V, VG

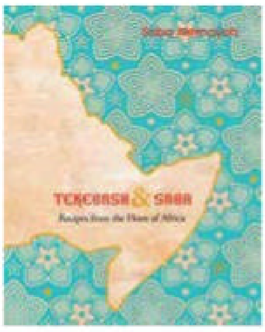
Serves 2.

From top, keysir salata (beetroot and bacon salad); s'nigh (stuffed green chillies) with shiro. Opposite: bamya (okra).

ALICIA TAYLOR

- You can buy ready-made shiro powder at a Habesha grocery or online and skip the entire first part of this recipe.
- This recipe makes a very generous amount (5kg of shiro powder), but given it involves several steps, it's worth making a big batch to enjoy over time. For a smaller amount, just divide the quantities. ▮

An edited extract from TEKEBASH AND SABA, by Saba Alemayoh (Murdoch Books, RRP $49.99).



WINE
by Michael Cooper

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The great escape

A lively history of alcohol extols the virtues of social drinking.

‘We are inveterate pleasure seekers, promiscuously grabbing little jolts of ecstasy whenever and wherever we can,” believes Edward Slingerland, a professor of philosophy at the University of British Columbia, Canada.

Drawing on evidence from history, anthropology, literature, genetics, cognitive neuroscience, psychopharmacology and social psychology, Slingerland argues that our desire to get drunk “played a crucial role in sparking the rise of the first large-scale societies. We would not have civilisation without intoxication.”

In *Drunk*, a punchy, witty, very easy-reading book, he ponders just why humans crave a drink. By “enhancing creativity, alleviating stress, building trust, and pulling off the miracle of getting fiercely tribal primates to co-operate with strangers”, intoxication has helped to solve several basic human challenges, he writes.

About four in every five New Zealand adults drink alcoholic beverages. Sheer pleasure is one of the key contributions of intoxicants to our lives, says Slingerland. Alcohol is used to flee “the harshness of everyday life”, creating a short-term psychological shift that makes us happier and more sociable. “We delay gratification, accept complex suboptimal compromises, work long days at boring jobs, and endure tedious meetings. We are particularly in need of having our unconscious ‘opened like a flower’ – at least on occasion.”

> **“There is no safe level of living, but nobody would recommend abstention.”**

Writer and philosopher Aldous Huxley believed “the urge to escape from selfhood and the environment is in almost everyone all the time”. Slingerland argues this urge finds its outlet “in spiritual practices, like prayer, meditation, or yoga, and also in our drive to drink and get high”.

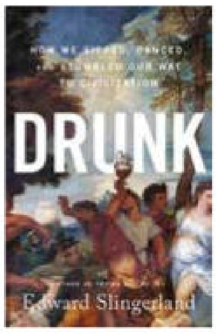
He recognises the dangers of excessive consumption, “which quickly leads to slurred speech, violent arguments, maudlin expressions of love, inappropriate touching, or even karaoke”. Slingerland is especially worried about two things: distilled liquors such as gin and vodka, because they can get you “very drunk, very fast”, and a rise in solitary drinking at home, “outside social control or observation”.

He points to a shift in common attitudes to alcohol in the mid-19th century. Previously viewed as a component of the good life, it came to be seen “exclusively through a medicalised lens of addiction and public health impacts”. Since then, defenders of alcohol use have often focused on its supposed health benefits, but this approach “suffered a massive body blow” from a 2018 study, published in the *Lancet*, that “concluded definitively that the only safe level of alcohol consumption was zero”.

In response to the research, some people stressed alcohol’s important individual and social functions; others argued many things are not good for you, but you do them anyway, because they are fun. Sir David Spiegelhalter, a Cambridge University risk specialist, noted that data for moderate drinkers showed a very low level of harm. “Given the pleasure presumably associated with moderate drinking, claiming there is no ‘safe’ level does not seem an argument for abstention ... Come to think of it, there is no safe level of living, but nobody would recommend abstention.”

Intoxication is its own justification, believes Slingerland. “Whatever other physiological processes are going on while we drink, our brains are experiencing intoxication symptoms, and the pleasure, satisfaction and relief that that affords were the reasons we scrabbled through the drawer for the corkscrew in the first place.”

To illustrate alcohol’s social benefits, Slingerland notes the bonding effect of UK pub culture. A study led by anthropologist Robin Dunbar found people who frequently visit their neighbourhood pub “had more close friends, felt happier ... were more embedded in their local communities and more trusting of those around them”. Slingerland concludes: “All things considered – liver damage, calories and all – a spot of social drinking is good for you.” ▮



DRUNK: How We Sipped, Danced and Stumbled Our Way to Civilisation, *by Edward Slingerland (Little, Brown Spark, $45)*

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PSYCHOLOGY

by Marc Wilson

Eyeing a cure

PTSD has so many possible symptoms that a one-size-fits-all approach to treatment is impossible.

'All successful psychological therapies for PTSD work basically the same way – through fear extinction," Richard Bryant, an Australian expert in post-traumatic stress responses, told a symposium in Wellington last month.

We acquire a fear response through conditioning: when a conditioned stimulus (the bell ring in Pavlov's studies with dogs) is associated with an unconditioned stimulus (food for the dogs, or something hugely traumatic), we'll come to respond to the conditioned stimulus in the absence of the unconditioned stimulus.

So, when something bad happens – say a bomb goes off or there's a car crash – you'll associate other things in the environment with that something bad. Smoke, sounds, anything that could be a reminder of the bad something can trigger re-experiencing the traumatic event.

"Extinction" involves allowing a person to experience or think through those smells and sounds to learn that they don't mean the bad something is happening. Extinguishing the fear response.

> **There are literally "636,120 ways to have post-traumatic stress disorder".**

The current popular kid on the block is eye movement desensitisation and reprocessing (EMDR). Over a series of sessions, a therapist will prepare the client to work through the traumatic experience and, when the session comes, distract their working memory by getting them to follow a moving finger or light while they talk through the event. The distractor means your brain is too busy to bring down the mental shutters, and extinction begins. In the sessions that follow, talk therapy is used to help the person reframe their thoughts and behaviours.

Bryant, a professor of psychology at the University of New South Wales, says these therapies work for PTSD at least as effectively as anything else we have to deal with mental distress. But before we get too excited, they work for about half the people who reach the therapy room.

One issue, shared with a fair number of other forms of mental distress, is that a lot of combinations of symptoms can lead to a diagnosis of PTSD. The American psychological bible *DSM-5* lists the eight criteria needed for a diagnosis of PTSD. Criterion A requires that you have directly experienced a traumatic event, or witnessed an event, or learnt that someone close to you experienced a trauma, or have been indirectly exposed to traumatic details. Criterion B requires that you experience at least one of five symptoms of intrusive thoughts. Already, that means 20 different combinations of symptoms, and there are six more criteria, each with one to seven symptoms.

Not only has Bryant done the maths and shown there are literally "636,120 ways to have post-traumatic stress disorder", but he has also looked at how people actually get a disorder, to show this heterogeneity in symptom profiles that all end up with the same label.

Unsurprisingly, our box of successful therapies, all based around the same mechanism, probably works for the 50% of people who have a relatively similar set of PTSD symptoms.

Bryant gave a few suggestions for how to improve efficacy. First, make these therapies more effective for more people – and one way he's researched to do this is through getting people to do 10 minutes of intense exercise immediately after a therapy session. This appears to promote the production of particular brain chemicals that enhance therapeutic effects. But again, this won't work for everyone.

So, the strongest recommendation he makes is to tailor therapy to the person in the room – don't treat PTSD as a one-size-fits-all, and modify your approach to fit who's in front of you. As part of this, Bryant says therapy should be dynamic, and we should change what we do over the course of therapy to help how someone is in each session, rather than moving through a fixed laundry list of "Session 2, do this", "Session 3, do this", etc.

Now, all we need to do is to train more people to do exactly this. Easy! ■

Richard Bryant

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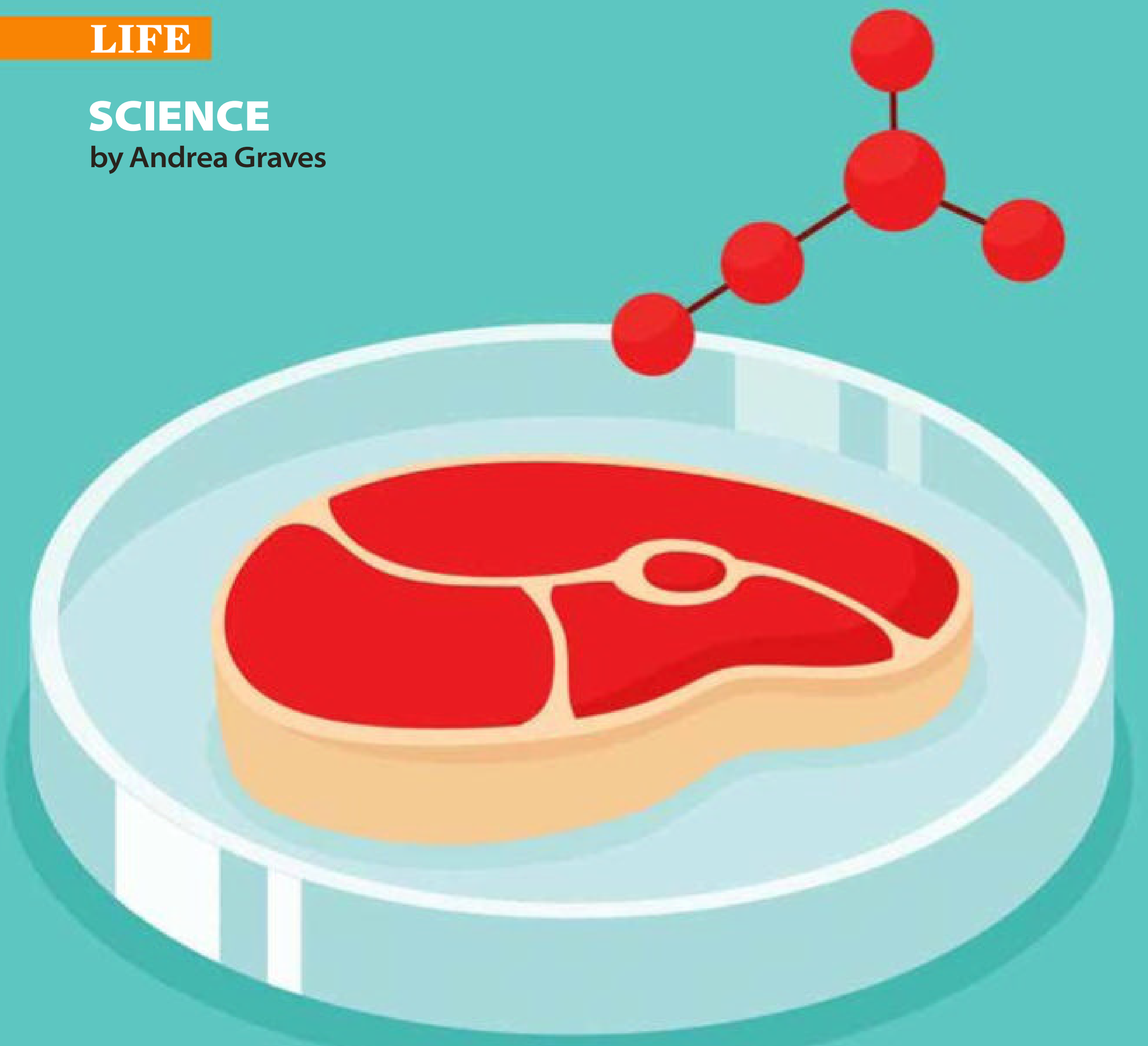
SCIENCE
by Andrea Graves



Meal in a dish

A Kiwi company is supplying starter cells for cultivated meat.

Cultivated meat is a mind-bending concept. Take a muscle biopsy from a living animal, isolate the cells you need, and put them in a vessel with water, nutrients, oxygen, salts and growth factors. Keep them warm and circulate the liquid. When the cells have multiplied prolifically, change the recipe to make them differentiate into muscle and fat. The resulting meat paste can be made into burgers and nuggets.

Perhaps you prefer a finer cut? The complex structures required can be achieved by growing cells on edible scaffolds developed by bioengineers working to heal and replace bodily tissues and organs.

A Kiwi start-up company, Opo Bio, entered this brave new world last year. It sells starter cells from cattle, sheep and pigs from its Auckland lab. “If you think of cultivated meat, you need enabling technology to make it happen,” says chief executive Olivia Ogilvie, a biochemist. “There’s the scaffolds, the growth medium, the bioreactors ... but we’re focusing on the cells.” Their value is the same as a well-bred seed, she says. “If you have a good seed, you can grow more of a good end product.”

Opo Bio’s wares are fibroblasts, pre-adipocytes and satellite cells, which are progenitor cells that generate connective tissue, fat and muscle. Its customers are local universities doing research in this field and overseas cultivated-meat companies developing their processes. More than 100 such companies exist. “Most companies are working on their own cell lines,” says Ogilvie. “But manufacturing cultivated meat at scale is incredibly difficult, which is why people haven’t brought it to market yet. We want them to be able to focus on what they’re good at.”

Cultivated meat is not available yet ... but “it’s coming, ready or not”.

It’s a niche that’s so far filled by only two other companies, one in Edinburgh (Roslin Technologies) and another in stealth mode, says Ogilvie. Roslin supplies pluripotent stem cells, which can develop into any kind of tissue and are typically created using genetic engineering. Opo Bio does not genetically engineer its cells.

Ogilvie hopes its cells will be prized for their provenance as well as their performance. Dutch company Mosa Meat boasts of its cells’ origins: “... the cows are free to roam the fields once we’ve collected a sample of cells ...” That scene could be in Aotearoa, and Opo Bio is choosy about the animals and farmers it works with. “We hope that story will mean something when products eventually come to market,” says Ogilvie.

Another bonus is that New Zealand is free of some animal diseases.

Cultivated meat is not available yet apart from intermittently in Singapore eateries. But “it’s coming, ready or not”, Libby Harrison, director of the New Zealand Food Safety Science & Research Centre, said in April. Her statement coincided with the release of a report by the World Health Organisation and the United Nations’ Food and Agriculture Organisation on food-safety risks of cultivated meat and how to manage them. Almost all the risks are also present in current foods – bacterial contamination, for example – but are controlled by food-safety regulations, which will also apply to cultivated meat. Plus, it’s so tricky to grow animal cells outside animals that it’s unlikely a brew would survive contamination.

Food-safety risks were why a mammoth meatball remained uneaten when it was slow-baked in March. The Australian company that cultivated it, Vow, explained at the time that there’s no regulation for mammoth meat. The meatball was for publicity. Its cells were sheep-muscle progenitor cells that had been modified with one mammoth gene, which coded for the oxygen-transporting protein myoglobin that also provides meat’s colour and flavour.

Could we eat moa meat? Andrew Munkacsi, a geneticist at Victoria University of Wellington, thinks it’s technically possible. He says, “A whole genome can be sequenced from a bone or some archaeological find, synthesised in a tube, inserted into living cells and expressed so the genes make proteins.”

Ogilvie says, “We won’t be dabbling in that.” ∎

Olivia Ogilvie

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Best intentions

In his haunting account of a friend's life destroyed by schizophrenia, Jonathan Rosen examines our attitudes to mental illness. **by DANYL MCLAUCHLAN**

THE BEST MINDS: A Story of Friendship, Madness and the Tragedy of Good Intentions, *by Jonathan Rosen (Allen Lane, $75 hb)*

Allen Ginsberg's poem *Howl*, published in 1956 with its iconic opening verse, "I saw the best minds of my generation destroyed by madness", became one of the defining literary works of the 1960s. It was dedicated to Carl Solomon, a poet Ginsberg met in a psychiatric hospital after Solomon suffered a nervous breakdown, and was diagnosed with depression and schizophrenia. Ginsberg's mother suffered from the same conditions.

Howl insists all this madness was caused by society: by the conformity of postwar consumer culture, by capitalism, religious repression, and Cold War politics. It's a theory of mental illness that became ubiquitous in the 60s and 70s. Michel Foucault – the most influential social scientist of the era – believed mental illnesses were social constructs, tools of disciplinary power and the carceral state; the doctors and institutions that claimed to cure them were actually causing them. Psychiatrist and bestselling author RD Laing explained that "what is widely regarded as mental illness is, in fact, a rational response to an irrational world".

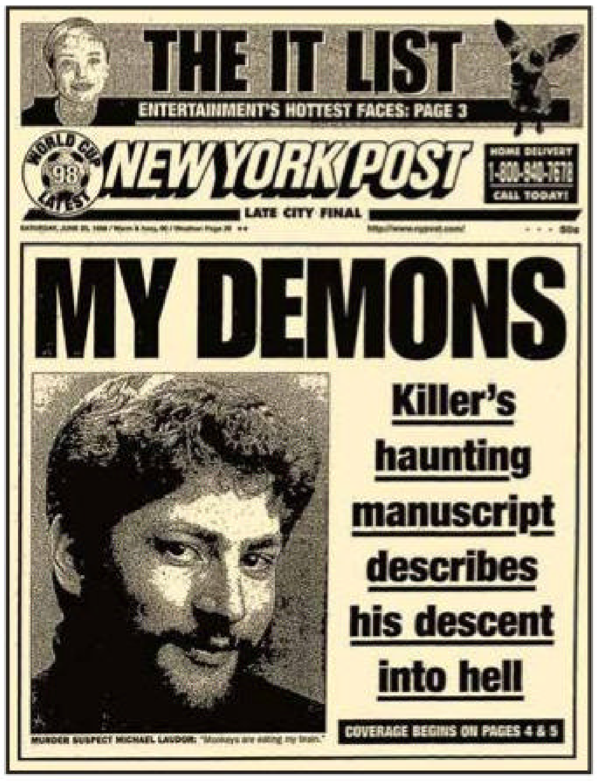
"What we now call schizophrenia," Laing prophesied, "will come to be seen as a form of enlightenment."

From this perspective, mental hospitals were prisons for society's most sensitive and creative souls, gulags where they were tortured for their nonconformity. In the subsequent decades, most hospitals across the developed world offering long-term psychiatric confinement were closed in favour of short-term hospitalisations and voluntary community treatment. Psychosis, Ginsberg preached, was not an illness, but rather a manifestation of the planetary consciousness.

Literary theory, psychology, left-wing politics, social science and government policy all converged on theories of mental illness.

Novelist Jonathan Rosen grew up in a commuter suburb in New York alongside his best friend and nearby neighbour Michael Laudor, a conspicuously brilliant student who coasted into Yale University and then a highly paid job at Bain & Co, a prestigious management consultancy.

There was a lot of madness in the air during this time: breakdowns, suicides, mass murders. Rosen suspects it has less to do with consumerism and the Cold War and a lot to do with the psychic aftermath of the 1960s; with the drugs, cults and general social chaos of that era. "The baby boomers," he observed, "had changed the world in every way except the ways they wanted, then taken all the jobs and planned to live forever."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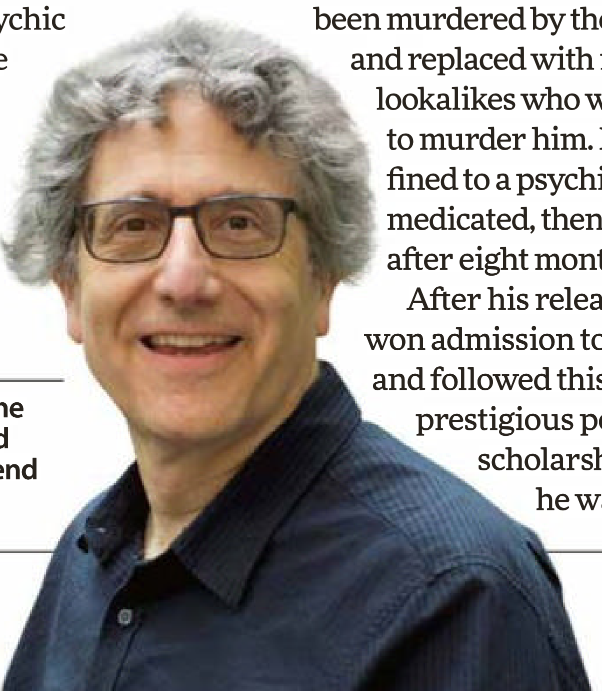


Right, Jonathan Rosen, Top right, the *New York Post* on June 20, 1998, and below, Rosen (left) with his best friend Michael Laudor in the mid-1970s.

After a year working at Bain, Laudor resigned. His superiors were plotting against him, he explained. Monitoring his phone calls. He tried to pursue his dream of becoming a writer but, he told his friends and family, the musicians he sometimes jammed with at a nearby bar were following him. He suspected they were members of a neo-Nazi cult, and he stayed up patrolling his house with a baseball bat waiting for them to attack.

When he moved back home, he became convinced his parents had been murdered by the same cult and replaced with identical lookalikes who were planning to murder him. He was confined to a psychiatric ward, medicated, then released after eight months.

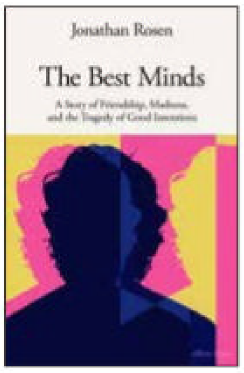
After his release, Laudor won admission to Yale Law, and followed this with a prestigious postdoctoral scholarship. In 1995, he was profiled by the *New York Times* as a high-functioning role model for mental illness, proof that people suffering from schizophrenia weren't violent or dangerous and that the new drugs available for managing the disease were game-changers.

Film director Ron Howard bought the rights to Laudor's story for $1.5 million – Brad Pitt would play him – and he signed a $600,000 book deal with Scribners. Three years later, Laudor stabbed his pregnant fiancée to death in the midst of a psychotic episode. The court found him not guilty by reason of insanity.

Rosen's book is partly a memoir, partly a true crime story, but wrapped around them is a deep cultural history of an era when literary theory, psychology, left-wing politics, social science and government policy all converged on theories of mental illness that had no empirical evidence to support them. (The mere demand for such evidence, Foucault would explain, was part of the real problem: the malevolent tyranny of reason.)

Rosen acknowledges the long-term confinement of psychiatric patients had deep flaws – a dark history, but he believes it's been replaced with something far worse. Few of the community centres that were supposed to replace psychiatric hospitals were ever built. This means most people with acute mental illness live with their families, who struggle to manage these complex and sometimes dangerous conditions, or they reside on the streets where they live abbreviated lives cycling through "the revolving door" of hospitalisations followed by release, breakdown and readmission, punctuated by time in prison.

In the 2010s, a new statistical technique known as GWAR – genome-wide association studies – demonstrated schizophrenia was hereditary. All of those social construct theories were wildly wrong. Rosen notes Laudor's grandmother was schizophrenic. Laudor himself has spent the past 24 years in a secure psychiatric facility. His life and the lives of his family were partly destroyed by madness, Rosen believes, but also by the best minds of his generation, whose ideas are still in the drinking water today. ▮


Jonathan Rosen
The Best Minds
A Story of Friendship, Madness, and the Tragedy of Good Intentions

TALI ROSEN

What's yours is now mine

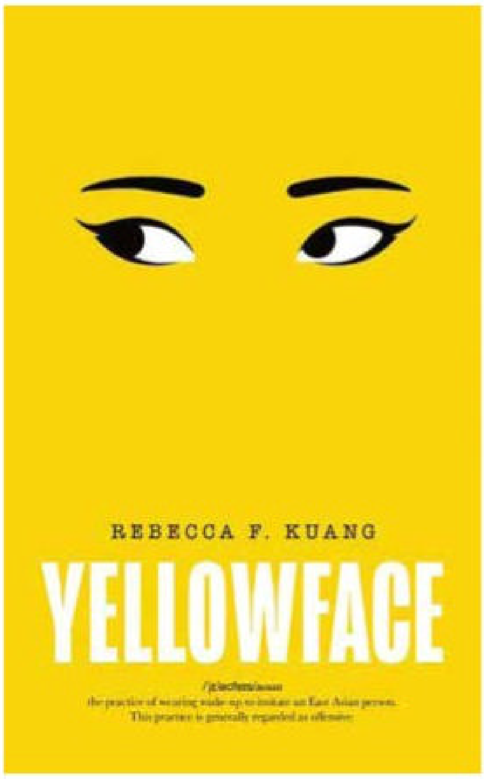
Rebecca F Kuang exposes publishing's blind spots and its willingness to look the other way.

by **MELANIE KWANG**

YELLOWFACE, *by Rebecca F Kuang (Blue Door, $35)*
In this thrilling black comedy, June Hayward, a young European writer of middling success, strikes literary gold when her former classmate and much more successful counterpart, Athena Liu, dies choking on a pancake, leaving behind an unpublished manuscript that Hayward steals and passes off as her own.

The manuscript in question, "The Last Front", is a historical fiction war epic centred on the untold story of Chinese labour corps in World War II. But Hayward doesn't just take Liu's text and stick her name on the cover. She does major rewrites – cutting tangential threads, filling narrative gaps, changing character names and characteristics. Her edits are justified as attempts to cut the fat and sharpen the writing, but have the effect of textual colonialism, watering down key components to satisfy the Western palate.

Hayward, like Liu, is a Yale graduate of creative writing and an experienced academic who has a way with words. But is that enough to be a successful novelist? For Hayward, it doesn't cut it in terms of marketability, and that's what counts in publishing. At the heart of Rebecca F



Hayward harbours a brand of jealousy that anyone who's been part of a creative-writing workshop will be familiar with.

Kuang's novel are the convoluted, sometimes duplicitous workings of teaching and publishing institutions in the age of modern identity politics. "Yellowface" refers to "the practice of wearing make-up to imitate an East Asian person", and this is, in effect, what Hayward does. Before the book hits shelves, Hayward and her publishing team formulate an extensive marketing strategy: they discuss "positionality" – how will the author explain why she is allowed to tell the story of a culture she does not belong to? – and the hiring of a "sensitivity reader".

Hayward adopts the ethnically ambiguous pen name "Juniper Song", and does extensive research into Chinese labourers during the war in preparation for the backlash she knows is coming. The chaos following publication is what drives the story. Hayward becomes obsessed with good press, book reviews and social media attention. Each one-star review is annihilating. The more attention and adoration she gets, the more she craves, and the bigger the lies that are required.

Although it's difficult to sympathise with Hayward – she shows little remorse for, or awareness of, her plagiarism – Kuang renders the relationship between the two authors, and their respective relationship to writing and publishing, in insightful, nuanced ways. Hayward harbours a brand of jealousy towards Liu that anyone who's been part of a creative-writing workshop will be familiar with but seldom admits to. Hayward and Liu are more frenemies than friends; confidantes who drifted apart because one appears infinitely luckier than the other. "People always describe jealousy as this sharp, green, venomous thing. Unfounded, vinegary, mean spirited. But I've found that jealousy, to writers, feels more like fear."

Young, beautiful, Asian and queer, Liu has appeal in every market, and that's what it boils down to for Kuang's narrator, who views Liu's success as a product of "right place, right time" politics, and perhaps there is some truth to this.

Liu was as much a victim of publishing tactics as Hayward, pigeon-holed as an "Asian writer", and tokenised to satisfy diversity checkbox-ticking. But the knife cuts both ways. Liu – at least in Hayward's recalling – was aware of the box she was made to squeeze into, and milked her exoticism for all it was worth. She stole from the living like Hayward stole from the dead, frequently mining other people's trauma (including Hayward's) to form the basis of shimmering short stories.

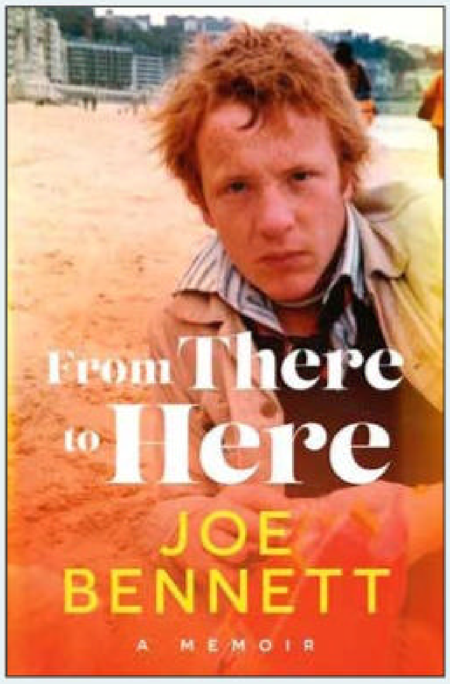
The author pokes fun at her own complicity in metafictional elements of the novel. The hugely successful Liu bears uncanny resemblance to Kuang – author of *The Poppy War*, a critically acclaimed winner of Hugo, Nebula and World Fantasy awards, and a current student at Yale.

There are a few quibbles. The novel's pacing is a bit awkward, often relying on time jumps to move the story along or unstick itself from a loose end. It is somewhat convenient as well that one of literature's most exciting voices would leave behind a masterpiece-in-progress that no one but Hayward was aware of, and one that makes it through to publication despite serious concerns around its authorship. However, that's exactly the point – maybe it's not so hard to believe after all. Kuang is pulling back the curtain to expose publishing's blind spots and its willingness to look the other way.

Maybe that's what will mark the real death of the author. Above the satire, who gets the last laugh? ▮

Rebecca F Kuang: pokes fun at her own complicity in metafictional elements of the novel.

BESTSELLERS



TOP 10 NON-FICTION

1. **FUNGI OF AOTEAROA**, *by Liv Sisson (Penguin)*
   Foraging our fields and forests
2. **WHAKAWHETAI: Gratitude**, *by Hira Nathan (A&U)*
   Te reo gratitude journal
3. **THERE'S A CURE FOR THIS**, *by Emma Espiner (Penguin)*
   Becoming a Māori doctor
4. **FROM THERE TO HERE**, *by Joe Bennett (HarperCollins)*
   From Willingdon to Lyttelton
5. **STRAIGHT UP**, *by Ruby Tūī (A&U)*
   Rugby star's life stories
6. **SECOND CHANCES**, *by Hayley Holt (HarperCollins)*
   TV star's vicissitudes
7. **WINTER WARMERS**, *by Philippa Cameron (A&U)*
   High country life and recipes
8. **DID I EVER TELL YOU THIS?**, *by Sam Neill (Text)*
   National treasure's memories
9. **AROHA**, *by Hinemoa Elder (Penguin)*
   Wisdom of Māori proverbs
10. **WAWATA**, *by Hinemoa Elder (Penguin)*
    Lunar life lessons

(Week ending May 20)

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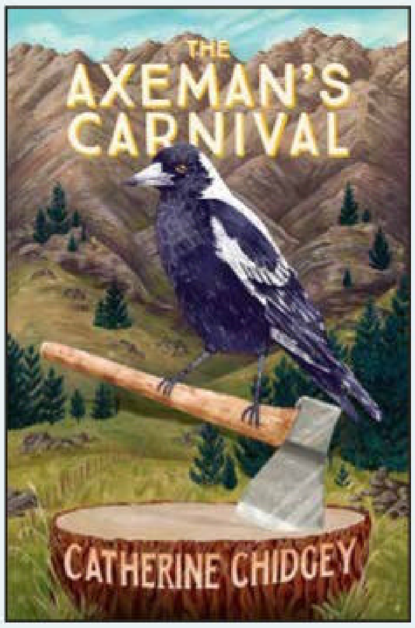
BESTSELLERS



TOP 5 FICTION

1. **ATLAS**, *by Lucinda Riley & Harry Whittaker (Macmillan)*
Final story of the Seven Sisters
2. **THE AXEMAN'S CARNIVAL**, *by Catherine Chidgey (THWUP)*
Ockham-winning drama
3. **IDENTITY**, *by Nora Roberts (Piatkus)*
Can you reclaim your life?
4. **BIRNAM WOOD**, *by Eleanor Catton (THWUP)*
Billionaire's dastardly games
5. **KĀWAI**, *by Monty Soutar (David Bateman)*
Epic pre-colonial tale

TOP 5 NZ FICTION

1. **THE AXEMAN'S CARNIVAL**, *by Catherine Chidgey (THWUP)*
Ockham-winning drama
2. **BIRNAM WOOD**, *by Eleanor Catton (Te Herenga Waka UP)*
Billionaire's dastardly games
3. **KĀWAI**, *by Monty Soutar (David Bateman)*
Epic pre-colonial tale
4. **THE DECK**, *by Fiona Farrell (Vintage)*
Tales of another pandemic
5. **EVERYTHING IS BEAUTIFUL AND EVERYTHING HURTS**, *by Josie Shapiro (A&U)*
The race of her life

(Bestsellers for Week ending May 20)

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Be my guest

A 22-year-old escort ekes out a precarious existence among New York's mega-wealthy in Emma Cline's insightful psychological thriller.

by **ELEANOR DE JONG**

THE GUEST, *by Emma Cline (Chatto & Windus, $37)*
Emma Cline is steadily building a reputation as something of an expert in the interior lives of women and girls on the margins of society.

The American writer's previous novel, part of a $2-million deal with Penguin, was a dreamy, fictionalised exploration of the Manson girls; their nascent sexuality, desires and vulnerabilities as they were drawn into the 1960s cult. (A collection of stories, *Daddy*, arrived in 2021.)

Every Cline release comes with unnatural hype for a novelist so early in their career – she's 34 – but thankfully, *The Guest*, a slim, novella-style psychological thriller, delivers.

Finely wrought and very much of our age, it follows 22-year-old escort Alex after she's dumped by her much older "boyfriend", Simon, an art dealer in New York State's affluent Hamptons seaside communities. Homeless and unable to return to the city where she owes money and has estranged herself from everyone she knows, Alex decides to wing it for a week in the Hamptons, and to try to reunite with Simon at his annual Labor Day party.

In her desperation, she believes he gave her a "message" in his break-up speech, and the demand that she leave his mansion was actually a coded request for her to hang around the periphery until he had simmered down.

Okay. Sure.

Alex is an underclass character, starting the novel with an infected stye on her lower eyelid that she can't shake, and which she fears is scaring off her clients. In the city, she had blasted her face with lasers and dropped her rates to entice new clients, but in the Hamptons, she is completely without resources, her iPhone partially dead, and carrying all her clothes (gifts from Simon) in a duffel bag. Her only resources are her thinness, her pretty face and her ability to charm and ingratiate herself with those whose wealth – a bed, a meal, a cocktail – she needs most. She moulds her personality to whoever she is currently feasting off, flattening herself so whatever man has hired her can shine.

"Alex had learned how to provide it, how to draw people in with a vision of themselves, recognisable but turned up 10 degrees, amplified into something better." Whenever what she has to do is distasteful, she uses stolen benzodiazepines and painkillers to fudge the edges of her experiences, rendering her acts – and extreme isolation – soft and palatable.

This fudging she describes as "static".

"You could perform a constant filtering of whatever you were feeling, taking in the facts and shifting them to the side. There was a static that moved you from one moment to another, and then another after that, until the moments had passed, turned into something else."

Alex's origin story is never shared, but she insists it is "ordinary", despite the shadiness of her present situation. This is telling because trauma, in the typical sense, is not invoked by Cline as an explanation for the way Alex lives, or who she is. Indeed, it could be that there is no trauma, no sad backstory – that her life, thin and desperate as it is, has become somehow tragically ordinary.

In many ways, she functions as a cypher of certain young women (and men) today, inhabiting a meagre, transactional existence where sex, company and amusement, formally or informally, are exchanged for material goods, comfort and the protection of another person's superior social status.

It's all very cut-throat, and sad, and true. As another reviewer has observed, it's like Instagram transmuted into book form.

Cline is particularly good on the details of the airless, overly cultivated existences

Emma Cline: good on the details of the airless, overly cultivated existences of the uber-rich.

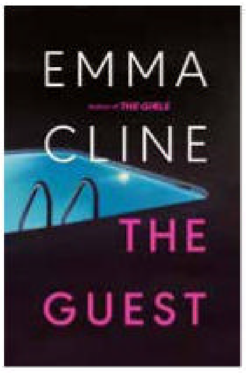
of the uber-rich.

She also nails the timeless appeal their tightly controlled lives hold for those who can control nothing in their own. Her descriptions of bland, expensive houses, tended discreetly by the invisible underclass, ring as true in the Hamptons as they do in north London or in certain parts of New Zealand. Rarefied, stiff and in so many regards, suffocating.

In the end, it's a traditional novel exploring the haves and have-nots in a modern context.

As much a character study as a social critique as a tense psychological thriller, the book offers the reader much more than the works of the countless (bloated) contemporary novelists of Cline's ilk.

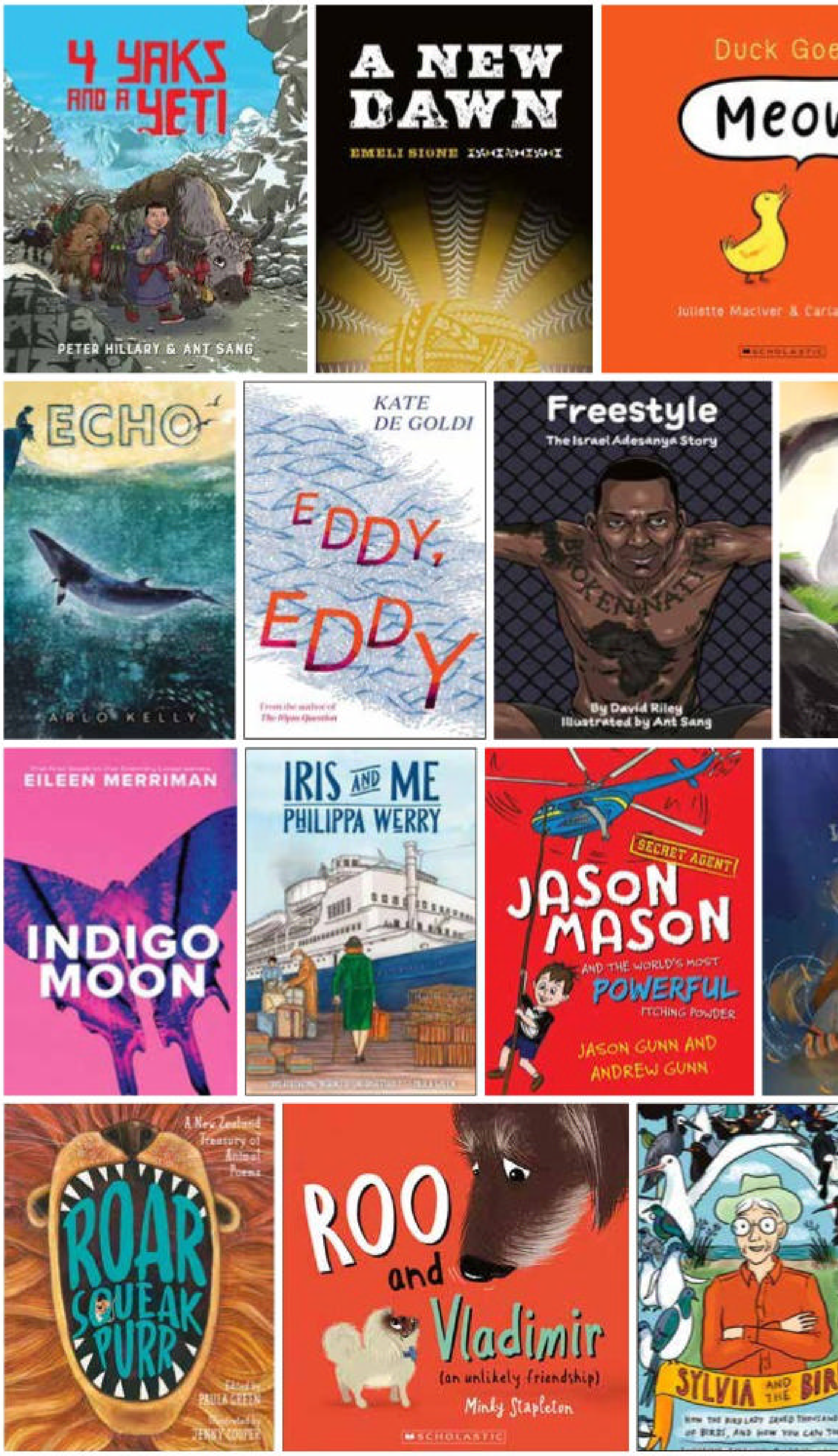
She's very, very good, and only getting better. ▮



NEIL KRUG

Miracles, mysteries & magic

The varied finalists in the NZ Book Awards for Children and Young Adults explore itching powder, an animated glove puppet and the Māori creation story. ANN PACKER considers who might win.


4 YAKS AND A YETI
PETER HILLARY & ANT SANG
A NEW DAWN
EMELI SIONE
Meow
ECHO
ARLO KELLY
KATE DE GOLDI
EDDY, EDDY
Freestyle
The Israel Adesanya Story
By David Riley
Illustrated by Ant Sang
EILEEN MERRIMAN
INDIGO MOON
IRIS AND ME
PHILIPPA WERRY
SECRET AGENT
JASON MASON
AND THE WORLD'S MOST POWERFUL ITCHING POWDER
JASON GUNN AND ANDREW GUNN
A New Zealand Treasury of Animal Poems
ROAR SQUEAK PURR
ROO and Vladimir
(an unlikely friendship)
Minky Stapleton
SCHOLASTIC
SYLVIA AND THE BIRDS

As ever, there's a crazy mixed bag of titles in this year's finalists for the 2023 New Zealand Book Awards for Children and Young Adults, which says something about the breadth of this country's publishing for young people. But this year's awards are unlikely to produce the tsunami effect of last year, when *Atua*, the finale to Gavin Bishop's trilogy of large-format picture books for all ages, took the trifecta of the Elsie Locke Award for Non-Fiction, the Russell Clark Award for Illustration and the Margaret Mahy award for Book of the Year.

Hard on the heels of the amazing Mr Bishop comes Mat Tait's black-on-black *Te Wehenga: The Separation of Ranginui and Papatūānuku*, also shortlisted in both non-fiction and illustration categories. He won the Russell Clark award for illustration in 2020 for *The Adventures of Tupaia*, and no doubt the judges will have something to say about the challenges of portraying Te Pō, the underworld, in all its darkness, which makes the handsome production a challenging read.

Donovan Bixley's masterpiece, *A Portrait of Leonardo* – his third pictorial biography for a general audience – is also up for the Clark medal, but is not in the non-fiction. Too Eurocentric, perhaps?

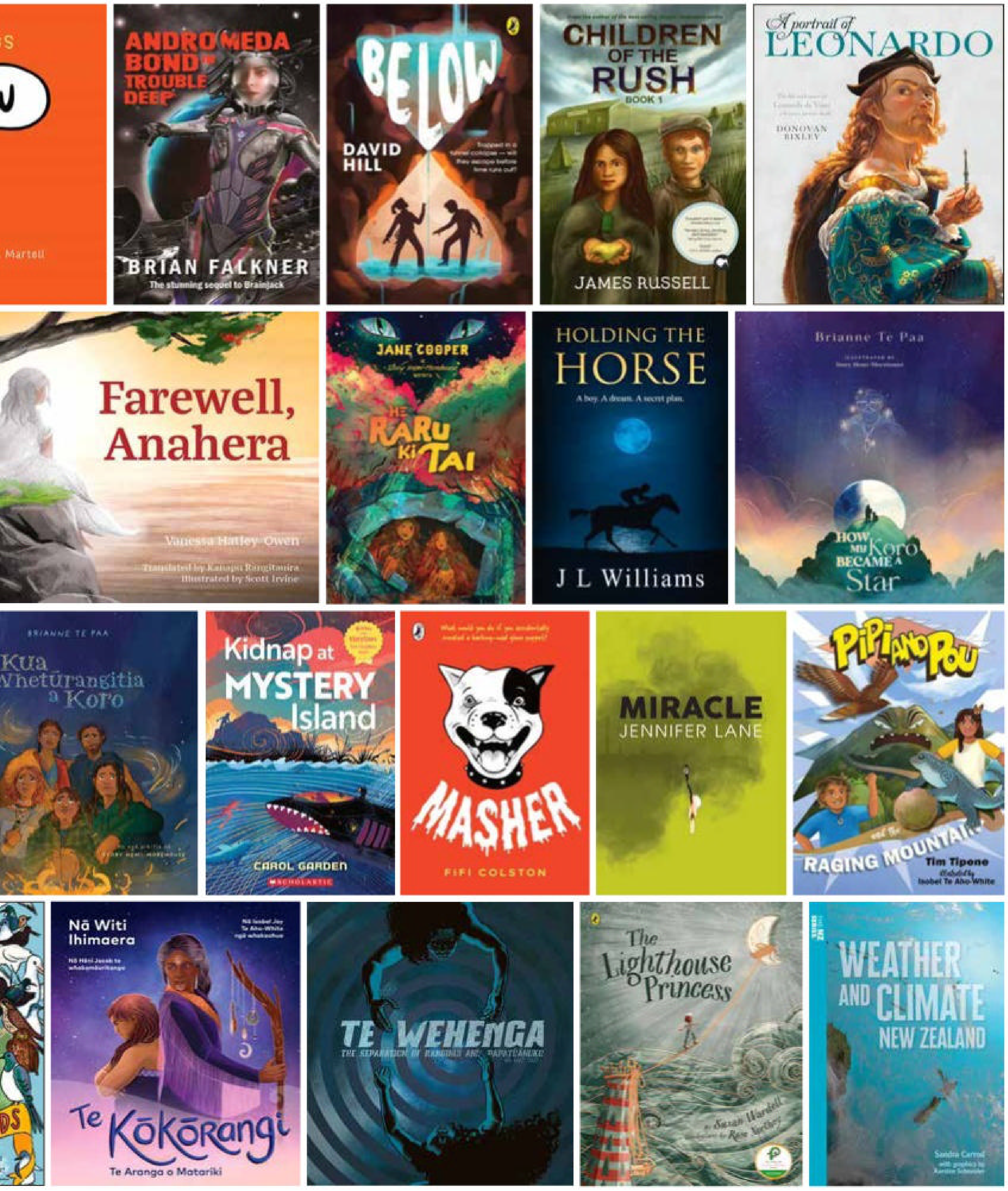
Illustrated omissions? I still think Kimberly Andrews' *Goose the Artist* is her best since *Puffin the Architect*, and I'm surprised neither of Kyle Mewburn's picture books – one sweet, the other sassy – are not here.

It's delightful to see Johanna Emeney and Sarah Laing's *Sylvia and the Birds*, with its balanced blend of graphic doco, text and historic photographs, and its message of diversity, in the Elsie Locke non-fiction category.

I reckon Kate De Goldi's *Eddy, Eddy*, still on the publisher's adult list, will probably take the Young Adult award, but she's up against two seasoned YA writers. Cracking storyteller Brian Falkner, shortlisted last year with the third of his Katipo Joe spy stories, *Wolf's Lair*, has the memorably titled *Andromeda Bond in Trouble Deep*, sequel to his much earlier *Brainjack*. And the phenomenal Eileen Merriman (consultant haematologist by day, mother and prolific writer by night), whose *Violet Black* made last year's list, is in with *Indigo Moon*, already with a sequel, *Time's Raven*. Will Philippa Werry's *Iris and Me* or Wellington-based Aus-Kiwi Jennifer Lane's *Miracle* stand a chance?

For younger readers, Junior Fiction offers a mixed bag stylewise, from Jason and Andrew Gunn's hilarious *Jason Mason and the World's Most Powerful Itching Powder*, superpowered kids in Tim Tipene's *Pipi and Pou and the Raging Mountain* and the first in a new magic-assisted historical series from James Russell, *Children of the Rush*. But I'd say the Esther Glen Award for Junior Fiction is a toss-up between David Hill's underground adventure *Below* and Fifi Colston's *Masher*, with its irresistible notion of a glove puppet whose head incorporates the ashes of a neighbour's pit bull. What else might this World of Wearable Art runner-up come up with?

In the Picture Book category,



Andromeda Bond Trouble Deep
Brian Falkner
Below
David Hill
Children of the Rush
James Russell
A portrait of Leonardo
Farewell, Anahera
He Raru ki Tai
Jane Cooper
Holding the Horse
J L Williams
How my Koro Became a Star
Brianne Te Paa
Kua Whetūrangitia a Koro
Kidnap at Mystery Island
Carol Garden
Masher
Fifi Colston
Miracle
Jennifer Lane
Pipi and Pou and the Raging Mountain
Tim Tipene
Te Kōkōrangi
Te Aranga o Matariki
Te Wehenga
The Lighthouse Princess
Weather and Climate New Zealand

friendship takes centre-stage in stories from quirky to traditional with a twist, along with two uplifting explorations of grieving. With impeccable lineage as the recipient of the Storylines Gavin Bishop Award for new illustrators, *The Lighthouse Princess*, by Susan Wardell, Rose Northey, may just beat *How My Koro Became a Star*, by Brianne Te Paa, Story Hemi-Morehouse, a moving Matariki story, already with an award for its Māori language edition, *Kua Whetūrangitia a Koro*, and in that category here.

Best first book? It has to be between Arlo Kelly's *Echo* and *The Lighthouse Princess.*

The winners will be announced in Wellington on Thursday, August 10.

FINALISTS

Picture Book

Duck Goes Meow, Juliette MacIver, Carla Martell (Scholastic); *Farewell, Anahera*, Vanessa Hatley-Owen, Scott Irvine, trans Kanapu Rangitauira (David Ling); *How My Koro Became a Star*, Brianne Te Paa, Story Hemi-Morehouse (Huia); *Roo and Vladimir: An Unlikely Friendship*, Minky Stapleton (Scholastic); *The Lighthouse Princess*, Susan Wardell, Rose Northey (Penguin).

Wright Family Foundation Esther Glen Junior Fiction

Below, David Hill (Penguin); *Children of the Rush*, James Russell (Dragon Brothers); *Jason Mason and the World's Most Powerful Itching Powder*, Jason Gunn and Andrew Gunn (Bateman); *Masher*, Fifi Colston (Penguin); *Pipi and Pou and the Raging Mountain*, Tim Tipene, Isobel Te Aho-White (OneTree House).

Young Adult Fiction

Andromeda Bond in Trouble Deep, Brian Falkner (Red Button); *Eddy, Eddy*, Kate De Goldi (A&U); *Indigo Moon*, Eileen Merriman (Penguin); *Iris and Me*, Philippa Werry (The Cuba Press); *Miracle*, Jennifer Lane (Cloud Ink Press).

Elsie Locke Award for Non-Fiction

A New Dawn, Emeli Sione, Darcy Solia (Mila's Books); *Freestyle: The Israel Adesanya story*, David Riley, Ant Sang (Reading Warrior); *Sylvia and the Birds*, Johanna Emeney, Sarah Laing (MUP); *Te Wehenga: The Separation of Ranginui and Papatūānuku*, Mat Tait (A&U); *Weather and Climate NZ*, Sandra Carrod (Oratia).

Russell Clark Award for Illustration

A Portrait of Leonardo, Donovan Bixley (Upstart); *Four Yaks and a Yeti*, Ant Sang, Peter Hillary (Bateman); *Roar Squeak Purr*, Jenny Cooper, ed Paula Green (Penguin); *Te Wehenga: The Separation of Ranginui and Papatūānuku*, Mat Tait (A&U); *The Lighthouse Princess*, Rose Northey, Susan Wardell (Penguin).

Wright Family Foundation Te Kura Pounamu

He Raru ki Tai, Jane Cooper, Story Hemi-Morehouse (Huia); *Kua Whetūrangitia a Koro*, Brianne Te Paa, Story Hemi-Morehouse (Huia); *Te Kōkōrangi: Te Aranga o Matariki*, Witi Ihimaera, Isobel Joy Te Aho-White, trans Hēni Jacob (Penguin).

NZSA Best First Book

Echo, Arlo Kelly (Sparrow Press); *Holding the Horse*, JL Williams (Ocean Echo); *He Raru ki Tai*, Jane Cooper, Story Hemi-Morehouse (Huia); *Kidnap at Mystery Island*, Carol Garden (Scholastic); *The Lighthouse Princess*, Susan Wardell, Rose Northey (Penguin). ▮

STAT OF THE WEEK

Stats NZ Tatauranga Aotearoa

About 5.6% of people in NZ bicycle to work or school*

*2018 Census

Learn more at stats.govt.nz

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NZ MC NEW ZEALAND MEDIA COUNCIL

BRIDGE by David Bird

NORTH
♠ J 6 4 3
♥ 9 6 5 4
♦ A Q 4
♣ 9 4

WEST
♠ 9 7
♥ 7 2
♦ 10 9 7
♣ A Q 10 8 7 3

EAST
♠ K 10 2
♥ K 8 3
♦ J 8 6 3 2
♣ J 5

SOUTH
♠ A Q 8 5
♥ A Q J 10
♦ K 5
♣ K 6 2

E-W game, dealer South

West	North	East	South
—	—	—	2NT
Pass	3C	Pass	3H
Pass	4H	All Pass	

How would you play 4H when West leads the 10 of diamonds? The original declarer played well to make the contract. He won the diamond lead with the king and continued with the ace and queen of diamonds, discarding a club from his hand. (This may seem a bit risky, but he did not expect West to have led from 10-x of diamonds.) A finesse of the queen of trumps proved successful. How would you have continued after this start to the play? Declarer led the queen of spades from his hand. Do you see the point of this? If the defenders win with the king, you expect dummy's jack of spades to provide an entry for a second trump finesse. East thwarted this plan by refusing to win with the king of spades. Declarer then continued with ace and another spade, East winning the third round. There was nothing that the defenders could do. East switched to a club and the defenders scored two tricks in that suit. With all the side suits eliminated, the defenders then had to play a trump, picking up the suit for declarer. A fourth round of diamonds would have had the same effect, since declarer could ruff with dummy's nine.

BIDDING QUIZ

WEST
♠ 9 6 2
♥ K 10 8 7
♦ A 9 3
♣ A 10 4

West	North	East	South
—	—	1C	1S
Dble	Pass	2H	Pass
?			

Your negative double showed enough values to bid but no good natural bid to make. What second-round action will you take on the West cards? (Answer on page 58.)

TAKE 5
by Simon Shuker

1	2	3	4	2	3	■
5	■	■	6	■	4	■
1	2	7	8	9	4	7
2	■	1	■	8	■	1
10	1	2	7	4	2	10
■	2	■	8	■	■	2
■	2	1	4	5	4	7

No. 1467

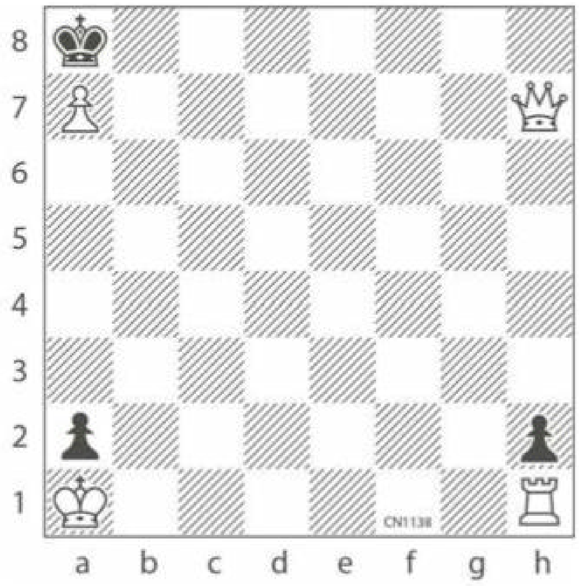
Enter the letter given, then solve.

3 = T

Solution 1466

T	W	I	S	T	E	D
■	■	■	E	■	■	■
O	■	L	E	T	■	S
L	E	I	■	O	I	L
D	■	E	W	E	■	Y
■	■	■	I	■	■	■
N	E	W	N	E	S	S

BARDEN'S CHESS PROBLEMS



White mates in three moves (by Philip Williams)
This problemist is unknown today, but in his lifetime a century ago, Williams had a large following who enjoyed his offbeat creations. This 1906 puzzle has a striking piece arrangement. The middle 6x6 squares are empty, and both armies congregate in the four corners. White is ahead queen and rook for just a pawn, yet needs care because the obvious choices 1 Rxh2?? and 1 Qc7?? both give a stalemate draw. White can instead force checkmate in three moves, and there is only a single line of play. Can you work it out? (Answer on page 58.)

QUIZWORD by Alan Shuker

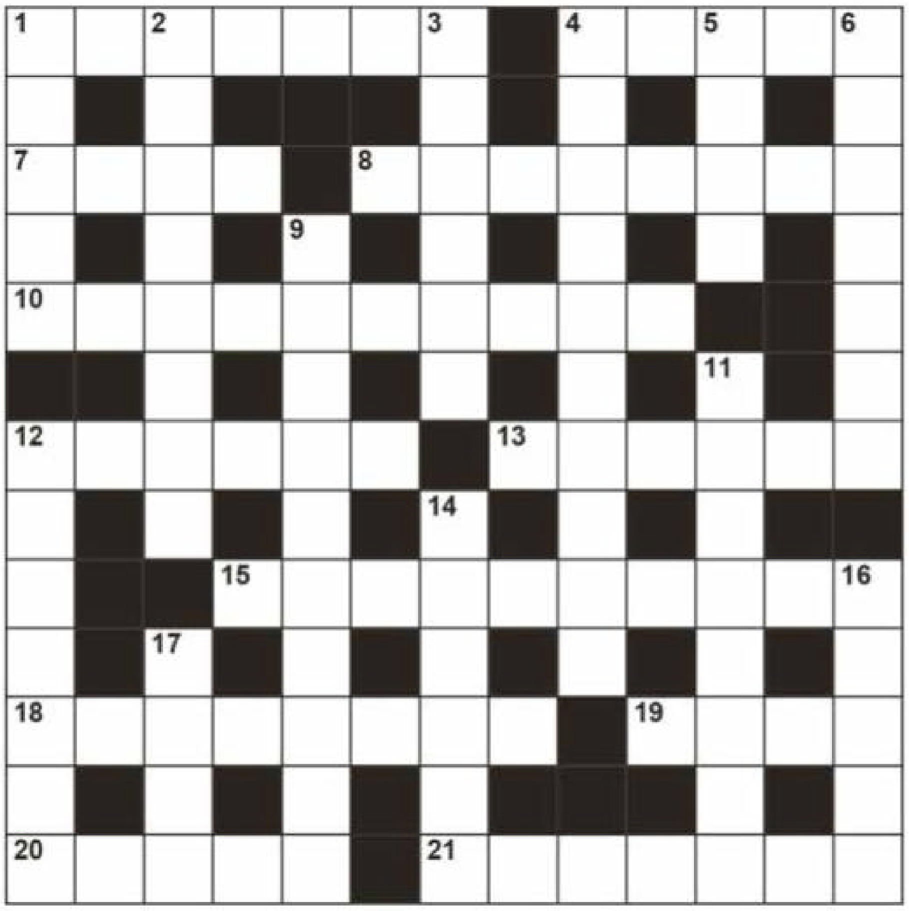
Puzzle No 1703

Clues across

1/4. Who, along with James Watson and New Zealand-born Maurice Wilkins, was awarded a Nobel Prize in 1962 for DNA discoveries? (7,5)
7. What is the usual diminutive version of the name Andrew? (4)
8. What is a broad highway designed for high-speed traffic? (8)
10. Which town in South Australia is described as "the opal capital of the world"? (6,4)
12. What religion practised chiefly in Caribbean countries involves witchcraft and animistic deities? (6)
13. Typically made from potatoes, what is unlawfully distilled Irish whiskey known as? (6)
15. In 1954, which cigarette was launched with the tagline "The scent of the big wide world: Peter ___"? (10)
18. Which city in Austria has offered *Sound of Music* tours since 1965? (8)
19. What describes a sharemarket investor who engages in short-term, speculative trading? (4)
20. What point is directly opposite the zenith? (5)
21. Diana, Princess of Wales, came from which aristocratic family? (7)

Clues down

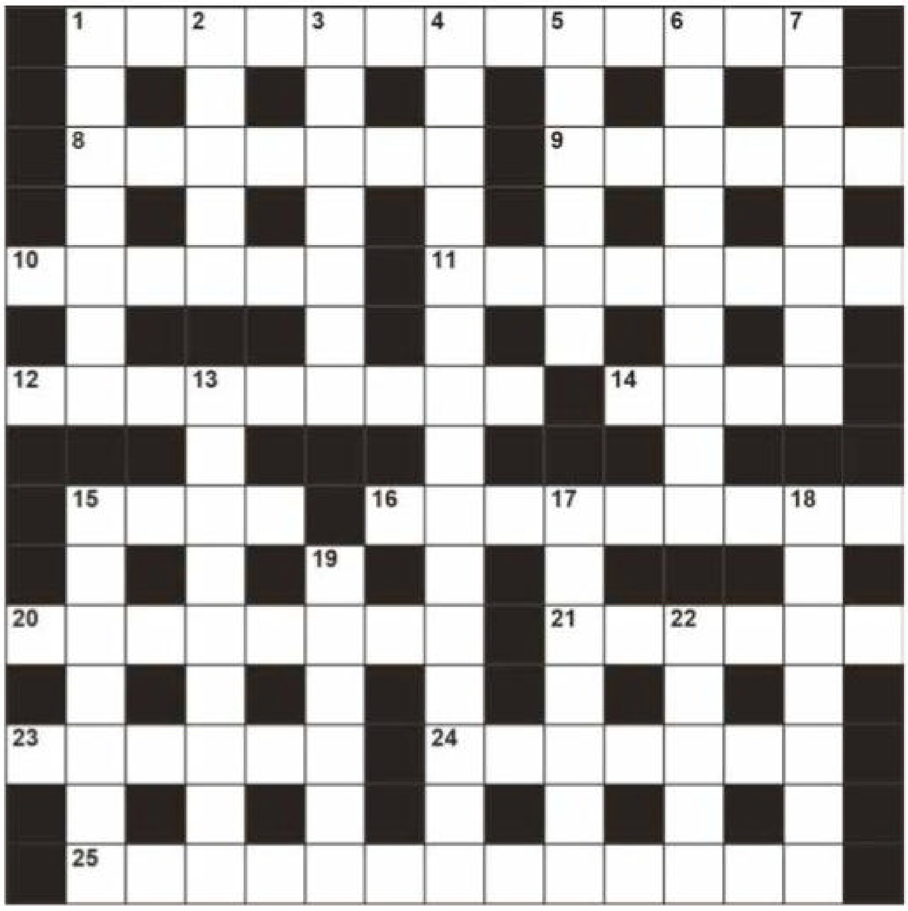
1. Before the euro, what was the monetary unit of Luxembourg? (5)
2. In 1982, who succeeded Brezhnev as leader of the Soviet Union? (8)
3. In 2001, which cartoon dog featured on a stamp as a World War I flying ace? (6)
4. An okta is a measure of what meteorological observation? (5,5)
5. Which US state produces the most pork? (4)
6. Which planet was the birthplace of Superman? (7)
9. What is the name of the submarine in Tom Clancy's debut novel, later featuring in a film? (3,7)
11. What is being excessively concerned with minor details or rules? (8)
12. What is meat from a deer? (7)
14. Commandaria, the world's oldest named wine still in production, is made in which Mediterranean country? (6)
16. What nickname did Ferdinand Porsche give to a German tank launched in 1942? (5)
17. What is a compact lump of earth or clay? (4)



Solution 1702 Across: **1** Hard copy, **7** Llama, **8** Euphrates, **9** Rum, **10** Sloe, **11** Mr Moto, **13/15** Sydney Harbour Bridge, **16** Zeus, **18** Joe, **20** Irene Cara, **21** Split, **22** Otoscope. **Down:** **1** Heels, **2** Ripcord, **3** Corm, **4** Peter the Great, **5** Cairo, **6** Daimler, **7** LS Lowry, **12** Deficit, **13** San José, **14** Oregano, **15** Bell's, **17** Snake, **19** Hens.

CROSSWORD by David Tossman

Puzzle No 1335



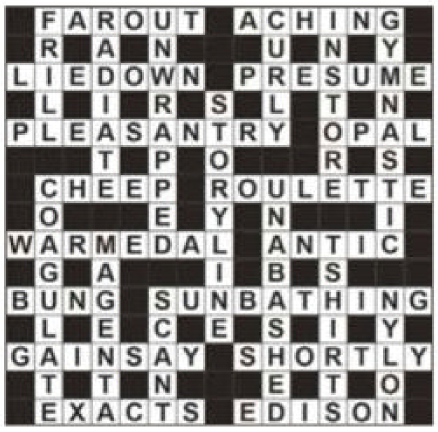
Clues across

1. Skin ads misrepresented greasepaint yet become reconciled (4-3-4-2)
8. An outing turns over pay dirt (3,4)
9. Naughty I say, having got out of bed and exploded (4,2)
10. Nasty chore involves one showing extreme courage (6)
11. Theorems devised in a nursing institution (4,4)
12. Roman toys dismantled for scientific work (9)
14. Cut out a section of the love ditty (4)
15. Father's time? (4)
16. Endure war difficulties with the smalls (9)
20. Poor nuns can make him her or it for example (8)
21. We agree, Dylan is to some extent selfish (6)
23. The kind of quick and easy building that could be profitable without toil (6)
24. A large beast with one side marred by rust (7)
25. A goatherd's leg is broken in confrontation (2,11)

Clues down

1. Organic parts in creatively used skin dye (7)
2. Announces nothing with the power to control (3-2)
3. Far out: I am able to be Somali for example (7)
4. A trend-setter pom revamped Selfridges (10,5)
5. Lie in wait for the morning coach to hospital (6)
6. A factor in the way he does makeup (9)
7. Fruit faced fall (7)
13. Nurse felt bad and embittered (9)
15. I roar up in disguise to a place near Wellington (7)
17. Earthlings, befuddled and lacking art in the common parlance (7)
18. Notice clothing and speech (7)
19. Buzz on the wiretap makes it nonsense (6)
22. Heather in the morning has gone from the United States (5)

Solution No 1334



su | do | ku

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

		5		8				
		2						5
					7		3	8
	9				1		7	2
1	3		6				9	
2	4		3					
7						6		
				6		8		

880 MEDIUM

LAST WEEK'S SOLUTION

9	8	1	5	6	3	2	4	7
3	5	7	9	4	2	6	1	8
2	4	6	7	8	1	9	3	5
7	6	4	1	2	8	3	5	9
1	9	3	4	7	5	8	2	6
8	2	5	6	3	9	4	7	1
6	1	2	3	9	7	5	8	4
5	3	9	8	1	4	7	6	2
4	7	8	2	5	6	1	9	3

	4				8			5
		6	3					
		9		4	2		8	
			2			7		
	9	7				5	6	
		5			6			
	6		1	9		2		
					3	1		
8			5				4	

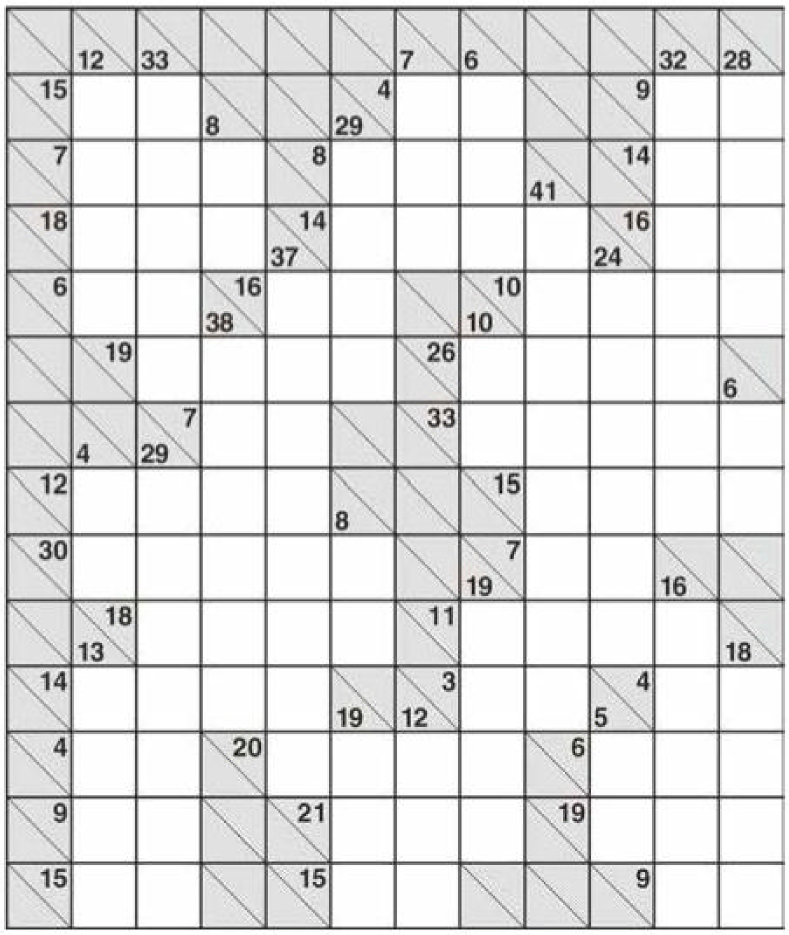
691 HARD

LAST WEEK'S SOLUTION

4	2	1	7	6	8	9	3	5
3	5	6	1	9	2	8	4	7
8	9	7	5	3	4	6	1	2
6	4	3	8	1	5	7	2	9
2	1	9	3	7	6	5	8	4
7	8	5	4	2	9	1	6	3
5	3	8	9	4	1	2	7	6
1	7	2	6	5	3	4	9	8
9	6	4	2	8	7	3	5	1

KAKURO

854



1 Place a number from 1 to 9 in each empty box.
2. The sum of each vertical or horizontal block equals the number at the top or on the left of that block.
3. Numbers may be used only once in each block.

LAST WEEK'S SOLUTION

3	7			5	1		9	6		
8	5	9		8	3		3	1		
	1	3	2	7	4	6	8	5	9	
	3	7	9		2	1		2	8	1
1	2	4	3	7	6	5	9		6	5
3	4	8		9	5		2	7		
		1	3				1	9		
		2	8		4	9		2	1	7
8	2		4	9	1	7	8	6	3	5
9	7	4		8	5		7	4	2	
	1	3	6	7	2	4	9	5	8	
		7	9		7	2		8	7	4
		1	8		3	1			9	5

BRIDGE BIDDING QUIZ SOLUTION

Those players who woodenly count losers might reckon that this was a 9-loser hand. In that case they might decide to pass, since partner's rebid showed hearts at the minimum level. It's a pessimistic evaluation, since the West hand would have the same number of losers if one of the aces was replaced by a queen. You should invite a game by raising to 3H.
Awards: 3H – 10, Pass – 6, 2S – 5.

CHESS SOLUTION

1 Kb2! a1=Q+ 2 Rxa1 h1=Q 3 Qxh1 mate.

10 QUICK QUESTIONS ANSWERS

1. Grant Robertson.
2. Bespoke tailoring.
3. Indefatigable.
4. 23,000.
5. False. It came to English through Old French ou(l)trage, based on Latin ultra, beyond, but its sense, originally "lack of moderation" and "violent behaviour", has become restricted through this belief.
6. July. It coincides with Bastille Day, July 14.
7. The Walters Prize, named after artist Gordon Walters.
8. Italy. The scudetto, "little shield", is a symbol of the colours of the Italian flag sewn on to jerseys of players in elite winning sports clubs
9. Egypt.
10. Indiana.

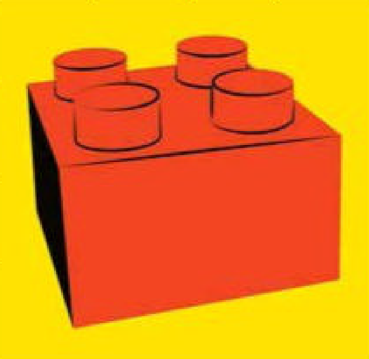
LOGIC PUZZLE TOWER POWER

Four children each build a tower with a different number of same-sized blocks. Each child uses a different colour:

1. Seth's tower is 4 blocks higher than Brian's.
2. Fiona is either using green blocks or building a 22-block tower.
3. The blue tower is 8 blocks higher than the yellow tower.
4. Jane builds a 10-block tower.
5. Seth builds with blue blocks.

Using these clues and the grid below, can you work out who builds which tower and the colour they use?

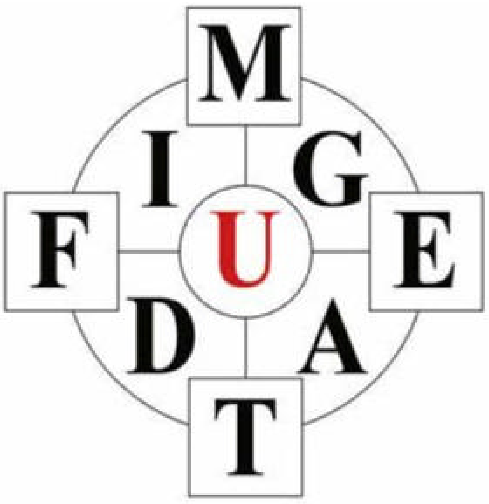
		CHILD				COLOUR			
		Brian	Fiona	Jane	Seth	Blue	Green	Red	Yellow
NUMBER OF BLOCKS	10								
	14								
	18								
	22								
COLOUR	Blue								
	Green								
	Red								
	Yellow								



You may write your answers in this grid:

CHILD	NUMBER	COLOUR
Brian		
Fiona		
Jane		
Seth		

SCATTERWORD



Your aim is to create words of four letters or more using the given letters once only but always including the middle letter. Do not use proper names or plural/verb forms which add only "s".

See if you can find the nine-letter word using up all the letters.

12 GOOD

15 VERY GOOD

19+ EXCELLENT

CLUELESS CROSSWORD

Each letter of the alphabet is represented by a different number from 1 to 26. Use your knowledge of English to solve the crossword. Some clue letters are given.

13	4	26	7	15	19	6	17	■	1	11	8	1
8	■	13	■	■	25	■	P	■	■	U	■	2
17	11	8	25	4	6	■	15	17	19	1	13	15
9	■	17	■	■	15	6	19	9	■	4	■	11
■	■	15	4	26	2	15	■	1	■	6	■	8
1	24	17	26	■	■	1	■	13	25	5	5	1
24	■	■	2	23	1	4	3	15	17	■	■	19
13	1	22	15	4	■	F	■	■	24	1	5	12
9	■	1	■	26	■	8	2	2	15	4	■	■
1	■	24	■	6	1	24	15	■	■	16	■	18
14	15	1	3	15	4	■	21	26	4	1	22	15
15	■	10	■	■	19	■	15	■	■	2	■	19
6	26	12	17	■	9	1	4	2	14	1	19	20

1	2	3	4	5	6	7	8	9	10	11	12	13
							U					P

14	15	16	17	18	19	20	21	22	23	24	25	26
							F					

A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

PERMUTATE TEMPERATE

Your aim is to change the top word one letter at a time, each time rearranging the letters to create a new word. Perform one such permutation for each blank line below until you arrive at the last word. There is usually more than one correct solution. See how many you can find in 15 mins.

E X T R A

__ __ __ __ __

__ __ __ __ __

__ __ __ __ __

__ __ __ __ __

B L O C K

Last week's solutions. Logic Puzzle: Lee walked through three countries, Ramsey cycled through four countries, Sandra drove through five countries and Vincent travelled by train through two countries. **Scatterword:** PLACENTAL, placenta, lacteal, placate, clapnet, palace, planca, catnap, lancet, apace, calla, canal, clean, lance, place, cleat, eclat, pecan, enact, epact, lace, acne, cane, cape, pace, call, clan, clap, talc, cant, pact, cell, cent. 33 words. **Permutate:** ATLAS, ALIAS, AISLE, ARISE/RAISE, AIDER, DRIVE **Clueless crossword:**

1	2	3	4	5	6	7	8	9	10	11	12	13
G	C	O	Y	H	K	L	N	P	M	S	W	A

14	15	16	17	18	19	20	21	22	23	24	25	26
D	I	V	F	R	U	X	J	Z	E	T	Q	B

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Both sides now

Why Madeleine Sami's planned shift behind the camera has been arrested by Aussie detective comedy *Deadloch*.

by RUSSELL BAILLIE

Let us begin with a summary of Madeleine Sami's flurry of new shows in the form of a quiz.

Deadloch is a murder whodunnit set in Tasmania where she's the tough out-of-town detective helping the local constabulary.

Double Parked is a local show about a lesbian couple trying to start a family via IVF who succeed beyond their wildest dreams.

Which one did she help write? Which one did she also direct? Which one is the comedy?

In order, *Deadloch*, *Double Parked*, and – sorry, trick question – both.

Yes, despite a grim story set in a bleak, misty landscape, *Deadloch* is a very funny show. That's helped by Sami's outlandish performance as Eddie Redcliffe, a cocky detective flown in from Darwin with an Aussie accent as wide as Bass Strait.

She's there to help local senior sergeant Dulcie (Kate Box from *Wentworth* and *Rake*) after a body is found on the beach just as the local arts festival is getting under way.

And yes, just when Aussie-based Kiwis have won more rights across the Tasman, along comes Sami in a merciless piece of Ocker-mockery.

"Or have I destroyed every chance?" Sami wonders aloud after the *Listener* suggests her Eddie performance might enhance any future citizenship application.

Today, Sami is in Auckland in the home she shares with pop-star wife Ladyhawke/Pip Brown, a substantial number of guitars belonging to both, and their 5-year-old daughter. Sami is due back in the editing suite for *Double Parked*, a show she shot after *Deadloch* over Auckland's alleged summer.

She was meant only to direct, but after reading the pilot script by Chris Parker and Alice Snedden, "I was like, 'I have to act as well.'" She plays PE teacher Nat, one half of a couple with Antonia Prebble's Steph, whose IVF efforts have been in vain … until a plan B brings about an overly positive result.

Comedy, satire and a mystery thriller: *Deadloch* stars Madeleine Sami and Kate Box.

"Running around Auckland being pregnant in the summer isn't a lot of fun," she says about strapping on the prosthetic baby bump. Even before any character's waters had broken, it seemed the weather was getting in ahead.

"It was like end times with all these bloody cyclones and floods happening … 'Okay, we're going to have a late start today because the location is flooded.' But there was a good spirit. It's going to be a good show."

The ever-versatile performer started her parallel directing career on the 2016-18 series *Funny Girls*. This also featured Parker and Snedden, the co-writer of BBC sitcom *Starstruck* with Kiwi comedian and actor Rose Matafeo, as well as Jackie van Beek, Sami's co-everything on their hit feature comedy *The Breaker Upperers*.

If there's an Australian equivalent to Team Sami-van Beek – they have another movie in the works and are aiming for a trilogy – it's *Deadloch* creators Kate McCartney and Kate McLennan.

The comedy pair made their name with *The Katering Show*, a send-up of cooking shows and all things foodie, then *Get Krack!n*, a send-up of breakfast television, which they hosted. It ended its second and final season on the ABC with a provocative headline-making twist in which Aboriginal "emergency hosts" Miranda Tapsell and Nakkiah Lui threw aside the chat-show niceties to address the treatment of indigenous people.

The Kates first recruited Sami as one of the *Deadloch* writing team – van Beek was unavailable – and eventually gave her the role of brash Eddie. That's despite her not trying very hard at the audition. She'd thought the more serious role of Dulcie, for which she was shortlisted, was more her.

"I was like, 'Oh, Eddie is kind of fun, but maybe I want to do the meatier queer dramatic role of Dulcie.' So I didn't put any effort into the Eddie audition."

The Kates saw it differently. Sami was soon off to Tasmania for the five-and-a-half-month shoot. The resulting eight-episode series may be a send-up of Scandi-noir-influenced crime dramas, but it's doing that with Amazon Prime video money, so it looks like the real thing.

Sami hasn't worked on anything this big since having a small role as a cop in Jane Campion's TV mystery drama *Top of the Lake*, a series you suspect might have had an influence on *Deadloch*.

"Tassie's landscape lends itself so well to the genre. New Zealand's does, too, but Tassie is more arid and sparse. With *Top of the Lake*, it's like the Hollywood version of noir, and Tassie is this kind of bogan version, which is cool. It gives the show a real vibe."

Woven through *Deadloch*'s black comedy, satire and social commentary is also a decent

A chameleonic gift for characterisation: Madeleine Sami.

mystery thriller, the physical exertions of which have left Sami with a full bathroom cupboard. "I have so many creams left over from all the bruising."

Playing the mouthy Eddie was exhausting in other ways.

"I've never played anyone who is as aggressive and highly strung and stressed out. Some days, you've been that character longer than you've been yourself."

She laughs about having a dinner mid-shoot where one of the show's directors turned to her with a puzzled look, having noticed Sami's normal Kiwi accent for the first time.

The work she put in reminded her of her early career when she was first displaying a chameleonic gift for characterisation in the likes of Toa Fraser's plays *Bare* and *No.2* or her multiple-personality comedy show *Super City*.

So, just when she was easing herself into a role behind the camera, *Deadloch* has rekindled her acting bug. She'll also be in the second season of the Taika Waititi-Rhys Darby HBO pirate comedy *Our Flag Means Death*.

"So, I am going to be everywhere, and I want to apologise to the people of New Zealand ... I'm sorry, I fell in love with acting again."

As her first foray into Australia, *Deadloch*, she thinks, may open her up to more work across the Tasman. It's a welcome prospect after having spent five years in Los Angeles.

"With the way the world is, and my daughter's five, and it's not too far and they're doing cool stuff there. Obviously, telling New Zealand stories has always been what keeps me going.

"I just like to be working. I still have that mentality of the little theatre kid who is just happy to have a job. If I get a job, I'm so stoked." ▮

Deadloch *is streaming now on Amazon Prime.* Double Parked *is on Three, Thursday, June 15, 8.30pm, and ThreeNow.*

GETTY IMAGES

Voice with attitude

RUSSELL BAILLIE recalls his encounters with the late Queen of Rock'n Roll.

I first encountered Tina Turner in a Whangārei nightclub in the early 1980s. At first I thought she was a man. And an angry one too. That's because she was singing *Nutbush City Limits* in a voice of such paint-stripping quality it possibly explained the decor. The place was called Henry VIII. Its décor and sound system were from the late-Tudor period. Its playlist was pre- and mid-disco. *Nutbush*, the long five-minute version, was on high rotate.

From the song, I assumed those limits were to a big, bad, dangerous city, not the cotton-pickin' tiny Tennessee town from which a young Annie Mae Bullock staged the first great escape of a life that ended last month at the age of 83.

But it was all there in her lyrics, some of the few Turner ever wrote herself. "A church house, gin house/A schoolhouse, outhouse. On highway number nineteen ..."

I got to know the song very well. I was the mid-teens member of a New Wave-ish covers band of older guys playing occasional nights at Henry's. At the end of each set, on would come the disco, the DJ seemingly mocking our dance floor-emptying skill with each groovy hit. His secret weapon was *Nutbush City Limits*, already an oldie but a goodie from way back in 1974.

So after us giving a Cure or a Stranglers song the wimpy last rites, out would come *Nutbush*, powered by – as I later found – Ike Turner’s scritch-scratch guitar and Tina Turner’s full-throttle voice. Down would go the pints of Leopard and Rheineck. Up would come the dancers. Sometimes I’d join them.

Yes, Tina Turner could blow you off stage just by having someone playing one of her old records through cruddy speakers. It was a song that made me wonder if there was more to music than whatever moody English blokes were on *Radio with Pictures* that week.

Yes, there was *Proud Mary*, *River Deep, Mountain High* and other songs before the Turner jukebox was restocked with all those post-Ike, shiny 80s pop hits, the big anthems that television news rolled out to mark her passing. But *Nutbush* was a song about where she was from and the sound of where she was heading. It had a big synthesiser solo. Funnily enough, moody English blokes with synthesisers were to play a big part in her 1980s reinvention.

Nutbush was the last song Turner played at her first New Zealand show in the Auckland Town Hall on September 12, 1977. She had left Ike the year before and the Australasian tour was her debut foreign solo excursion. Her band were in dinner jackets. She was wearing, as *Auckland Star* reviewer Phil Gifford noted, not a lot.

“Last night she burst on stage singing *Turn It Up* as near to naked as any rock performer would dare. Two rows of fringe over a minimal body stocking offered only partial covering of a dancer’s physique which belies the fact that she is at least 40.”

Actually, she was 37. But it seems local media were writing a solo Turner off. A *New Zealand Herald* story from a press conference held between her getting off the flight from Sydney and that first show concluded: “She freely admits that her husband was behind her success as a rock, soul and blues singer.” But then came *Private Dancer*, her era-defining 1984 album, spearheaded by new manager Roger Davies, an Australian who had started out with Sherbet and Olivia Newton-John. These days, he has Cher and Pink among his clients.

Turner would play Aunty Entity in 1985’s *Mad Max Beyond Thunderdome* and sing its hit theme song. She was on its poster and at the end of 1985, on the cover of rock weekly *Rip It Up* and the NZ *Woman’s Weekly*.

After getting the full celebrity pōwhiri at Ōrākei Marae, she played to 30,000 at Mt Smart (then Ericsson) Stadium on December 7 in what was her 170th show of the Private Dancer World Tour.

Tina Turner performing *Nutbush City Limits* on German television in 1973.

“I do know I have an unusual voice. Years ago, I heard *Private Dancer* on the radio and thought, ‘Who is that?’”

Turner returned to New Zealand for full national tours in 1993 – in the wake of *What’s Love Got To Do With It?*, that year’s hit biopic based on her 1986 autobiography *I, Tina* – and in 1997.

The latter New Zealand jaunt was eventful. There were bomb scares in Wellington and Palmerston North and weather hazards in Christchurch. You might think that’s why, even though she kept touring until 2009, Turner never came back.

I interviewed her ahead of both of those tours, the first time backstage after a Sydney concert. As I waited, I chatted with Davies, who said he was keen to see Hammond Gamble, Turner’s New Zealand opening act. Another client, Joe Cocker, had recorded a Gamble song years earlier. Maybe Tina could do one, I suggested, putting in a plug for Whangārei’s greatest musical export. After all, before departing for Auckland and band Street Talk, Gamble had possibly played Henry’s too.

Turner arrived refreshed after her stage workout in a black suit. Up close, she seemed smaller than her stilettoed stage presence suggested, and softly spoken. She looked about 37. “My legs, the movie, Ike ... I guess anything else I can stomach,” she replied when the television interviewer ahead of me asked if anything was off limits.

But camera and TV lights off, Turner visibly relaxed. She was engaging, gracious and funny. Of course, she was well practised, having become one of the most interviewed women on the planet. We talked about her hopes for a film career (“I’m getting a lot of scripts for hooker parts and nothing parts”), a life after music, how she saw herself among contemporaries such as Aretha Franklin, Gladys Knight and Patti LaBelle. “They stand on their feet and sing. I can’t stand there and sing.”

Eventually, I steered the conversation to Nutbush, asking her about the last time she was there. She said she’d been back only twice in her life since leaving. Her relatives had mostly died, the houses were gone, so there was no reason to visit. She laughed when I suggested you could hit “play” on the town’s theme song entering those city limits and be up to only the first chorus by the time you were out the other side.

Talking to her on the phone in 1997, I asked whether she could ever do a show in trousers and sensible shoes (“No ... I tell ya, I have to show the legs at some point”) and what she heard in her voice if she heard it on the radio. “I guess it’s like the designer who never really dresses up. I do know I have an unusual voice. I remember years ago, I heard *Private Dancer* on the radio and thought, ‘Who is that?’

“It’s an unusual-sounding voice. It sounds more like a male. It’s not a pretty voice, I think. It just has an attitude.” ■

GETTY IMAGES

MUSIC

GRAHAM REID

JESSE LIZOTTE

Shake, rattle & roll

Jimmy Barnes recruits a Stray Cat and Jools Holland into his rockabilly supergroup for a new album.

With the physique of a Clydeside welder and laughter-filled lungs like industrial bellows, Jimmy Barnes is a combustible ball of electric enthusiasm.

It's late March and he's in Auckland, ostensibly to talk up his new album, *The Barnestormers*, recorded remotely during a Covid lockdown with London-based pianist Jools Holland (whom he has yet to meet in person), Stray Cats drummer Slim Jim Phantom in Los Angeles, and Kevin Shirley (bassist-producer) and Living End singer-guitarist Chris Cheney isolating in Australia. It's an enjoyable rockabilly record that Shirley seamlessly welded together after each player laid down his separate part.

That's supposedly the topic, but the former Cold Chisel frontman is just back from five weeks' R&R in Thailand with Jane, his wife of more than 40 years, whom he mentions as if we know each other from backyard barbies.

He's so energised that questions are just a key in the Barnesy ignition. So, what does he do when he's just a 67-year-old husband, father and grandfather? Turns out he's writing another book. After his autobiographical *Working Class Boy* and *Working Class Man*, this would be … *Working Class Pensioner*?

"Nah," he laughs, like gravel down a drainpipe. "It's fiction."

And – contrary to most authors who superstitiously won't reveal a work in progress – away he goes. Although he left Glasgow more than 60 years ago, an accent remains and his new book – two-thirds done – is "loosely based on my life, but even more of a horror story than mine was", he rattles. "It starts around the 1960s in Scotland when I was there, but then there are vindictive ghosts and it goes back to the 16th century. It's also in the trenches in World War I and ends up in Adelaide."

Whatever it's about, Barnes has diligently researched in Scotland, speaks of the Reformation, the killing of more than 500 women suspected of being witches ("it was all about controlling women") and 17th-century Thomas Aikenhead ("the last person hanged in Britain for blasphemy") as an anchor character.

Jimmy Barnes: after two award-winning memoirs, he's now writing fiction.

Barnes enjoys the discipline of writing "because I've never had it in my life", and in Thailand – away from the phone and requests for interviews, radio or charity events – he could do two hours of workouts in the morning then write for six hours.

Working Class Boy and *Working Class Man* confirmed he could "write and riff", and the energy and singular focus of his music career mean he can stay in the moment: "If you sit down and write, you're going to get something eventually. Like any job, the best thing you can do is turn up."

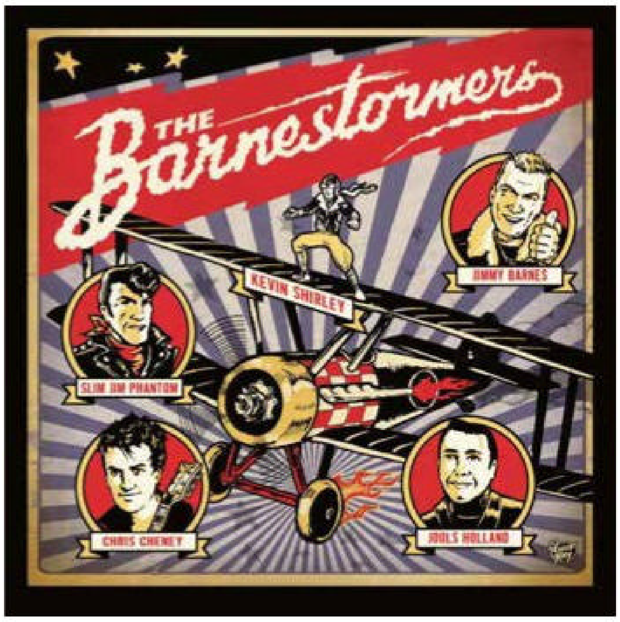
Speaking of the job, *The Barnestormers* is a tribute to music that influenced early rock'n'roll, "hillbilly music by Scots who went to Kentucky, so I could connect with that".

Although he grew up in the era of the Rolling Stones and Rod Stewart, his favourite singers were Little Richard, Elvis Presley and Jerry Lee Lewis of the 50s rock'n'roll generation. But the earlier rockabilly was always there, "that music that has the potential to set a room on fire, the minimalist sound and clean twang of the guitar players that cuts like a knife."

His older brother John used to play it, but there was an epiphany in the 70s when Cold Chisel were on the road in a Toyota van. They were coming out of a Melbourne gig and about to drive to Queensland when a guy handed him a cassette of Johnny Burnette's Rock 'n Roll Trio, and he loved it.

"It lived in the car, so there's a lot of Burnette's influence on this record. The first thing we thought about doing was Burnette's *Lonesome Train*."

The album includes their take on Bill Haley's *Thirteen Women* that he used to sing as a kid – originally the A-side of a single until a DJ flipped it over and found *Rock Around the Clock* – and Roy Orbison's *Working for the Man*. "I think the vocal on that is one of the best I've ever done," he says.



> **"If you sit down and write, you're going to get something eventually. Like any job, the best thing you can do is turn up."**

There's also the much-covered Australian classic *Real Wild Child* by Johnny O'Keefe: "I worked with him, didn't get on well, we nearly had a fight. But I have so much respect for him because as a frontman, he literally kicked down doors so people like me could come through." When Iggy Pop covered it, "he made it more rock. Ours is closer to Jerry Lee Lewis's version."

Barnes says the idea for *The Barnestormers* started in New Zealand in 1990 when he toured with rockabilly revivalists the Stray Cats and became close friends with singer-guitarist Brian Setzer and drummer Slim Jim, "who was good mates with Chris and Jools". They'd long talked about making a rockabilly album, and Covid provided the prompt.

The album brought Barnes back with Cold Chisel's songwriter Don Walker, whose *Johnny's Gone* they covered. It had appeared on one of Walker's solo albums, "so he said no one had heard it".

There is also another version of their co-written *Land of Hope* from the 2009 Chisel reunion album *Blood Moon*, which Barnes felt needed to be more sleazy.

"It's dark, angry and anti-American. I love so much about American culture, but when we first went over with Chisel in about '79, it was just all big cogs turning and nothing about a feel for the music. I've felt uncomfortable about that ever since, which is ironic because everything I do is based on American culture, like rockabilly."

In a freewheeling and digressive conversation, we inevitably come to his health: he's had open heart surgery, a bad back, knee operations and a skirmish with Covid. He's increasingly aware of mortality and recently sang a moving *Bonnie Banks o' Loch Lomond* in tribute to the late chef (and *MasterChef Australia* judge) Jock Zonfrillo, his friend and fellow Glaswegian.

"I've grown a lot over the years. I was always on tour, but then I'd go to the mountains of northern Thailand and meditate with monks. Then I'd go on tour and go crazy again.

"But finally, as happens in your 60s," he says, rattling the gravel once more, "the penny dropped about how to keep my sanity and health". ▮

The Barnestormers by Jimmy Barnes is out now.

'The voice of a demon'

Jimmy Barnes was one of Tina Turner's many duet partners, putting him in a club that also included Rod Stewart, David Bowie, Mick Jagger, Bryan Adams, Tom Jones, Cher and Beyoncé. The pair re-recorded Turner's *(Simply) The Best* in 1992 for a promotional anthem for the NSW Rugby League.

He'd first encountered her as a teenager at a concert in Adelaide in the 1970s, he and his mates having kicked in a venue door to get in for free.

"My mates really just wanted to start trouble, but I ran down the front and I stood there and I watched Tina Turner perform. It was the voice of a demon and it was incredible, but just the best energy I've ever seen," he told an Australian television show.

"And I remember thinking, 'That's the way I want to perform, I want to sing like that.'"

Recording and filming a video with Turner was intimidating, he said, especially when it came to the choreography.

"Anyone who has seen me dance knows I dance like an elephant tied to a tree, and Tina must have seen the panicked look on my face because she leaned over to me and whispered, 'Stand still, honey, and I'll make you look good.'" ▮

FILM

SARAH WATT

Plunge away

Hans Christian Andersen's tale survives the CGI treatment.

Halle Bailey (Ariel) is up there with Whitney Houston in Rob Marshall's *The Little Mermaid*.

THE LITTLE MERMAID

directed by Rob Marshall

It seems for every beloved cartoon feature in Disney's extensive catalogue, there's a live-action CGI makeover waiting to happen. It's now the turn of 1989's Hans Christian Andersen story adaptation, *The Little Mermaid*, to take the plunge in a film of actors beautifully rendered as underwater sea-life. Though, given Disney's mixed results with *Beauty and the Beast*, *The Lion King* and *Aladdin*, you may well be sceptical. Javier Bardem in a Neptune crown and fish tail? A version of the song *Kiss the Girl* that doesn't feel creepy in 2023?

Fortunately, this innocent, traditional Disney-princess musical emerges as actually quite endearing. Plucky Ariel (Halle Bailey) is the adventurous one of King Triton's (Bardem) seven daughters, desperate to explore the world above despite being forbidden. But after saving the shipwrecked Prince Eric, she's enticed into making a deal with her deceitful Aunt Ursula (a terrific Melissa McCarthy). If a mute Ariel can get the unsuspecting Eric to kiss her, she can stay with him as a real-life girl. A dashingly dimpled Jonah Hauer-King is sweet as the standard fairy-tale prince and the talented Bailey delivers Whitney Houston-level singing. The film's other pleasures include the big musical numbers with synchronised swimming fish amid brightly coloured coral and the shimmering mermaid costumes.

Scuttle the gannet and Sebastian the crab (voiced by Awkwafina and *Hamilton*'s Daveed Diggs) aren't as funny as your usual animated sidekicks but the film's humour is aiming young.

And for a children's movie about girl power and environmental destruction it's an undersea excursion worth splashing out on. ★★★

IN CINEMAS NOW

Short changed

An attempt at a feel-good tale of philanthropy fails to deliver.

BANK OF DAVE

directed by Chris Foggin

In this underwhelming adaptation of an unlikely true story, uptight London lawyer Hugh (Joel Fry, *Our Flag Means Death*, *Yesterday*) reluctantly takes on a job in small-town Burnley, where he has his eyes opened to Oop North's wholesome, no-nonsense folks.

Hugh's assignment is to advise local philanthropist Dave Fishwick (Rory Kinnear), a working-class, self-made millionaire, on setting up a community bank to help Dave's townsfolk realise their dreams in a post-GFC world.

"It's not just jobs – it's about the quality of life for a whole community," Dave explains as he wheels a sceptical Hugh around the small construction firms and family-run curry houses as proof of concept. Kindly Northerners sing Dave's praises while Hugh rethinks his prejudice.

Apparently, establishing a brand-new bank among the big brands is not only highly irregular but also a bit of a faff. As a result, the script aims for veracity but is quite dull with all its regulatory preoccupations. It dreams of being a David and Goliath tale where Hugh plays the hero against a boardroom of pinstripe suits, but the competent Fry lacks the charisma required for a lead.

As the titular good guy, Kinnear is much more endearing with his put-on Lancashire accent – his cheerful, generous Dave the antithesis of the nasty blokes he's played recently in psychological thriller *Men*, *Our Flag Means Death* and *The Diplomat*.

But the story itself is a plod, the film-making (by *Fisherman's Friends* director Chris Foggin) pedestrian and the supporting cast wasted (Hugh Bonneville is an evil banker; comedian Paul Kaye is the hippy music producer of Def Leppard, the band making a bizarre cameo).

Everyone else simply feels like rejected *Coronation Street* auditionees.

Even the addition of fictional characters and an unconvincing love interest can't make *Bank of Dave* either the gripping drama or feel-good tale it wants to be.

I wouldn't invest your time, luv. ★★

IN CINEMAS NOW

Faking it: Sam Wang and Michelle Ang in *Homebound 3.0.*

The ballad of Henry Li

How parental match-making efforts inspired a new local sitcom for a first-time writer and actor. **by RUSSELL BROWN**

HOMEBOUND 3.0, *Three, Thursday, June 15, 9.00pm*
Things could be going better for Henry Li. He's 30, still living with his parents and trying to rekindle a sci-fi writing career that's been dead since his girlfriend and collaborator left him. His parents just want him to meet a nice girl, get married and move out.

So much so that it becomes a case for Chinese Family Tinder, a highly structured, restaurant-based matchmaking operation overseen by a matriarch who will not countenance romantic failure. Or, as it's characterised in *Homebound 3.0*, "like being prodded by a table of Chinese zookeepers trying to get two pandas to mate".

Henry doesn't want a bar of it – which ironically brings him together with Melissa, who is also chafing at parental expectations. If they fake being boyfriend and girlfriend, the heat will go off them both. What could possibly go wrong?

Family Tinder is a real thing, confirms Sam Wang, who created and wrote *Homebound 3.0* and plays the role of Henry in the series.

"But it's probably not as systematic or as well organised as in this show – although I'm sure this version also exists in some way as well. For me, it was more like, my parents would surprise me every now and then and be like, 'Oh, hey, remember that auntie from China? She's visiting Sydney, we're going to have dinner tonight.' And so you're like, 'Okay, yeah, I remember her.' And you rock up and there's this other person there and you're like, what the f— is going on? But you clue onto it pretty quickly. It kind of doesn't work after a little bit."

Wang came up with the concept for *Homebound* in 2018, in a pitch for an NZ On Air web series fund ("kind of like *Sex and the City*, because they're 30 and single – but instead of living it up in New York City, they're living with their parents in West Auckland"). He missed out, but a year later, the idea won the"Big Pitch" session at the annual Screen Producers NZ (Spada) conference and signed up with comedy specialists Kevin & Co, producers of *Taskmaster* and *New Zealand Today*.

"I went in and I was just like, 'Hey, guys, if we, if we do option this, can I maybe write it and ... maybe act in it?' Because I didn't know, this was the first time that I had been in any of these meetings. I was like, 'Maybe I can write it.' And they're like, 'Yeah, of course you're going to write it.'"

The result is a remarkably assured (and funny) debut, in which Wang plays opposite fellow New Zealander Michelle Ang (the hard-nosed Tracy Hong in *Outrageous Fortune*). Bala Murali Shingade also stands out as good-natured corporate nerd Aidan. Wang was able to draw on his other career – as a lawyer at a Big Four consulting firm – to write the latter part.

Yes, he left a prestige law job to become a writer and actor. His adult life, in Auckland and Sydney, has been "a zigzag" between the law and the tenuousness of the performing arts. This, surely, is the stuff of Chinese parent nightmares?

"My parents only have me, so they kind of don't have a choice," he laughs. "They're really supportive. I think they got various shocks along the way, from wanting to leave law school to go to drama school. So, I think I've prepared them." ▮

Star Trek: Strange New Worlds, Thursday

TELEVISION

Our Picks of the Week

SUNDAY JUNE 11

REDEMPTION

Next of kin on the case

Screening: *TVNZ 1, 9.30pm*
Streaming: *TVNZ+, all episodes*

Barely has *The Gone*, well, gone, than there's another Irish mystery settling into its slot. Liverpool-based Detective Inspector Colette Cunningham (Paula Malcomson, *Ray Donovan*) is surprised to be contacted as the next-of-kin of a dead woman she's never heard of – until she realises it's her daughter Kate, who left home 20 years before and disappeared. And now she has unexpected grandchildren. Somewhat improbably, she has herself transferred to a police station in Dublin so she can find out what's happened. It's a by-the-book crime drama but reviewers have praised Malcomson's performance. Look out also for a cameo by Siobhán McSweeney (*Derry Girls*) as Cunningham's new boss.

MONDAY JUNE 12

THE HOUSE ACROSS THE STREET

Obsessing about the mystery next door

Screening: *BBC UKTV, 9.40pm*

Claudia (Shirley Henderson, currently also in *Tom Jones*) is a lonely single mother and school nurse who can't talk to her teenage son and feels undervalued by everyone else. When the neighbours' child, Emily Winter, goes missing, she takes it upon herself to lead the searches and uncover the truth – becoming obsessed with the girl's family in the process. But why is she doing this? And what does she expect to find? "No character behaves quite as you'd expect them to," observed the *Daily Telegraph*'s reviewer, praising the four-part drama's "pleasingly off-kilter tone".

YEAR OF

Coming of age in Australia

Streaming: *TVNZ+, all episodes*

A spin-off of acclaimed Australian comedy-drama *Bump* (the characters attend the same fictional inner-city high school), created by one of the writers on the original series, Jessica Tuckwell. A group of teens head to a party they're not supposed to be at and what happens that night upends their lives. But life goes on, they fall in, fall out and find out who they are. Most of the cast, for obvious reasons, are young TV newcomers, but Danielle Cormack has a key role as one of the mums. Notably, we're not having to wait for this one – it lands on TVNZ+ only three days after debuting on Australian streamer Stan.

WEDNESDAY JUNE 14

MY MASSIVE ****

The members club

Screening: *TVNZ 2, 8.30pm*

For the avoidance of doubt, this is a penis documentary, part of Channel 4's 40th anniversary season *Truth or Dare*, which set out to "do what Channel 4 was created for: to give voice to the unheard, say the unsayable and show the unseen". It's not just spectacle: the documentary looks at cultural context and its subjects frankly discuss being objectified and fetishised, and in some cases, the difficulty of just having normal sex. There are replicas.

THE FULL MONTY

You can leave your kit on

Disney+

More than 25 years after the runaway hit move about unemployed Sheffield blokes reinventing themselves as a male stripper troupe comes the spin-off television show. Much of the original cast return as the characters they played back then, with the series starting out focused mostly on Gaz (Robert Carlyle), who is now a grandad but also coping with an errant teenage daughter. Elsewhere, Mark Addy's Dave is the janitor at the high school where wife Jean is the headmistress, while the rest of the gang spend much of their time hanging out at the cafe run by the now married Lomper and Dennis. No, there isn't any stripping – as Carlyle tells next week's issue of the *Listener*, "Nobody wants to see that. Come on."

THURSDAY JUNE 15

STAR TREK: STRANGE NEW WORLDS

Return to the Enterprise

Streaming: *TVNZ+*

A second season for the surprisingly good *Star Trek* prequel – and the nerds are already beside themselves because the trailer has revealed a crossover with another *Star Trek* property, the animated series *Lower Decks*. Ensigns Beckett Mariner and Bradward Boimler are played by their original voice actors Tawny Newsome and Jack Quaid. Alongside Captain Christopher Pike (Anson Mount) and Science Officer Spock (Ethan Peck), Paul Wesley returns as the younger James T Kirk – this is a prequel to the original 60s series, remember – and will doubtless do a hundy at every opportunity. ▮

The Adjustment Bureau, Saturday

TV Films

by RUSSELL BAILLIE

The big movies on TV this week

SATURDAY JUNE 10

THE BOURNE LEGACY

No more chasing Jason

TVNZ 2, 7.30pm

The Bourne-free fourth Bourne film with Jeremy Renner as chemically enhanced super-soldier Aaron Cross subbed in for Matt Damon, star of the franchise's original trilogy. Tony Gilroy, who wrote the previous films, shows he can direct a good chase scene but overall it's a dull echo of its predecessors. (2012) ★★★

THE MERCY

All at sea

Whakaata Māori, 8.30pm

Colin Firth is excellent in this true-life story of how English weekend sailor Donald Crowhurst entered the 1968 non-stop-solo-round-the-world Golden Globe Race and came unstuck by the daunting demands of the event. (2018) ★★★★

MONA LISA AND THE BLOOD MOON

Voodoo child

Rialto, 8.30pm

Iranian-American director Ana Lily Amirpour follows her vampire western *A Girl Walks Home Alone at Night* and her cannibal romance *The Bad Batch* with another sleazo B-movie genre-mash. This one's a supernatural tale set in New Orleans where mysterious teenager Mona (Jeon Jong-seo) befriends a single mother pole-dancer (Kate Hudson). Silly, messy, quite fun. (2021) ★★★

A WALK AMONG THE TOMBSTONES

Looking a bit grave

Eden, 8.35pm

A grim pulp noir-ish crime thriller with Liam Neeson as a Brooklyn ex-cop private detective chasing the killers of the wife of a drug trafficker (Dan Stevens) and getting a teenage sidekick (Brian "Astro" Bradley) to help. Its subdued tone and origins in a series of detectives novels by Lawrence Block distinguishes it from other Neeson fare of recent years, but it's also just not that thrilling. (2014) ★★★

THE ADJUSTMENT BUREAU

Tempting fate

TVNZ 2, 9.55pm

A fast-paced mind-bending love story (based on a Philip K Dick tale) about an aspiring politician (Matt Damon) and a ballerina (Emily Blunt) whose relationship is thwarted by the men from the timeline-correcting Adjustment Bureau. (2011) ★★★½

SUNDAY JUNE 11

MR. & MRS. SMITH

The honeymoon period

TVNZ 2, 8.30pm

The heavily armed rom-com that gave the world Brangelina with Brad Pitt

▶

BASED ON THE BEST SELLING NOVEL BY RACHEL JOYCE

★★★★

"OSCAR WINNER JIM BROADBENT GIVING ARGUABLY THE PERFORMANCE OF HIS ILLUSTRIOUS CAREER - AN ACTOR MADE FOR THE LONG ROAD PLAYING A MAN ON THAT VERY ROUTE."

RTE IRELAND

★★★★

"IMMEDIATELY ONE OF THE GREAT MOVIES ABOUT AGEING AND REGRET, UP THERE WITH 45 YEARS."

TIMES UK

Jim BROADBENT Penelope WILTON

The Unlikely Pilgrimage of Harold Fry

HOPE IS A JOURNEY

IN CINEMAS
8 JUNE

TBC TRANSMISSION

and Angelina Jolie as married assassins under orders to knock each other off. Great chemistry and director Doug Liman delivered some nifty action. (2005). ★★★½

THE GENTLEMEN

Give 'em enough dope

Three, 8.30pm

Director Guy Ritchie returns to the mean streets of London for a crime caper but fails to spark. He's not helped by an unfunny Matthew McConaughey as a marijuana magnate, though eccentric supporting performances – especially Hugh Grant – are entertaining. (2019) ★★★

LITTLE WOODS

Bitter pills

Whakaata Māori, 8.30pm

A compelling crime drama in *A Winter's Bone* territory set against America's opioid epidemic. Tessa Thompson and Lily James are estranged sisters in a North Dakota oil town facing tough choices. One's probation is ending after she smuggled drugs across the Canadian border; the other is pregnant and penniless. (2018) ★★★½

NOTHING BUT THE TRUTH

Power play

Eden, 8.30pm

Kate Beckinsale and Vera Farmiga go toe to toe in this solid political journalism thriller loosely based on the the Plame Affair scandal of the Bush-Cheney era in which a CIA operative was outed by a newspaper columnist and a reporter was jailed for contempt of court for not revealing her sources. (2008) ★★★

POKER FACE

Just didn't know when to fold 'em

Sky Movies Premiere, 8.30pm; Neon; Amazon

Russell Crowe's second directing effort after 2014's *The Water Diviner* was this crime caper about a tech billionaire (Crowe) inviting his old mates for a high-stakes game of score-setting poker only for the reunion to turn into a home-invasion thriller among many other confusing things. Crowe's fine acting wise but his script and the delivery makes this a bust. (2022) ★★

MONDAY JUNE 12

MADELEINE COLLINS

Polyamorous in Paris

Rialto, 8.30pm

French director Antoine Barraud's intriguing Hitchcockian psychological thriller about a woman (Belgian actress Virginie Efira from *Bendetta*) seemingly living a double life with two different husbands and two different families who goes to increasingly desperate lengths to conceal one life from another. It can get a little far-fetched but it's a mystery tautly told and performed. (2021) ★★★½

WEDNESDAY JUNE 14

LAND OF MINE

Death from below

Whakaata Māori, 8.30pm

This Oscar-nominated Danish film is based on how in the aftermath of the Nazi occupation German POWs were ordered to clear landmines on the country's coast with inevitable fatalities. It's as much a gripping thriller as a historical drama about post-war retribution and forgiveness. (2015) ★★★★

FRIDAY JUNE 16

INTIMATE STRANGERS

Another branch office opens

Rialto, 8.30pm

The 2016 Italian dinner party games-with-cellphones movie, *Perfect Strangers* (*Perfetti Sconosciuti*), has been remade in 24 different countries. Being the South Korean version, you can bet the phones were really flash. (2018) ★★★

Films are rated out of 5:
★ (abysmal) to ★★★★★ (amazing)

Talkback

DARK LISTENING

Whatever has happened to RNZ National? I once enjoyed its programmes but no longer do so. The book review this morning, May 23, was of what seemed a most horrible book. The reviewer apologised if she was "putting us off". It seems the writing was good but she did put me off. Not that this review was alone – many books reviewed are just plain dark. I want some laughter and lightness in programmes.

For a time I enjoyed *Classic Drama* on Sunday afternoons but I heard one recently which was no classic, just horribly modern – far too modern for me. Can we not be ordinary and happy? As for the music, you've lost me. RNZ Concert can also be disappointing. Why can we not have a session of light opera, pleasant heartwarming oldies? I like classical music, but sometimes it is just too heavy.

It is hardly surprising that we have a mental-health problem in the country.

AN Christie
(Rotorua)

GABBLING AND ARM WAVING

With reference to the comment by Chris Allen (*Talkback*, May 27), I too found it impossible to hear and understand one of the main characters in *The Gone* on TVNZ 1. I finally gave up and stopped watching it at episode three. Surely it was apparent to the production team and could have so easily been corrected?

And as for gabbling, could someone please train TVNZ 1's weather presenter to slow down, say few words and articulate more coherently. For example, say "North Island", rather than truncating it to "North I". And please stop waving your arms around all the time.

Margaret Arthur
(New Plymouth)

AM INTERRUPTION

Can someone please explain why RNZ on the AM network periodically goes off air in the Whangārei region? I know we can cross over to FM but we prefer AM as the tuning is more reliable.

L Todd
(Whangārei)

John Barr, from RNZ Communications, replies: "RNZ recently carried out a significant upgrade to the 90m AM transmission mast at Ōtaika, which covers the Whangārei area. The work required periodic interruptions to broadcasts on 837AM. As your correspondent notes, listeners in Whangārei can tune to RNZ National on 104.4FM.

"RNZ carries out a regular programme of maintenance on transmission masts around the country to ensure continuity of services for RNZ National and RNZ Concert. While every effort is made to minimise inconvenience, some interruptions are unavoidable and whenever possible listeners are advised in advance."

READING POLLS

We have already had months of media commentators interviewing their computers to speculate on the outcome of the October elections. We can expect the frenzy to increase with regular polling.

Those results are meaningless without presenting and commenting on the percentage of "don't knows" and the margin of error, so when will the media recognise that responsibility?

Garrick Batten
(Brightwater)

Please send comments, queries or complaints about radio or television to: listenerletters@aremedia.co.nz with "Talkback" in the subject line, or Talkback, NZ Listener, PO Box 52122, Kingsland, Auckland 1352

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Infomercials**
6.55 **Religious Programming**
7.25 **Fishing and Adventure** (G, R, **C**)
7.55 **Rural Delivery** (G, R, **C**, **AD**)
8.25 **Country Calendar** (G, R, **C**, **AD**)
9.00 🟥 **Barkley Manor** (G, R, **C**, **AD**) s1ep10
9.30 **Tagata Pasifika**
10.00 **Jamie's Easy Meals for Everyday** (G, R, **C**, **AD**) s1ep11
10.30 🟥 **The Great British Sewing Bee** (G, R, **C**, **AD**) s7ep10
11.55 **The Hotel Inspector** (PG, R, **C**)
12.55 **Coast vs. Country** (G, **C**)
1.55 🟨 **Under the Vines** (PG, R, **C**, **AD**) s2ep1
2.55 **The Wheel with Michael McIntyre** (G, R, **C**) Michael McIntyre hosts a UK game show.
4.15 **Unbeatable** (G, **C**) Jason Manford hosts a UK quiz show.
5.00 **The Chase** (G, R, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**C**)
7.00 **The Great British Bake Off** (G, **C**, **AD**) Noel Fielding and Matt Lucas present a baking competition series. Tonight, in dessert week, the bakers get all steamed up in the Signature, tackle a classic lemon meringue pie in the Technical, and create a showstopping sponge cake with a hidden surprise (includes Lotto at 8.00pm). s13ep5
8.15 **Lap of Luxury** (G, **C**, **AD**) Local series about luxury accommodation. Tonight, Stoneridge Estate in the hills above Lake Hayes, a hilltop hideaway on Waiheke Island, and the manicured gardens of Nelson's Pihopa Retreat.
8.45 **Ten Pound Poms** (M, **C**, **AD**) Australian drama series. Tonight, Terry retraces his steps from the night before, Annie embraces a new opportunity, and Kate gets a lead. s1ep2
9.45 **Maternal** (16, **C**, **AD**) UK medical drama series. Tonight, Maryam fights to control her anxiety, Catherine weighs up what it will take to progress as a surgeon, and Helen's sister Debbie comes back into her life. s1ep2
10.45 **The Complete Happy Valley Collection** (16, R, **C**, **AD**) UK crime drama series. Tonight, Tommy urges Frances to go further with her attempts at making Catherine's life a misery. s2ep3&4
12.45am **Smother** (M, R, **C**) s2ep2
1.45 🟥 **Safe Harbour** (**C**, **AD**) s1ep4
2.40 **Infomercials**
5.30 – 6.00 **Religious Programming**

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Takaro Tribe** (G, R, **C**, **AD**)
6.10 **Emma!** (G, R, **C**, **AD**)
6.20 **Chuggington: Tales from the Rails** (G, R, **C**)
6.30 **Kiri and Lou** (G, R, **C**, **AD**)
6.40 **Julius Jr.** (G, R, **C**)
7.05 **Spidey and His Amazing Friends** (G, **C**)
7.30 **SpongeBob Squarepants** (G, R, **C**)
7.55 **Carmen Sandiego** (G, R, **C**)
8.20 **Dragons Nine Realms** (G, **C**)
8.45 **We Bare Bears** (G, R, **C**)
9.05 **The Gamers 2037** (G, R, **C**)
9.35 **Holly Hobbie** (G, R, **C**)
10.00 **Fresh** (PG, **C**) Pasifika show for young people. Today, Hot Brown Honey's new show at Sydney Opera house, Mia Kami presents her world, and Ask B&B are back.
10.30 **Shortland Street Omnibus** (PG, R, **HD**, **C**, **AD**)
1.00 **The Good Witch** (G, **C**)
2.00 **The Void** (G, **C**, **AD**)
3.00 **The Voice US** (G, **C**) The three-way knockouts continue as the coaches pit three of their artists against each other.
4.00 **In for a Penny** (G) Stephen Mulhern hosts a UK game show.
4.30 **About a Boy** (PG, **C**) s2ep3
5.00 **The Big Bang Theory** (PG, R, **C**, **AD**) s9ep9
6.00 🟥 **The Amazing Race** (PG, **C**, **AD**) After traveling to seven countries, 17 cities and enduring the longest Pit Stop ever due to the pandemic, one team are crowned the winners.
7.00 **Booze Patrol** (PG, **C**, **AD**) Behind the scenes with breath-testing officers in Australia.
7.30 🟦 **The Bourne Legacy** (2012, M, R, **C**, **AD**) An enhanced soldier goes on the run with a scientist when the programme is shut down and they are targeted for elimination. Jeremy Renner, Rachel Weisz, Edward Norton, Joan Allen. **TV Films, page 69**
9.55 🟦 **The Adjustment Bureau** (2011, M, R, **C**, **AD**) A politician on the verge of winning a seat in the Senate falls in love, but a mysterious group of men conspire to keep them apart. Matt Damon, Emily Blunt, Anthony Mackie. **TV Films, page 69**
12.00am 🟥 **Grease: Rise of the Pink Ladies** (PG, **C**) s1ep10
1.05 🟦 **The High Note** (2020, M, **C**, **AD**) Dakota Johnson, Tracee Ellis Ross.
3.00 🟦 **Superman: Red Son** (2020, M) Voice of Jason Isaacs.
4.25 **Fresh** (PG, R, **C**)
4.50 **2 Tunes**
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **Charles Stanley**
6.30 **Infomercials**
9.30 **Newshub Nation** (**C**) With Simon Shepherd and Rebecca Wright.
10.30 **Dodo Heroes** (PG, R, **C**)
11.30 **Animal Cribs** (PG, R, **C**)
12.30 **The Zoo** (G, R, **C**)
1.25 **Dr. Jeff: Rocky Mountain Vet** (PG, R, **C**)
2.25 **Nature's Strangest Mysteries Solved** (PG, R, **C**)
2.55 **Tracked** (PG, R, **C**, **AD**) s1ep5&6
5.00 **Gold Rush: Parker's Trail** (PG, **C**)
6.00 **Newshub Live** (**C**)
7.00 **Gold Coast Ocean Rescue** (PG, **C**, **AD**) Behind the scenes with the Sea World Research & Rescue Foundation. Tonight, divers lasso grey nurse sharks, and a one-winged pelican with cataracts has surgery. s1ep3
7.30 **Love It or List It Australia** (G, **C**, **AD**) Former NRL star Isaac De Gois and his wife Renee are at a crossroads with their little house. s2ep5
8.30 **NCIS** (PG, **C**) NCIS suspects bioterrorism when multiple people are affected by a toxic but non-fatal gas outbreak. s20ep16
9.30 **NCIS: Los Angeles** (M, **C**) When the team receives a cryptic urgent message, Fatima and Rountree must work together. s14ep16
10.20 **Falling Skies** (M, **C**)
12.10am **Infomercials**
5.00 **Leading the Way**
5.30 – 6.00 **Charles Stanley**

PRIME FREEVIEW 15 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
10.00 **SmackDown** (PG, R)
11.00 **RAW** (PG, R)
Noon **The Ditch** (G, R)
12.30 **Once a Warrior** (G)
1.00 **The Crowd Goes Wild** (PG, R)
2.00 **Kids' Programmes** (**C**)
3.00 **Judge Judy** (PG)
4.00 **NRL Try Time** (G)
5.00 **Fishy Business** (PG, R, **C**)
5.30 **Prime News**
6.00 **Pawn Stars** (PG, R)
7.00 **Tough as Nails** (PG, **C**) At Devil Mountain Nursery, crews build complex planter boxes.
8.00 **Mountain Men** (M, R, **C**) On a backcountry supply run, Kidd and Harry battle the clock and rough terrain.
9.00 **Super Rugby Pacific** (G) Quarter-final.
11.00 **NRL Premiership** (G) Sydney Roosters v Penrith Panthers, from Allianz Stadium, Sydney.
1.00am **NXT** (PG)
2.00 – 6.00 **Infomercials**

Comedy: NEVER HAVE I EVER

The coming-of-age teen comedy created by Mindy Kaling and Lang Fisher returns for its fourth and final season – that would be because it equates to the high school years of Devi (Maitreyi Ramakrishnan), Kaling's awkward teenage alter ego. "It's a great place to end it," Kaling told Stephen Colbert, although the effort of creating a TV series is "like having a baby. So I'm sad about it." The series has been in the vanguard of South Asian representation on US television, but Kaling and Fisher have also made it about dealing with the loss of a parent, following the sudden death of Devi's father.

NETFLIX

Drama: BARRACUDA QUEENS

An altogether different teen show: this Swedish series is loosely based on real events and follows a group of young women from privileged backgrounds who embark on a career of house burglaries targeting their wealthy neighbours.

NETFLIX

🟩 NEW 🟨 RETURN 🟥 FINAL 🟦 FILM **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
9.30 **Tōku Reo** (G, R)
10.00 **Ōpaki** (G, R)
10.30 **Ako** (G, R)
11.00 **ASB Polyfest** (G, R)
Noon **Haka Pedia** (G, R)
12.30 **Haka Life** (G, R)
1.00 **Whakataukī** (G, R)
1.30 **Karanga: The First Voice** (G, R)
2.00 **Whaikōrero** (G, R)
2.30 **Haka at Home** (PG, R)
3.30 **Marae DIY** (G, R)
4.30 **Uka** (G, R)
5.00 **Moon Tide Fishing** (G, R)
5.30 **Matau** (G, R)
6.00 **Piri's Tiki Tour** (PG, R) With Piri Weepu.
6.30 **Lucky Dip on the Road** (G, R) With Luke Bird and Marcia Hopa.
7.00 🟦 **Anne of Green Gables** (2016, G, R) An orphan who is sent to an elderly brother and sister by mistake charms her new home and community. Ella Ballentine, Martin Sheen, Sara Botsford.
8.30 🟦 **The Mercy** (2018, M, R) Based on the story of sailor Donald Crowhurst and his solo attempt to circumnavigate the globe. Colin Firth, Rachel Weisz, David Thewlis. **TV Films, page 69**
10.30 – 11.00 **Sidewalk Karaoke** (G, R) With Te Hāmua Nikora.

Film: MRS. HARRIS GOES TO PARIS

Extraordinary costume designer Jenny Beavan was nominated for a Bafta and an Academy Award for this delightful adaptation of the 1958 novel. From the 1980s Beavan has been associated with Merchant Ivory films but her second of three Oscars was for *Mad Max: Fury Road*.
SKY MOVIES PREMIERE, 1.38pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **A Place in the Sun: Winter Sun** (G, R)
11.50 **Shark Tank** (PG, R)
12.40 **The Dog Rescuers** (PG, R)
2.30 **Celebrity Ghost Stories** (PG, R)
3.30 **Top Chef** (PG, R)
4.30 **Botched** (PG, R)
5.30 **Shark Tank** (PG, R)
6.30 **Hoarders** (PG)
7.30 **Vanderpump Rules** (M) Andy presses Scheana for details of the dispute that led to Raquel's restraining order.
8.30 🟦 **An Officer and a Gentleman** (1982, 16, **C**) When a young Navy cadet meets his first true girlfriend during, he comes into conflict with his training officer. Richard Gere, Debra Winger, Louis Gossett Jr.
11.05 **Violent Minds: Killers on Tape** (M, R)
12.25am Judge Jerry (G, R) **12.50** Infomercials **5.00 – 6.00** Shark Tank (PG, R)

EDEN FREEVIEW 8 SKY 013

6.00 **Infomercials**
6.30 **Restaurant: Impossible** (G, R)
7.20 **The Pioneer Woman** (G, R)
7.45 **Valerie's Cooking** (G, R)
8.15 **Everyday Italian** (G, R)
8.40 **Bobby Flay's Barbecue Addiction** (G, R)
9.05 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **The Bidding Room** (G, R)
Noon **Dancing on Ice** (G, R)
2.00 **Bondi Rescue** (PG, R)
2.30 **Border Security Aus** (PG, R)
3.00 **Project Grizzly** (PG, R)
4.00 **Property Wars** (PG)
4.30 **Your Room or Mine?** (G)
5.00 **Museum Mysteries** (PG, R)
6.00 **American Pickers** (PG, R)
7.00 **Al Murray's Great British Pub Quiz** (PG, R)
8.00 **24/7 Pet Hospital** (PG)
8.35 🟦 **A Walk Among the Tombstones** (2014, 16, R) Liam Neeson, Dan Stevens. **TV Films, page 69**
10.50 **Off Limits** (PG)
11.45 **Flea Market Flip** (G, R)
12.15am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Wheeler Dealers** (PG, R)
6.50 **Fast N' Loud: Demolition Theater** (PG, R)
8.35 **Savage Builds** (PG, R)
9.20 **Yukon Men Marathon** (PG, R)
1.30 **Dirty Mudder Truckers** (PG, R)
2.15 **Building Off the Grid: Utah Desert Cabin** (G, R)
3.05 **Car Vs Wild** (PG, R)
3.55 **Abalone Wars** (PG, R)
4.50 **Junkyard Empire** (PG, R)
5.40 **Fast N' Loud: Demolition Theater** (PG)
6.35 **Man vs. Wild** (PG, R)
7.30 **Treasure Quest: Snake Island** (PG, R)
8.30 **Bering Sea Gold** (PG) George defies his brother and dives while Dave is out of town.
9.25 **Backyard Oil** (PG)
10.25 **Cops UK: Bodycam Squad** (PG, R)
11.20 **Fast N' Loud: Demolition Theater** (PG, R)
12.15am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
7.00 **DUKEbox Music**
11.30 **Extreme E Magazine**
11.55 **Attenborough's Green Planet** (G, R, **C**, **AD**) Water worlds. s1ep2
1.05 **The Cube** (G, R, **C**, **AD**)
2.05 **Top Gear** (G, R, **C**)
3.05 **Fast Justice** (PG, R, **C**, **AD**)
4.00 🟥 **Design Junkies** (G, R, **C**, **AD**)
5.00 **Love Island UK** (PG)
5.55 **Ultimate Rides** (G, R)
6.25 **Fish of the Day** (PG, R, **C**) In Rarotonga, Clarke Gayford spends time with humpback whales before heading out to sea to catch wahoo. s1ep5
7.00 **Family Guy** (PG, R, **C**, **AD**) Peter fails to make it into the guy's string quartet, and Brian is forced to be Carter's seeing eye dog and enjoys the life of luxury a little too much.
7.30 **King in the Ring Live** Eight super cruiserweight fighters go head-to-head in a series of three-round elimination bouts, live from Eventfinda Stadium, Auckland.
11.45 – 1.40am **The Office US Marathon** (PG, R, **C**)

SKY PREMIERE SKY 030

6.48 **The 355** (2022, M) Jessica Chastain, Penelope Cruz
8.46 **Infinite Storm** (2022, M) Naomi Watts, Billy Howle
10.21 **Three Thousand Years of Longing** (2022, M) Tilda Swinton, Idris Elba
12.06 **Dual** (2022, 16) Karen Gillan, Aaron Paul
1.38 **Mrs. Harris Goes to Paris** (2022, PG) Leslie Manville, Jason Isaacs, Isabelle Huppert
3.30 **The Batman** (2022, M) Robert Pattinson, Zoe Kravitz
6.20 **Amsterdam** (2022, M) In 1933, three friends witness a murder and are framed for it. Christian Bale, Margot Robbie
8.30 **Top Gun: Maverick** (2022, M) After more than 30 years of service, Maverick continues as a test pilot and dodges the advancement in rank that would ground him. Tom Cruise, Miles Teller
10.40 **Orphan: First Kill** (2022, 16) Isabelle Fuhrman, Julia Stiles
12.20am The Northman (2022, 16)
2.35 Redeeming Love (2022, M)
4.50 Here Today (2021, M)

MOVIES CLASSICS SKY 034

6.00 **In a Lonely Place** (1950, PG) Humphrey Bogart
7.30 **Gandhi** (1982, PG) Ben Kingsley, Edward Fox
10.35 **Dog Day Afternoon** (1975, 18) Al Pacino, John Cazale
12.40 **Sid and Nancy** (1986, 16) Gary Oldman, Chloe Webb
2.35 **Murder in the First** (1994, 18) Kevin Bacon, Christian Slater
4.37 **Force 10 from Navarone** (1978, M) Robert Shaw, Harrison Ford
6.35 **Geronimo: An American Legend** (1993, PG) An Apache warrior humiliates the US Government by escaping from a reservation and evading capture. Wes Studi, Gene Hackman
8.30 **The Postman Always Rings Twice** (1981, M) The wife of a lunch wagon proprietor and an itinerant troublemaker begin an affair and conspire to commit murder. Jack Nicholson, Jessica Lange
10.30 **Copycat** (1995, 18) Sigourney Weaver, Holly Hunter
12.30am The Remains of the Day (1993, PG) **2.40** Unforgiven (1992, M) **4.50** The China Syndrome (1979, PG)

RIALTO SKY 039

6.10 **I Am: Victoria** (M) s2ep1
7.00 **This Is Joan Collins** (2022, M) UK documentary.
8.40 **Incredible but True** (2022, M) Lea Drucker
9.55 **Dawning** (2022, 16) Kim Ellis
11.10 **Gateway** (2021, 16) Tim Creed, Kevin Barry
12.35 **Make Up** (2019, 16) Molly Windsor
2.05 **Brassic Marathon** (16) s3ep1-4
5.10 **All Light, Everywhere** (2021, PG) US documentary.
7.00 **Ride the Eagle** (2021, M) In order to claim his mother's inheritance, a man must meet all of her surprise conditions. Jake Johnson
8.30 **Rialto Selection: Mona Lisa and the Blood Moon** (2021, 16) A girl with unusual powers escapes from an asylum and tries to make it on her own. Kate Hudson **TV Films, page 69**
10.15 **Hidden** (16) s3ep5
11.15 **Zola** (2020, 18) Riley Keough, Taylour Paige
12.40am Christine (1983, 16) **2.30** Blood & Gold (2021, 16) **2.45** Make Up (2019, 16) **4.10** Brassic Marathon (16) s3ep1-3

SKY CHANNELS

Vibe SKY 006

6.00 Shakespeare & Hathaway: Private Investigators (M) s4ep10 **7.00** Motive (M) s3ep2 **8.00** A Million Little Things Marathon (M) s4ep11-15 **12.50** Judge Judy (PG) **1.20** Gentleman Jack (M) s2ep3 **2.30** Agatha Christie's Marple (M) s2ep4 **4.30** Shakespeare & Hathaway: Private Investigators (M) s4ep10 **5.30** Family Finders (M) s2ep7&8 **6.30** Council of Dads (M) s1ep7 **7.30** Picture Perfect Mysteries (PG) Dead Over Diamonds: Photographer Allie Adams and Detective Sam Acosta's investigation into a priceless stolen necklace leads to danger and an unexpected death. **9.30** The Inbetween (M) Tom and Damien investigate the mysterious death of a vibrant young woman. s1ep8 **10.20** ER Marathon (M) **12.05am** Programmes continue

BBC UKTV SKY 007

6.00 QI Marathon (PG) **7.30** Would I Lie to You? Marathon (PG) **9.40** The Bill Marathon (M) **1.50** Casualty (PG) **2.45** Holby City (M) s22ep6 **3.50** Call the Midwife (PG) s4ep1 **4.55** Grantchester (M) s5ep3&4 **6.35** Sanditon (PG) s2ep4 **7.35** Casualty (PG) 37ep32 **8.30** Midsomer Murders (M) Barnaby is unimpressed by talk of extraterrestrial killings, after two bodies are found in crop circles. s4ep3 **10.25** 8 Out of 10 Cats Does Countdown (M) Kathy Burke and Roisin Conaty take on Johnny Vegas and Bob Mortimer. **11.20** Who Do You Think You Are? (PG) Robert "Judge" Rinder investigates his grandfather, a Holocaust survivor, and the dark mystery surrounding his great-grandfather. **12.20am** Programmes continue

Jones! SKY 008

6.00 Frasier Marathon (G) **7.15** Have Gun Will Travel (PG) **8.05** Cheyenne (PG) **8.55** Sugarfoot Marathon (PG) **12.20** Frasier Marathon (G) **1.55** Rich Man, Poor Man (M) s1ep2 **2.45** Baa Baa Black Sheep (PG) **3.35** Have Gun Will Travel (PG) **4.30** 77 Sunset Strip (PG) **5.30** The Twilight Zone (PG) **6.30** Petticoat Junction (PG) **7.00** The Andy Griffith Show (PG) **7.30** Marcus Welby, M.D. (PG) A jockey puts his life in danger attempting to lose weight for an important race. **8.30** Rich Man, Poor Man (M) A disillusioned Rudy Jordache attempts to rebuild his life around his stepson and the son of his murdered brother. s1ep2 **9.30** Baa Baa Black Sheep (PG) To improve morale, a famous actor joins the Black Sheep on a combat mission. The film star quickly learns the realities of war are not the same as how they're portrayed on screen. **10.30** Frasier Marathon (G) **12.20am** Programmes continue

SoHo SKY 010

6.00 New Amsterdam (M) s3ep14 **7.00** ■ Bama Rush (2023, 16) **8.45** Raised by Wolves (16) s2ep7 **9.40** Shameless (18) s11ep5 **10.35** ZeroZeroZero (18) s1ep2 **Noon** A Black Lady Sketch Show (16) s3ep1 **12.45** ■ Bama Rush (2023, 16) **2.40** This Way Up Marathon (16) s1ep1-3 **7.00** This Way Up (16) s2ep4 **7.30** This Way Up (16) s2ep5 **8.00** This Way Up (16) s2ep6 **8.30** The Great (16) Despite trying to kill each other, Catherine and Peter attempt to find a peaceful solution, and Catherine deals with a bitterly divided court and escalations on the war front. s3ep2 **9.30** Dexter: New Blood (18) Dexter fights for his life in the woods of Iron Lake, and Angela starts to make some disturbing discoveries. s1ep8 **10.30** Lovecraft Country (18) s1ep10 **11.30** The Third Day (18) s1ep1 **12.30am** Programmes continue

Living SKY 017

6.00 Escape to the Chateau (PG) **7.00** Duff Takes the Cake (PG) **7.55** Cupcake Wars (PG) **8.45** Salvage Hunters Marathon (PG) **12.10** The Great Hotel Escape (PG) **1.05** Dales for Sale (PG) **2.00** Guy's Grocery Games (PG) **2.55** Cake Wars (PG) **3.50** Chopped (PG) **4.45** Love It or List It UK Marathon (PG) **7.30** Miriam Margolyes: Almost Australian (M) Miriam explores the concept of mateship and how Australia enshrines it in its culture, and meets some of Alice Springs' Aboriginal residents. **8.30** Love Your Garden (PG) **9.30** Great Asian Railway Journeys (PG) In Singapore, Michael Portillo walks the streets of Chinatown with a local artist and uncovers the history of the Chinese community. **10.30** The Great British Dig (PG) **11.25** Guy's Grocery Games (PG) **12.20am** Programmes continue

Investigation Discovery SKY 018

6.00 Murder in the Heartland (M) **6.55** Evil Lives Here (M) **7.55** American Monster (M) **8.50** Nightmare Next Door (M) **9.50** Impact of Murder (M) **10.45** The Perfect Murder (M) **11.45** Impact of Murder (M) **1.40** The Crimes That Changed Us (M) **3.35** The Price of Glee Marathon (M) **6.30** American Detective with Lt. Joe (M) **7.30** Aileen Wuornos: Mind of a Monster (M) **9.30** Jared from Subway: Catching (M) **10.30** The Tetris Murders (M) **11.25** Nightmare Next Door (M) **12.20am** Programmes continue

Sky Arts SKY 020

7.10 Inside the Met **8.00** Parklife **9.30** Put Some Colour in Your Life **10.30** You, Myself and Art **11.00** Wonderland **Noon** Stars of the Silver Screen **1.00** Comedy Legends **1.45** ■ Susanna Tamaro, Unplugged (2021, G) **3.10** Inside the Met **4.00** ■ Harry Birrell Presents Films of Love and War (2019, G) **5.30** Hans Zender: Thinking with Your Senses **6.40** Van Gogh: Brush with Genius **7.20** Raphael Saadiq Plays Baloise Session **8.30** When I Go Outside (G) Documentary about Syrian-born, Kurdish artist Bîstyek. **10.00** Great Southern Landscapes (G) Rachel Griffiths travels to Australian locations that inspired famous artworks. Tonight, Rachel searches the Hawkesbury River to find the exact spot where Arthur Streeton painted his 1896 masterpiece. **10.30** Stars of the Silver Screen: Leslie Howard and Eli Wallach **12.00am** Programmes continue

Discovery SKY 070

6.00 Gold Rush: Dave Turin's Lost Mine (M) **6.55** Aussie Gold Hunters Marathon (PG) **11.45** What on Earth? (PG) **12.45** Dirty Jobs (M) **1.40** Gold, Lies & Videotape (M) **2.40** Gold Rush (M) **3.35** Dirty Jobs Down Under Marathon (PG) **7.30** Barnwood Builders (PG) **8.30** Maritime Masters: Expedition (PG) **9.30** Undercover Billionaire (PG) **11.25** Dual Survival (M) **12.20am** Programmes continue

History SKY 073

6.35 Forbidden History (PG) **7.35** Colosseum (16) **8.30** The Unseen Time Team Specials **9.30** Hitler's Last Secrets (PG) **10.30** Time Team **11.30** Secret Societies: In the Shadows (PG) **12.30** Hitler's Secret Sex Life (M) **1.30** Forbidden History (PG) **2.30** Colosseum (16) **3.25** Vikings: The True Story (PG) **4.25** Abandoned Engineering (PG) **5.25** Gallipoli: Last Anzacs Tell All (PG) **6.30** Invasion of Belgium (PG) **7.30** Hitler's Engineers (PG) **8.30** The History of Mossad (PG) **9.35** Rise of the Nazis (M) **10.35** Secret Societies: In the Shadows (PG) **11.35** The Secret of Skinwalker Ranch (PG) **12.25am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero Marathon (M) **8.20** 24 Hours in A&E (M) **10.00** The Planets (PG) **11.55** Oceans (PG) **1.45** Sacred Wonders (PG) **2.45** Animals with Cameras (PG) **3.40** Earth's Great Rivers (PG) **4.35** Mediterranean: Life Under Siege (PG) **5.30** 12 Puppies and Us (PG) **6.35** Sharks of the North Atlantic (PG) **7.25** Sacred Wonders (PG) **8.30** Blue Planet Revisited (PG) Steve Backshall reveals why the Bahamas has one of the largest shark populations on Earth. **10.30** The Planets (PG) **12.30am** Programmes continue

Sky Arts: Great Southern Landscapes, 10.00pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Rugby Heaven **7.00** Super Rugby Pacific, quarter-final 1 **9.00** Currie Cup, Griquas v Pumas **11.00** Currie Cup, Griffons v Golden Lions **1.00** Super Rugby Pacific, quarter-final, replay **3.00** Super Rugby Pacific, quarter-final 1 **3.15** Super Rugby Pacific, quarter-final 2, live **6.30** Super Rugby Pacific, quarter-final 3, live **9.00** Super Rugby Pacific, quarter-final 4, live **11.30** European Rugby Champions Cup, final, Leinster v La Rochelle **11.45** Super Rugby Pacific, quarter-final 1 **12.00am** Super Rugby Pacific, quarter-final 2 **2.00** Super Rugby Pacific, quarter-final 1 **2.15** Super Rugby Pacific, quarter-final 2 **2.30** Super Rugby Pacific, quarter-final 3 **2.45** Super Rugby Pacific, quarter-final 4 **3.00** Currie Cup, Blue Bulls v Free State Cheetahs, live **5.00** Currie Cup, Western Province v Sharks, live

Sky Sport 2 SKY 052

7.00 ICF Canoe Slalom World Cup, day 1 **8.15** Rugby Heaven **9.00** French Open, day 12, men's semi-finals **Noon** French Open, day 13 **1.00** French Open, day 12, men's semi-finals **4.00** NRL Premiership, Canberra Raiders v NZ Warriors **4.15** French Open, day 13 **5.15** French Open, day 12, men's semi-final 1 **6.45** French Open, day 12, men's semi-final 2 **8.15** ICF Canoe Slalom World Cup, day 1 **9.30** ICF Canoe Slalom World Cup, day 2, from Prague, live **10.45** Netball Zone Special: Silver Ferns Squad Announcement **11.50** French Open, day 13 **12.50am** French Open, women's singles final, live **4.00** French Open, men's doubles final, live

Sky Sport 3 SKY 053

6.00 South Africa v West Indies, 2nd test wrap **8.00** South Africa v West Indies, 2nd ODI **8.30** South Africa v West Indies, 3rd ODI **9.00** Indian Premier League, Delhi Capitals v Kolkata Knight Riders **9.15** Indian Premier League, Chennai Super Kings v Sunrisers Hyderabad **9.30** Indian Premier League, Indian Premier League, Lucknow Super Giants v Gujarat Titans **9.45** Indian Premier League, Sunrisers Hyderabad v Mumbai Indians **1.45** ICF Canoe Slalom World Cup, day 1, replay from Prague **3.00** Sal's NBL, Wellington Saints v Otago Nuggets **5.00** Sal's NBL, Southland Sharks v Taranaki Airs, from Stadium Southland, Invercargill, live **7.00** Road to the FIFA Women's World Cup **7.30** Sal's NBL, Hawke's Bay Hawks v Franklin Bulls, from Pettigrew Green Arena, Napier, live **9.00** ICC World Test Championship, final, Australia v India, day 4, from The Oval, London, live **4.45am** Indian Premier League, Gujarat Titans v Rajasthan Royals **5.30** Indian Premier League, Rajasthan Royals v Lucknow Super Giants **5.45** Indian Premier League, Punjab Kings v Royal Challengers Bangalore

Comedy: THE LAKE

Finally, Julia Stiles gets to show off her comedy skills: she's a wicked stepsister in Amazon's first scripted Canadian series. *Orphan Black* fans will recognise Jordan Gavaris, who plays a guy who breaks up with his boyfriend and returns to Canada to reconnect with the daughter (Madison Shamoun) he gave up for adoption. He then discovers that the beloved family cabin on the lake has been left to Stiles' Maisy-May. It's loosely based on the experiences of creator Julian Doucet and also the family fights that emerge over these holiday homes. "They become shrines to our childhood," he says. In season two, Maisy-May's world is rocked by her chaotic mother, Mimsy.

AMAZON PRIME VIDEO

Documentary: ELTON JOHN: A LIFE IN SONG

An overview of Elton John's career, which began in a band called Bluesology and is now in its sixth decade. Apart from more than 30 albums, his legacy includes making a stand against bigotry and homophobia. Another music doco, *Elvis: Tortured Soul*, follows at 9.15pm.

SKY ARTS, 8.15pm

TVNZ 1 FREEVIEW 1 SKY 001

6.00 🟥 **Heathrow Britain's Busiest Airport** (G, R, **C**, **AD**)

6.25 **Ready Steady Cook** (G, R, **C**)

7.15 **Tagata Pasifika** (R)

7.40 **Songs of Praise** (G, **C**) In Northumberland, Aled Jones learns more about the county's ancient customs and traditions at the Morpeth Gathering and has a lesson on the Northumbrian Pipes.

8.15 **Hotel Benidorm: Sun, Sea and Sangria** (PG, R, **C**, **AD**)

9.00 **Q+A with Jack Tame** (**C**) Political interviews and discussions.

10.00 **Waka Huia** (G) Māori stories and histories.

10.30 **Marae**

11.00 **Eat Well for Less? NZ** (G, R, **C**, **AD**) s2ep3

Noon **Attitude** (G, **C**, **AD**) Discovering you are the carrier of genetic condition Fragile X only after your children are born is tough, and three sisters with five affected children reveal how they cope with this disorder.

12.30 **Fair Go** (R, **C**)

1.00 **Sunday** (R, **C**) The debate on how to manage domestic cats that turn into predators.

2.05 🟥 **Wild Scandinavia** (G, **C**, **AD**) Polar bears, muskox and arctic foxes must survive from polar night to midnight sun.

3.25 **Susan Calman's Grand Day Out** (G, **C**, **AD**) Susan takes her campervan Helen to the Shropshire Hills.

4.25 **Fish of the Day** (G, **C**, **AD**) In Fiji, Clarke Gayford fishes for flametail snapper off the Yasawa Islands in Fiji. s6ep5

5.00 **The Chase** (G, **C**)

6.00 **1 News** (**C**)

7.00 **Country Calendar** (G, **C**, **AD**) Hunters partner with chefs to recover wild wapiti venison from Fiordland National Park, supplying restaurants and using the profits to help save native birds.

7.30 **Sunday** (**C**) Miriama Kamo presents current affairs.

8.30 **Grand Designs** (G, **C**, **AD**) In 2015, Paul and Carol's plans to build a fortress-like home on the edge of the wild West Pennine Moors were thwarted when they ran out of money and time.

9.30 🟩 **Redemption** (M, **C**, **AD**) UK crime drama series. Tonight, DI Colette Cunningham hears devastating news that uproots her from Liverpool to Dublin. s1ep1

10.35 **Fatal Attraction** (16, **C**, **AD**)

11.45 🟨 **The Thief, His Wife and the Canoe** (M, R, **C**, **AD**) UK series based on the story of a man who faked his own death. s1ep1

12.40am – 6.00 Infomercials

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Darwin & Newts** (G, R, **C**, **AD**)

6.10 **Peppa Pig** (G, R, **C**)

6.20 **Kangaroo Beach** (G, R, **C**)

6.40 **Bluey** (G, **C**)

6.55 **Love Monster** (G, **C**)

7.10 **Kiwi & Cat: Manawatia a Matariki** (G, R, **C**, **AD**)

7.20 **Trollstopia** (G, **C**)

7.40 **Agent Binky: Pets of the Universe** (G, R, **C**)

8.05 **Miraculous: Tales of Ladybug & Cat Noir** (G, R, **C**)

8.30 **What Now?** (G, **C**) Local kids' show featuring, games, interviews, fun and gunge.

9.30 **ICYMI** (G, R, **C**)

9.35 🟥 **Snack Masters Australia** (PG, R, **C**, **AD**)

10.45 **Home and Away Omnibus** (PG, R, **C**)

12.45 **Superman & Lois** (PG, **C**)

1.40 **Til Death** (PG, **C**) s2ep4

2.05 **So Help Me Todd** (PG, R, **C**, **AD**) s1ep2

3.05 **America's Got Talent** (G, **C**) Two acts from the previous night move on to the final round of competition.

4.05 🟦 **Despicable Me 2** (2013, PG, **C**, **AD**) Former suervillain Gru is recruited by the Anti-Villain League to track down a bioweapon. Voices of Steve Carell, Kristen Wiig, Benjamin Bratt, Russell Brand, Miranda Cosgrove.

6.00 **The Great British Bake Off: Extra Slice** (G, **C**, **AD**) Jo Brand is joined by Prue Leith to enjoy a second helping of Dessert Week.

7.00 **MasterChef Australia** (PG, **C**, another episode screens tomorrow) Contestants take a trip down memory lane with a 70s-themed dinner party.

8.30 🟦 **Mr. & Mrs. Smith** (2005, M, R, **C**, **AD**) A bored married couple are surprised to learn that they are both assassins hired by competing agencies to kill each other. Brad Pitt, Angelina Jolie, Adam Brody, Kerry Washington, Vince Vaughn. **TV Films, page 69**

10.40 **NCIS: Hawai'i** (PG, R, **C**, **AD**) When Tennant and NCIS are tasked with finding a kidnapped social media star, they find that she is not who her husband, or her followers, think she is. s1ep6

11.40 🟦 **One Missed Call** (2008, M, R, **C**) A college student witnesses her friends dying after receiving mysterious voicemails on their phone. Shannyn Sossamon, Edward Burns, Ray Wise.

1.10am Pennyworth (16, **C**) s3ep8

2.00 **Sins of the City** (M, **C**) s1ep19

3.30 **The Big Bang Theory** (PG, R, **C**, **AD**) s7ep14

3.55 **2 Tunes**

4.05 – 6.00 Infomercials

THREE FREEVIEW 3 SKY 003

6.00 **Life TV**

6.30 **Leading the Way**

7.00 **Charles Stanley**

8.00 **Life TV**

8.30 **Turning Point**

9.00 **Life of Kai** (G, R, **C**, **AD**)

9.30 **The Hui** (R, **C**) With Julian Wilcox.

10.00 **Newshub Nation** (R, **C**) With Simon Shepherd and Rebecca Wright.

10.55 **Rescue My Reno** (G, R, **C**)

11.15 **The Vet Life** (PG, R, **C**)

Noon **Muscle Garage**

12.30 **NZ Stadium Offroad Championship** Round 2.

1.30 **D1NZ National Drifting Championship** Round 4, Manfeild.

2.30 **NASCAR** Round 16, Charlotte Motor Speedway.

3.45 **DTM**

5.00 **ITM Hook Me Up** (PG, **C**)

6.00 **Newshub Live** (**C**)

7.00 **Lego Masters Australia: Grand Masters** (G, **C**) The six remaining teams must build their own portion of a city-wide heist. s5ep10

8.30 🟦 **The Gentlemen** (2019, 16, R, **C**, **AD**) When a cannabis mogul plans to sell his empire, it sets off a chain of blackmail and scheming. Matthew McConaughey, Charlie Hunnam, Michelle Dockery, Hugh Grant, Colin Farrell. **TV Films, page 69**

10.35 **Swamp Thing** (16, **C**) s1ep4

11.40 🟩 **Almost Human** (M, **C**) US sci-fi series. s1ep1

12.35am Infomercials

5.30 – 6.00 AM Early News, information and weather.

PRIME FREEVIEW 15 SKY 004

6.00 **Kids' Programmes** (**C**)

7.00 **Religious Programming** (G)

9.30 **Attitude** (PG, R, **C**)

10.00 **LPGA Highlights** (G) Mizuho Americas Open.

11.00 **NXT** (PG, R)

Noon **UFC 289 Prelims Live**

2.00 **Traffic Cops** (PG, R, **C**)

4.00 **Grassroots Rugby** (G)

5.00 **Rugby Nation** (G)

5.30 **Prime News**

6.00 **Sal's NBL Live** Auckland Tuatara v Franklin Bulls, live from Eventfinda Stadium, Auckland.

8.00 **Helicopter ER** (M, **C**) The helicopter is the only hope for a man involved in an angle grinder accident.

9.00 🟥 **The White Lotus** (16, **C**) With Portia still unreachable, Tanya grows increasingly wary of Quentin's motives.

10.30 **Succession** (16, **C**) With the DOJ at the door, Logan summons his arsenal, and Kendall becomes obsessed with his own takedown.

11.40 **SmackDown** (PG)

1.00am – 6.00 Infomercials

🟩 **NEW** 🟨 **RETURN** 🟥 **FINAL** 🟦 **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**

8.30 **He Kākano** (G, R)

9.00 **Whānau Bake-Off** (G, R)

10.00 **Fresh** (G)

10.30 **Tagata Pasifika**

11.00 **Te Ao Mārama**

11.30 **Te Ao with Moana** (G, R)

Noon **Te Ao Tapatahi**

12.30 🟦 **Anne of Green Gables** (2016, G, R) Ella Ballentine.

2.00 🟦 **Island of the Hungry Ghosts** (2018, PG) Documentary.

3.40 **Kids' Programmes**

4.00 **Marae DIY** (G, R)

5.00 **The Hui**

5.30 **Waka Huia** (G, R)

6.00 **Merchants of the Wild** (G, R)

6.30 **Rain: The Untold Story** (G, R) How countries are tackling drought and floods exacerbated by climate change.

7.30 **Moko** (PG, R) Moko artists attend Tatau i Mo'orea.

8.00 **Matangireia** (G, R) Conversations examining the legacies of Māori politicians. Tonight, Denise Roche.

8.30 🟦 **Little Woods** (2018, M) In North Dakota, two estranged sisters are driven to extremes when their mother dies, leaving them with one week to pay back her mortgage. Tessa Thompson, Lily James. **TV Films, page 69**

10.20 – 11.20 **Tāringa** (G, R)

Film: SPIDER-MAN: NO WAY HOME

The Marvel Cinematic Universe is not done yet, even if the Avengers are having a wee lie down. The third Spider-Man film was a huge success, topping the box office in 2021. Three new MCU films are slated for 2024 and a tranche of new TV shows too.
SKY MOVIES PREMIERE, 6.00pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Shark Tank Marathon** (PG, R)

9.15 **Top Chef** (PG, R)

10.05 **Tiny House Nation** (PG, R)

10.55 **Botched** (PG, R)

11.40 **A Place in the Sun: Winter Sun** (G, R)

1.30 **Hoarders** (PG, R)

2.30 **Celebrity Ghost Stories** (PG, R)

3.30 **Judge Jerry** (G, R)

5.00 **The Circus** (PG, R)

5.30 **Top Chef** (PG)

6.30 **Shark Tank** (PG)

7.30 🟦 **40 Days and 40 Nights** (2002, M, R, **C**) After a break-up, a young man vows to stay celibate during the 40 days of Lent. Josh Hartnett, Shannyn Sossamon, Vinessa Shaw.

9.35 **999 What's Your Emergency?** (M, R)

10.35 **24 Hours in Emergency** (M, R)

11.30 **Accident, Suicide or Murder** (M, R)

12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Key of David**

6.30 **Through the Bible**

7.00 **Leading the Way**

7.30 **Turning Point**

8.00 **30 Minute Meals** (G, R)

8.25 **Property Wars** (PG, R)

8.50 **Your Room or Mine?** (G, R)

9.15 **Museum Mysteries** (PG, R)

10.00 **American Pickers** (PG, R)

10.45 **The Bidding Room** (G, R)

11.30 **Flea Market Flip** (G, R)

Noon **Girl Scout Cookie Championship** (G, R)

12.55 **Meet the Penguins** (G, R)

1.25 **Al Murray** (PG, R)

2.25 **24/7 Pet Hospital** (PG, R)

3.00 **My Cat from Hell** (PG, R)

4.00 **Bake Off: The Pros** (PG, R)

5.05 **Museum Mysteries** (PG, R)

6.00 **American Pickers** (PG, R)

7.00 **Baggage Battles** (PG, R)

7.30 **Moonshiners** (M)

8.30 🟦 **Nothing but the Truth** (2008, 16, R) Kate Beckinsale. **TV Films, page 69**

10.40 **Off Limits** (PG)

11.40 **Flea Market Flip** (G, R)

12.10am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Tanked** (PG, R)

7.40 **Junkyard Empire** (PG, R)

8.30 **Building Off the Grid: Utah Desert Cabin** (G, R)

9.20 **Abalone Wars** (PG, R)

10.10 **Car vs Wild** (PG, R)

11.00 **Dirty Mudder Truckers** (PG, R)

11.45 **Fast N' Loud: Demolition Theater** (PG, R)

1.20 **Wheeler Dealers Marathon** (PG, R)

5.40 **Fast N' Loud: Demolition Theater** (PG)

6.35 **Savage Builds** (PG, R)

7.30 **Junkyard Empire** (PG) Andy spots a rusty Trans Am and sees dollar signs.

8.30 **Iron Resurrection** (PG) A customer wants to surprise his wife with major upgrades to her 68 Corvette convertible.

9.30 **Bad Chad Customs** (PG)

10.25 **Amish Mafia** (M, R)

11.20 **Fast N' Loud: Demolition Theater** (PG, R)

12.15am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**

7.00 **DUKEbox Music**

12.30 **Texas 6** (PG, R, **C**) s1ep3

1.15 **The Cube** (G, R, **C**, **AD**)

2.10 **Top Gear** (PG, R, **C**) s31ep2

3.20 **Fast Justice** (PG, R, **C**, **AD**)

4.15 **Assembly Required** (G, R)

5.05 **Love Island UK** (PG)

6.00 **Ultimate Rides** (G, R)

6.30 **Fish of the Day** (G, R, **C**) s1ep6

7.05 **Family Guy** (PG, R, **C**, **AD**)

7.30 **The Simpsons** (PG, R, **C**, **AD**) s33ep3

8.30 **Ice Cold Catch** (M) The Valdimar's newly appointed deckhand Greg is battling debilitating injuries and first mate John escorts Greg to the doctor to have his wrist and knee injuries assessed. s1ep6

9.25 🟥 **Tougher Than It Looks** (M) Andrew Younghusband has a go at highland games.

9.55 🟨 **Tougher Than It Looks** (G, R) s1ep1

10.25 **The Season** (PG, R) s1ep8

10.55 **Swamp People: Serpent Invasion** (PG, R) s2ep6

11.50 – 2.10am 🟦 **Fight Club** (1999, 18, R, **C**, **AD**) Edward Norton, Brad Pitt.

SKY PREMIERE SKY 030

6.50 **Venom: Let There Be Carnage** (2021, M) Tom Hardy, Woody Harrelson

8.25 **Amsterdam** (2022, M) Christian Bale, Margot Robbie

10.40 **Elvis** (2022, M) Austin Butler, Tom Hanks

1.20 **Everything Everywhere All at Once** (2022, 16) Michelle Yeoh, Stephanie Hsu

3.40 **Fantastic Beasts: The Secrets of Dumbledore** (2022, M) Eddie Redmayne

6.00 **Spider-Man: No Way Home** (2021, M) Doctor Strange's spell goes wrong when Peter Parker wishes the world would forget his exposed identity. Tom Holland, Benedict Cumberbatch

8.30 **Poker Face** (2022, 16) A tech billionaire gathers his friends for a high-stakes poker game. Russell Crowe, Liam Hemsworth **TV Films, page 69**

10.10 **King Richard** (2021, M) Will Smith, Aunjanue Ellis

12.30am Last Seen Alive (2022, M) **2.05** X (2022, 18) **3.50** V for Vengeance (2022, 16) **5.13** Christmas on Wheels (2020, G)

MOVIES CLASSICS SKY 034

6.50 **The Candidate** (1972, PG) Robert Redford, Peter Boyle

8.40 **The Green Berets** (1968, PG) John Wayne, George Takei

11.00 **Blade Runner** (1982, 16) Harrison Ford, Sean Young

12.55 **Purple Rain** (1984, M) Prince, Apollonia Kotero

2.45 **Johnny Handsome** (1989, 16) Mickey Rourke, Ellen Barkin

4.20 **Get Carter** (1971, M) Michael Caine, Ian Hendry

6.10 **The Shawshank Redemption** (1994, 16) A banker wrongly imprisoned for murder forms a bond with another inmate over a number of years. Tim Robbins, Morgan Freeman, Bob Gunton

8.30 **Moulin Rouge** (1952, M) In 1980s Paris, a crippled painter is tormented by his doomed relationships with a prostitute and a model. Jose Ferrer, Zsa Zsa Gabor

10.30 **The Deer Hunter** (1978, 18) Three steelworkers' lives are upended by fighting in the Vietnam War. Robert De Niro, Christopher Walken

1.30am The Passenger (1975, PG) **3.35** Union Station (1950, PG) **4.55** Cat Ballou (1965, PG)

RIALTO SKY 039

6.25 **Brassic** (16) s3ep4

7.15 **Ride the Eagle** (2021, M) Jake Johnson

8.45 **All Light, Everywhere** (2021, PG) US documentary.

10.35 **Mona Lisa and the Blood Moon** (2021, 16) Kate Hudson

12.20 **Blood & Gold** (2021, 16) Jodie Hillock

12.40 **Here Before** (2021, M) Andrea Riseborough

2.05 **Brassic Marathon** (16) s3ep5-8

5.15 **Come Back Anytime** (2021, PG) Japanese documentary.

6.40 **Bergman Island** (2021, M) Two film-makers retreat to an island in hopes of finding inspiration where Bergman shot his films. Tim Roth

8.30 **Rialto British: Hidden** (16) Siôn has taken his brother away, but Cadi has an idea about where they have gone. s3ep6

9.30 **Crimes of the Future** (2022, 18) Viggo Mortensen

11.15 **Night Raiders** (2021, M) Elle-Máijá Tailfeathers

12.55am The United Way (2021, PG) **2.30** Maryam (2020, M) **2.45** Brassic Marathon (16) s3ep5-8 **5.55** Come Back Anytime (2021, PG)

SKY CHANNELS

Vibe SKY 006

6.15 A Million Little Things (M) s4ep15 **7.05** Family Finders (M) s2ep7&8 **8.05** Judge Judy Marathon (PG) **10.10** ER Marathon (M) **2.35** Picture Perfect Mysteries (PG) **4.30** Kids Say the Darndest Things Marathon (PG) s2ep15&16 **5.30** Living with Tourettes (M) s1ep6 **6.30** Britain's Most Luxurious Hotels (PG) **7.30** Turn Back Time: The Family (PG) s2ep4 **8.30** Secrets of the Six Wives (M) Henry annuls his marriage to Catherine and marries Anne Boleyn, who gives birth to Henry's second daughter, Elizabeth I. s1ep2 **9.30** ■ The Janes (2022, M) Documentary about a group of women who set up an underground network to help women obtain safe abortions. **11.30** Kids Say the Darndest Things (PG) s2ep15 **11.55** Living with Tourettes (M) s1ep6 **12.45am** Programmes continue

BBC UKTV SKY 007

6.00 Death in Paradise Marathon (M) s3ep1-3 **8.50** Holby City (M) s22ep6 **9.55** EastEnders Marathon (PG) **Noon** Dragons' Den (PG) s19ep9 **1.05** 8 Out of 10 Cats Does Countdown (M) **1.55** Midsomer Murders (M) s4ep3 **3.55** Sister Boniface Mysteries (PG) s1ep3 **4.45** The Singapore Grip (M) s1ep2 **5.35** Ackley Bridge (PG) s2ep10 **6.30** Death in Paradise (PG) s12ep5 **7.35** Joanna Lumley's Hidden Caribbean (PG) Joanna completes her Cuban journey at the infamous town of Guantanamo. s1ep2 **8.30** Who Do You Think You Are? Australia (PG) Natalie Bassingthwaighte says members of her maternal family always hold their cards close to their chest, so she knows little of her family history. **9.30** Call the Midwife (PG) Sister Monica Joan holds the key to the diagnosis of a mystery illness, and a newly promoted Jenny faces her most challenging case to date. s3ep1&2 **11.30** Casualty (PG) s37ep32 **12.20am** Programmes continue

Jones! SKY 008

6.25 The Andy Griffith Show (PG) **6.50** Petticoat Junction (PG) **7.15** The Monkees (PG) **7.40** 77 Sunset Strip (PG) **8.30** Ever Decreasing Circles (PG) **9.00** Grace and Favour (PG) **9.30** The Virginian (PG) **Noon** Rawhide (PG) **12.50** Petticoat Junction (PG) **1.15** The Andy Griffith Show (PG) **1.40** Marcus Welby, M.D. (PG) **2.35** Perry Mason (PG) **3.30** Mannix (PG) **4.30** Bergerac (M) **6.35** Ever Decreasing Circles (PG) **7.05** Grace and Favour (PG) **7.35** The Onedin Line (PG) Captain Baines leaves the Onedin Line and sets out on his own, and Max Van Der Rheede plants a stolen necklace on James' ship. **9.35** Bergerac (M) A young woman is attacked on the early morning ferry to Jersey, and an Olympic gold medallist arrives in Jersey to get away from everyone. **11.45** Ever Decreasing Circles (PG) **12.20am** Programmes continue

SoHo SKY 010

6.05 This Way Up Marathon (16) s2ep2-6 **8.45** Allen v. Farrow (18) s1ep4 **10.00** The Great (16) s3ep2 **11.00** Dexter: New Blood (18) s1ep8 **Noon** The Third Day (18) s1ep1 **1.00** Lovecraft Country (18) s1ep10 **2.00** Allen v. Farrow (18) s1ep4 **3.20** The Great (16) s3ep2 **4.35** Dexter: New Blood (18) s1ep8 **5.30** The Third Day (18) s1ep1 **6.30** The Flight Attendant (16) s2ep7 **7.30** A Discovery of Witches (M) s2ep7 **8.30** Love & Death (16) Candy testifies that she feared for her life, and Pat tells Candy their lives will never be the same. s1ep7 **9.30** Low Country: The Murdaugh Dynasty (16) Documentary series about a family dynasty in South Carolina's low country. s1ep1 **10.30** Real Time with Bill Maher (M) s21ep18 **11.30** What We Do in the Shadows (16) s4ep4 **12.00am** Programmes continue

Living SKY 017

6.00 Barefoot Contessa: Back to Basics (PG) **6.30** The Pioneer Woman (PG) **7.00** Chopped (PG) **7.55** Salvage Hunters (PG) **8.50** The Great British Dig (PG) **9.45** Location Location Location (PG) **10.45** Love Your Garden (PG) **11.40** Miriam Margolyes: Almost Australian (M) **12.40** The Pioneer Woman (PG) **1.05** Giada Entertains (PG) **1.30** Girl Meets Farm (PG) **2.00** Buddy's Big Bakedown (PG) **2.55** Duff Takes the Cake (PG) **3.50** Cake Wars (PG) **4.45** Turn on the Dark (PG) **5.40** Love It or List It Australia (PG) **7.30** The Great British Dig (PG) **8.30** Salvage Hunters (PG) **9.30** Garden Rescue (PG) **10.30** Buddy's Big Bakedown (PG) **11.25** Duff Takes the Cake (PG) **12.20am** Programmes continue

Investigation Discovery SKY 018

6.00 Crimes Gone Viral (M) **6.55** Body Cam (M) **7.55** Murder in the Heartland (M) **8.50** Nightmare Next Door (M) **9.50** Impact of Murder (M) **10.45** The Perfect Murder (M) **11.45** Nightmare Next Door (M) **1.40** In Pursuit with John Walsh Marathon (M) **6.30** Jared from Subway: Catching (M) **7.30** The Tetris Murders (M) **8.30** Welcome to Killer Town (M) **9.30** Little Boy Lost: An ID Mystery (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.20am** Programmes continue

Sky Arts SKY 020

6.00 Great Southern Landscapes **6.30** Stars of the Silver Screen **8.00** Platée (G) A performance of by Jean-Philippe Rameau's opera. **10.40** Van Gogh: Brush With Genius **11.20** Raphael Saadiq Plays Baloise Session **12.30** When I Go Outside **2.00** Great Southern Landscapes. **2.30** Stars of the Silver Screen **4.00** Quatuor Ebene: Beethoven String Quartets **5.40** LSO: Gianandrea Noseda Conducts Tchaikovsky and Prokofiev **7.20** My View: Clem Burke **8.15** Elton John: A Life in Song **9.15** Elvis: Tortured Soul **10.15** Other Voices **12.00am** Programmes continue

Discovery SKY 070

6.00 UFO Witness (M) **6.55** What on Earth? (PG) **7.55** Dirty Jobs (M) **8.50** Barnwood Builders (PG) **9.45** Aussie Truck Rehab (PG) **10.45** Gold, Lies & Videotape (M) **11.45** Gold Rush (M) **12.45** Moonshiners: Master Distiller (M) **1.40** Mummies Unwrapped Marathon (PG) **7.30** Maritime Masters: Expedition (PG) **8.30** Naked and Afraid XL (M) **9.30** Lost in the Wild (M) **10.30** Dual Survival (M) **11.25** Expedition Unknown (PG) **12.20am** Programmes continue

History SKY 073

6.30 Rise of the Nazis (M) **7.30** Secret Societies: In the Shadows (PG) **8.30** The Unseen Time Team Specials **9.30** Hitler's Engineers (PG) **10.30** The History of Mossad (PG) **11.35** Rise of the Nazis (M) **12.35** Secret Societies: In the Shadows (PG) **1.35** The Secret of Skinwalker Ranch (PG) **2.25** D-Day: The Untold Stories (M) **4.05** Greatest Escapes of History (PG) **4.35** Walking Britain's Roman Roads (PG) **5.30** Underground Worlds (PG) **6.30** Cromwell: God's Executioner (PG) **7.30** Myths: Greatest Mysteries of Humanity (PG) **8.35** Secrets in the Ice (PG) **9.35** The Pacific War in Colour (M) **10.35** Mauthausen: Camp of No Return (M) **11.40** Underground Worlds (PG) **12.40am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero: Character Stories (16) **6.45** 21st Century Race for Space (PG) **7.45** Louis Theroux: By Reason of Insanity (M) **8.50** The Truth About Calories (PG) **9.45** Great Barrier Reef Marathon (PG) **12.30** The Dog Rescuers with Alan Davies (PG) **2.05** 24 Hours in A&E (M) **3.45** Extinction: The Facts (M) **4.40** Blue Planet II (PG) **5.45** Sacred Wonders (PG) **6.50** Life Below Zero: Character Stories (16) **7.40** The Dog Rescuers with Alan Davies (PG) **8.30** What Killed the Whale? (PG) Ella Al-Shamahi investigates the increase in whale strandings in the UK. **9.30** Penguins: Meet the Family (PG) Series featuring all 18 species of penguin. **10.30** The Truth About Calories (PG) **11.30** Great Barrier Reef Marathon (PG) **2.15am** Programmes continue

Vibe: Secrets of the Six Wives, 8.30pm

SKY SPORT

Sky Sport 1 SKY 051

7.05 Super Rugby Pacific, quarter-final 4 **9.00** Super Rugby Pacific, quarter-final 2 **11.00** Super Rugby Pacific, quarter-final 3 **1.00** Super Rugby Pacific, quarter-final 1 **1.15** Super Rugby Pacific, quarter-final 2 **1.30** Super Rugby Pacific, quarter-final 4 **3.30** Super Rugby Pacific, quarter-final 3 **5.30** Super Rugby Pacific, quarter-final 1 **5.45** Super Rugby Pacific, quarter-final 2 **6.00** Super Rugby Pacific, quarter-final 3 **6.15** Super Rugby Pacific, quarter-final 4 **6.30** French Open, day 14, highlights from Stade Roland Garros, Paris **7.30** The Breakdown **8.30** Rugby Nation **9.00** ICC World Test Championship, final, Australia v India, day 5, from The Oval, London, live **4.45** FIFA U-20 World Cup, 3rd place play-off, live

Sky Sport 2 SKY 052

6.30 NRL Premiership, Canberra Raiders v NZ Warriors **6.45** ICF Canoe Slalom World Cup, day 2 **8.00** French Open, women's singles final **10.00** French Open, men's doubles final **Noon** French Open, day 14 **1.00** French Open, women's singles final **3.00** French Open, men's doubles final **5.00** A-League All Access **5.30** French Open, women's singles final **7.30** Isle of Man TT, Superstock race 2 and Supertwin race 2 **8.20** French Open, day 14 **9.20** French Open, women's doubles final, from Stade Roland Garros, Paris, live **12.00am** Netball Zone Special **12.50** French Open, men's singles final, from Stade Roland Garros, Paris, live **5.00** The Breakdown

Sky Sport 3 SKY 053

6.00 Fight Night, Sunny Edwards v Andres Campos, live **11.00** South Africa v West Indies, 1st T20 **11.20** South Africa v West Indies, 2nd T20 **11.40** South Africa v West Indies, 3rd T20 **Noon** Indian Premier League, Delhi Capitals v Kolkata Knight Riders **4.00** Sal's NBL, Nelson Giants v Canterbury Rams, from Trafalgar Centre, Nelson, live **6.00** Sal's NBL, Auckland Tuatara v Franklin Bulls, from Eventfinda Stadium, Auckland, live **8.00** Indian Premier League, Gujarat Titans v Mumbai Indians **8.15** Indian Premier League, Royal Challengers Bangalore v Kolkata Knight Riders **8.30** Indian Premier League, Rajasthan Royals v Chennai Super Kings **8.45** Indian Premier League, Punjab Kings v Lucknow Super Giants **9.00** ICF Canoe Slalom World Cup, day 2 **10.15** ICF Canoe Slalom World Cup, day 3, from Prague, live **11.30** 2007 ICC Cricket World Cup, semi-final, South Africa v Australia **12.30am** 2007 ICC Cricket World Cup, final, Sri Lanka v Australia **1.30** Indian Premier League, Chennai Super Kings v Sunrisers Hyderabad, replay from MA Chidambaram Stadium, Chennai **5.30** Indian Premier League, Lucknow Super Giants v Gujarat Titans **5.45** Indian Premier League, Mumbai Indians v Punjab Kings

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**C**) Jenny-May Clarkson and Chris Chang present news, sport, information and weather.

9.00 **Lingo** (G, R, **C**) Adil Ray hosts a UK quiz show.

10.00 **Tipping Point** (G, R, **C**) Ben Shephard hosts a UK quiz show.

11.00 **The Chase** (G, R, **C**) Bradley Walsh hosts a UK quiz show.

Noon **1 News** (**C**)

12.30 **Emmerdale** (PG, **C**, **AD**) Nicky begins to feel the pressure building and agrees to meet Ally in private, and Mack is left reeling.

1.30 **Coronation Street** (PG, R, **C**, **AD**) Paul battles his symptoms to walk Gemma down the aisle, while Bernie discovers that Linda funded the wedding.

2.00 **Millionaire Hot Seat** (G, **C**) Hosted by Eddie McGuire.

3.00 **Tipping Point** (G, **C**) Ben Shephard hosts a UK quiz show.

4.00 **Te Karere** A Māori perspective on the day's news and current affairs.

4.30 **Mike & Molly** (PG, R, **C**) Mike visits a fertility clinic to ensure that he's able to start a family with Molly, and Vince gets a new job selling vacuum cleaners door-to-door. s3ep15

5.00 **The Chase** (G, **C**) Bradley Walsh hosts a UK quiz show.

6.00 **1 News** (**C**)

7.00 **Seven Sharp** (**C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.

7.30 **Fair Go** (**C**) Pippa Wetzell and Hadyn Jones present consumer affairs and investigations.

8.00 **Border Security** (PG, R, **C**) Series following Australian Customs and border officers.

8.30 **HMP Wakefield: Evil Behind Bars** (16, **C**, **AD**) UK documentary that goes behind the scenes at Yorkshire's notorious Wakefield Prison, featuring interviews with ex-inmates, retired guards and relatives of inmates.

9.35 **20/20** (**C**) Carolyn Robinson presents international current affairs.

10.35 **1 News** (**C**)

11.05 **Shortland Street** (PG, R, **C**, **AD**)

11.35 **Passengers** (G, R, **C**, **AD**) In the early 1940s, women from the Cook Islands came to Aotearoa as part of a scheme to correct a local labour shortage.

12.35am **Q+A with Jack Tame** (R, **C**)

1.35 **Te Karere** (R)

2.10 **Infomercials**

5.30 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **C**)

6.25 **Code Fun** (G, R, **C**, **AD**)

6.40 **Takaro Tribe** (G, R, **C**, **AD**)

6.50 **Darwin & Newts** (G, R, **C**, **AD**)

7.05 **Super Wish** (G, **C**)

7.25 **The Croods: Family Tree** (G, R, **C**)

7.50 **Trollhunters: Tales of Arcadia** (G, **C**)

8.15 **Super Monsters** (G, **C**)

8.25 **Petronix Defenders** (G, R, **C**)

8.35 **The Adventures of Paddington** (G, **C**)

8.50 **Remy & Boo** (G, **C**)

9.00 **Infomercials**

9.30 **Les Mills Adult Classes** (G, R, **C**)

10.00 **Home and Away** (PG, R, **C**)

10.30 **Shortland Street** (PG, R, **HD**, **C**, **AD**)

11.00 **The Bachelorette** (G, **C**) s18ep9

12.55 **Lingo** (G, R, **C**)

1.55 🟥 **George Clarke's Remarkable Renovations** (G, R, **C**, **AD**)

3.00 **The Drew Barrymore Show** (PG, R, **C**)

3.30 **The Poo Files** (G, **C**, **AD**) s2ep11

3.35 **Young Ocean Explorers: Rangatahi** (G, **C**, **AD**)

3.40 **Brain Busters** (G, **C**)

4.10 **The Feed** (PG, **C**)

4.35 **Sabrina the Teenage Witch** (G, R, **C**)

5.00 **Ghosts** (PG, **C**) s2ep16

5.30 **Friends** (G, R, **C**) s8ep9

6.00 **The Simpsons** (PG, R, **C**) s16ep9

6.30 **Home and Away** (PG, **C**) Kirby drowns her sorrows, and rock chick Mercedes explodes into Summer Bay.

7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Parker decides to take out his biggest rival, Nicole can't hide from the truth, and Dawn's romance plans backfire.

7.30 **MasterChef Australia** (PG, **C**, another episode screens tomorrow) Three contenders compete with chef Jacqui Challinor.

8.35 **The Rookie** (M, **C**) Harper and James find themselves in the middle of a bank robbery. s5ep10

9.35 **The Rookie: Feds** (M, **C**) A caller threatens to reveal a leaked list of undercover FBI agents if a prisoner is not released. s1ep10

10.30 **Two and a Half Men** (PG, R, **C**) s12ep9

11.55 **2 Broke Girls** (PG, R, **C**) s3ep10

12.20am **Batwoman** (16, R, **C**, **AD**) s2ep16

1.05 **Emmerdale** (PG, R, **C**, **AD**)

1.55 **Infomercials**

2.55 🟨 **The 4400** (PG) s1ep1

4.25 **Hollyoaks** (PG, R, **C**, **AD**)

4.50 **2 Tunes**

5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge, Melissa Chan-Green and William Waiirua.

9.00 **Infomercials**

10.30 **Gold Rush** (PG, R, **C**)

11.30 **Newshub Live**

Noon 🟦 **Hidden Family Secrets** (2018, M, R, **C**) A recently widowed woman searches for her daughter who disappeared after a heated argument. Abbie Gayle, Diora Baird, Blanche Baker.

1.55 **Pit Bulls & Parolees** (PG, **C**)

2.45 **Extreme Couponing** (PG, R, **C**)

3.10 **Cutthroat Kitchen** (PG, R, **C**)

4.05 **Flip or Flop** (G, R, **C**)

4.35 **Yard Crashers** (G, R, **C**)

5.00 **Gold Rush** (PG, R, **C**)

6.00 **Newshub Live** (**C**)

7.00 **The Project** (**C**) With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.

7.30 **Tracked** (PG, **C**, **AD**, another episode screens tomrrow) Vinnie Jones presents a local reality series. Tonight, as a furious storm rolls in, one team is left in a precarious position. s1ep7

8.30 **9-1-1** (M, **C**) The Santa Ana winds bring in a variety of emergencies that are weirder than usual. s6ep9

9.30 **9-1-1** (M, R, **C**) An abandoned oil well erupts and causes a massive sinkhole in downtown LA. s5ep10

10.25 **Newshub Late**

10.55 **Return to Amish** (M, **C**)

11.50 **Infomercials**

5.30am – 6.00 **AM Early** News, information and weather.

PRIME FREEVIEW 15 SKY 004

6.00 **Infomercials**

8.00 **Kids' Programmes** (**C**)

9.00 **Jeopardy** (G, R)

9.30 **Addicted to Fishing** (PG, R, **C**)

10.00 **Infomercials**

Noon **New Amsterdam** (M, **C**)

1.00 **Julia** (M, R, **C**)

2.00 **The Late Show with Stephen Colbert** (PG, R)

3.00 **Wheel of Fortune** (G)

3.30 **Jeopardy** (G)

4.00 **American Pickers** (PG, R)

5.00 **Tagata Pasifika** (G)

5.30 **Prime News**

6.00 **Pawn Stars** (PG, R)

7.30 **American Pickers** (PG, R) The guys put thousands on the line to strike a deal with a tough negotiator.

8.30 🟦 **Jarhead** (2005, 16, **C**) Based on the story of US Marine Anthony Swofford's service in the Persian Gulf War. Jake Gyllenhaal, Jamie Foxx, Peter Sarsgaard.

11.00 **The Crowd Goes Wild** (PG)

11.30 **The Late Show with Stephen Colbert** (PG)

12.30am – 6.00 **Infomercials**

Documentary: HMP WAKEFIELD: EVIL BEHIND BARS

The latest in a series of prison documentaries made for Britain's Channel 5 (previous instalments have included *HMP Full Sutton: Evil Behind Bars* and *Inside HMP Whitemoor: Evil Behind Bars*). This one ventures into Yorkshire's notorious Wakefield Prison, known colloquially as the "Monster Mansion" – a place where some inmates have no prospect of release and will die of old age. They include Jeremy Bamber, who killed then pretended to mourn his whole family, and Ian Watkins, the former singer in the Welsh group Lostprophets and a systematic child rapist sentenced to 29 years in prison in 2013.

TVNZ 1, 8.30pm

Theatre: THE 76TH ANNUAL TONY AWARDS

It's up to you, New York: the Tony Awards come from spectacular United Palace in Washington Heights. Ariana DeBose will again host, and among the nominees are Josh Groban (for *Sweeney Todd: The Demon Barber of Fleet Street*) and Jessica Chastain (*A Doll's House*).

SKY ARTS, 9.20pm

🟩 **NEW** 🟨 **RETURN** 🟥 **FINAL** 🟦 **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.00 **Easy Eats** (G, R)
9.30 **Whānau Bake-Off** (G, R)
10.00 **Kai Safari** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Celebrity Playlist** (G, R)
11.30 **Lucky Dip** (G, R)
Noon **Te Ao Tapatahi**
12.30 🟦 **Little Woods** (2018, M) Tessa Thompson.
2.30 **Ōpaki** (G, R)
3.00 **Ako** (G, R)
3.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Tamararo** (G, R) .
6.30 **Te Ao Mārama**
7.00 **Marae** Current affairs.
7.30 🟥 **Super Kura** (G, R) Two years after Clara's big idea, she and her dedicated kaiako can get on with providing a safe haven for tama ariki.
8.00 **Te Ao with Moana** (G) Moana Maniapoto presents current affairs.
8.30 🟦 **Nas: Time Is Illmatic** (2014, M) Documentary about the release of Nas' 1994 debut album, including interviews with Nas, his brother and father, and figures from the East Coast hip-hop scene.
9.50 **Ki Tua** (G, R) Māori language leaders and influencers discuss what makes them tick.
10.20 – 10.50 Te Ao Mārama (R)

Film: NAS: TIME IS ILLMATIC

Pundits say Nas' 1994 debut long player *Illmatic* is one of the greatest hip-hop albums of all time and this doco outlines what it took for a kid from the largest housing project in North America, Queensbridge, to become one of the greatest rappers.

WHAKAATA MĀORI, 8.30pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Shark Tank** (PG, R)
11.00 **Snapped** (M, R)
11.55 **24 Hours in Emergency** (M, R)
1.00 **Below Deck Sailing Yacht** (M, R)
2.00 **A Place in the Sun: Winter Sun** (G, R)
3.00 **Judge Jerry** (G)
3.30 **Botched** (PG, R)
4.30 **Shark Tank** (PG, R)
5.30 **Top Chef** (PG, R) s14ep11
6.30 **The Dog Rescuers** (PG, R)
7.30 **Snapped** (M) Police follow a lead in a missing persons investigation to a farm.
8.30 **Accident, Suicide or Murder** (M) A murder suspect proclaims suicide.
9.30 **Violent Minds: Killers on Tape** (M) Sereis exploring Dr Al Carlisle's inmate tapes with notorious killers.
10.30 **Snapped** (M, R)
11.30 **The Real Housewives of New York** (PG, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.30 **My Cat from Hell** (PG, R)
7.25 **The Pioneer Woman** (G, R)
7.50 **Valerie's Cooking** (G, R)
8.15 **Bake Off: The Pros** (PG, R)
9.15 **Museum Mysteries** (PG, R)
10.10 **American Pickers** (PG, R)
11.05 **Salvage Dawgs** (G, R)
11.35 **Yardcore** (G, R)
Noon **Weekend Workshop** (G, R)
1.00 **Rick Stein's Cornwall** (G, R)
1.35 **Baggage Battles** (PG, R)
2.05 **Moonshiners** (M, R)
3.00 **Restaurant: Impossible** (G)
4.00 **Everyday Italian** (G)
4.30 **Bobby Flay** (G)
5.00 **Museum Mysteries** (PG, R)
6.00 **American Pickers** (PG, R)
7.00 **Shipping Wars** (PG, R)
7.30 **Bondi Rescue** (PG)
8.00 **Border Security Aus** (PG, R)
8.30 **Cops on the Rock** (PG)
9.30 **Cornwall Air Rescue** (M)
10.30 **The Misadventures of Romesh Ranganathan** (PG, R)
11.30 **Flea Market Flip** (G, R)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Junkyard Empire** (PG, R)
6.50 **Tanked** (PG, R)
7.45 **Wheeler Dealers** (PG, R)
8.40 **Yukon Men** (PG, R)
9.25 **Iron Resurrection** (PG, R)
10.15 **Bad Chad Customs** (PG, R)
11.00 **Tanked** (PG, R)
11.50 **Yukon Men** (PG, R)
12.40 **Building Off the Grid: Utah Desert Cabin** (G, R)
1.30 **Building Alaska** (G, R)
2.15 **Homestead Rescue** (PG, R)
3.05 **Wheeler Dealers** (PG, R)
3.55 **Junkyard Empire** (PG, R)
4.50 **Tanked** (PG, R)
5.40 **Wheeler Dealers** (PG, R)
6.35 **Yukon Men** (PG)
7.30 **Car vs Wild** (PG)
8.30 **Man vs. Wild** (PG, R) Bear is in the red rock canyons of southern Utah, where he descends a major rock pinnacle, and attempts his craziest aeroplane stunt ever.
9.30 **Naked and Afraid** (M)
10.25 **Tanked** (PG, R)
11.20 **Wheeler Dealers** (PG, R)
12.15am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
10.30 **DUKEbox Music**
11.35 **Heavy Rescue 401** (G, R)
12.30 **Abandoned Engineering** (G, R, **C**)
1.25 **Superstore** (PG, R, **C**, **AD**) s2ep4
1.55 **Community** (PG, R, **C**) s4ep11
2.20 **Xploration: Awesome Planet** (G, R)
2.45 **Toa Hunter Gatherer** (PG)
3.20 **The Chase Australia** (G, R, **C**)
4.15 **ABC World News** (PG)
4.40 **Love Island UK** (PG)
6.10 **Parks and Recreation** (PG, **C**) s7ep1
6.35 **The Goldbergs** (PG, **C**) s6ep17
7.00 **The Office US** (PG, **C**) s6ep19
7.30 **The Simpsons** (PG, R, **C**, **AD**) s33ep5
8.30 **Family Guy** (M, R, **C**, **AD**)
9.25 **Crossing Swords** (M, **C**, **AD**) Patrick and Broth go undercover to protect Blossom. s2ep2
9.55 **Bro Town** (PG, **C**) s5ep5
10.25 **Suits** (M, **C**, **AD**) s3ep1
11.25 **Samurai Jack** (PG, **C**) s2ep1
11.50 **Metalocalypse** (16) s3ep3
12.35am Dominion (M, R) **1.15 – 1.40** ABC World News (PG, R)

SKY PREMIERE SKY 030

6.36 **Moonfall** (2022, M) Halle Berry, Patrick Wilson
8.42 **Stillwater** (2021, M) Matt Damon, Abigail Breslin
10.56 **Belfast** (2021, M) Jamie Dornan, Caitriona Balfe
12.35 **Millie Lies Low** (2022, M) Ana Scotney, Chris Alosio
2.15 **Operation Mincemeat** (2022, M) Colin Firth, Matthew Macfadyen
4.20 **The Unbearable Weight of Massive Talent** (2022, 16) Nicolas Cage, Pedro Pascal
6.05 **Jurassic World Dominion** (2022, M) Years after the destruction of Isla Nublar, dinosaurs now live and hunt alongside humans. Chris Pratt, Bryce Dallas Howard
8.30 **Muru** (2022, M) A police sergeant is forced to choose between his job and his community when the government launches an armed raid. Cliff Curtis, Jay Ryan
10.20 **Fall** (2022, M) Grace Caroline Currey, Virginia Gardner
12.05am Good Luck to You, Leo Grande (2022, M) **1.40** Malignant (2021, 18) **3.30** Nope (2022, 16) **5.36** Killer Infatuation (2021, M)

MOVIES CLASSICS SKY 034

6.30 **The Fugitive** (1993, M) Harrison Ford, Tommy Lee Jones
8.40 **The Specialist** (1994, 16) Sylvester Stallone, Sharon Stone
10.30 **Excalibur** (1981, M) Nigel Terry, Helen Mirren
12.50 **The Cherokee Kid** (1996, M) Sinbad, James Coburn
2.20 **Interview with the Vampire** (1994, 16) Brad Pitt, Tom Cruise
4.20 **The Green Berets** (1968, PG) John Wayne, George Takei
6.40 **Silver Bears** (1978, PG) An Italian prince and a banker's wife are drawn into a scheme to launder money in Switzerland. Michael Caine, Cybil Shepherd, Louis Jourdan
8.30 **In a Lonely Place** (1950, PG) A Hollywood screenwriter is suspected of murder. Humphrey Bogart, Gloria Grahame
10.00 **The Fugitive** (1993, M) Harrison Ford, Tommy Lee Jones
12.10am Bugsy (1991, M) **2.25** Rebel Without a Cause (1955, M) **4.15** The Client (1994, M)

RIALTO SKY 039

7.20 **Bergman Island** (2021, M) Tim Roth
9.10 **Hidden** (16) s3ep6
10.10 **The United Way** (2021, PG) UK documentary.
11.45 **Night Raiders** (2021, M) Elle-Máijá Tailfeathers, Brooklyn Letexier-Hart
1.25 **The Truffle Hunters** (2020, M) Italian documentary.
2.50 **I Am: Maria** (M) s2ep3
3.40 **June Again** (2020, M) Noni Hazlehurst
5.20 **Kitchen Brigade** (2022, M) Audrey Lamy
6.55 **Girl, Taken** (2022, M) South African/Irish documentary about two parents whose daughter was stolen at birth and found 17 years later.
8.30 **Rialto World: Madeleine Collins** (2021, M) A woman leads a double life between Switzerland and France. Virginie Efira **TV Films, page 69**
10.15 **Unknowns** (16) s1ep4
11.10 **Settlers** (2021, 16) Sofia Boutella
12.55am Possessions (M) s1ep1&2 **2.45** The Truffle Hunters (2020, M) **4.10** I Am: Maria (M) **5.00** June Again (2020, M)

SKY CHANNELS

Vibe SKY 006

6.15 A Million Little Things (M) s4ep17 **7.05** ER (M) s2ep16 **7.50** New Amsterdam (M) s3ep4 **8.35** Judging Amy (M) s4ep4 **9.20** Blindspot (16) s4ep11 **10.05** The Equalizer (M) s2ep8 **10.50** ■ The Janes (2022, M) Documentary. **12.45** Kids Say the Darndest Things (PG) s2ep15&16 **1.40** ER (M) s2ep16 **2.30** New Amsterdam (M) s3ep4 **3.30** Judging Amy (M) s4ep4 **4.30** The Equalizer (M) s2ep8 **5.30** A Million Little Things (M) s4ep17 **6.30** Blindspot (16) s4ep11 **7.30** Casualty 24/7 (M) s4ep9 **8.30** The Pennines: Backbone of Britain (PG) On Hadrian's Wall, treasures are uncovered at the Roman fort of Vindolanda. s1ep4 **9.30** Ambulance (16) s5ep8 **10.30** Judging Amy (M) s4ep4 **11.35** Judge Judy (PG) **12.05am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.10** Keeping Up Appearances (PG) s4ep2 **7.45** The Bill (M) **8.35** A Touch of Frost (M) s2ep3 **10.25** Father Brown (M) s4ep6 **11.15** Doc Martin (M) s2ep3 **12.05** Midsomer Murders (M) s14ep6 **1.40** The Bill (M) **2.30** New Tricks (M) s12ep8 **3.30** 8 Out of 10 Cats Does Countdown (M) **4.25** The Jonathan Ross Show (M) s16ep7 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Beyond Paradise (PG) In Shipton Abbott, a beloved painting disappears. s1ep3 **9.40** The House Across the Street (PG) A depressed woman becomes becomes overly involved in a missing child case. s1ep1 **10.45** The Singapore Grip (M) s1ep3 **11.35** Midsomer Murders (M) s14ep6 **1.10am** Programmes continue

Jones! SKY 008

6.00 The Darling Buds of May (PG) **7.00** All in the Family (M) **7.30** The Brady Bunch (PG) **7.55** F Troop (PG) **8.20** Bonanza (M) **9.10** Dr. Kildare (PG) **10.00** The Onedin Line (PG) **11.40** Sugarfoot (PG) **12.35** Maverick (PG) **1.25** Cheyenne (PG) **2.15** Hondo (PG) **3.05** Bonanza (M) **3.55** Dr. Kildare (PG) **4.55** The Waltons (PG) **5.50** F Troop (PG) **6.20** The Brady Bunch (PG) **6.50** All in the Family (M) **7.20** The Darling Buds of May (PG) **8.30** Perry Mason (PG) **9.30** Mannix (PG) **10.30** The Brady Bunch (PG) **11.00** All in the Family (M) **11.30** The Darling Buds of May (PG) **12.35am** Programmes continue

SoHo SKY 010

6.00 Low Country: The Murdaugh Dynasty (16) s1ep1 **7.00** The Flight Attendant (16) s2ep7 **8.00** Real Time with Bill Maher (M) s21ep18 **9.00** Love & Death (16) s1ep7 **10.00** A Discovery of Witches (M) s2ep7 **10.45** Perry Mason (16) s1ep7 **11.45** Eden (16) s1ep8 **12.30** The Flight Attendant (16) s2ep7 **1.10** Real Time with Bill Maher (M) s21ep18 **2.10** Love & Death (16) s1ep final **3.10** A Discovery of Witches (M) s2ep7 **4.00** Perry Mason (16) s1ep7 **5.00** Flatbush Misdemeanors (16) s2ep6 **5.30** Industry (16) s2ep5 **6.30** Eden (16) s1ep8 **7.20** Last Week Tonight with John Oliver (M) s10ep14 **8.00** Dave (16) s3ep9 **8.30** The Fear Index (16) After a plane crash, the tech makes the fund millions. s1ep2 **9.30** The Staircase (18) Michael considers an opportunity to tell his story in a documentary. s1ep2 **10.35** Wolfe (M) s1ep6 **11.20** New Amsterdam (M) s4ep8 **12.05am** Programmes continue

Living SKY 017

6.00 Salvage Hunters: Best Buys (PG) **7.00** Rachael Ray's Week in a Day (PG) **8.00** House Hunters (PG) **9.00** Long Lost Family: What Happened (PG) **10.00** Released (PG) **11.00** A Place in the Sun (PG) **Noon** Love It or List It Australia (PG) **12.55** Grand Designs UK (PG) **1.50** Salvage Hunters: Best Buys (PG) **2.45** House Hunters (PG) **3.45** Rachael Ray's Week in a Day (PG) **4.45** Released (PG) **5.40** Escape to the Chateau (PG) **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun (PG) **8.30** Dales for Sale (PG) **9.30** The Great Hotel Escape (PG) **10.30** Grand Designs House of the Year (PG) **11.30** House Hunters (PG) **12.30am** Programmes continue

Investigation Discovery SKY 018

6.00 People Magazine Investigates: Cults (M) **6.55** American Detective with Lt. Joe (M) **7.55** Little Boy Lost: An ID Mystery (M) **8.50** Nightmare Next Door (M) **9.50** Impact of Murder (M) **10.45** The Perfect Murder (M) **11.45** Married with Secrets (M) **12.45** Scorned: Love Kills (M) **1.40** Betrayed (M) **2.40** Jared from Subway: Catching (M) **3.35** The Tetris Murders (M) **4.35** Crimes Gone Viral (M) **5.35** Pandora's Box: Unleashing Evil (M) **6.30** Your Worst Nightmare (M) **7.30** Reasonable Doubt (M) **8.30** Evil Lives Here (M) **9.30** American Monster (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.20am** Programmes continue

Sky Arts SKY 020

6.15 Other Voices **8.00** Quatuor Ebene: Beethoven String Quartets **9.40** LSO: Gianandrea Noseda Conducts Tchaikovsky and Prokofiev **11.20** My View: Clem Burke **12.15** Elton John: A Life in Song **1.15** Elvis: Tortured Soul **2.15** Other Voices **4.00** ■ Black Art: In the Absence of Light (2021, PG) **5.30** Bonsai **6.00** 1968: Photographic Acts (PG) **7.00** ■ Sing, Freetown (2021, G) Sierra Leonean film-maker Sorious Samura works with playwright Charlie Haffner to create a theatre work that challenges negative stereotypes. **8.35** The Big Book Club (G) Damian Barr's guests are Patrick Gale and footballer Pat Nevin. **9.20** The 76th Annual Tony Awards (G) Ariana DeBose hosts the 2023 Tony Awards from United Palace, New York. **12.15am** Programmes continue

Discovery SKY 070

6.00 Maritime Masters: Expedition (PG) **6.55** Alaskan Bush People (PG) **7.55** Gold, Lies & Videotape (M) **8.50** Gold Rush (M) **9.50** Barnwood Builders (PG) **10.45** Aussie Truck Rehab (PG) **11.45** What on Earth? (PG) **12.45** Naked and Afraid (M) **1.40** Aussie Gold Hunters (PG) **2.40** Outback Opal Hunters (PG) **3.35** Deadliest Catch (M) **4.35** Dirty Jobs (PG) **5.35** Aussie Gold Hunters (PG) **6.30** Gold, Lies & Videotape (M) **7.30** Aussie Truck Rehab (PG) **8.30** Barnwood Builders (PG) **9.30** Moonshiners: Master Distiller (M) **10.30** Dirty Jobs (M) **11.25** Naked and Afraid (M) **12.20am** Programmes continue

History SKY 073

6.20 Secrets in the Ice (PG) **7.20** Myths: Greatest Mysteries of Humanity (PG) **8.25** The Unseen Time Team Specials (PG) **9.25** Greatest Escapes of History (PG) **9.55** Butterfly Effect (PG) **10.25** Underground Worlds (PG) **11.25** Secrets in the Ice (PG) **12.25** Myths: Greatest Mysteries of Humanity (PG) **1.30** How the Nazis Lost the War (M) **2.30** Scorched Earth (PG) **3.30** Dead Men's Secrets (PG) **4.30** Tanks **5.30** Hitler's Last Secrets (M) **6.30** Time Team **7.30** Underground Worlds (PG) **8.30** Rise of the Nazis (M) **9.30** French Castles: Defying the Nazis (PG) **10.35** American Dynasty (PG) **11.45** Abandoned Engineering (PG) **12.40am** Programmes continue

BBC Earth SKY 074

6.00 Wonder of Animals (PG) **7.05** Life Below Zero (M) **7.50** Where the Wild Men Are (M) **8.40** Strangest Things (PG) **9.25** The Truth About Your Immune System (PG) **10.20** The Dog Rescuers (PG) **11.10** 24 Hours in A&E (M) **Noon** Attenborough's Natural Curiosities (PG) **12.25** Blue Planet (PG) **1.15** Strangest Things (PG) **2.05** Wonder of Animals (PG) **3.10** Wildest Places (PG) **4.05** The Truth About Your Immune System (PG) **5.00** Life Below Zero (M) **5.55** Where the Wild Men Are (PG) **6.45** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (M) **8.30** Life Below Zero: Canada (M) **9.25** Where the Wild Men Are: Revisited (PG) **10.20** Blue Planet (PG) **11.15** Wildest Places (PG) **12.10am** Programmes continue

BBC UKTV: The House Across the Street, 9.40pm

SKY SPORT

Sky Sport 1 SKY 051

7.45 The Breakdown **8.45** FIFA U-20 World Cup, final, **live** **11.15** Super Rugby Pacific, quarter-final 4 **11.30** Rugby Nation **Noon** The Breakdown **1.00** Super Rugby Pacific, quarter-final 3 **3.00** Super Rugby Pacific, quarter-final 4 **5.00** French Open, day 15 **6.00** The Breakdown **7.00** The Crowd Goes Wild, **live** **7.30** Super Rugby Pacific, quarter-final 1 **9.30** French Open, day 14 **10.30** French Open, day 15 **11.30** ICF Canoe Slalom World Cup, highlights **12.00am** The Crowd Goes Wild **12.30** Rugby Nation **1.00** French Open, day 15 **2.00** Currie Cup, Griquas v Pumas **4.00** Currie Cup, Griffons v Golden Lions

Sky Sport 2 SKY 052

6.00 NRL Premiership, St George Illawarra Dragons v South Sydney Rabbitohs **6.15** NRL Premiership, Brisbane Broncos v Newcastle Knights **6.30** NRL Premiership, Sydney Roosters v Penrith Panthers **6.45** NRL Premiership, Melbourne Storm v Cronulla Sharks **7.00** French Open, women's doubles final, replay **9.00** French Open, men's singles final, replay **Noon** French Open, day 15, highlights **1.00** ICF Canoe Slalom World Cup, day 3 **2.15** Super Rugby Pacific, quarter-final 3 **2.30** DP World Tour, Scandinavian Mixed, round 4 **3.00** LPGA, ShopRite LPGA Classic, round 3 **3.30** PGA Tour, Canadian Open, round 4 **4.00** Cycling, Critérium du Dauphiné, stage 8 **6.00** French Open, men's singles final, replay **9.00** ATP Tour 250, Libéma Open, day 1, **live** **5.00am** French Open, day 15, highlights

Sky Sport 3 SKY 053

6.00 Indian Premier League, Royal Challengers Bangalore v Rajasthan Royals **6.15** Indian Premier League, Kolkata Knight Riders v Chennai Super Kings **6.30** Indian Premier League, Sunrisers Hyderabad v Delhi Capitals **6.45** Indian Premier League, Gujarat Titans v Mumbai Indians **7.00** ICF Canoe Slalom World Cup, day 3 **8.15** Sal's NBL, Nelson Giants v Canterbury Rams **10.15** Sal's NBL, Auckland Tuatara v Franklin Bulls **12.15** FIFA U20 World Cup, replay **2.15** FIFA U-20 World Cup, 3rd place play-off, replay **4.15** Indian Premier League, Rajasthan Royals v Chennai Super Kings **4.30** Indian Premier League, Punjab Kings v Lucknow Super Giants **4.45** Indian Premier League, Kolkata Knight Riders v Gujarat Titans **5.00** ICF Canoe Slalom World Cup, day 2 **6.15** ICF Canoe Slalom World Cup, day 3 **7.30** ICF Canoe Slalom World Cup, highlights **8.00** French Open, day 15 **9.00** ATP 250, Stuttgart Open, day 1, from Tennis Club Weissenhof, Stuttgart, **live** **5.00am** Indian Premier League, Delhi Capitals v Sunrisers Hyderabad **5.15** Chennai Super Kings v Punjab Kings **5.30** Mumbai Indians v Rajasthan Royals **5.45** Indian Premier League, Lucknow Super Giants v Royal Challengers Bangalore

Drama:
THE THORN BIRDS

Remember this? Sexy Richard Chamberlain in his priest's robes, Rachel Ward (who we featured in our May 27 issue), Barbara Stanwyck and Bryan Brown – the only Australian in the cast. The adaptation of Colleen McCullough's 1977 novel became the US's second highest-rated mini-series behind *Roots*. Although it was set in Australia, it was filmed in southern California and Hawaii; good enough in 1983. The show won many awards, including four Golden Globes and six Emmys. McCullough's novel is the top-selling book in Australian history, but the story that occupied her for 30 years was her seven-novel *Masters of Rome* series.

JONES!, 8.30pm

True crime: MURDERED BY MORNING

It's fair to say that, generally speaking, no one expects to be murdered, and this US series focuses on stories in which victims' evenings took an unexpectedly deadly turn. Grim. True crime series *Deadly Cults*, which looks at murdery cults, launches at the same time.

TVNZ+

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**C**) Jenny-May Clarkson and Chris Chang present news, sport, information and weather.
9.00 **Lingo** (G, R, **C**)
10.00 **Tipping Point** (G, R, **C**)
11.00 **The Chase** (G, R, **C**)
Noon **1 News** (**C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Coronation Street** (PG, R, **C**, **AD**) As Gemma and Chesney share their first dance, Paul resolves to savour every moment of joy at the reception.
2.00 **Millionaire Hot Seat** (G, **C**) Hosted by Eddie McGuire.
3.00 **Tipping Point** (G, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Mike & Molly** (PG, R, **C**) Molly goes on a shopping spree after Mike storms off over a disagreement and disappears at the mall. s3ep16
5.00 **The Chase** (G, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**C**)
7.00 **Seven Sharp** (**C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **Your Home Made Perfect** (G, R, **C**, **AD**) Angela Scanlon presents a UK makeover show that uses virtual reality to show people what their dream homes would look like. Tonight, Lisa and Judy's house in Gosport, Hampshire, holds 20 years of family memories and a lifetime of antiques and heirlooms. s3ep2
8.45 🟥 **I AM** (16, **C**, **AD**) Local series in which ordinary Kiwis tell their extraordinary stories. Tonight, Tui spent more than two decades in and out of psychiatric hospitals because of the way the western lens viewed the voices she was hearing in her head.
9.45 **Coronation Street** (PG, **C**, **AD**) While Daniel gives evidence against Justin, Daisy falters on her way to the witness box, and Evelyn wishes Roy luck as he is taken to the operating theatre.
10.45 **1 News** (**C**)
11.15 **Shortland Street** (PG, R, **C**, **AD**)
11.50 **Sunday** (R, **C**) Miriama Kamo presents current affairs.
12.50am **Unbreakable** (PG, R, **C**, **AD**) Series following 12 extraordinary Kiwis as they pursue their dreams.
1.35 **Te Karere** (R)
2.10 **Infomercials**
5.30 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **C**)
6.25 **Code Fun** (G, R, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **C**, **AD**)
6.50 **Darwin & Newts** (G, R, **C**, **AD**)
7.05 **Super Wish** (G, **C**)
7.25 **The Croods: Family Tree** (G, R, **C**)
7.50 **Trollhunters: Tales of Arcadia** (G, **C**)
8.15 **Super Monsters** (G, **C**)
8.25 **Petronix Defenders** (G, R, **C**)
8.35 **The Adventures of Paddington** (G, **C**)
8.50 **Remy & Boo** (G, **C**)
9.00 **Infomercials**
9.30 **Les Mills Adult Classes** (G, R, **C**)
10.00 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **The Bachelorette** (PG, **C**) s18ep10
12.50 **Lingo** (G, R, **C**)
1.55 **Kirstie and Phil's Love It or List It** (G, R, **C**)
3.00 **The Drew Barrymore Show** (PG, R, **C**)
3.30 **The Poo Files** (G, **C**, **AD**) s2ep12
3.35 **Young Ocean Explorers – Rangatahi** (G, **C**, **AD**)
3.40 **Brain Busters** (G, **C**)
4.10 **The Feed** (PG, **C**)
4.35 **Sabrina the Teenage Witch** (G, R, **C**)
5.00 **Ghosts** (PG, **C**) s2ep17
5.30 **Friends** (G, R, **C**) s8ep10
6.00 **The Simpsons** (G, R, **C**) s16ep10
6.30 **Home and Away** (PG, **C**) Rose and Mali are stuck in limbo, Kirby avoids Theo, and Lyrik implodes.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Logan's head is turned, Harry has had enough, and Nicole can't let go.
7.30 **MasterChef Australia** (PG, **C**, another episode screens tomorrow) Cooking competition series, with judges Melissa Leong and Andy Allen.
8.35 🟥 **CSI: Vegas** (16, **C**, **AD**) The team investigates a murder case that hits close to home for Folsom. s2ep21
9.30 🟥 **Hunted** (M, **C**, **AD**) With extraction day closing in, the Hunters will stop at nothing for a clean sweep, Jess and Ella seek a new hideout, and Hayley and Dan take the plunge. s5ep6
10.30 **CSI: Crime Scene Investigation** (16, **C**) s12ep21
12.20am **One of Us Is Lying** (16, **C**) s1ep7
1.10 **Emmerdale** (PG, R, **C**, **AD**)
1.30 **Infomercials**
2.30 **90210** (M, **C**) s3ep6
4.00 **The Big Bang Theory** (PG, R, **C**, **AD**) s7ep15
4.20 **Hollyoaks** (PG, R, **C**, **AD**)
4.45 **2 Tunes**
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge, Melissa Chan-Green and William Waiirua.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon 🟦 **Nature of Love** (2020, G, R, **C**) Emilie Ullerup, Christopher Russell.
1.50 **Pit Bulls & Parolees** (PG, **C**)
2.45 **Extreme Couponing** (PG, R, **C**)
3.10 **Cutthroat Kitchen** (PG, R, **C**)
4.05 **Flip or Flop** (G, R, **C**)
4.30 **Yard Crashers** (G, R, **C**)
5.00 **Gold Rush** (PG, R, **C**)
6.00 **Newshub Live** (**C**)
7.00 **The Project** (**C**) With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **Tracked** (PG, **C**) The two remaining teams battle it out in the smallest arena yet. s1ep8
8.30 🟩 **Accused** (M, **C**, **AD**) US anthology crime drama series. Tonight, a brain surgeon discovers his son may be planning a school attack. s1ep1
9.30 **Demolition Down Under** (PG, **C**, **AD**) On the Sunshine Coast, a magnificent three-storey mansion must be torn down by hand. s2ep1
10.30 **Newshub Late**
11.00 **The Hui** (**C**) With Julian Wilcox.
11.35 **Newshub Nation** (R, **C**) With Simon Shepherd and Rebecca Wright.
12.40am **Infomercials**
5.30 – 6.00 **AM Early** News, information and weather.

PRIME FREEVIEW 15 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.00 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **Infomercials**
Noon **New Amsterdam** (M, **C**)
1.00 **Julia** (M, R, **C**)
2.00 **The Late Show with Stephen Colbert** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **Judge Judy** (PG, R)
5.00 **The Crowd Goes Wild** (PG, R)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
6.30 **The Middle** (PG, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **American Pickers** (PG, R)
8.30 **FBI: Most Wanted** (M, **C**) A fire at an arcade leads to a decades-old family secret.
9.30 **Yellowstone** (16, **C**) Beth comes to a realisation about Market Equities.
10.30 **The Breakdown** (G)
11.35 **The Late Show with Stephen Colbert** (PG)
1.00am – 6.00 **Infomercials**

🟩 **NEW** 🟨 **RETURN** 🟥 **FINAL** 🟦 **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Bake-Off** (G, R)
10.00 **Te Ao with Moana** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Marae** Current affairs.
11.30 **Super Kura** (G, R)
Noon **Te Ao Tapatahi**
12.30 🟦 **Nas: Time Is Illmatic** (2014, M, R) Documentary.
2.15 **Loading Docs** (G, R)
2.00 **Tōku Reo** (G, R)
2.30 **Ōpaki** (G, R)
3.00 **Ako** (G, R)
3.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Tamararo** (G, R)
6.30 **Te Ao Mārama**
7.00 **Taste the Diversity** (G) Tonight, Steven Mizuno, the owner of Japanese restaurant Kiu in Ontario.
7.30 🟨 **Moon Tide Fishing** (G) Series about fishing according to the Māori lunar calendar.
8.00 **Animal Instincts** (G) Species across the globe that rely on instinct alone for survival.
9.00 **Piri's Tiki Tour** (PG, R) Piri Weepu meets divers, farmers and hunters.
9.30 **Merchants of the Wild** (G, R) Six Indigenous strangers try to survive in the wild.
10.00 **Toa Hunter Gatherer** (M, R) With Owen Boynton.
10.30 – 11.00 **Te Ao Mārama** (R)

Fishing: MOON TIDE FISHING

"It's been an interesting few months trying to find the gaps in among the bad weather to get out and film," says presenter Nore Martin. Of course, fishers are pretty cray cray (sorry) and there are plenty of epic scenes following the maramataka in season three.
WHAKAATA MĀORI, 7.30pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Shark Tank** (PG, R)
11.00 **Snapped** (M, R)
11.55 **24 Hours in Emergency** (M, R)
1.00 **Below Deck Sailing Yacht** (M, R)
2.00 **A Place in the Sun: Winter Sun** (G, R)
3.00 **Judge Jerry** (G)
3.30 **Botched** (PG, R)
4.30 **Shark Tank** (PG, R)
5.30 **Top Chef** (PG, R) s14ep12
6.30 **The Dog Rescuers** (PG, R)
7.30 **24 Hours in Emergency** (M, R) Ron has a dangerously low heart rate of less than 40 beats per minute, and a man has been involved in a serious bicycle collision.
9.35 **The Real Housewives of New Jersey** (M) The ladies reflect on their Ireland trip with mixed emotions.
10.30 **Snapped** (M, R)
11.30 **The Real Housewives of New York** (PG, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Infomercials**
6.30 **Restaurant: Impossible** (G, R)
7.20 **The Pioneer Woman** (G, R)
7.45 **Valerie's Cooking** (G, R)
8.15 **Everyday Italian** (G, R)
8.40 **Bobby Flay** (G, R)
9.05 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Shipping Wars** (PG, R)
11.30 **Yardcore** (G, R)
Noon **Cornwall Air Rescue** (M, R)
1.00 **Cops on the Rock** (PG, R)
2.00 **Bondi Rescue** (PG, R)
2.30 **Border Security Aus** (PG, R)
3.00 **Restaurant: Impossible** (G)
4.30 **Bobby Flay** (G)
5.00 **Museum Mysteries** (PG, R)
6.00 **American Pickers** (PG, R)
7.00 **Shipping Wars** (PG, R)
7.30 **Bondi Rescue** (PG)
8.00 **Border Security Aus** (PG, R)
8.30 **The World's Most Luxurious Island** (G)
9.30 **Inside Dubai** (PG) f?
10.30 **George Clarke's Shed of the Year** (G)
11.30 **Flea Market Flip** (G, R)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Car vs Wild** (PG, R)
6.50 **Tanked** (PG, R)
7.45 **Wheeler Dealers** (PG, R)
8.40 **Yukon Men** (PG, R)
9.25 **Man vs. Wild** (PG, R)
10.15 **Naked and Afraid** (M, R)
11.00 **Tanked** (PG, R)
11.50 **Yukon Men** (PG, R)
12.40 **Dirty Mudder Truckers** (PG, R)
1.30 **Kindig Customs** (PG, R)
2.20 **Street Outlaws** (PG, R)
3.05 **Wheeler Dealers** (PG, R)
3.55 **Car Vs Wild** (PG, R)
4.50 **Tanked** (PG, R)
5.45 **Wheeler Dealers** (PG, R)
6.35 **Yukon Men** (PG)
7.30 **Abalone Wars** (PG, R)
8.30 **Railroad Alaska** (PG) A rogue gunman threatens the railway.
9.25 **Lone Star Law** (M) The Texas game wardens are called when a nuisance alligator gets too close for comfort.
10.25 **Tanked** (PG, R)
11.20 **Wheeler Dealers** (PG, R)
12.15am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
10.30 **DUKEbox Music**
11.35 **Heavy Rescue 401** (G, R)
12.30 **Abandoned Engineering** (G, R, **C**)
1.30 **Superstore** (PG, R, **C**, **AD**) s2ep5
1.55 **Community** (PG, R, **C**)
2.20 **Xploration: Awesome Planet** (G, R)
2.50 **Toa Hunter Gatherer** (PG)
3.20 **The Chase Australia** (G, R, **C**)
4.15 **ABC World News** (PG)
4.40 **Love Island UK** (PG)
6.10 **Parks and Recreation** (PG, **C**) s7ep2
6.35 **The Goldbergs** (PG, **C**) s6ep18
7.00 **The Office US** (PG, **C**) s6ep20
7.30 **The Simpsons** (M, R, **C**, **AD**) s33ep7
8.30 🟦 **Inglourious Basterds** (2009, 16, R, **C**, **AD**) In occupied France, a plan to assassinate Nazi leaders coincides with a theatre owner's quest for vengeance. Brad Pitt, Diane Kruger.
11.30 **Suits** (PG, **C**, **AD**) s3ep2
12.30am Love Island UK Aftersun (16) **1.30** Grimm (16) s6ep7 **3.30 – 3.55** ABC World News (PG, R)

SKY PREMIERE SKY 030

7.06 **Christmas Takes Flight** (2021, G) Katie Lowes
8.31 **Fortress: Sniper's Eye** (2022, 16) Bruce Willis
10.05 **Agent Game** (2022, 16) Dermot Mulroney
11.35 **Mr. Malcolm's List** (2022, PG) Freida Pinto, Sope Dirisu
1.30 **The Duke** (2020, M) Jim Broadbent, Helen Mirren
3.05 **Morbius** (2022, M) Jared Leto, Matt Smith
4.50 **Resident Evil: Welcome to Raccoon City** (2021, 16) Kaya Scodelario, Robbie Amell
6.35 **Mrs. Harris Goes to Paris** (2022, PG) A widow falls in love with a couture dress and tries to get one of her own. Leslie Manville
8.30 **Elvis** (2022, M) A biopic exploring the life of Elvis Presley and his complicated relationship with his manager. Austin Butler, Tom Hanks
11.10 **Everything Everywhere All at Once** (2022, 16) Michelle Yeoh, Stephanie Hsu
1.25am Where the Crawdads Sing (2022, M) **3.30** Ascension (2021, M) **5.05** The Many Saints of Newark (2021, 16)

MOVIES CLASSICS SKY 034

6.15 **The Age of Innocence** (1993, G) Daniel Day-Lewis
8.30 **Back to the Future 2** (1989, PG) Michael J Fox, Christopher Lloyd
10.15 **Bury My Heart at Wounded Knee** (2007, M) Anna Paquin, Aidan Quinn
12.25 **Silverado** (1985, PG) Kevin Costner, Kevin Kline
2.35 **La Bamba** (1987, PG) Lou Diamond Phillips
4.20 **Five Easy Pieces** (1970, 16) Jack Nicholson, Karen Black
5.55 **Richard III** (1955, PG) Laurence Olivier
8.30 **The Last Detail** (1973, 18) Navy men ordered to bring a young offender to prison show him one last good time on the way. Jack Nicholson, Randy Quaid
10.15 **Riding Shotgun** (1954, PG) A stagecoach guard warns a town of an imminent raid, but they mistake him for one of the crooks. Randolph Scott, Charles Bronson
11.35 **Sleepless in Seattle** (1993, PG) Meg Ryan, Tom Hanks
1.20am Bonnie and Clyde (1967, M) **3.10** Casualties of War (1989, M) **5.00** Mean Streets (1973, 18)

RIALTO SKY 039

6.40 **Kitchen Brigade** (2022, M) Audrey Lamy, François Cluzet
8.15 **Girl, Taken** (2022, M)
9.50 **Madeleine Collins** (2021, M) Virginie Efira
11.35 **Settlers** (2021, 16) Sofia Boutella
1.20 **Beware of Children** (2019, M) Henriette Steenstrup, Jan Gunnar Røise
4.00 **Sparkling: The Story of Champagne** (2021, PG) UK documentary.
5.30 **Employee of the Month** (2022, M) Jerome Commandeur, Laetitia Dosch, Pascale Arbillot
6.55 **The Conservation Game** (2021, M) US documentary about a retired police officer who suspects American conservationists of connections to the exotic pet trade.
8.30 **Unknowns** (16) s1ep5
9.25 **Blaze** (2022, 16) Simon Baker, Julia Savage
11.05 **Punch** (2022, 16) Tim Roth
12.45am Possessions (M) s1ep3&4 **2.25** Beware of Children (2019, M) **5.05** Sparkling: The Story of Champagne (2021, PG)

SKY CHANNELS

Vibe SKY 006

6.00 A Million Little Things (M) s4ep18 **6.55** ER (M) s2ep17 **7.40** New Amsterdam (M) s3ep5 **8.30** Judging Amy (M) s4ep5 **9.20** Blindspot (16) **10.05** The Equalizer (M) s2ep9 **10.55** The Pennines: Backbone of Britain (PG) s1ep4 **11.50** Ambulance (16) s5ep8 **12.55** Casualty 24/7 (M) s4ep9 **1.45** ER (M) s2ep17 **2.35** New Amsterdam (M) s3ep5 **3.30** Judging Amy (M) s4ep5 **4.30** The Equalizer (M) s2ep9 **5.30** A Million Little Things (M) s4ep18 **6.30** Blindspot (16) **7.30** Against the Wall (16) s1ep3 **8.30** Agatha Raisin (PG) Agatha reluctantly promises to support James by attending his wedding, but a body is found right before the big event,. s4ep4 **10.30** Judging Amy (M) s4ep5 **11.25** Judge Judy (PG) **12.15am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.10** EastEnders (PG) **7.45** The Bill (M) **8.35** A Touch of Frost (M) s2ep4 **10.25** Father Brown (M) s4ep7 **11.15** Doc Martin (M) s2ep4 **12.05** Midsomer Murders (M) s14ep7 **1.40** The Bill (M) **2.30** New Tricks (M) s12ep9 **3.30** 8 Out of 10 Cats Does Countdown (M) **4.25** The Jonathan Ross Show (PG) s16ep8 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Ackley Bridge (PG) With the GCSE exams looming, Missy loses her bottle and quits school in favour of starting a family with Aaron. s2ep11 **9.30** Sister Boniface Mysteries (M) Sister Reginald's ex-con brother shows up after being released from prison and then a well-known artist is found murdered. s1ep4 **10.20** Father Brown (M) s2ep8 **11.10** Midsomer Murders (M) s14ep7 **12.45am** Programmes continue

Jones! SKY 008

6.00 The Darling Buds of May (PG) **7.00** All in the Family (M) **7.30** The Brady Bunch (PG) **7.55** F Troop (PG) **8.20** Bonanza (M) **9.10** Dr. Kildare (PG) **10.00** Perry Mason (PG) **10.50** Mannix (PG) **11.40** Sugarfoot (PG) **12.35** Maverick (PG) **1.25** Cheyenne (PG) **2.15** Hondo (PG) **3.05** Bonanza (M) **3.55** Dr. Kildare (PG) **4.55** The Waltons (PG) **5.50** F Troop (PG) **6.20** The Brady Bunch (PG) **6.50** All in the Family (M) **7.20** The Darling Buds of May (PG) **8.30** The Thorn Birds (PG) Mary becomes jealous of the attention Meggie continues to draw from the unobtainable Father Ralph. s1ep2 **10.30** The Brady Bunch (PG) **11.00** All in the Family (M) **11.30** The Darling Buds of May (PG) **12.35am** Programmes continue

SoHo SKY 010

6.20 New Amsterdam (M) s4ep8 **7.05** Lovecraft Country (18) s1ep3 **8.05** Last Week Tonight with John Oliver (M) s10ep14 **9.00** Eden (16) s1ep8 **9.50** Dave (16) s3ep9 **10.20** The Fear Index (16) s1ep2 **11.10** Endangered (M) **12.45** The Staircase (18) s1ep2 **1.50** Eden (16) s1ep8 **2.40** Dave (16) s3ep9 **3.10** Wolfe (M) s1ep6 **4.00** Perry Mason (16) s1ep8 **5.05** Flatbush Misdemeanors (16) s2ep7 **5.30** Industry (16) s2ep6 **6.30** The Good Lord Bird (18) s1ep2 **7.30** Peacemaker (18) Peacemaker returns home only to discover that his freedom comes at a price. s1ep1 **8.30** Save Me Too (16) As Grace's memories start to surface, she is convinced that someone else was present at the scene of the crime. s2ep3 **9.30** Yellowstone (16) John makes swift changes at the Capitol. s5ep4 **10.30** Your Honor (16) s2ep1 **11.30** A Discovery of Witches (M) s1ep2 **12.15am** Programmes continue

Living SKY 017

6.00 Salvage Hunters: Best Buys (PG) **7.00** Rachael Ray's Week in a Day (PG) **8.00** House Hunters (PG) **9.00** The Great Hotel Escape (PG) **10.00** Dales for Sale (PG) **11.00** A Place in the Sun (PG) **Noon** Love It or List It Australia (PG) **12.55** Grand Designs House of the Year (PG) **1.50** Salvage Hunters: Best Buys (PG) **2.45** House Hunters (PG) **3.45** Rachael Ray's Week in a Day (PG) **4.45** Dales for Sale (PG) **5.40** Escape to the Chateau (PG) **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun (PG) **8.30** Salvage Hunters (PG) **9.30** Selling Houses Australia (PG) **10.30** Miriam Margolyes: Almost Australian (M) **11.30** House Hunters (PG) **12.30am** Programmes continue

Investigation Discovery SKY 018

6.00 People Magazine Investigates: Cults (M) **6.55** Little Boy Lost: An ID Mystery (M) **7.55** People Magazine Investigates (M) **8.50** Nightmare Next Door (M) **9.50** Impact of Murder (M) **10.45** The Perfect Murder (M) **11.45** Married with Secrets (M) **12.45** Scorned: Love Kills (M) **1.40** Betrayed (M) **2.40** Body Cam (M) **3.35** Evil Lives Here (M) **4.35** American Monster (M) **5.35** Pandora's Box: Unleashing Evil (M) **6.30** Your Worst Nightmare (M) **7.30** Reasonable Doubt (M) **8.30** People Magazine Investigates (M) **9.30** Jared from Subway: Catching (M) **10.30** The Tetris Murders (M) **11.25** Nightmare Next Door (M) **12.20am** Programmes continue

Sky Arts SKY 020

8.15 🟦 Black Art: In the Absence of Light (2021, PG) **9.40** Bonsai **10.05** 1968: Photographic Acts (PG) **11.00** 🟦 Sing, Freetown (2021, G) **12.35** The Big Book Club **1.20** The 76th Annual Tony Awards **4.05** The Curry House Kid **4.50** Piano to Zanskar **5.45** Classical Destinations with Simon Callow **6.10** Secrets of the Museum **7.00** Sounds and Stone **7.45** The Art of Architecture **8.30** Landscape Artist of the Year **9.15** Concrete Canvas **9.45** Classic Literature and Cinema **10.30** 🟦 Dante's Divine Politics (2021, G) **12.00am** Programmes continue

Discovery SKY 070

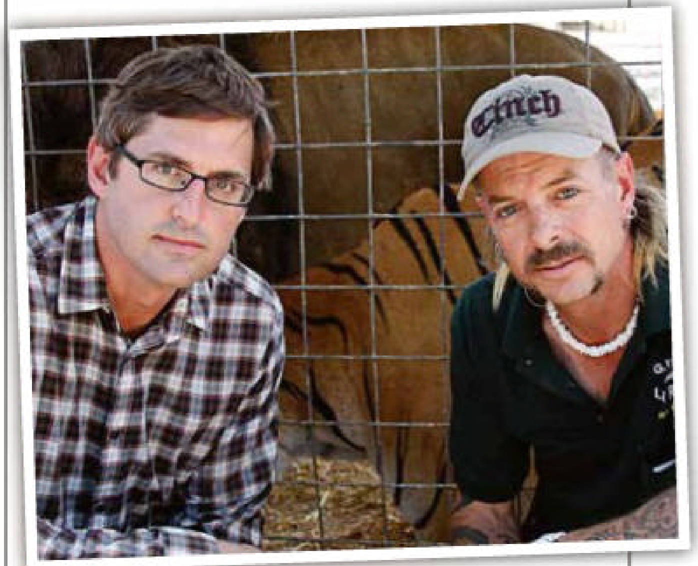
6.00 How the Universe Works (PG) **6.55** Alaskan Bush People (PG) **7.55** Dirty Jobs (PG) **8.50** Gold Rush the Dirt (M) **9.50** All on the Line (PG) **10.45** Gold Rush: Dave Turin's Lost Mine (M) **11.45** What on Earth? (PG) **12.45** Naked and Afraid (M) **1.40** Aussie Gold Hunters (PG) **2.40** Outback Opal Hunters (PG) **3.35** Deadliest Catch (M) **4.35** Dirty Jobs (PG) **5.35** Aussie Gold Hunters (PG) **6.30** Aussie Truck Rehab (PG) **7.30** Gold, Lies & Videotape (M) **8.30** UFO Witness (M) **9.30** What on Earth? (PG) **10.30** Curse of the Bermuda Triangle (PG) **11.25** Naked and Afraid (M) **12.20am** Programmes continue

History SKY 073

6.15 French Castles: Defying the Nazis (PG) **7.20** American Dynasty (PG) **8.30** The Unseen Time Team Specials (PG) **9.30** Hitler's Last Secrets (M) **10.30** Time Team **11.30** Underground Worlds (PG) **12.30** Rise of the Nazis (M) **1.30** How the Nazis Lost the War (PG) **2.30** Scorched Earth (PG) **3.30** Dead Men's Secrets (PG) **4.30** Hitler: Countdown to War (PG) **5.30** Hitler's Last Secrets (M) **6.30** Time Team **7.30** Waterloo's Warriors (PG) **8.30** Myths: Greatest Mysteries of Humanity (PG) **9.35** Normandy '44: D-Day (PG) **10.35** Countdown to Surrender: Last 100 Days (16) **11.40** Abandoned Engineering (PG) **12.35am** Programmes continue

BBC Earth SKY 074

6.00 Wonder of Animals (PG) **7.05** Life Below Zero (M) **7.50** Where the Wild Men Are (PG) **8.40** Strangest Things (PG) **9.25** Food: Delicious Science (PG) **10.30** The Dog Rescuers (PG) **11.20** 24 Hours in A&E (M) **12.10** The Planets: The Making of (PG) **12.15** Blue Planet (PG) **1.05** Strangest Things (PG) **1.55** Wonder of Animals (PG) **3.00** Wildest Places (PG) **3.55** Food: Delicious Science (PG) **5.00** Life Below Zero (M) **5.55** Where the Wild Men Are (PG) **6.45** The Dog Rescuers with Alan Davies (PG) **7.40** 24 Hours in A&E (M) **8.30** Walking the Himalayas (PG) **9.25** Louis Theroux: Beware of the Tiger (M) **10.30** Blue Planet (PG) **11.25** Wildest Places (PG) **12.20am** Programmes continue



BBC Earth: Louis Theroux: Beware of the Tiger, 9.25pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Rugby Nation **6.30** The Breakdown **7.30** The Crowd Goes Wild **8.00** Super Rugby Pacific, quarter-final 1 **8.15** Super Rugby Pacific, quarter-final 2 **8.30** Super Rugby Pacific, quarter-final 3 **8.45** Super Rugby Pacific, quarter-final 4 **9.00** The Breakdown **10.00** European Rugby Champions Cup, final, Leinster v La Rochelle **Noon** The Crowd Goes Wild **12.30** Currie Cup, Free State Blue Bulls v Cheetahs **2.30** Currie Cup, Western Province v Sharks **4.30** Super Rugby Pacific, quarter-final 2 **6.30** Super Rugby Pacific, quarter-final 3 **6.45** Between Two Posts **7.30** Road to the FIFA Women's World Cup **8.00** Sky Speed **8.30** Aotearoa Rugby Pod **9.30** The Back Page **10.30** Between Two Posts **11.15** Road to the FIFA Women's World Cup **11.45** Super Rugby Pacific, quarter-final 2 **12.00am** Currie Cup, Blue Bulls v Cheetahs **2.00** Currie Cup, Western Province v Sharks **4.00** Aotearoa Rugby Pod **5.00** The Back Page

Sky Sport 2 SKY 052

6.00 ICF Canoe Slalom World Cup, highlights from Prague **6.30** French Open, day 14, highlights **7.30** French Open, day 15, highlights **8.30** Sal's NBL, Wellington Saints v Otago Nuggets **10.30** Sal's NBL, Southland Sharks v Taranaki Airs **12.30** French Open, men's singles final, replay **3.30** French Open, women's singles final, replay **5.30** ATP Tour 250, Libéma Open, day 1, match of the day **7.00** Spirit of Sport **7.30** Sal's NBL Highlights **8.30** ICF Canoe Slalom World Cup, highlights **9.00** ATP Tour 250, Libéma Open, day 2, from Rosmalen, 's-Hertogenbosch, Netherlands, live **5.00am** The Crowd Goes Wild **5.30** ICF Canoe Slalom World Cup, highlights

Sky Sport 3 SKY 053

6.00 Indian Premier League, Gujarat Titans v Delhi Capitals **6.15** Indian Premier League, Lucknow Super Giants v Chennai Super Kings **6.30** Indian Premier League, Punjab Kings v Mumbai Indians **6.45** Indian Premier League, Sunrisers Hyderabad v Kolkata Knight Riders **7.00** Indian Premier League, Rajasthan Royals v Gujarat Titans, replay from Sawai Mansingh Stadium, Jaipur **10.35** Indian Premier League, Chennai Super Kings v Mumbai Indians, replay **2.45** Indian Premier League, Delhi Capitals v Royal Challengers Bangalore, replay **7.00** ATP 250, Stuttgart Open, day 1, match of the day **8.30** No Boundaries **9.00** ATP 250, Stuttgart Open, day 2, from Tennis Club Weissenhof, Stuttgart, live **5.00am** Indian Premier League, Chennai Super Kings v Mumbai Indians **5.15** Indian Premier League, Delhi Capitals v Royal Challengers Bangalore **5.30** Indian Premier League, Gujarat Titans v Lucknow Super Giants **5.45** Indian Premier Rajasthan Royals v Sunrisers Hyderabad

TVNZ 1 FREEVIEW 1 SKY 001

6.00 Breakfast (**C**) Jenny-May Clarkson and Chris Chang present news, sport, information and weather.
9.00 Lingo (G, R, **C**)
10.00 Tipping Point (G, R, **C**) Ben Shephard hosts a UK quiz show.
11.00 The Chase (G, R, **C**) Bradley Walsh hosts a UK quiz show.
Noon 1 News (**C**)
12.30 Emmerdale (PG, **C**, **AD**)
1.00 Fair Go (R, **C**) Pippa Wetzell and Hadyn Jones present consumer affairs and investigations.
1.30 Coronation Street (PG, R, **C**, **AD**) While Daniel gives evidence against Justin, Daisy falters on her way to the witness box, and Evelyn wishes Roy luck as he is taken to the operating theatre.
2.00 Millionaire Hot Seat (G, **C**) Hosted by Eddie McGuire.
3.00 Tipping Point (G, **C**) Ben Shephard hosts a UK quiz show.
4.00 Te Karere A Māori perspective on the day’s news and current affairs.
4.30 Mike & Molly (PG, R, **C**) Carl and Samuel host a St Patrick’s Day party in hopes of meeting women. s3ep17
5.00 The Chase (G, **C**) Bradley Walsh hosts a UK quiz show.
6.00 1 News (**C**)
7.00 Seven Sharp (**C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 Bradley Walsh’s Blankety Blank (PG, **C**) Bradley Walsh hosts a celebrity version of the UK quiz show, with Motsi Mabuse, Saffron Barker, Sophie Duker, Jimmy Carr, Matt Baker and Bez.
8.15 Race Across the World (M, **C**, **AD**) UK reality competition. Tonight, the five teams leave Dawson City and head south to the third checkpoint, the Rocky Mountain resort town of Banff (includes Lotto at 8.20pm). s3ep3
9.30 Coronation Street (PG, **C**, **AD**)
10.30 1 News (**C**)
11.00 Shortland Street (PG, R, **C**, **AD**)
11.35 Around the World in 80 Days (PG, R, **C**, **AD**) Passepartout attempts to atone for his treachery, but Phileas remains stubborn. s1ep6
12.35am 🟥 **Reyka** (M, **C**) Reyka is captured by the killer, and Hector and Samuel throw everything into finding her. s1ep8
1.35 Te Karere (R)
2.10 Infomercials
5.30 – 6.00 Te Karere (R)

TVNZ 2 FREEVIEW 2 SKY 002

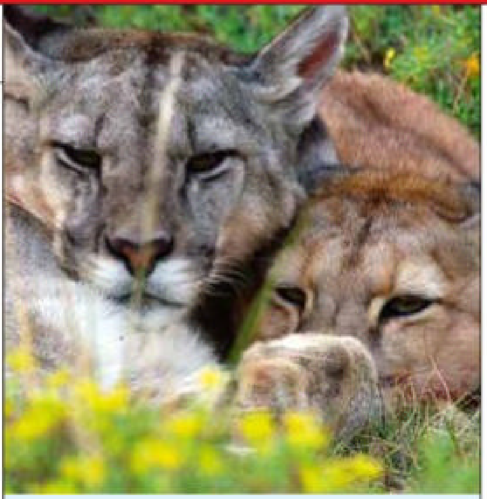
6.00 Les Mills Born to Move (G, R, **C**)
6.25 Code Fun (G, R, **C**, **AD**)
6.40 Takaro Tribe (G, R, **C**, **AD**)
6.50 Darwin & Newts (G, R, **C**, **AD**)
7.05 Super Wish (G, **C**)
7.25 The Croods: Family Tree (G, R, **C**)
7.50 Trollhunters: Tales of Arcadia (G, **C**)
8.15 Super Monsters (G, **C**)
8.25 Petronix Defenders (G, R, **C**)
8.35 The Adventures of Paddington (G, **C**)
8.50 Remy & Boo (G, **C**)
9.00 Infomercials
9.30 Les Mills Adult Classes (G, R, **C**)
10.00 Home and Away (PG, R, **C**)
10.30 Shortland Street (PG, R, **HD**, **C**, **AD**)
11.00 🟥 **The Bachelorette** (PG, **C**) s18ep11
Noon Will & Grace (PG, R, **C**) s8ep2
12.30 Lingo (G, R, **C**)
1.30 Kirstie and Phil’s Love It or List It (G, R, **C**)
2.35 The Drew Barrymore Show (PG, R, **C**)
3.30 The Poo Files (G, **C**, **AD**) s2ep13
3.35 Young Ocean Explorers: Rangatahi (G, **C**, **AD**)
3.40 Brain Busters (G, **C**)
4.10 The Feed (PG, **C**)
4.35 Sabrina the Teenage Witch (G, R, **C**)
5.00 Ghosts (PG, **C**) s2ep18
5.30 Friends (G, R, **C**) s8ep11
6.00 The Simpsons (G, R, **C**) s16ep11
6.30 Home and Away (PG, **C**) Mercedes makes waves throughout the Bay.
7.00 Shortland Street (PG, **HD**, **C**, **AD**) A threat infiltrates the hospital.
7.30 MasterChef Australia (PG, **C**, another episode screens tomorrow) With judges Melissa Leong and Andy Allen.
8.30 2 Special: My Massive **** (16, **C**, **AD**) UK documentary about the problems experienced by overly endowed men.
9.30 🟩 **Based on a True Story** (16, **C**) US comedy series about a couple who capitalise on America’s obsession with true crime. s1ep1
10.20 Hell’s Kitchen (16, **C**)
11.20 Will & Grace (PG, R, **C**)
12.15am MacGruber (16, R, **C**, **AD**) s1ep2
12.45 I Just Want My Pants Back (M, R, **C**) s1ep8
1.10 Emmerdale (PG, R, **C**, **AD**)
1.30 Infomercials
2.30 90210 (M, **C**) s3ep8
4.00 🟥 **The Big Bang Theory** (G, R, **C**, **AD**) s7ep16
4.20 Hollyoaks (PG, R, **C**, **AD**)
4.45 2 Tunes
5.00 – 6.00 Infomercials

THREE FREEVIEW 3 SKY 003

6.00 AM With Ryan Bridge, Melissa Chan-Green and William Waiirua.
9.00 Infomercials
10.30 Gold Rush (PG, R, **C**)
11.30 Newshub Live
Noon 🟦 **Statute of Limitations** (2016, M, R, **C**) Ashely Scott, Louis Mandylor, Nick Baillie.
1.50 Pit Bulls & Parolees (PG, **C**)
2.45 Extreme Couponing (PG, R, **C**)
3.10 Cutthroat Kitchen (PG, R, **C**)
4.05 Flip or Flop (G, R, **C**)
4.30 Yard Crashers (G, R, **C**)
5.00 Gold Rush (PG, R, **C**)
6.00 Newshub Live (**C**)
7.00 The Project (**C**) With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 Paddy Gower Has Issues (M, **C**) Andrew Gourdie asks whether rugby is still our national game, and Karen O’Leary investigates hairdresser chats. s1ep4
8.30 Couples Therapy NZ (16, **C**, **AD**) Five couples undergo therapy with psychotherapist Amanda Cox. Tonight, Taryn opens up about her health issues and Stephen struggles to talk about it. s1ep5
9.30 Kardashians: Billion Dollar Dynasty (M, **C**, **AD**) Documentary series about the Kardashian family’s ascent to fame and fortune. s1ep2
10.30 Newshub Late
11.00 Portals to Hell (M, **C**)
12.35am Infomercials
5.30 – 6.00 AM Early News, information and weather.

PRIME FREEVIEW 15 SKY 004

6.00 Infomercials
8.00 Kids’ Programmes (**C**)
9.00 Jeopardy (G, R)
9.30 Addicted to Fishing (PG, R, **C**)
10.00 Infomercials
Noon New Amsterdam (M, **C**)
1.00 Julia (M, R, **C**)
2.00 The Late Show (PG, R)
3.00 Wheel of Fortune (G)
3.25 Jeopardy (G)
3.55 American Pickers (PG, R)
4.55 The Hui (G, **C**)
5.30 Prime News
6.00 Skyspeed (G)
6.30 The Middle (PG, **C**)
7.00 Pawn Stars (PG, R)
7.30 Traffic Cops (PG, R, **C**)
8.30 Ambulance (16, R, **C**) Angela and Jenny help a patient who may have had a stroke.
9.45 Inside the Midlands Prison (16, **C**) Prisoner Colum works with an addiction counsellor to try to turn his life around.
10.45 The Late Show with Stephen Colbert (PG)
11.45 World’s Most Unexplained (M, R, **C**)
12.30am – 6.00 Infomercials



Nature: OUR PLANET II

Isn’t nature wonderful? If only we could leave it alone and stop ruining things. The spectacular *Our Planet* returns for a second series, also narrated by the indefatigable Sir David Attenborough. The Emmy Award-winning team behind *Planet Earth* sure know how to get the good stuff and this season focuses on the ways animals navigate, with footage from migrations spanning Africa, India, China and the Arctic. This includes a herd of antelope journeying from southern Wyoming to the Rocky Mountains and billions of minuscule red crabs attempting to cross from beach to forest. Wait until you see the sleeping elephants. Marvellous.

NETFLIX

Comedy: AMY SCHUMER: EMERGENCY CONTACT

Comedian Amy Schumer once again mines her messy life in this new Netflix special, although perhaps, at 40, it’s getting less messy. Her comfortable life with husband Chris Fischer gets a look-in, as does accidentally naming her child after a body part, and her mixed feelings about the death of her mother-in-law.

NETFLIX

🟩 **NEW** 🟨 **RETURN** 🟥 **FINAL** 🟦 **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Bake-Off** (G, R)
10.00 **Moon Tide Fishing** (G, R)
10.30 **Taste the Diversity** (G)
11.00 **Toa Hunter Gatherer** (M, R)
11.30 **Merchants of the Wild** (G, R)
Noon **Te Ao Tapatahi** (G)
12.30 **Animal Instincts** (G, R)
1.30 **Piri's Tiki Tour** (PG, R)
2.00 **Tōku Reo** (G, R)
2.30 **Ōpaki** (G, R)
3.00 **Ako** (G, R)
3.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Tamararo** (G, R)
6.30 **Te Ao Mārama**
7.00 **Going Native** (G, R) Drew Hayden Taylor explores the positive impacts of native culture around the globe.
7.30 ■ **Searching for Winnietou** (2018, G, R) Documentary in which Ojibway author Drew Hayden Taylor attempts to understand the roots of the German obsession with Native North Americans.
8.30 ■ **Land of Mine** (2015, M, R) In post-World War II Denmark, a group of young German POWs are forced to clear a beach of land mines under the watch of a Danish sergeant. Roland Møller, Louis Hofmann. **TV Films, page 69**
10.20 – 10.50 Te Ao Mārama (R)

Film: THE THIEF COLLECTOR

Art heists make the best kind of true-crime documentaries thanks to the general absence of murdering, and this one is an entertaining look at the brazen daylight robbery of a Willem de Kooning painting from the University of Arizona campus in 1985.
RIALTO, 8.30pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Shark Tank** (PG, R)
10.50 **Snapped** (M, R)
11.40 **24 Hours in Emergency** (M, R)
12.45 **Below Deck Sailing Yacht** (M, R)
2.05 **A Place in the Sun: Winter Sun** (G, R)
3.00 **Judge Jerry** (G)
3.30 **Botched** (PG, R)
4.30 **Shark Tank** (PG, R)
5.30 **Top Chef** (PG, R)
6.30 **The Dog Rescuers** (PG, R)
8.30 **24 Hours in Emergency** (M) Motorcyclist Robert is rushed to St Georges after a serious collision on the M25.
9.30 **Stacey Dooley Investigates: Second Chance Sex Offenders** (16) Stacey travels to Florida, where sex offenders are punished forever.
10.45 **Snapped** (M, R)
11.40 **The Real Housewives of New York** (PG, R)
12.30am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Infomercials**
6.30 **Restaurant: Impossible** (G, R)
7.45 **Valerie's Cooking** (G, R)
8.10 **Flea Market Flip** (G, R)
8.40 **Bobby Flay** (G, R)
9.05 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Shipping Wars** (PG, R)
11.30 **Yardcore** (G, R)
Noon **Inside Dubai** (PG, R)
1.00 **Luxurious Island** (G, R)
2.00 **Bondi Rescue** (PG, R)
2.30 **Border Security Aus** (PG, R)
3.00 **Restaurant: Impossible** (G)
4.00 **Everyday Italian** (G)
4.30 **Bobby Flay's Barbecue Addiction** (G)
5.00 **Museum Mysteries** (PG, R)
6.00 **American Pickers** (PG, R)
7.00 **Shipping Wars** (PG, R)
7.30 **Bondi Rescue** (PG)
8.00 **Border Security Aus** (PG, R)
8.30 **Jimmy Doherty's Dream Builds on Wheels** (G, R)
9.30 **Car Pound Cops** (PG)
10.30 **Aussie Lobster Men** (PG, R)
11.25 **Flea Market Flip** (G, R)
11.55 – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Abalone Wars** (PG, R)
6.50 **Tanked** (PG, R)
7.45 **Wheeler Dealers** (PG, R)
8.35 **Yukon Men** (PG, R)
9.25 **Railroad Alaska** (PG, R)
10.15 **Lone Star Law** (M, R)
11.00 **Tanked** (PG, R)
11.50 **Yukon Men** (PG, R)
12.40 **The Alaska Triangle** (PG, R)
1.30 **Expedition Unknown** (PG, R)
2.15 **NASA's Unexplained Files** (PG, R)
3.05 **Wheeler Dealers** (PG, R)
3.55 **Abalone Wars** (PG, R)
4.50 **Tanked** (PG, R)
5.40 **Wheeler Dealers** (PG, R)
6.35 **Swamp Loggers** (PG)
7.30 **Building Off the Grid: Desert Den** (G)
8.30 **Building Alaska** (G)
9.30 **Homestead Rescue** (PG, R) The Raneys help Beth and Mike, who live in a ghost town in Montana where survival is a struggle.
10.25 **Tanked** (PG, R)
11.20 **Wheeler Dealers** (PG, R)
12.15am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
10.30 **DUKEbox Music**
11.05 **Extreme E Magazine** (R)
11.35 **Heavy Rescue 401** (G, R)
12.30 **Abandoned Engineering** (G, R, **C**)
1.30 **Superstore** (PG, R, **C**, **AD**) s2ep6
1.55 **Community** (PG, R, **C**)
2.20 **Xploration** (G, R)
2.50 **Toa Hunter Gatherer** (PG)
3.20 **The Chase Australia** (G, R, **C**)
4.15 **ABC World News** (PG)
4.40 **Love Island UK** (PG)
6.10 **Parks and Recreation** (PG, **C**) s7ep3
6.35 **The Goldbergs** (PG, **C**) s6ep19
7.00 **The Office US** (PG, **C**) s6ep21
7.30 **The Simpsons** (PG, R, **C**, **AD**) s33ep9
8.30 ■ **The Unxplained with William Shatner** (PG, R, **C**, **AD**) s2ep8
9.30 **Alone** (16) A participant sets his sights on big game. s7ep5
11.00 **Suits** (PG, **C**, **AD**) s3ep3
12.00am Grimm (16) s6ep9 **1.00** Battlestar Galactica (M, R, **C**) s3ep2 **4.00 – 4.25** ABC World News (PG, R)

SKY PREMIERE SKY 030

7.05 **The Infernal Machine** (2022, 16) Guy Pearce, Alice Eve
8.53 **Firestarter** (2022, 16) Zac Efron, Ryan Kiera Armstrong
10.25 **Armageddon Time** (2022, M) Anne Hathaway
12.20 **Beast** (2022, 16) Idris Elba, Sharlto Copley
1.50 **Sniper: Rogue Mission** (2022, 16) Chad Michael Collins, Ryan Robbins
3.25 **American Underdog** (2021, PG) Zachary Levi
5.15 **Eraser: Reborn** (2022, 16) Dominic Sherwood
6.55 **Dame Valerie Adams: More Than Gold** (2022, M) Documentary about the Kiwi shotput Olympian.
8.30 **Mack & Rita** (2022, M) A 30-year-old reluctantly joins a bachelorette trip and gets magically transformed into her 70-year-old self. Diane Keaton, Taylour Paige
10.10 **Top Gun: Maverick** (2022, M) Tom Cruise, Miles Teller
12.20am Three Thousand Years of Longing (2022, M) **2.05** Redeeming Love (2022, M) **4.15** V for Vengeance (2022, 16) **5.38** Obsessed with the Babysitter (2020, M)

MOVIES CLASSICS SKY 034

6.50 **The Color Purple** (1985, PG) Whoopi Goldberg
9.20 **Labyrinth** (1986, G) David Bowie, Jennifer Connelly
11.00 **In Cold Blood** (1967, 18) Robert Blake, Scott Wilson
1.10 **The Passenger** (1975) (1975, PG) Jack Nicholson, Maria Schneider
3.15 **Unforgiven** (1992, M) Clint Eastwood, Gene Hackman
5.25 **Gandhi** (1982, PG) Ben Kingsley, Om Puri
8.30 **Sahara** (1943, PG) During the Allied retreat in the Libyan desert, an American tank picks up a group of survivors, but faces advancing Germans and dehydration. Humphrey Bogart, Bruce Bennett
10.05 **Fright Night** (1985, M) A teen tries to convince everyone that his next-door neighbour is a vampire. Roddy McDowall, William Ragsdale
11.50 **Flatliners** (1990, M) Kiefer Sutherland, Julia Roberts
1.40am Back to the Future (1985, PG) **3.35** Dog Day Afternoon (1975, 18) **5.40** A Streetcar Named Desire (1951, M)

RIALTO SKY 039

6.35 **Employee of the Month** (2022, M) Jerome Commandeur
8.00 **The Conservation Game** (2021, M) US documentary.
9.35 **Unknowns** (16) s1ep5
10.30 **Blaze** (2022, 16) Simon Baker, Julia Savage
12.10 **Punch** (2022, 16) Tim Roth
1.50 **The Rose Maker** (2020, M) Catherine Frot
3.25 **The Girl on the Bridge** (2020, M) NZ documentary.
4.55 **I Am: Danielle** (M) s2ep2
5.45 **Reel Britannia** (M) s2ep1
6.50 **Gagarine** (2020, M) A 16-year-old fights to save his home from demolition. Alseni Bathily, Lyna Khoudri
8.30 **The Thief Collector** (2022, M) US documentary about the theft and recovery of one of Dutch-American artist Willem de Kooning's famous paintings.
10.10 **Eiffel** (2021, M) Emma Mackey, Romain Duris
11.55 **Hostile** (2022, M) UK documentary.
1.30am Possessions (16) s1ep5&6 **3.10** The Rose Maker (2020, M) **4.45** Reel Britannia (M) s2ep1 **5.50** Gagarine (2020, M)

SKY CHANNELS

Vibe SKY 006

6.00 A Million Little Things (M) s4ep19 **6.50** ER (M) s2ep18 **7.35** New Amsterdam (M) s3ep6 **8.25** Judging Amy (M) s4ep6 **9.15** Blindspot (16) s4ep13 **10.00** The Equalizer (M) s2ep10 **10.50** Agatha Raisin (PG) s4ep10 **12.35** Against the Wall (16) s1ep3 **1.35** ER (M) s2ep18 **2.30** New Amsterdam (M) s3ep6 **3.30** Judging Amy (M) s4ep6 **4.30** The Equalizer (M) s2ep10 **5.30** A Million Little Things (M) s4ep19 **6.30** Blindspot (16) s4ep13 **7.30** East New York (M) s1ep16 **8.30** The Heights (M) Ryan and Hazel try to find Shannon, Pav and Claudia's date is gatecrashed by his ex-wife, and Sully makes a drunken move on Ash. s1ep2 **9.30** Medici: The Magnificent (16) s1ep8 **10.35** Judging Amy (M) s4ep6 **11.30** Judge Judy (PG) **12.00am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.10** EastEnders (PG) **7.45** The Bill (M) **8.35** A Touch of Frost (M) s3ep1 **10.25** Father Brown (M) s4ep8 **11.15** Doc Martin (M) s2ep5 **12.05** Midsomer Murders (M) s14ep8 **1.40** The Bill (M) **2.30** New Tricks (M) s12ep10 **3.30** 8 Out of 10 Cats Does Countdown (M) **4.25** The Jonathan Ross Show (M) s16ep9 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (PG) **8.00** Would I Lie to You? (PG) **8.35** The Mallorca Files (M) Max and Miranda become part of the show at the home of a music producer turned reality TV star. s1ep10 **9.30** Holby City (M) It's the morning after the night before for Cameron and Chloe. s22ep7 **10.35** Keeping Faith (M) s2ep4 **11.40** Midsomer Murders (M) s14ep8 **1.15am** Programmes continue

Jones! SKY 008

6.00 The Darling Buds of May (PG) **7.00** All in the Family (M) **7.30** The Brady Bunch (PG) **7.55** F Troop (PG) **8.20** Bonanza (M) **9.10** Dr. Kildare (PG) **10.00** The Thorn Birds (PG) s1ep2 **11.40** Sugarfoot (PG) **12.35** Maverick (PG) **1.25** Cheyenne (PG) **2.15** Hondo (PG) **3.05** Bonanza (M) **3.55** Dr. Kildare (PG) **4.55** The Waltons (PG) **5.50** F Troop (PG) **6.20** The Brady Bunch (PG) **6.50** All in the Family (M) **7.20** The Darling Buds of May (PG) **8.30** You Rang, M'Lord? (PG) **9.35** Keeping Mum (PG) **10.15** The Brady Bunch (PG) **10.45** All in the Family (M) **11.15** The Darling Buds of May (PG) **12.10am** Programmes continue

SoHo SKY 010

6.20 Obama: In Pursuit of a More Perfect Union (M) s1ep1 **8.00** The Good Lord Bird (18) s1ep2 **8.50** Peacemaker (18) s1ep1 **9.40** Save Me Too (16) s2ep3 **10.35** Yellowstone (16) s5ep4 **11.35** Your Honor (16) s2ep1 **12.30** A Discovery of Witches (M) s1ep2 **1.20** Last Week Tonight with John Oliver (M) s10ep14 **2.00** Save Me Too (16) s2ep3 **3.00** Yellowstone (16) s5ep4 **4.00** Riviera (16) s1ep1 **5.00** Flatbush Misdemeanors (16) s2ep8 **5.30** Industry (16) s2ep7 **6.30** Yellowstone (16) s2ep8 **7.30** A Discovery of Witches (M) s1ep8 **8.30** The Idol (18) s1ep2 **9.30** The Vow (18) On the stand, a woman who was one of three sisters groomed by Keith recalls the abuse she endured. s2ep5 **10.30** Real Time with Bill Maher (M) s21ep18 **11.30** A Teacher (18) s1ep4 **12.00am** Programmes continue

Living SKY 017

6.00 Salvage Hunters: Best Buys (PG) **7.00** Rachael Ray's Week in a Day (PG) **8.00** House Hunters (PG) **9.00** Selling Houses Australia (PG) **10.00** Salvage Hunters (PG) **11.00** A Place in the Sun (PG) **Noon** Love It or List It Australia (PG) **12.50** Miriam Margolyes: Almost Australian (M) **1.50** Salvage Hunters: Best Buys (PG) **2.45** House Hunters (PG) **3.45** Rachael Ray's Week in a Day (PG) **4.45** Salvage Hunters (PG) **5.40** Restoration Man (PG) **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun (PG) **8.30** Barefoot Contessa: Back to Basics (PG) **9.00** The Pioneer Woman (PG) **9.30** Bobby and Giada in Italy (PG) **10.30** The Great British Dig (PG) **11.30** House Hunters (PG) **12.30am** Programmes continue

Investigation Discovery SKY 018

6.00 People Magazine Investigates (M) **6.55** American Detective with Lt. Joe (M) **7.55** Evil Lives Here (M) **8.50** Nightmare Next Door (M) **9.50** Disappeared (M) **10.45** The Perfect Murder (M) **11.45** Married with Secrets (M) **12.45** Scorned: Love Kills (M) **1.40** Betrayed (M) **2.40** People Magazine Investigates (M) **3.35** Jared from Subway: Catching (M) **4.35** The Tetris Murders (M) **5.35** Pandora's Box: Unleashing Evil (M) **6.30** Your Worst Nightmare (M) **7.30** Reasonable Doubt (M) **8.30** Deadline: Crime with Tamron Hall (M) **9.30** In Pursuit with John Walsh (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.20am** Programmes continue

Sky Arts SKY 020

6.30 ■ Dante's Divine Politics (2021, G) **8.00** The Curry House Kid **8.50** Piano to Zanskar **9.45** Classical Destinations with Simon Callow **10.10** Secrets of the Museum **11.00** Sounds and Stone **11.45** The Art of Architecture **12.30** Landscape Artist of the Year **1.15** Concrete Canvas **1.45** Classic Literature and Cinema **2.30** ■ Dante's Divine Politics (2021, G) **4.00** Christian Thielemann Conducts Bruckner No. 5 **5.25** Hollywood Gala **6.45** Klavier-Festival Ruhr: Evgeny Kissin Plays Bach, Mozart, Beethoven & Chopin **8.40** Czech Philharmonic: Season Opening Concert 2022 **10.30** LSO: Sir Simon Rattle Conducts Kurt Weill **12.00am** Programmes continue

Discovery SKY 070

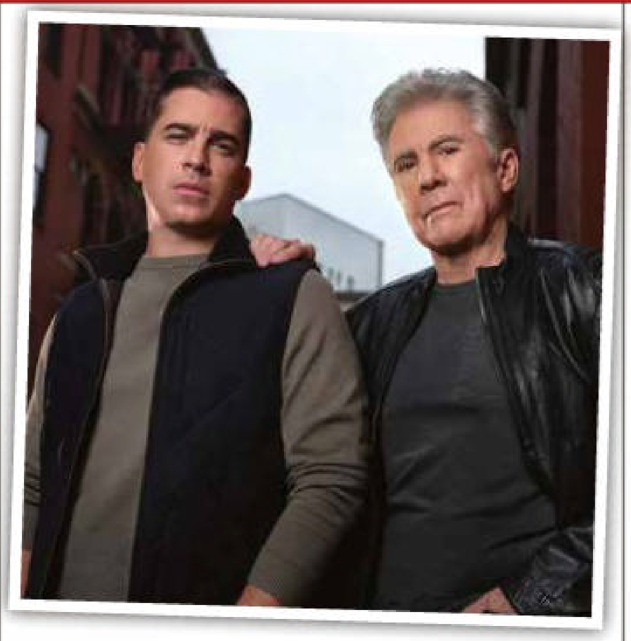
6.00 How the Universe Works (PG) **6.55** Alaskan Bush People (PG) **7.55** Dirty Jobs (PG) **8.50** Gold Rush the Dirt (M) **9.50** Gold Rush: Dave Turin's Lost Mine (M) **10.45** Curse of the Bermuda Triangle (PG) **11.45** What on Earth? (PG) **12.45** Maritime Masters: Expedition (PG) **1.40** Aussie Gold Hunters (PG) **2.40** Outback Opal Hunters (PG) **3.35** Deadliest Catch (M) **4.35** Dirty Jobs (PG) **5.35** Aussie Gold Hunters (PG) **6.30** Dirty Jobs (M) **7.30** Dirty Jobs (PG) **8.30** Aussie Truck Rehab (PG) **9.30** All on the Line (PG) **10.30** Moonshiners: Master Distiller (M) **11.25** Naked and Afraid (M) **12.20am** Programmes continue

History SKY 073

6.20 Normandy 44: D-Day (PG) **7.20** Countdown to Surrender: Last 100 Days (16) **8.25** The Unseen Time Team Specials (PG) **9.25** Hitler's Last Secrets (M) **10.25** Time Team **11.25** Waterloo's Warriors (PG) **12.25** Myths: Greatest Mysteries of Humanity (PG) **1.30** How the Nazis Lost the War (M) **2.30** Scorched Earth (PG) **3.30** Dead Men's Secrets (PG) **4.30** Hitler: Countdown to War (PG) **5.30** Hitler's Last Secrets (M) **6.30** Time Team **7.30** After Chaos (PG) **8.30** Hitler's Engineers (PG) **9.30** Hitler's Slaves: Forced Labour (M) **10.35** Ancient Skies (PG) **11.40** Abandoned Engineering (PG) **12.35am** Programmes continue

BBC Earth SKY 074

6.00 Wonder of Animals (PG) **7.00** Life Below Zero (M) **7.50** Where the Wild Men Are (PG) **8.35** Strangest Things (PG) **9.25** Food: Delicious Science (M) **10.25** The Dog Rescuers (PG) **11.15** 24 Hours in A&E (M) **12.05** The Planets: The Making of (PG) **12.10** Blue Planet (PG) **1.00** Strangest Things (PG) **1.50** Wonder of Animals (PG) **2.55** Seven Worlds, One Planet: The Making of (PG) **3.05** Wildest Places (PG) **4.00** Food: Delicious Science (M) **5.05** Life Below Zero (M) **6.00** Where the Wild Men Are (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** Attenborough's Wonder of Song (PG) **9.35** The Mating Game (PG) **10.35** The Mating Game: The Making of (PG) **10.45** Life (PG) **11.40** Wildest Places (PG) **12.35am** Programmes continue



Investigation Discovery: In Pursuit with John Walsh, 9.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Aotearoa Rugby Pod **7.00** No Boundaries **7.30** Between Two Posts **8.15** Aotearoa Rugby Pod **9.15** The Back Page **10.15** EPCR Challenge Cup, final, Glasgow Warriors v Toulon **12.15** Between Two Posts **1.00** Currie Cup, Griquas v Pumas **3.00** Currie Cup, Griffons v Golden Lions **5.00** No Boundaries **5.30** Aotearoa Rugby Pod **6.30** French Open Review **7.30** ATP Uncovered **8.00** Sal's Hoop Heads **8.30** Super Rugby Pacific, quarter-final 3 **10.30** French Open Review **11.30** Super Rugby Pacific, quarter-final 1 **11.45** Between Two Posts **12.30am** Aotearoa Rugby Pod **1.30** Sal's Hoop Heads **2.00** European Rugby Champions Cup, final, Leinster v La Rochelle **4.00** EPCR Challenge Cup, final, Glasgow Warriors v Toulon

Sky Sport 2 SKY 052

6.00 Road to the FIFA Women's World Cup **6.30** FIA World Endurance Championship, 24 Hours of Le Mans, highlights **7.30** Sal's NBL, Hawke's Bay Hawks v Franklin Bulls, replay from Pettigrew Green Arena, Napier **9.30** Sal's NBL, Nelson Giants v Canterbury Rams, replay from Trafalgar Centre, Nelson **11.30** Sal's NBL, Auckland Tuatara v Franklin Bulls, replay from Eventfinda Stadium, Auckland **1.30** Aotearoa Rugby Pod **2.30** French Open, men's doubles final **4.30** French Open, women's doubles final, replay **6.30** French Open Review **7.30** ATP Tour 250, Libéma Open, day 2, match of the day **9.00** ATP Tour 250, Libéma Open, day 3, from Rosmalen, 's-Hertogenbosch, Netherlands, **live** **5.00am** French Open Review

Sky Sport 3 SKY 053

6.00 Indian Premier League, Kolkata Knight Riders v Punjab Kings, replay from Eden Gardens, Kolkata **10.00** Indian Premier League, Mumbai Indians v Royal Challengers Bangalore, replay from Wankhede Stadium, Mumbai **2.00** Indian Premier League, Chennai Super Kings v Delhi Capitals, replay from MA Chidambaram Stadium, Chennai **6.00** ATP 250, Stuttgart Open day 2, match of the day **7.30** Indian Premier League, Kolkata Knight Riders v Rajasthan Royals **7.45** Indian Premier League, Mumbai Indians v Gujarat Titans **8.00** Indian Premier League, Sunrisers Hyderabad v Lucknow Super Giants **8.15** Indian Premier League, Delhi Capitals v Punjab Kings **8.30** No Boundaries **9.00** ATP 250, Stuttgart Open, day 3, from Tennis Club Weissenhof, Stuttgart, **live** **5.00am** Indian Premier League, Rajasthan Royals v Royal Challengers Bangalore **5.15** Indian Premier League, Chennai Super Kings v Kolkata Knight Riders **5.30** Indian Premier League, Gujarat Titans v Sunrisers Hyderabad **5.45** Indian Premier League, Lucknow Super Giants v Mumbai Indians

WORLD ELDER ABUSE AWARENESS DAY

Documentary: RPA

We're not sure it's a good idea to be screening such a programme right now – we're losing enough medical professionals across the Ditch without encouraging them with all the bells and whistles of the fancy Royal Prince Alfred Hospital in Sydney. The series promises "medical advancements and new technologies, from minimally invasive brain, heart and robotic surgery, to the 24/7 state-wide clot retrieval procedure for stroke sufferers". Incredibly, the show has been running for 19 seasons and has been nominated for a Logie Award every year since 2000. Prince Alfred was Queen Victoria's second son, by the way.

TVNZ 1, 7.30pm

Crime drama: ENDEAVOUR

Season nine, and the *Endeavour-Inspector Morse* circle is complete. The prequel about the young Morse (Shaun Evans) has spanned from 1965 to these final three episodes set in 1972, segueing with the beginning of *Morse*. The final episode is named for the stage direction "exeunt".

ACORN TV and AMC+

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**C**) Jenny-May Clarkson and Chris Chang present news, sport, information and weather.
9.00 **Lingo** (G, R, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Attitude** (G, R, **C**, **AD**) In his 30-plus years in a wheelchair, Lee Warn has been an athlete, marriage celebrant, axe thrower and spinal support worker and now he wants to become a race car driver.
1.30 **Coronation Street** (PG, R, **C**, **AD**) Ryan endures a courtroom interrogation before Justin delivers his version of events, Evelyn uncovers the depth of Roy's regard for her, and Billy and Paul set off on holiday.
2.00 **Millionaire Hot Seat** (G, **C**) Hosted by Eddie McGuire.
3.00 **Tipping Point** (PG, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Mike & Molly** (PG, R, **C**) Molly joins her sister on a spring break road trip. s3ep18
5.00 **The Chase** (G, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**C**)
7.00 **Seven Sharp** (**C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 🟨 **RPA** (M, **C**, **AD**) Behind the scenes at the Royal Prince Alfred Hospital in Sydney. Tonight, actor James has been suffering persistent headaches and is sent for an MRI that reveals multiple aneurysms in his brain.
8.30 🟨 **Rich House, Poor House** (M, **C**, **AD**) UK series in which families from opposite ends of the social spectrum swap homes and lifestyles. Tonight, millionaire Leonard lives a luxury two-bedroom apartment overlooking the Thames on London's Southbank. He swaps homes with single mum Dominique, from South London.
9.25 **Coronation Street** (PG, **C**, **AD**)
10.25 **1 News** (**C**)
10.55 **Shortland Street** (PG, R, **C**, **AD**)
11.30 **SkyMed** (M, **C**) Canadian medical drama series. s1ep7
12.25am **20/20** (R, **C**)
1.10 **Te Karere** (R)
1.45 **Infomercials**
5.30 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **C**)
6.25 **Code Fun** (G, R, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **C**, **AD**)
6.50 **Darwin & Newts** (G, R, **C**, **AD**)
7.05 **Super Wish** (G, **C**)
7.25 **The Croods: Family Tree** (G, R, **C**)
7.50 **Trollhunters: Tales of Arcadia** (G, **C**)
8.15 🟥 **Super Monsters** (G, **C**)
8.25 🟥 **Petronix Defenders** (G, R, **C**)
8.35 **The Adventures of Paddington** (G, **C**)
8.50 **Remy & Boo** (G, **C**)
9.00 **Infomercials**
9.30 **Les Mills Adult Classes** (G, R, **C**)
10.00 **Home and Away** (PG, R, **C**)
10.30 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.00 **The Bachelor** (PG, **C**) s26ep1
12.55 **Lingo** (G, R, **C**)
1.55 🟥 **Kirstie and Phil's Love It or List It** (G, R, **C**)
3.00 **The Drew Barrymore Show** (PG, R, **C**)
3.30 **The Poo Files** (G, **C**, **AD**) s2ep14
3.35 🟥 **Young Ocean Explorers: Rangatahi** (G, **C**, **AD**)
3.40 **Brain Busters** (G, **C**)
4.10 **The Feed** (PG, **C**)
4.35 **Sabrina the Teenage Witch** (G, R, **C**)
5.00 **Ghosts** (PG, **C**) s2ep19
5.30 **Friends** (G, R, **C**) s8ep12
6.00 **The Simpsons** (PG, R, **C**) Homer must pretend to be Selma's husband so she can adopt a baby girl from China. s16ep12
6.30 **Home and Away** (PG, **C**) Justin is determined to rescue Andrew, and Marilyn is being watched.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Shortland Street descends into chaos when a threat infiltrates the hospital.
7.30 **MasterChef Australia** (PG, **C**) Cooking competition series, with judges Melissa Leong and Andy Allen.
8.35 **Australian Survivor: Heroes v Villains** (M, **C**, **AD**, another episode screens tomorrow) Jonathan LaPaglia presents a reality game show in which new and returning players compete. Tonight, the tribal council has revealed cracks among alliances.
9.45 **CSI: Crime Scene Investigation** (16, **C**) DB Russell's granddaughter goes missing. s13ep1
11.40 **Ten 7 Summer** (PG, R, **C**)
12.05am **SEAL Team** (16, R, **C**, **AD**) s5ep13
12.50 **Emmerdale** (PG, R, **C**, **AD**)
1.15 **Infomercials**
2.15 **90210** (M, **C**) s3ep10
4.30 **Hollyoaks** (PG, R, **C**, **AD**)
4.50 **2 Tunes**
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge, Melissa Chan-Green and William Waiirua.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon 🟦 **All for Her** (2021, PG, R, **C**) Alice Amter, Adam Huss.
1.50 **Pit Bulls & Parolees** (PG, **C**)
2.45 **Extreme Couponing** (PG, R, **C**)
3.10 **Cutthroat Kitchen** (PG, R, **C**)
4.05 **Flip or Flop** (G, R, **C**)
4.30 **Yard Crashers** (G, R, **C**)
5.00 **Gold Rush** (PG, R, **C**)
6.00 **Newshub Live** (**C**)
7.00 **The Project** (**C**) With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **7 Days** (M) With Courtney Dawson, Lana Walters, Mel Buttle, Dai Henwood, Harley Breen and Ben Hurley.
8.30 🟩 **Double Parked** (M, **C**, **AD**) Local comedy series about a couple trying to get pregnant. s1ep1
9.00 🟩 **Homebound 3.0** (16, **C**, **AD**) Local comedy series about an Asian-Kiwi trying to avoid his parents' marriage expectations. s1ep1
9.30 **The Graham Norton Show** (M, R, **C**) With Dame Judi Dench, Jamie Dornan, Salma Hayek, Tinie Tempah, Bruce Springsteen, Barack Obama and Jesy Nelson. s29ep6
10.35 **Newshub Late**
11.05 **Prodigal Son** (M, **C**, **AD**) s1ep2
12.00am **Infomercials**
5.30 – 6.00 **AM Early** News, information and weather.

PRIME FREEVIEW 15 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.00 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **Infomercials**
Noon **New Amsterdam** (M, **C**)
1.00 **Julia** (M, R, **C**)
2.00 **The Late Show** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **Rural Delivery** (G, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
6.30 **The Middle** (PG, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **Channel Patrol** (M, **C**)
8.30 **Quantum Leap** (M, **C**) Ben leaps to Las Vegas in the 1970s and into the body of a promising young boxer.
9.30 **Branson** (PG, **C**) Richard announces plans to develop a spaceflight company.
10.40 **The Crowd Goes Wild** (PG)
11.10 **UFC on Sky** (M)
11.40 **The Late Show with Stephen Colbert** (PG)
1.00am – 6.00 **Infomercials**

🟩 **NEW** 🟨 **RETURN** 🟥 **FINAL** 🟦 **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Bake-Off** (G, R)
10.00 **My Māori Midwife** (PG, R)
10.15 **Breaking Silence** (PG)
10.30 **Going Native** (G, R)
11.00 🟦 **Searching for Winnietou** (2018, G, R) Documentary.
Noon **Te Ao Tapatahi** (G)
12.30 🟦 **Land of Mine** (2015, M, R) Roland Møller.
2.20 **Rags Are Riches** (PG)
2.30 **Ōpaki** (G, R)
3.00 **Ako** (G, R)
3.30 **Kids' Programmes**
5.00 **He Kōputu Waiata** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Tamararo** (G, R)
6.30 **Te Ao Mārama**
7.00 **Mura o te Ahi** (PG, R)
7.30 **Gowns and Geysers** (PG) The contestants get a professional hair makeover.
8.00 **Aroha Nui: Say I Do** (G) Papamoa celebrants Iripa and Jess take control of a Māori wedding in Te Papaioea.
8.30 🟩 **Not Even** (M) Drama series about twenty-somethings living in Wellington.
9.00 **Nanakia 2.0** (PG, R)
9.30 **Ahikāroa** (M) Uru confronts Kid about his secrets.
10.00 **Rage Against the Rangatahi** (PG) Food for the Soul.
10.30 – 11.00 **Te Ao Mārama** (R)

Film: I AM HERE

Sometimes the best revenge is simply to live and Polish-born Ella Blumenthal is seen in this documentary celebrating her 98th birthday. She waited that long to tell her story of Holocaust survival and director Jordy Sank uses photos and animation.
RIALTO, 8.30pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Shark Tank** (PG, R)
11.00 **Snapped** (M, R)
11.55 **24 Hours in Emergency** (M, R)
1.00 **Below Deck Mediterranean** (M, R)
2.00 **A Place in the Sun: Winter Sun** (G, R)
3.00 **Judge Jerry** (G)
3.30 **Botched** (PG, R)
4.30 **Shark Tank** (PG, R)
5.30 **Top Chef** (PG, R)
6.30 **The Dog Rescuers** (PG, R)
7.30 **Celebrity Prank Wars** (M)
8.30 **Below Deck Sailing Yacht** (M) In an effort to turn the charter around, Capt Glenn takes the guests on an epic sail.
9.30 **The Real Housewives of Orange County** (M) Tamra Judge is back, but her return to the group proves rocky.
10.30 **Snapped** (M, R)
11.30 **The Real Housewives of New York** (PG, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Infomercials**
6.30 **Restaurant: Impossible** (G, R)
7.20 **The Pioneer Woman** (G, R)
7.45 **Valerie's Cooking** (G, R)
8.15 **Everyday Italian** (G, R)
8.40 **Bobby Flay** (G, R)
9.05 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Shipping Wars** (PG, R)
11.30 **Yardcore** (G, R)
Noon **Car Pound Cops** (PG, R)
1.00 **Jimmy Doherty** (G, R)
2.00 **Bondi Rescue** (PG, R)
2.30 **Border Security Aus** (PG, R)
3.00 **Restaurant: Impossible** (G)
4.00 **Everyday Italian** (G)
4.30 **Bobby Flay** (G)
5.00 **Museum Mysteries** (PG, R)
6.00 **American Pickers** (PG, R)
7.00 **Shipping Wars** (PG, R)
7.30 **Bondi Rescue** (PG)
8.00 **Border Security Aus** (PG, R)
8.30 **Next Great Designer** (PG, R)
9.30 **Key to a Fortune** (G)
10.30 **North America with Simon Reeve** (PG)
11.30 **Flea Market Flip** (G, R)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Building Off the Grid: Desert Den** (G, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.35 **Swamp Loggers** (PG, R)
9.25 **Building Alaska** (G, R)
10.15 **Homestead Rescue** (PG, R)
11.00 **Tanked** (PG, R)
11.50 **Swamp Loggers** (PG, R)
12.40 **Treasure Quest: Snake Island** (PG, R)
1.25 **Bering Sea Gold** (PG, R)
2.10 **Backyard Oil** (PG, R)
3.00 **Wheeler Dealers** (PG, R)
3.50 **Building Off the Grid: Desert Den** (G, R)
4.45 **Tanked** (PG, R)
5.40 **Wheeler Dealers** (PG, R)
6.35 **Swamp Loggers** (PG)
7.30 **Dirty Mudder Truckers** (PG)
8.30 **Kindig Customs** (PG) An old client returns for help building the greatest Mopar on the planet.
9.30 **Street Outlaws** (PG)
10.25 **Tanked** (PG, R)
11.20 **Wheeler Dealers** (PG, R)
12.15am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
10.30 **DUKEbox Music**
11.35 **Heavy Rescue 401** (G, R)
12.30 **Abandoned Engineering** (G, R, **C**)
1.30 **Superstore** (PG, R, **C**, **AD**)
1.55 **Community** (PG, R, **C**)
2.20 **Xploration: Awesome Planet** (G, R)
2.50 **Toa Hunter Gatherer** (PG)
3.20 **The Chase Australia** (G, R, **C**)
4.15 **ABC World News** (PG)
4.40 **Love Island UK** (PG)
6.10 **Parks and Recreation** (G, **C**) s7ep4
6.35 **The Goldbergs** (PG, **C**) s6ep20
7.00 **The Office US** (G, **C**) s6ep22
7.30 **The Simpsons** (PG, R, **C**, **AD**) s33ep11
8.30 **Saving Lives at Sea** (M, **C**, **AD**) s3ep6
9.30 **Engineering Reborn** (PG, **C**, **AD**) The St Louis Rail Station. s1ep2
10.30 **Suits** (PG, **C**, **AD**) s3ep4
11.30 **Along for the Ride with David O'Doherty** (M, R, **C**, **AD**)
12.30am Grime & Punishment (16, R, **C**) s1ep2 **1.30** The UnXplained with William Shatner (PG, R, **C**) **2.30 – 2.55** ABC World News (PG, R)

SKY PREMIERE SKY 030

7.10 **Happening** (2021, 16) Anamaria Vartolomei, Kacey Mottet Klein
8.50 **Doula** (2021, M) Troian Bellisario, Will Greenberg
10.35 **Bullet Train** (2022, 16) Brad Pitt, Joey King
12.40 **Nope** (2022, 16) Daniel Kaluuya, Keke Palmer
2.50 **Uncharted** (2022, M) Tom Holland, Mark Wahlberg
4.45 **Orphan: First Kill** (2022, 16) Isabelle Fuhrman, Julia Stiles
6.25 **Downton Abbey: A New Era** (2021, PG) A family go on a grand journey to the South of France to uncover the mystery of a Countess' newly inherited villa. Hugh Bonneville, Maggie Smith, Jim Carter
8.30 **Poker Face** (2022, 16) A tech billionaire gathers his friends for a high-stakes poker game. Russell Crowe, Liam Hemsworth
10.10 **Ambulance** (2022, 16) Jake Gyllenhaal, Yahya Abdul-Matenn II
12.25am Infinite Storm (2022, M) **2.00** Smile (2022, 16) **3.55** Muru (2022, M) **5.40** Mrs. Harris Goes to Paris (2022, PG)

MOVIES CLASSICS SKY 034

7.45 **The Pelican Brief** (1993, PG) Julia Roberts, Denzel Washington
10.05 **The Deer Hunter** (1978, 18) Robert De Niro, Christopher Walken
1.05 **The Remains of the Day** (1993, PG) Anthony Hopkins, Emma Thompson
3.15 **Hostile Waters** (1997, M) Rutger Hauer, Martin Sheen
4.50 **The Net** (1995, M) Sandra Bullock, Jeremy Northam
6.40 **Flatliners** (1990, M) Five medical students explore their curiosity with the after-life by conducting experiments on each other. Kiefer Sutherland, Julia Roberts, Kevin Bacon, William Baldwin
8.30 **Back to the Future 3** (1990, PG) Marty McFly travels back to 1885 to prevent Doc Brown from being murdered. Michael J. Fox, Christopher Lloyd
10.25 **Geronimo: An American Legend** (1993, PG) Wes Studi, Gene Hackman
12.20am Get Carter (1971) (1971, M) **2.10** Murder in the First (1994, 18) **4.10** The Exorcist (1973, 16)

RIALTO SKY 039

7.30 **The Thief Collector** (2022, M) US documentary.
9.10 **Eiffel** (2021, M) Emma Mackey, Romain Duris, Pierre Deladonchamps
11.00 **Hostile** (2022, M) UK documentary.
12.40 **The Judgement** (2021, M) Fedja van Huet, Yorick van Wageningen
2.55 **The Man Putin Couldn't Kill** (2021, M) UK documentary.
4.25 **Decision to Leave** (2022, M) Tang Wei
6.40 **Delicious** (2021, M) In 1789, a chef is freed from servitude by his master and opens the first restaurant. Gregory Gadebois, Isabelle Carré
8.30 **Rialto Documentary: I Am Here** (2021, M) South African documentary about Holocaust survivor Ella Blumenthal.
9.45 **Lansky** (2021, 16) Harvey Keitel, John Magaro, Minka Kelly
11.45 **Transfusion** (2023, 16) Sam Worthington, Phoebe Tonkin, Matt Nable
1.30am Stray (2020, 18) **2.40** The Man Putin Couldn't Kill (2021, M) **4.10** Decision to Leave (2022, M)

SKY CHANNELS

Vibe SKY 006

6.00 A Million Little Things (M) s4ep20 **6.50** ER (M) s2ep19 **7.35** New Amsterdam (M) s3ep7 **8.25** Judging Amy (M) s4ep7 **9.15** Blindspot (16) s4ep14 **10.00** The Equalizer (M) s2ep11 **10.50** The Heights (M) s1ep2 **11.50** Medici: The Magnificent (16) s1ep8 **12.55** East New York (M) s1ep16 **1.45** ER (M) s2ep19 **2.40** New Amsterdam (M) s3ep7 **3.30** Judging Amy (M) s4ep7 **4.30** The Equalizer (M) s2ep11 **5.30** A Million Little Things (M) s4ep20 **6.30** Blindspot (16) s4ep14 **7.30** Rosie Molloy Gives Up Everything (16) s1ep5&6 **8.30** Annika (M) The case takes the team to the Isle of Bute, where a darker secret starts to emerge. s1ep2 **9.30** Pure Genius (M) s1ep2 **10.30** Judging Amy (M) s4ep7 **11.30** Judge Judy (PG) **12.00am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.30** QI (M) **7.05** EastEnders (PG) **7.40** The Bill (M) **8.30** A Touch of Frost (M) s3ep2 **10.20** Father Brown (M) s4ep9 **11.10** Doc Martin (M) s2ep6 **Noon** Midsomer Murders (M) s15ep1 **1.35** The Bill (M) **2.25** New Tricks (M) s1ep1 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Jonathan Ross Show (M) s16ep10 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (PG) **8.00** Would I Lie to You? (PG) **8.35** The Graham Norton Show (PG) With Daniel Craig, Emma Thompson, Clive Myrie, Fleur East, Ian McKellen and John Bishop. s30ep8 **9.35** Dragons' Den (PG) The creator of a mystery puzzle game tries to get past go. s19ep10 **10.40** Sister Boniface Mysteries (M) s1ep4 **11.30** Midsomer Murders (M) s15ep1 **1.05am** Programmes continue

Jones! SKY 008

6.00 The Darling Buds of May (PG) **7.00** All in the Family (M) **7.30** The Brady Bunch (PG) **7.55** F Troop (PG) **8.20** Bonanza (M) **9.10** Dr. Kildare (PG) **10.00** You Rang, M'Lord? (PG) **10.55** Keeping Mum (PG) **11.40** Sugarfoot (PG) **12.35** Maverick (PG) **1.25** Cheyenne (PG) **2.15** Laredo (PG) **3.05** Bonanza (M) **3.55** Dr. Kildare (PG) **4.55** The Waltons (PG) **5.50** F Troop (PG) **6.20** The Brady Bunch (PG) **6.50** All in the Family (M) **7.20** The Darling Buds of May (PG) Pop finds the twins safe after they ran away from boarding school with their new-found friend, an Indian princess. **8.30** North and South (M) In 1848, a disaster at the Hazard foundry causes a rift between George and Stanley. **10.30** The Brady Bunch (PG) **11.00** All in the Family (M) **11.30** The Darling Buds of May (PG) **12.35am** Programmes continue

SoHo SKY 010

6.25 Yellowstone (16) s2ep8 **7.15** A Discovery of Witches (M) s1ep8 **8.15** American Horror Story: NYC (18) s11ep9 **9.10** The Vow (18) s2ep5 **10.05** Real Time with Bill Maher (M) s21ep18 **11.05** Dave (16) s2ep7 **11.35** Last Week Tonight with John Oliver (M) s10ep14 **12.15** The Idol (18) s1ep2 **1.25** Yellowstone (16) s2ep8 **2.15** A Discovery of Witches (M) s1ep8 **3.00** A Teacher (18) s1ep4 **3.30** Dave (16) s2ep7 **4.00** Riviera (16) s1ep2 **5.00** Flatbush Misdemeanors (16) s2ep9 **5.30** Industry (16) s2ep8 **6.30** American Horror Story: NYC (18) s11ep9 **7.30** Atlanta (16) s3ep10 **8.05** Barry (16) s4ep7 **8.35** Dreamland (M) Trish gives Mel a gift for helping her find Spencer. s1ep6 **9.00** Intelligence (M) Christine informs Jerry that the Russians are demanding him in exchange for Mary's mum. s2ep5 **9.30** Fear the Walking Dead (M) s8ep5 **10.30** Your Honor (16) s1ep3 **11.30** American Horror Story: Double Feature (18) s10ep3 **12.20am** Programmes continue

Living SKY 017

6.00 Salvage Hunters: Best Buys (PG) **7.00** Rachael Ray's Week in a Day (PG) **8.00** House Hunters (PG) **9.00** Bobby and Giada in Italy (PG) **10.00** Barefoot Contessa: Back to Basics (PG) **10.30** The Pioneer Woman (PG) **11.00** A Place in the Sun (PG) **Noon** Love It or List It Australia (PG) **12.55** The Great British Dig (PG) **1.50** Salvage Hunters: Best Buys (PG) **2.45** House Hunters (PG) **3.45** Rachael Ray's Week in a Day (PG) **4.45** Barefoot Contessa: Back to Basics (PG) **5.15** The Pioneer Woman (PG) **5.40** Restoration Man (PG) **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun (PG) **8.30** The Julia Child Challenge (PG) **9.30** Chopped (PG) **10.30** Girl Meets Farm (PG) **11.30** House Hunters (PG) **12.30am** Programmes continue

Investigation Discovery SKY 018

6.00 People Magazine Investigates (M) **6.55** Jared from Subway: Catching (M) **7.55** The Tetris Murders (M) **8.50** Nightmare Next Door (M) **9.50** Disappeared (M) **10.45** The Perfect Murder (M) **11.45** Married with Secrets (M) **12.45** Scorned: Love Kills (M) **1.40** Betrayed (M) **2.40** Welcome to Killer Town (M) **3.35** Deadline: Crime with Tamron Hall (M) **4.35** In Pursuit with John Walsh (M) **5.35** Pandora's Box: Unleashing Evil (M) **6.30** Your Worst Nightmare (M) **7.30** Reasonable Doubt (M) **8.30** Body Cam (M) **9.30** Crimes Gone Viral (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.20am** Programmes continue

Sky Arts SKY 020

6.30 LSO: Sir Simon Rattle Conducts Kurt Weill **8.00** Christian Thielemann Conducts Bruckner No. 5 **9.25** Hollywood Gala **10.45** Klavier-Festival Ruhr: Evgeny Kissin Plays Bach, Mozart, Beethoven & Chopin **12.40** Czech Philharmonic: Season Opening Concert 2022 **2.30** LSO: Sir Simon Rattle Conducts Kurt Weill **4.00** Keyboard Fantasies **5.00** Kila: Pota Oir **6.05** You Will Be Happy **7.00** Mary Beard's Shock of the Nude (PG) **8.00** Finding Your Roots **9.00** Fake or Fortune? **10.00** Off Camera **11.00** The Goering Catalogue **12.00am** Programmes continue

Discovery SKY 070

6.00 How the Universe Works (PG) **6.55** Yukon Men (PG) **7.55** Dirty Jobs (PG) **8.50** Maritime Masters: Expedition (PG) **9.50** Dirty Jobs (PG) **10.50** Barnwood Builders (PG) **11.45** What on Earth? (PG) **12.45** Naked and Afraid (M) **1.40** Aussie Gold Hunters (PG) **2.40** Outback Opal Hunters (PG) **3.35** Deadliest Catch (M) **4.35** Dirty Jobs (PG) **5.35** Aussie Gold Hunters (PG) **6.30** Gold Rush (M) **8.30** Gold, Lies & Videotape (M) **9.30** Gold Rush: Dave Turin's Lost Mine (M) **10.30** Dirty Jobs (PG) **11.25** Naked and Afraid (M) **12.20am** Programmes continue

History SKY 073

6.20 Hitler's Slaves: Forced Labour (M) **7.25** Ancient Skies (PG) **8.30** The Unseen Time Team Specials (PG) **9.30** Hitler's Last Secrets (M) **10.30** Time Team **11.30** After Chaos (PG) **12.30** Hitler's Engineers (PG) **1.30** How the Nazis Lost the War (M) **2.30** Scorched Earth (PG) **3.30** Dead Men's Secrets (PG) **4.30** Hitler: Countdown to War (PG) **5.30** Secrets of World War II (PG) **6.30** Time Team **7.30** Secrets in the Ice (PG) **8.30** The Secret of Skinwalker Ranch (PG) **9.20** History Uncovered (PG) **10.20** October Fury (PG) **11.20** Abandoned Engineering (PG) **12.20am** Programmes continue

BBC Earth SKY 074

6.00 Wonder of Animals (PG) **7.00** Life Below Zero (M) **7.50** Where the Wild Men Are (PG) **8.40** Strangest Things (PG) **9.25** Food: Delicious Science (M) **10.30** The Dog Rescuers (PG) **11.15** 24 Hours in A&E (PG) **12.05** The Planets: The Making of (PG) **12.10** Life (PG) **1.00** Strangest Things (PG) **1.50** Wonder of Animals (PG) **2.55** Planet Earth II: Diaries (PG) **3.05** Wildest Places (PG) **4.00** Food: Delicious Science (M) **5.05** Life Below Zero (M) **6.00** Where the Wild Men Are (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (M) **8.30** The Dog Rescuers with Alan Davies (PG) **9.20** Blue Planet II (PG) **10.25** Blue Planet II: The Making of (PG) **10.35** Life (PG) **11.30** Wildest Places (PG) **12.25am** Programmes continue

SoHo: Intelligence, 9.00pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 French Open Review **7.00** Aotearoa Rugby Pod **8.00** Between Two Posts **8.45** Super Rugby Pacific, quarter-final 4 **9.00** Super Rugby Aupiki, final, Chiefs Manawa v Matatū, replay from Stadium Waikato, Hamilton **11.25** Super W, final, Reds v Fijiana Drua, replay from Queensland Country Bank Stadium **1.30** Super Rugby Pacific, quarter-final 3 **1.45** Between Two Posts **2.30** Aotearoa Rugby Pod **3.30** The Back Page **4.30** Super Rugby Pacific, quarter-final 3 **6.30** UFC on Sky **7.00** The Crowd Goes Wild, **live** **7.30** Once a Warrior with Monty Betham **8.00** Sky Grassroots Rugby **9.00** The Ditch **9.30** Super Rugby Pacific, quarter-final 4, replay **11.30** The Crowd Goes Wild **12.00am** Grassroots Rugby **1.00** The Ditch **1.30** Super Rugby Aupiki, final, Chiefs Manawa v Matatū, replay from Stadium Waikato, Hamilton **3.55** Super W, final, Reds v Fijiana Drua, replay from Queensland Country Bank Stadium

Sky Sport 2 SKY 052

6.00 Sal's NBL Highlights **7.00** Sal's Hoop Heads **7.30** Once a Warrior with Monty Betham **8.00** French Open Review **9.00** ATP Uncovered **9.30** ANZ Premiership, Elimination Final, Pulse v Stars, replay from Te Rauparaha Arena, Porirua **11.30** ANZ Premiership, Final, replay from Globox Arena, Hamilton **2.00** French Open, men's singles final, replay **4.00** ATP Tour 250, Libéma Open, day 3, match of the day **5.30** Sal's NBL Highlights **6.30** Sal's Hoop Heads **7.00** Sal's NBL, Otago Nuggets v Canterbury Rams, from Edgar Centre, Dunedin, **live** **9.00** ATP Tour 250, Libéma Open, day 4, from Rosmalen, 's-Hertogenbosch, Netherlands, **live** **5.00am** World Cup of Darts, day 1, from Eissporthalle, Frankfurt, Germany, **live**

Sky Sport 3 SKY 053

6.00 No Boundaries **6.30** Indian Premier League, Punjab Kings v Delhi Capitals, replay from HPCA Stadium, Dharmashala **10.30** Indian Premier League, Sunrisers Hyderabad v Royal Challengers Bangalore, replay from Rajiv Gandhi International Cricket Stadium, Hyderabad **2.30** Indian Premier League, Punjab Kings v Rajasthan Royals, replay from HPCA Stadium, Dharmashala **6.30** Indian Premier League, Delhi Capitals v Chennai Super Kings **6.45** Indian Premier League, Kolkata Knight Riders v Lucknow Super Giants **7.00** Indian Premier League, Mumbai Indians v Sunrisers Hyderabad **7.15** Indian Premier League, Royal Challengers Bangalore v Gujarat Titans **7.30** ATP 250, Stuttgart Open, day 3, match of the day **9.00** ATP 250, Stuttgart Open, day 4, from Tennis Club Weissenhof, Stuttgart, **live** **5.00am** Spirit of Sport **5.30** Super Rugby Pacific, quarter-final 3 **5.45** Indian Premier League, Qualifier 1, Gujarat Titans v Chennai Super Kings

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**C**) Jenny-May Clarkson and Chris Chang present news, sport, information and weather.

9.00 **Lingo** (G, R, **C**) Adil Ray hosts a UK quiz show.

10.00 **Tipping Point** (G, R, **C**) Ben Shephard hosts a UK quiz show.

11.00 **The Chase** (G, R, **C**) Bradley Walsh hosts a UK quiz show.

Noon **1 News** (**C**)

12.30 **Emmerdale** (PG, **C**, **AD**)

1.00 **Country Calendar** (G, R, **C**, **AD**) Hunters partner with chefs to recover wild wapiti venison from Fiordland National Park, supplying restaurants and using the profits to help save native birds.

1.30 **Coronation Street** (PG, R, **C**, **AD**)

2.00 **Millionaire Hot Seat** (G, **C**) Hosted by Eddie McGuire.

3.00 **Tipping Point** (G, **C**) Ben Shephard hosts a UK quiz show.

4.00 **Te Karere** A Māori perspective on the day's news and current affairs.

4.30 **Mike & Molly** (PG, R, **C**) Molly and Peggy try to play nice for Mike's birthday, while Samuel and Carl compete for the same woman. s3ep19

5.00 **The Chase** (G, R, **C**) Bradley Walsh hosts a UK quiz show.

6.00 **1 News** (**C**)

7.00 **Seven Sharp** (**C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.

7.30 **The Repair Shop** (PG, **C**, **AD**) UK series in which expert craftspeople restore treasured items.

8.30 **The Dog House** (PG, **C**, **AD**) Albie the Jack Russell puppy has a second chance with 10-year-old George, and a mistreated lurcher called Sam is in need of some home comforts. s4ep5

9.30 **Kirstie and Phil's Love It or List It Brilliant Builds** (G) Kirstie Allsopp and Phil Spencer look back at some serious space wasters, such as two couples with houses bursting at the seams.

10.30 **1 News** (**C**)

11.05 **Shortland Street** (PG, R, **C**, **AD**)

11.35 **Monarch** (M, **C**) US drama series about a country music family. Tonight, Jamie pushes Albie to finish his album, and Ana is shocked when Catt confesses a secret. s1ep9

12.35am **The World's Most Extraordinary Homes** (G, R, **C**, **AD**) Piers and Caroline visit extraordinary dwellings in Norway.

1.40 **Te Karere** (R)

2.05 **Infomercials**

5.25 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **C**)

6.30 **Code Fun** (G, R, **C**, **AD**)

6.40 **Takaro Tribe** (G, R, **C**, **AD**)

6.50 **Darwin & Newts** (G, R, **C**, **AD**)

7.00 **Super Wish** (G, **C**)

7.25 **The Croods: Family Tree** (G, R, **C**)

7.50 **Trollhunters: Tales of Arcadia** (G, **C**)

8.15 **Panda & Kiwi** (G, **C**, **AD**)

8.35 🟥 **The Adventures of Paddington** (G, **C**)

8.50 🟥 **Remy & Boo** (G, **C**)

9.00 **Infomercials**

9.30 **Les Mills Adult Classes** (G, R, **C**)

10.00 **Home and Away** (PG, R, **C**)

10.30 **Shortland Street** (PG, R, **HD**, **C**, **AD**)

11.00 **The Bachelor** (PG, **C**) s26ep2

12.55 **Lingo** (G, R, **C**)

2.00 **Kirstie and Phil's Brilliant Builds** (G, R, **C**)

3.00 **The Drew Barrymore Show** (PG, R, **C**)

3.30 **The Poo Files** (G, **C**, **AD**) s2ep15

3.35 **ICYMI** (G, **C**)

3.40 **Brain Busters** (G, **C**)

4.10 **The Feed** (PG, **C**)

4.35 **Sabrina the Teenage Witch** (G, R, **C**)

5.00 **Ghosts** (PG, **C**) s2ep20

5.30 **Friends** (G, R, **C**) s8ep13

6.00 **The Simpsons** (G, R, **C**) s16ep13

6.30 **Home and Away** (PG, **C**) Cash and Justin come face to face with Vita Nova, and Xander consoles Kate.

7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Shortland Street descends into chaos when a threat infiltrates the hospital.

7.30 **Britain's Got Talent** (PG, **C**) Ant and Dec host a talent quest, with judges Bruno Tonioli, Simon Cowell, Amanda Holden and Alesha Dixon.

8.40 **Australian Survivor: Heroes v Villains** (M, **C**, **AD**) The biggest blunder in Survivor history turns a player into public enemy No 1.

10.05 **Dinner Date** (PG, **C**, **AD**) Anja-Katharina from Bristol is given five menus put together by a potential date, but she must choose only three. s11ep9

11.00 **Bupkis** (16, **C**) s1ep2

11.30 **Vampire Academy** (M, **C**) s1ep2

12.30am **Tell Me a Story** (16, **C**) s2ep9

1.25 **United States of Tara** (16, **C**) s3ep1

1.55 **Emmerdale** (PG, R, **C**, **AD**)

2.15 **Infomercials**

3.15 **The Arrangement** (M, **C**) s2ep7

4.45 **The Voice Australia** (PG, R, **C**) s10ep8

5.50 – 6.00 **2 Tunes**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge, Melissa Chan-Green and William Waiirua.

9.00 **Infomercials**

10.30 **Gold Rush** (PG, R, **C**)

11.30 **Newshub Live**

Noon 🟦 **Love for Starters** (2022, PG, R, **C**) An interior designer must partner with a celebrity chef hired by her father in order to save the family's lake-front restaurant. Stephanie Bennett, Jonathan Cherry, Andrea Agur.

1.50 **Pit Bulls & Parolees** (PG, **C**)

2.45 **Extreme Couponing** (PG, R, **C**)

3.10 **Cutthroat Kitchen** (PG, R, **C**)

4.05 **Flip or Flop** (G, R, **C**)

4.30 **Yard Crashers** (G, R, **C**)

5.00 **Gold Rush** (PG, R, **C**)

6.00 **Newshub Live** (**C**)

7.00 **The Project** (**C**) With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.

7.30 🟦 **Tammy** (2014, M, **C**, **AD**) A woman hits the road with her sweary alcoholic grandmother after finding out that her husband is cheating. Melissa McCarthy, Susan Sarandon, Kathy Bates, Allison Janney, Dan Aykroyd, Toni Collette, Mark Duplass.

9.30 **Deadliest Catch** (M, **C**) As the autumn season ends, its biggest storm hits and Wild Bill fights to pilot his new boat in big seas. s13ep8

10.25 **Newshub Late**

10.55 **Match Fit** (PG, R, **C**, **AD**) s1ep5

12.00am – 6.00 **Infomercials**

PRIME FREEVIEW 15 SKY 004

6.00 **Infomercials**

8.00 **Kids' Programmes** (**C**)

9.00 **Jeopardy** (G, R)

9.30 **Addicted to Fishing** (PG, R, **C**)

10.00 **Infomercials**

Noon **New Amsterdam** (M, **C**)

1.00 **Julia** (M, R, **C**)

2.00 **The Late Show** (PG, R)

3.00 **Wheel of Fortune** (G)

3.30 **Jeopardy** (G)

4.00 **American Pickers** (PG, R)

5.00 **The Crowd Goes Wild** (PG, R)

5.30 **Prime News**

6.00 **Storage Wars** (PG, R, **C**)

6.30 **The Middle** (PG, **C**)

7.00 **The Ditch** (G)

7.30 **Outback Truckers** (PG, R, **C**)

8.30 **Pawn Stars** (PG)

9.30 **RAW** (PG)

10.30 **The Late Show with Stephen Colbert** (PG)

11.30 **NRL Premiership** (G) North Queensland Cowboys v Penrith Panthers.

1.30am **Infomercials**

4.45 **Football Friendly Live** Sweden v All Whites, live from Stockholm.

Film: EXTRACTION 2

Director-producer brothers Anthony and Joe Russo, famous for the final two Avengers movies, know how to bring the action. That's why they're behind their stuntman friend Sam Hargrave and his high-energy, full speed ahead thrillers *Extraction* and *Extraction 2*. The first movie, in which Chris Hemsworth's black ops dude was double-crossed in Dhaka, was, according to Netflix, watched by 99 million households in its first four weeks. *Extraction 2* looks even bigger and bouncier, as the improbably named Tyler Rake once again fights many, many bad guys in order to save a family. Golshifteh Farahani and Olga Kurylenko also star.

NETFLIX

Film: GUY RITCHIE'S THE COVENANT

British director Guy Ritchie can be hit and miss, but this actioner has a solid 82% on Rotten Tomatoes – and has more of a social conscience than the out-and-out thrills of *Extraction 2*. Jake Gyllenhaal's soldier goes back into Afghanistan to rescue his interpreter (Dar Salim) after the Taliban takeover.

AMAZON PRIME VIDEO

🟩 **NEW** 🟨 **RETURN** 🟥 **FINAL** 🟦 **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.01 **Wiki Hā** (G, R)
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Bake-Off** (G, R)
10.00 **Lucky Dip** (G, R)
10.30 **Haka Pedia** (G)
11.00 **Haka at Home** (PG, R)
Noon **Te Ao Tapatahi** (G)
12.30 **Gowns and Geysers** (PG, R)
1.00 **Aroha Nui: Say I Do** (G, R)
1.30 **Mura o te Ahi** (PG, R)
2.00 **Tōku Reo** (G, R)
2.30 **Ōpaki** (G, R)
3.00 **Ako** (G, R)
3.30 **Kids' Programmes**
5.00 **Wiki Hā** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Tamararo** (G, R)
6.30 **Te Ao Mārama**
7.00 **Haka Pedia** (G, R)
7.30 **Waiata Nation** (PG)
8.00 **Uka** (G, R) The best Euchre players from Tainui compete.
8.30 **Three Māori Boys Go Global** (G) Lifelong mates from Whakatāne share their journey to create a non-alcoholic beverage.
9.00 **Kairākau II** (M) Te Purewa declares war, and Ruamahu is consumed by revenge.
9.30 **Moko** (PG, R) Moko kanohi wearers share their journey.
10.00 **Whiua Te Paatai** (G, R)
10.30 **Indigenous 100** (G) Rereata Makiha.
11.00 – 11.30 Te Ao Mārama (R)

Film: NO MAN OF GOD

We're calling it: Luke Kirby is one of the best actors of his generation. Just check out his Lenny Bruce in *The Marvelous Mrs Maisel* if you don't believe us. As Ted Bundy to Elijah Wood's FBI agent, he is "uncanny", said *Variety*, even if the film "has a scattershot momentum until the last act". **RIALTO, 10.25pm**

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Shark Tank** (PG, R)
11.00 **Snapped** (M, R)
11.55 **24 Hours in Emergency** (M, R)
1.00 **Below Deck Mediterranean** (M, R)
2.00 **A Place in the Sun: Winter Sun** (G, R)
3.00 **Judge Jerry** (G)
3.30 **Botched** (PG, R)
4.30 **Shark Tank** (PG, R)
5.30 **Top Chef** (PG, R)
6.30 **The Dog Rescuers** (PG, R)
7.30 ■ **Wimbledon** (2004, M, R, **C**) An out-of-form tennis player gets a new lease on life when he meets a rising star. Kirsten Dunst, Paul Bettany.
9.40 **The Circus** (PG) On opening day, Kiarnna's replacement Ring Mistress fails to live up to expectations.
10.10 **The Real Murders of Orange County** (M, R)
11.10 **Snapped** (M, R)
12.05am Judge Jerry (G, R) **12.30 – 6.00** Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Infomercials**
6.30 **Restaurant: Impossible** (G, R)
7.20 **The Pioneer Woman** (G, R)
7.45 **Valerie's Cooking** (G, R)
8.10 **Everyday Italian** (G, R)
8.40 **Bobby Flay** (G, R)
9.05 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Shipping Wars** (PG, R)
11.30 **Yardcore** (G, R)
Noon **Key to a Fortune** (G, R)
1.00 **Ellen's Next Great Designer** (PG, R)
2.00 **Bondi Rescue** (PG, R)
2.30 **Border Security Aus** (PG, R)
3.00 **Restaurant: Impossible** (PG)
4.00 **Everyday Italian** (G)
4.30 **Bobby Flay's Barbecue Addiction** (G)
5.00 **Museum Mysteries** (PG, R)
6.00 **American Pickers** (PG, R)
7.00 **Shipping Wars** (PG, R)
7.30 **Bondi Rescue** (PG)
8.00 **Border Security Aus** (PG, R)
8.35 **Dancing on Ice** (G)
10.30 **Speed with Guy Martin** (PG)
11.30 **Flea Market Flip** (G, R)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Dirty Mudder Truckers** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.35 **Swamp Loggers** (PG, R)
9.25 **Kindig Customs** (PG, R)
10.15 **Street Outlaws** (PG, R)
11.00 **Tanked** (PG, R)
11.50 **Swamp Loggers** (PG, R)
12.40 **Junkyard Empire** (PG, R)
1.30 **Iron Resurrection** (PG, R)
2.20 **Bad Chad Customs** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Dirty Mudder Truckers** (PG, R)
4.50 **Tanked** (PG, R)
5.40 **Wheeler Dealers** (PG, R)
6.35 **Swamp Loggers** (PG)
7.30 **The Alaska Triangle** (PG)
8.30 **Expedition Unknown** (PG) Josh explores the case of World War II hero Gertrude "Tommy" Tompkins.
9.25 **NASA's Unexplained Files** (PG, R)
10.25 **Tanked** (PG, R)
11.20 **Wheeler Dealers** (PG, R)
12.15am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
10.30 **DUKEbox Music**
11.35 **Heavy Rescue 401** (PG, R)
12.30 **Abandoned Engineering** (PG, R, **C**)
1.30 **Superstore** (PG, R, **C**, **AD**)
1.55 **Community** (PG, R, **C**)
2.20 **Xploration: Awesome Planet** (G, R)
2.50 **Toa Hunter Gatherer** (PG)
3.20 **The Chase Australia** (G, R, **C**)
4.15 **ABC World News** (PG)
4.40 **Love Island UK** (PG)
6.10 **Parks and Recreation** (PG, **C**) s7ep5
6.35 **The Goldbergs** (PG, **C**) s6ep21
7.00 **The Office US** (PG, **C**) s6ep23
7.30 **The Simpsons** (PG, R, **C**, **AD**) s33ep13
8.30 **Family Guy** (PG, R, **C**, **AD**) Brian's cousin Jasper wants to marry his boyfriend, but Mayor West is trying to ban gay marriage.
9.30 ■ **American Pie** (1999, 16, R, **C**, **AD**) Four friends try to lose their virginity before prom night. Jason Biggs.
11.30 **Six** (16, **C**) s2ep5
2.30am – 2.55 ABC World News (PG, R)

SKY PREMIERE SKY 030

7.35 **Halloween Ends** (2022, 16) Jamie Lee Curtis
9.25 **Last Seen Alive** (2022, M) Gerard Butler, Jaimie Alexander
11.00 **Here Today** (2021, M) Billy Crystal, Tiffany Haddish
12.55 **The 355** (2022, M) Jessica Chastain, Penelope Cruz
2.55 **Spider-Man: No Way Home** (2021, M) Tom Holland, Benedict Cumberbatch
5.20 **Umma** (2022, M) Sandra Oh, Fivel Stewart
6.45 **Fall** (2022, M) Two friends climb an abandoned radio tower, but an accident leaves them with no way down. Grace Caroline Currey, Virginia Gardner
8.30 **Operation Mincemeat** (2022, M) Based on the WWII scheme to break Hitler's grip on Europe. Colin Firth, Matthew Macfadyen, Kelly Macdonald
10.40 **Fortress** (2022, 16) Bruce Willis, Chad Michael Murray
12.20am A Mouthful of Air (2021, M) **2.02** Best Friends Forever (2021, M) **3.32** Sorority Sister Killer (2021, M) **5.00** Fortress: Sniper's Eye (2022, 16)

MOVIES CLASSICS SKY 034

6.20 **Moulin Rouge** (1952, M) Jose Ferrer, Zsa Zsa Gabor
8.20 **Copycat** (1995, 18) Sigourney Weaver, Holly Hunter
10.23 **The China Syndrome** (1979, PG) Jane Fonda
12.25 **Risky Business** (1983, 16) Tom Cruise
2.00 **The Last Detail** (1973, 18) Jack Nicholson, Randy Quaid
3.45 **Richard III** (1955, PG) Laurence Olivier, Claire Bloom
6.20 **Unforgiven** (1992, M) A retired gunslinger takes on one last job. Clint Eastwood, Gene Hackman
8.30 **Riding Shotgun** (1954, PG) A stagecoach guard warns a town of an imminent raid, but they mistake him for one of the crooks. Randolph Scott, Charles Bronson
9.50 **Interview with the Vampire** (1994, 16) Brad Pitt, Tom Cruise
11.50 **The Shawshank Redemption** (1994, 16) Tim Robbins, Morgan Freeman
2.10am Sid and Nancy (1986, 16) **4.05** Fun with Dick and Jane (1977) (1977, PG) **5.40** Cat Ballou (1965, PG)

RIALTO SKY 039

6.25 **Delicious** (2021, M) Gregory Gadebois
8.15 **I Am Here** (2021, M) South African documentary.
9.30 **Lansky** (2021, 16) Harvey Keitel
11.25 **Transfusion** (2023, 16) Sam Worthington
1.10 **Raising a School Shooter** (2021, 16) Danish documentary.
2.25 **Antoinette in the Cevennes** (2020, M) Laure Calamy
4.00 **In the Shadow of 9/11** (2021, 16) US documentary.
5.40 **North Hollywood** (2021, 16) Ryder McLaughlin
7.15 **Myanmar Diaries** (2022, M) Dutch documentary.
8.30 **Intimate Strangers** (2018, M) At a dinner party, a group of friends play a game in which they share their cellphone messages and calls. Yoo Hae-jin **TV Films, page 69**
10.25 **No Man of God** (2021, 16) Elijah Wood, Luke Kirby
12.05am Smoking Causes Coughing (2022, 16) **1.20** Ride the Eagle (2021, M) **2.50** Raising a School Shooter (2021, 16) **4.05** Antoinette in the Cevennes (2020, M) **5.40** North Hollywood (2021, 16)

SKY CHANNELS

Vibe SKY 006

6.00 A Million Little Things (M) s5ep1 **6.50** ER (M) s2ep20 **7.35** New Amsterdam (M) s3ep8 **8.25** Judging Amy (M) s4ep8 **9.15** Blindspot (16) s4ep15 **10.00** The Equalizer (M) s2ep12 **10.50** Rosie Molloy Gives Up Everything (16) s1ep5&6 **11.50** Annika (M) s1ep2 **12.45** Pure Genius (M) s1ep2 **1.40** ER (M) s2ep20 **2.35** New Amsterdam (M) s3ep8 **3.30** Judging Amy (M) s4ep8 **4.30** The Equalizer (M) s2ep12 **5.30** A Million Little Things (M) s5ep1 **6.30** Blindspot (16) s4ep15 **7.30** Motive (M) s3ep3 **8.30** Good Behavior (16) Letty visits her con artist grandmother. s2ep6 **9.30** Gentleman Jack (M) Lister is drawn back into her complicated past with Mariana. s2ep4 **10.35** Judging Amy (M) s4ep8 **11.25** Judge Judy (PG) **12.15am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.10** EastEnders (PG) **7.45** The Bill (M) **8.35** A Touch of Frost (M) s3ep3 **10.25** Father Brown (M) s4ep10 **11.15** Doc Martin (M) s2ep7 **12.05** Midsomer Murders (M) s15ep2 **1.40** The Bill (M) **2.30** New Tricks (M) s1ep2 **3.30** 8 Out of 10 Cats Does Countdown (M) **4.25** The Jonathan Ross Show (M) s17ep1 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** The Jonathan Ross Show (M) s19ep2 **7.50** 8 Out of 10 Cats Does Countdown (M) Jon Richardson and Jason Manford take on Alan Carr and Katherine Ryan. **8.45** 8 Out of 10 Cats Does Countdown (M) Sean Lock and Vic Reeves take on Jon Richardson and Sara Pascoe. **9.40** Richard Osman's House of Games Night (PG) s2ep1&2 **10.50** Midsomer Murders (M) s15ep2 **12.30am** Programmes continue

Jones! SKY 008

6.00 The Darling Buds of May (PG) **7.00** All in the Family (M) **7.30** The Brady Bunch (PG) **7.55** F Troop (PG) **8.20** Bonanza (M) **9.10** Dr. Kildare (PG) **10.00** North and South (M) **11.40** Sugarfoot (PG) **12.35** Maverick (PG) **1.25** Cheyenne (PG) **2.15** Laredo (PG) **3.05** Bonanza (M) **3.55** Dr. Kildare (PG) **4.55** The Waltons (PG) **5.50** F Troop (PG) **6.20** The Brady Bunch (PG) **6.50** All in the Family (M) **7.20** The Darling Buds of May (PG) Pop has the perfick birthday surprise for Ma, a traditional Punch and Judy show. **8.30** 77 Sunset Strip (PG) Jeff looks into a jewel heist in Amsterdam, and Kookie falls for an actress who is implicated in the crime. **9.30** The Twilight Zone (PG) **10.30** The Brady Bunch (PG) **11.00** All in the Family (M) **11.30** The Darling Buds of May (PG) **12.35am** Programmes continue

SoHo SKY 010

6.45 A Million Little Things (M) s4ep16 **7.30** Atlanta (16) s3ep10 **8.05** American Horror Story: NYC (18) s11ep9 **8.50** Barry (16) s4ep7 **9.20** Dreamland (M) s1ep6 **9.45** Intelligence (M) s2ep5 **10.15** Riviera (16) s1ep3 **11.10** Flatbush Misdemeanors (16) s2ep10 **11.40** American Horror Story: NYC (18) s11ep9 **12.25** Fear the Walking Dead (M) s8ep5 **1.25** Atlanta (16) s3ep10 **2.00** Barry (16) s4ep7 **2.30** Dreamland (M) s1ep6 **2.55** Intelligence (M) s2ep5 **3.20** American Horror Story: Double Feature (18) s10ep3 **4.10** Riviera (16) s1ep3 **5.00** Flatbush Misdemeanors (16) s2ep10 **5.30** A Million Little Things (M) s3ep1 **6.30** Fargo (16) s4ep8 **7.30** Shameless (18) s11ep6 **8.30** A Million Little Things (M) s5ep1 **9.30** We're Here (M) Bob, Eureka and Shangela travel to Granbury, Texas, to help a non-binary teen. s3ep1 **10.35** A Black Lady Sketch Show (16) s3ep2 **11.05** Last Week Tonight with John Oliver (M) s10ep14 **11.45** The Baby (16) s1ep1 **12.25am** Programmes continue

Living SKY 017

6.00 Salvage Hunters: Best Buys (PG) **7.00** Rachael Ray's Week in a Day (PG) **8.00** House Hunters (PG) **9.00** Chopped (PG) **10.00** The Julia Child Challenge (PG) **11.00** A Place in the Sun (PG) **Noon** Love It or List It Australia (PG) **12.55** Girl Meets Farm (PG) **1.50** Salvage Hunters: Best Buys (PG) **2.45** House Hunters (PG) **3.45** Rachael Ray's Week in a Day (PG) **4.45** The Julia Child Challenge (PG) **5.40** Restoration Man (PG) **6.35** Love It or List It Australia (PG) **7.30** A Place in the Sun (PG) **8.30** Released (M) **9.30** Long Lost Family: What Happened (PG) **10.30** Grand Designs UK (PG) **11.30** House Hunters (PG) **12.30am** Programmes continue

Investigation Discovery SKY 018

6.00 People Magazine Investigates (M) **7.55** Deadline: Crime with Tamron Hall (M) **8.50** Nightmare Next Door (M) **9.50** Disappeared (M) **10.45** The Perfect Murder (M) **11.45** Married with Secrets (M) **12.45** Scorned: Love Kills (M) **1.40** Betrayed (M) **2.40** American Detective with Lt. Joe (M) **3.35** In Pursuit with John Walsh (M) **4.35** Little Boy Lost: An ID Mystery (M) **5.35** Pandora's Box: Unleashing Evil (M) **6.30** Your Worst Nightmare (M) **7.30** Reasonable Doubt Marathon (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.20am** Programmes continue

Sky Arts SKY 020

6.00 Off Camera **7.00** The Goering Catalogue **8.00** Keyboard Fantasies **9.00** Kila: Pota Oir **10.05** You Will Be Happy **11.00** Mary Beard's Shock of the Nude (PG) **Noon** Finding Your Roots **1.00** Fake or Fortune? **2.00** Off Camera **3.00** The Goering Catalogue **4.00** Parklife **5.30** Put Some Colour in Your Life **6.30** Inside No. 9 **7.00** Wonderland **8.00** Stars of the Silver Screen: Christopher Plummer **9.00** Comedy Legends: Tina Fey **9.45** ■ Babenco: Tell Me When I Die (2019, G) Bárbara Paz documents the final years of her husband, film-maker Héctor Babenco. **10.55** Inside the Met **12.00am** Programmes continue

Discovery SKY 070

6.00 How the Universe Works (PG) **6.55** Yukon Men (PG) **7.55** Dirty Jobs (PG) **8.50** Ice Cold Gold (PG) **9.50** Gold, Lies & Videotape (M) **10.45** Gold Rush (M) **11.45** What on Earth? (PG) **12.45** Naked and Afraid (M) **1.40** Aussie Gold Hunters (PG) **2.40** Outback Opal Hunters (PG) **3.35** Deadliest Catch (M) **4.35** Gold Rush: Winter's Fortune (M) **5.35** Aussie Gold Hunters (PG) **6.30** Gold Rush (M) **7.30** Aussie Truck Rehab (PG) **8.30** Gold Rush: Dave Turin's Lost Mine (M) **9.30** Gold, Lies & Videotape (M) **10.30** Maritime Masters: Expedition (PG) **11.25** Naked and Afraid (M) **1.05am** Programmes continue

History SKY 073

6.30 History Uncovered (PG) **7.30** October Fury (PG) **8.30** The Unseen Time Team Specials (PG) **9.30** Secrets of World War II (PG) **10.30** Time Team **11.30** Secrets in the Ice (PG) **12.30** The Secret of Skinwalker Ranch (PG) **1.20** How the Nazis Lost the War (M) **2.20** Scorched Earth (PG) **3.20** Dead Men's Secrets (PG) **4.20** History of Warfare (PG) **5.30** Secrets of World War II (PG) **6.30** Time Team **7.30** Secret Societies: In the Shadows (PG) **8.30** Hitler's Secret Sex Life (16) **9.30** Forbidden History (PG) **10.30** Colosseum (16) **11.25** Abandoned Engineering (PG) **12.25am** Programmes continue

BBC Earth SKY 074

6.00 Wonder of Animals (PG) **7.00** Life Below Zero (M) **7.50** Where the Wild Men Are (PG) **8.40** Exploration Volcano (PG) **9.25** The Truth About Better Mental Health (PG) **10.20** The Dog Rescuers (PG) **11.05** 24 Hours in A&E (M) **11.55** Attenborough's Natural Curiosities (PG) **12.20** Life (PG) **1.15** Exploration Volcano (PG) **2.00** Wonder of Animals (PG) **3.05** Planet Earth II: Diaries (PG) **3.15** Animal Impossible (PG) **4.10** The Truth About Better Mental Health (PG) **5.05** Life Below Zero (M) **6.00** Where the Wild Men Are (M) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (M) **8.30** Equator from the Air (PG) **9.35** The Truth About Your Immune System (PG) **10.35** Life (PG) **11.30** Animal Impossible (PG) **12.25am** Programmes continue

BBC Earth: The Truth About Your Immune System, 9.35pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Grassroots Rugby: Coverage of club rugby matches around the motu **7.00** Super Rugby Pacific, quarter-final 1, replay **9.00** The Crowd Goes Wild **9.30** Super Rugby Pacific, quarter-final 2, replay **11.30** Super Rugby Pacific, quarter-final 3, replay **1.30** The Crowd Goes Wild **2.00** Super Rugby Pacific, quarter-final 4, replay **4.00** Grassroots Rugby **5.00** Rugby Heaven: Roz Kelly and a team of experts and guests discuss the latest news from the world of rugby **6.00** Super Rugby Pacific, semi-final 1, live **9.00** Rugby Heaven **10.00** World Cup of Darts, day 2, afternoon session, from Eissporthalle, Frankfurt, Germany, live **2.00am** Rugby Heaven **3.00** Super Rugby Pacific, semi-final 1, replay **5.00** FIA Formula 1, Canadian Grand Prix, Practice 1, from Circuit Gilles Villeneuve, Montreal, live

Sky Sport 2 SKY 052

9.00 Sal's NBL, Otago Nuggets v Canterbury Rams, replay from Edgar Centre, Dunedin **11.00** Sal's Hoop Heads: Justin Nelson, Casey Frank and Andrew Mulligan discuss all things basketball **11.30** French Open Review **12.30** ATP Uncovered: Coverage from the world of men's tennis **1.00** World Cup of Darts, day 1, replay from Eissporthalle, Frankfurt, Germany **4.30** Sal's Hoop Heads **5.00** Sal's NBL, Otago Nuggets v Canterbury Rams, replay from Edgar Centre, Dunedin **7.00** Sal's NBL, Nelson Giants v Hawke's Bay Hawks, from Trafalgar Centre, Nelson, live **9.00** ATP Tour 250, Libéma Open, day 5, from Rosmalen, 's-Hertogenbosch, Netherlands, live **5.00am** Road to the FIFA Women's World Cup: Behind the scenes with eight Football Ferns players who are blazing a trail in professional clubs and American colleges **5.30** Once a Warrior with Monty Betham: Monty and guest delve into the issues of the day from the NRL Premiership

Sky Sport 3 SKY 053

6.00 Cricket, Indian Premier League, Eliminator, Lucknow Super Giants v Mumbai Indians, replay from MA Chidambaram Stadium, Chennai **10.00** Indian Premier League, Qualifier 2, Gujarat Titans v Mumbai Indians, replay from Narendra Modi Stadium, Ahmedabad **2.00** Indian Premier League, Final, Chennai Super Kings v Gujarat Titans, replay from Narendra Modi Stadium, Ahmedabad **6.00** ATP 250, Libéma Open, day 4, match of the day from Rosmalen, 's-Hertogenbosch, Netherlands **7.30** Tennis, ATP 250, Stuttgart Open, day 4, match of the day from Tennis Club Weissenhof, Stuttgart **9.00** ATP 250, Stuttgart Open, day 5, from Tennis Club Weissenhof, Stuttgart, live **5.00am** World Cup of Darts, day 2, evening session, from Eissporthalle, Frankfurt, live

RNZ Concert

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rnz.co.nz/concert
NB: Programmes are subject to change

SATURDAY

News and Weather 6.00, 8.00, 9.00, noon
6.00 Mornings with Carey McDonald **10.00** RNZ Concert Days **3.00** RNZ Concert Afternoons **5.00 Inside Out with Nick Tipping** Jazz favourites, standards and new releases **7.30** Live from Auckland Town Hall: 2023 Michael Hill International Violin Competition Final – Three young violinists perform concertos with the Auckland Philharmonia Orchestra to compete for one of the world's most soughtafter international violin prizes **10.30** Evenings **12.00am** Music Through the Night

SUNDAY

News and Weather 6.00, 8.00, 9.00, noon
6.00 Mornings with Carey McDonald **7.30** Hymns on Sunday with Robyn Jaquiery **8.00** Mornings with Carey McDonald **10.00** RNZ Concert Days **3.00** The Musical Omnivore with David Morriss **5.30 New Horizons with William Dart** Rock, pop, country, folk and beyond **6.00 Worlds of Music with Trevor Reekie** Music from the world, for the world **7.00** Made in New Zealand **9.00** Sound Lounge **12.00am** Music Through the Night

MONDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 Mornings with Siliga Sani Muliaumaseali'i **10.00** Days with Nick Tipping **3.00** Three to Seven with Bryan Crump **7.00** Evenings with David Morriss **8.00 Music Alive with Clarissa Dunn** NZSO: Back to Bach – Schein: Padouana in D minor; Bach: Brandenburg Concerto No 1 in F BWV1046; Locatelli: Concerto in E flat Op 7/6, Il Pianto d'Arianna; Rameau: Suite from Dardanus; Bach: Brandenburg Concerto No 3 in G BWV1048; Bach: Suite No 3 in D BWV 1068: II. Air, New Zealand SO Principals/Vesa-Matti Leppänen (recorded in St. Paul's Cathedral, Wellington) **10.00** Evenings with David Morriss **12.00am** Music Through the Night

Ana de la Vega, *Music Alive with Clarissa Dunn*, Thursday, 8.00pm.

TUESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 Mornings with Siliga Sani Muliaumaseali'i **10.00 Days with Nick Tipping** Great works, shorter classics and the odd ear-catching surprise **3.00 Three to Seven with Bryan Crump** A mix of the fresh and the familiar, from school's out to dinner-time and beyond **7.00** Evenings with David Morriss **8.00 Music Alive with Clarissa Dunn** New Zealand Chamber Soloists: Flying Sparks – Mozart: Piano Quartet No 2 in E flat K493; De Castro-Robinson: The Night is Shattered; Schumann: Piano Quartet in E flat, Op 47, New Zealand Chamber Soloists, Dimitri Atanassov (vln, vla) (recorded in Auckland Concert Chamber) **10.00** Evenings with David Morriss **12.00am** Music Through the Night

WEDNESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 Mornings with Siliga Sani Muliaumaseali'i **10.00 Days with Nick Tipping** Great works, shorter classics and the odd ear-catching surprise **3.00 Three to Seven with Bryan Crump** A mix of the fresh and the familiar **7.00** Evenings with David Morriss **8.00 Music Alive with Clarissa Dunn** WFMT Orchestra Series: San Francisco Symphony – Beethoven: Leonore Overture No 2; Dessner: Violin Concerto; Schubert: Symphony No 5 in B flat D485; Tchaikovsky: Serenade for Strings Op 48, Pekka Kuusisto (violin), San Francisco Symphony/Esa-Pekka Salonen, Michael Tilson Thomas (recorded in Davies Symphony Hall, San Francisco) **10.00** Evenings with David Morriss **12.00am** Music Through the Night

RNZ National

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NB: Programmes are subject to change

SATURDAY

6.08 Storytime **7.08** Country Life **8.10 Saturday Morning with Kim Hill** Current affairs and feature interviews **12.10 Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **1.06 Music 101 with Charlotte Ryan** The latest music news, interviews and performances **5.00** The World at Five **5.10** Focus on Politics **5.30 Tagata o te Moana** Pacific news, issues, information and music **6.06 Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **7.06 Saturday Night with Phil O'Brien** Requests, nostalgia and musical memories **12.04am** All Night Programme

SUNDAY

6.08 Storytime **7.10** Features Hour **8.06 Sunday Morning** Including 9.06 Mediawatch **12.12 Arts on Sunday** Including 1.30 At the Movies **3.05** Classic Drama **4.06** The Arts Hour (BBC World Service) **5.00** The World at Five **5.10** Heart and Soul (BBC) **5.35 Te Manu Korihi** Māori news and issues **6.06 Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **6.50** Voices **7.04 Smart Talk** Conversations recorded around Aotearoa and the world **8.06** The Sunday Night Retro Show with Phil O'Brien **10.00** News at Ten **10.15** Mediawatch **11.04** The Retro Cocktail Hour (KPR) **12.04am** All Night Programme

MONDAY

5.00 First Up with Nathan Rarere **6.00 Morning Report with Ingrid Hipkiss and Corin Dann** News and interviews, with bulletins on the hour and half-hour **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06 Nights with Karyn Hay** Entertainment and information **10.00** News at Ten **11.04 Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **12.04am** All Night Programme

TUESDAY

5.00 First Up with Nathan Rarere **6.00 Morning Report with Ingrid Hipkiss and Corin Dann** News and interviews, with bulletins on the hour and half-hour **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Karyn Hay **10.00** News at Ten **11.04** Worlds of Music with Trevor Reekie **12.04am** All Night Programme

WEDNESDAY

5.00 First Up with Nathan Rarere **6.00 Morning Report with Ingrid Hipkiss and Corin Dann** News and interviews, with bulletins on the hour and half-hour **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Karyn Hay **10.00** News at Ten **11.04 Inside Out** Nick Tipping presents classic and modern jazz recordings **12.04am** All Night Programme

THURSDAY

5.00 First Up with Nathan Rarere **6.00 Morning Report with Ingrid Hipkiss and Corin Dann** News and interviews, with bulletins on the hour and half-hour **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Karyn Hay **10.00** News at Ten **11.04** Music 101 Pocket Edition **12.04am** All Night Programme

FRIDAY

5.00 First Up with Nathan Rarere **6.00 Morning Report with Ingrid Hipkiss and Corin Dann** News and interviews, with bulletins on the hour and half-hour **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Karyn Hay **10.00** News at Ten **11.04** The Mixtape **12.04am** All Night Programme

***Mornings with Siliga Sani Muliaumaseali'i*, RNZ Concert, Monday to Thursday, 6.00am.**

THURSDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 Mornings with Siliga Sani Muliaumaseali'i **10.00 Days with Nick Tipping** Great works, shorter classics and the odd ear-catching surprise **3.00 Three to Seven with Bryan Crump** A mix of the fresh and the familiar, from school's out to dinner-time and beyond **7.00** Evenings with David Morriss **8.00 Music Alive with Clarissa Dunn** Live from Auckland Town Hall – APO Premier Series: Simple Gifts – Copland: Appalachian Spring; Saariaho: Aile du Songe; Copland: Quiet City; Ravel: Mother Goose, Ana de la Vega (flute), Auckland Philharmonia/Elena Schwarz **10.00** Evenings with David Morriss **12.00am** Music Through the Night

FRIDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 Mornings with Carey McDonald **10.00 Days with Nick Tipping** Great works, shorter classics and the odd ear-catching surprise **3.00 Three to Seven with Bryan Crump** A mix of the fresh and the familiar, from school's out to dinner-time and beyond **7.00** Evenings with David Morriss **8.00 Music Alive with Clarissa Dunn** Orchestra Wellington: New World – Mozart arr Busoni: Don Giovanni Overture; Michael Norris: Violin Concerto, Sama; Dvorak: Symphony No 9 in E minor, From the New World, Amalia Hall (violin), Orchestra Wellington/Marc Taddei (recorded in Michael Fowler Centre, Wellington) **10.00** Evenings with David Morriss **12.00am** Music Through the Night

Newstalk ZB newstalkzb.co.nz

SATURDAY

6.00 Jamie Mackay 7.00 D'Arcy Waldegrave 9.00 Jack Tame Noon Weekend Sport with Jason Pine 3.00 The Weekend Collective 6.00 In My Day 12.00am Jim Snedden

SUNDAY

6.00 Peter Wolfkamp 9.00 Francesca Rudkin Noon Sportstalk 3.00 Tim Roxborogh & Tim Beveridge 6.00 Frank Ritchie & Jax Donaldson 7.30 John Cowan 8.00 Sunday Night Talk 11.00 The Nutters Club 1.00am Roman Travers

MONDAY

5.00 Kate Hawkesby 6.00 Mike Hosking 9.00 Kerre Woodham Noon The Country 1.00 Andrew Dickens 4.00 Heather du Plessis-Allan 7.00 Sportstalk 8.00 Marcus Lush 12.00am Roman Travers

TUESDAY

5.00 Kate Hawkesby 6.00 Mike Hosking 9.00 Kerre Woodham Noon The Country 1.00 Simon Barnett & James Daniels 4.00 Heather du Plessis-Allan 7.00 Sportstalk 8.00 Marcus Lush 12.00am Tim Beveridge

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5.00 Kate Hawkesby 6.00 Mike Hosking 9.00 Kerre Woodham Noon The Country 1.00 Simon Barnett & James Daniels 4.00 Heather du Plessis-Allan 7.00 Sportstalk 8.00 Marcus Lush 12.00am Jim Snedden

Classical

by RICHARD BETTS

Out of time

Helen Webby: "a meaty concerto is a gift".

Helen Webby and the CSO play a beautiful concerto by Dohnányi, a composer born at the wrong time.

As a parent to six children, it's perhaps inevitable Margaret Webby was a resourceful woman. When daughter Helen – the youngest, and only girl – announced she fancied playing the harp, Margaret didn't bat an eyelid.

"Amazingly," Helen Webby says now, "my mum thought it was a really good idea, because she was very proud of her Irish heritage."

Discovering there were no harps for sale in Whangārei, where the family lived, Mrs Webby went to the public library and found plans for how to build an Irish model. These she duly thrust at one of her sons, 16-year-old Kim, who knew his way around timber. By all accounts he did a fine job, and Helen had her first harp.

Helen Webby still plays the Irish harp, but is more commonly found among the ranks of the Christchurch Symphony Orchestra, where she is principal harpist, and with which she will perform Dohnányi's *Concertino for Harp and Chamber Orchestra* on June 9 and 10.

The concertino is a beautiful work, rich and luscious, almost filmic, and of a piece with Dohnányi's other music, which was similarly mellifluous. It was also heroically out of step with its time.

The concertino emerged in 1952, when the avant-garde reigned. The same year saw the premiere of Stockhausen's first important work, *Kreuzspiel*; the composition of Messiaen's *Le Merle noir*, which had neither key signature nor time signature; and the appearance of John Cage's delete-as-applicable legendary/notorious *4'33"*, which contained no composed sound at all.

Dohnányi's work, by contrast, was audacious simply for having tunes. Seventy years on, does it matter that his music was so unfashionable? Webby says not.

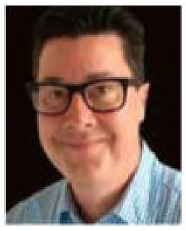
"I don't think you have to compare it," she says. "It's a really good concerto; it hangs together well. It's complex writing, but intelligent. The harp goes all over the place, but it's not frilly or inconsequential."

It's quite short, though, just 15 minutes in length. For reference, the first movement alone of Beethoven's "Emperor" piano concerto lasts 20 minutes. Not that Webby minds.

"It's not often you get a [harp] concerto that's 15, 20 minutes. Debussy's *Sacred and Profane Dances* are over like that," she says, snapping her fingers. "Ravel's *Introduction and Allegro* is 10 minutes. So, a meaty concerto with three movements is a gift."

And if you're wondering what became of Webby's precocious, wood-working brother Kim, you'll find his name on the instrument maker's mark of her harp. ▮

***Airs and Dances,* Christchurch Symphony Orchestra with Helen Webby,** The Piano, 7.00pm, June 9 & 10.



GREG
DIXON

Shear determination

Are sheep funny? They must be. Last week's news that this country's people-to-sheep ratio has fallen to its lowest level since the 1850s, to one to five, in fact, was reported by various media with the sort of jocularity usually saved for apparently hilarious stories about Chris Hipkins and sausage rolls.

On TVNZ's *1 News*, the story was introduced with the beaming smiles presenters deploy to signal to thick viewers that the next story is "good news". Meanwhile, on RNZ National's *Morning Report*, a Hawke's Bay farmer was asked by an interviewer pretending to have a sense of humour whether he knew any good sheep jokes. Across the Tasman, a TV presenter on the ABC's breakfast show even dissolved into a fit of giggles over the side-splitting news that New Zealand now has only 25.3 million sheep, down by 400,000 in just a year.

As it happens, the reasons for the rapid decline aren't funny. The positive part is that improved breeding means fewer ewes produce more and better lambs. But the drop is also caused by the increasingly difficult economics of sheep farming, not least that the price of wool, probably the world's best and most versatile natural fibre, is now so low it doesn't come close to covering the cost of shearing.

Then there is the short-sighted but booming practice of turning large areas of fertile farmland into exotic pine "carbon farms". As far I can see, this is one dubious money-making scheme designed to prop up another, the carbon credits trading system, which, let's be frank, just lets carbon polluters keep polluting. You can't save the planet from climate change by fancy book-keeping, flimflam or greenwashing – the only way is by reducing greenhouse gas emissions – and having a smaller national sheep flock will at least help with that.

Anyway, there's nothing funny about any of this, so the ha-ha-ha-ing from various media bores was presumably nothing to do with the travails involved in sheep farming, but with sheep themselves.

Xanthe, the wonder sheep.

GREG DIXON

Kingdoms, communities and nations have been built on sheep farming.

Now, although individual sheep can be hilarious – my pet ewe Xanthe once pooed in Michele's gumboot – sheep in general shouldn't be laughed at, but celebrated because they, more than any other animal, are central to the human story.

I am reading (after a recommendation by a reader; thanks, Merle!) *A Short History of the World According to Sheep*, a beautifully put-together, richly researched volume by English author Sally Coulthard. She writes that, starting about 11,000 years ago, sheep have fed us, clothed us, changed our diet, made us both richer and poorer, altered our landscape, helped build great civilisations and win wars, decorated our homes, allowed us to create artistic treasures and financed pioneers and privateers to conquer large swathes of the planet.

Indeed, kingdoms, communities and nations have been built on sheep farming, not least New Zealand, which, as the phrase long had it, "lived on the sheep's back" for more than a century.

So, we here at Lush Places say hooray for the glorious, amazing, sometimes silly sheep – and we are bucking the downsizing trend. Five years ago, our people-to-sheep ratio was one to one. Now, there is one of us to two and a half sheeple. Given Michele's ever-expanding Cute, Sick, Stray or Endangered Animal Acquisition Initiative, it's only a matter of time before our flock reaches a million.

Is there actually such a thing as a good sheep joke? The farmer who spoke to RNZ said the only ones he knew were "naughty", by which he meant, presumably, that they involve unnatural acts banned in civilised countries.

Most sheep jokes aren't really jokes, anyway. They either involve crude and pathetic stereotypes about sheep shagging or are godawful puns of the "What sort of cars do sheep prefer? Lamborghinis" variety.

But there are one or two good ones around, like this one that I have crossbred so it might thrive in local conditions: A bloke walks into a pub in downtown Masterton to find a sheep serving behind the bar. "What's your poison?" asks the sheep. The bloke says nothing, but instead stares in amazement. Eventually, the sheep gets huffy. "What's your problem? Haven't you seen a sheep pulling pints before?" "It's not that," the bloke says. "I just never thought the horse would sell the place." ▮

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